

IF I KNEW THEN

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MUSIC: If I Knew Then, Lady Antebellum, Need You Now CD, Track 9, 4:15
MUSIC MO: Delete first 7 seconds, then cut at 3:39 and fade out from 3:35 Speed: 45rpm
FOOTWORK: Opposite unless noted (woman's footwork in parentheses)
RHYTHM: Phase III Waltz +0 +1 () (Interrupted Box)
SEQUENCE: INTRO A A B A B(mod) C B END

INTRODUCTION

MEAS:

- 1-4 (BFLY WALL) WAIT ;; TWIRL VINE 3 ; PICK UP ;
(1) Bfly wall, lead foot free, wait,-,-;
(2) Wait, -, -;
(3) Sd L, XRIBL, sd L (W fwd R trng RF, cont trn bk L, cl R);
(4) Fwd R Idg W in frnt, sd L, cl R in CP LOD;

PART A

MEAS:

- 1-4 FORWARD WALTZ TWICE ;; PROGRESSIVE BOX ;;
(1) Fwd L, fwd & sd R, fwd L;
(2) Fwd R, fwd & sd L, fwd R;
(3) Fwd L, sd R, cl L;
(4) Fwd R, sd L, cl R;
- 5-8 INTERRUPTED BOX ;;;;
(5) Fwd L, sd R, cl L;
(6) Bk R raising ld hds, sd L, cl R (W fwd L, fwd crv R und ld hds, fwd crv L);
(7) Fwd L, sd R, cl L (W fwd crv R, fwd crv L, fwd crv R);
(8) Bk R, sd L, cl R;
- 9-12 FORWARD WALTZ TWICE ;; TWO LEFT TURNS ;;
(9) Fwd L, fwd & sd R, fwd L;
(10) Fwd R, fwd & sd L, fwd R;
(11) Fwd L trng LF, sd R, cl L;
(12) Bk R trng LF, sd L, cl R DLW;
- 13-16 WALTZ AWAY & TOGETHER ;; TWIRL VINE 3 ; PICK UP ;
(13) Trng LF awy from ptrn sd L, sd R, cl L;
(14) Trng RF twd ptrn tog R, sd L, cl R;
(15) Sd L, XRIBL, sd L (W fwd R trng RF, cont trn bk L, cl R);
(16) Fwd R Idg W in frnt, sd L, cl R in CP LOD;

PART B

MEAS:

- 1-4 TURN LEFT & CHASSE BJO ; IMPETUS (SCP) ; THRU & CHASSE (SCP) ;
MANEUVER ;
(1) Fwd L trng LF, cont LF trn sd R/cl L, bk & sd R to BJO;
(2) Bk L trng RF, heel trn bk R (W sd & fwd L arnd M), fwd L in tight SCP;
(3) XRIFL (W xLIFR), fc ptr sd L/cl R, sd & fwd L to SCP;
(4) Fwd R trng RF in frnt of W, sd L, cl R to CP RLOD;

- 5-8 2 RIGHT TURNS ;; LACE ACROSS ; FORWARD WALTZ ;
 (5) Bk L trng RF, sd R, cl L;
 (6) Fwd R trng RF, sd L, cl R;
 (7) Ld W under jnd ld hnds chgg plcs beh W fwd L, fwd R, cl L;
 (8) Fwd R, fwd & sd L, cl R;
- 9-12 LACE BACK ; FORWARD WALTZ (BFLY) ; TWIRL VINE 3 ; THRU, FACE, CLOSE (CP) ;
 (9) Ld W under jnd trl hnds chgg plcs beh W fwd L, fwd R, cl L;
 (10) Fwd R, fwd & sd L, cl R blind BFLY WALL;
 (11) Sd L, XRIBL, sd L (W fwd R trng RF, cont trn bk L, cl R);
 (12) XRIFL (W XLIFR), fwd L to fc ptr, cl R CP WALL ;
- 13-16 HOVER ; WING ; TURN LEFT & CHASSE BJO ; BACK WALTZ ;
 (13) Fwd L, sd & fwd R w/ rise, rec L;
 (14) Fwd R leading W in frnt to SCAR LOD, draw L, tch L;
 (15) Fwd L trng LF, cont LF trn sd R/cl L, bk & sd R to BJO;
 (16) Bk L, bk & sd R, cl L;
- 17-20 BACK, FACE, CLOSE ; TWIRL VINE 3 ; THRU & CHASSE (SCP) ; THRU, FACE, CLOSE ;
 (17) Bk R, bk L trng to fc ptr/wall, cl R;
 (18) Sd L, XRIBL, sd L (W fwd R trng RF, cont trn fwd L, cl R);
 (19) XRIFL (W XLIFR), fc ptr sd L/cl R, sd & fwd L to SCP;
 (20) XRIFL (W XLIFR), fwd L to fc ptr, cl R;
- 21-24 WALTZ AWAY & TOGETHER ;; TWIRL VINE 3 ; PICK UP ;
 (21) Trng LF awy from ptr sd L, sd R, cl L;
 (22) Trng RF twd ptr tog R, sd L, cl R;
 (23) Sd L, XRIBL, sd L (W fwd R trng RF, cont trn bk L, cl R);
 (24) Fwd R ldg W in frnt, sd L, cl R in CP LOD;

PART B (mod)

MEAS:

- 1-4 TURN LEFT & CHASSE BJO ; IMPETUS (SCP) ; THRU & CHASSE (SCP) ; MANEUVER ;
 (1) Fwd L trng LF, cont LF trn sd R/cl L, bk & sd R to BJO;
 (2) Bk L trng RF, heel trn bk R (W sd & fwd L arnd M), fwd L in tight SCP;
 (3) XRIFL (W XLIFR), fc ptr sd L/cl R, sd & fwd L to SCP;
 (4) Fwd R trng RF in frnt of W, sd L, cl R to CP RLOD;
- 5-8 OVER SPIN TURN ; BACK ½ BOX ; LACE ACROSS ; FORWARD WALTZ ;
 (5) Bk L pvtg RF 3/4, fwd R w/ rise, sd & bk L;
 (6) Bk R, sd L, cl R;
 (7) Ld W under jnd ld hnds chgg plcs beh W fwd L, fwd R, cl L;
 (8) Fwd R, fwd & sd L, cl R;
- 9-12 LACE BACK ; FORWARD WALTZ (BFLY) ; TWIRL VINE 3 ; THRU, FACE, CLOSE (CP) ;
 (9) Ld W under jnd trl hnds chgg plcs beh W fwd L, fwd R, cl L;
 (10) Fwd R, fwd & sd L, cl R blind BFLY WALL;
 (11) Sd L, XRIBL, sd L (W fwd R trng RF, cont trn bk L, cl R);
 (12) XRIFL (W XLIFR), fwd L to fc ptr, cl R CP WALL ;

13-16 HOVER ; WING ; TURN LEFT & CHASSE BJO ; BACK WALTZ ;

- (13) Fwd L, sd & fwd R w/ rise, rec L;
- (14) Fwd R leading W in frnt to SCAR LOD, draw L, tch L;
- (15) Fwd L trng LF, cont LF trn sd R/cl L, bk & sd R to BJO;
- (16) Bk L, bk & sd R, cl L;

17-20 BACK, FACE, CLOSE ; TWIRL VINE 3 ; THRU & CHASSE SCP ; THRU, FACE, CLOSE ;

- (17) Bk R, bk L trng to fc ptr/wall, cl R;
- (18) Sd L, XRIBL, sd L (W fwd R trng RF, cont trn fwd L, cl R);
- (19) XRIFL (W xLIFR), fc ptr sd L/cl R, sd & fwd L to SCP;
- (20) XRIFL (W XLIFR), fwd L to fc ptr, cl R;

21-24 WALTZ AWAY & TOGETHER ;; TWIRL VINE 3 ; PICK UP ;

- (21) Trng LF awy from ptrn sd L, sd R, cl L;
- (22) Trng RF twd ptrn tog R, sd L, cl R;
- (23) Sd L, XRIBL, sd L (W fwd R trng RF, cont trn bk L, cl R);
- (24) Fwd R ldg W in frnt, sd L, cl R in CP LOD;

PART C

MEAS:

1-4 STEP SWING ; SPIN MANEUVER ; 2 RIGHT TURNS ;;

- (1) Sd & fwd L, swing R CCW, pt R;
- (2) Fwd R trng RF in frnt of W, sd L, cl R to CP RLOD (W LF spin on L, R, L end fcg LOD);
- (3) Bk L trng RF, sd R, cl L;
- (4) Fwd R trng RF, sd L, cl R;

5-8 HOVER ; HOVER FALLAWAY ; SLIP PIVOT BJO ; MANEUVER ;

- (5) Fwd L, sd & fwd R w/ rise, rec L;
- (6) In SCP fwd R, fwd L ckg w/ rise, rec R;
- (7) Bk L (W bk R), bk R trng LF 1/4 (W trns LF fwd L), fwd L;
- (8) Fwd R trng RF in frnt of W, sd L, cl R to CP RLOD;

9-10 TWO RIGHT TURNS (LOD) ;;

- (9) Bk L trng RF, sd R, cl L;
- (10) Fwd R trng RF fc LOD, sd L, cl R;

END

MEAS:

1-3 TWIRL VINE 3 ; THRU, FACE, CLOSE ; DIP & TWST ;

- (1) Sd L, XRIBL, sd L (W fwd R trng RF, cont trn fwd L, cl R);
- (2) XRIFL (W XLIFR), fwd L to fc ptr, cl R;
- (3) Bk L leaving R leg extended, twst upper body LF, ;

QUICK CUES

WAIT ;; TWRL VN ; PU ;

FWD WZ 2X ;; PROG BX ;; INT BX ;;; FWD WZ 2X ;; 2 LT TRN (BFLY) ;; WZ
AW/TOG ;; TWRL VN ; PU ;

FWD WZ 2X ;; PROG BX ;; INT BX ;;; FWD WZ 2X ;; 2 LT TRN (BFLY) ;; TWRL VN ;
PU ;

TRN LT, CHASSE ; IMP ; THRU, CHASSE (SCP) ; MNVR ; 2 RT TRN ;; LACE UP ;;;
TWRL VN ; THRU, FC, CL (CP) ; HVR ; WING ; TRN LT, CHASSE ; BK WZ (CP) ; BK,
FC, CL ; TWRL VN ; THRU, CHASSE (SCP) ; THRU, FC, CL ; WZ AW/TOG ;; TWRL VN
; PU ;

FWD WZ 2X ;; PROG BX ;; INT BX ;;; FWD WZ 2X ;; 2 LT TRN (BFLY) ;; TWRL VN ;
PU ;

TRN LT, CHASSE ; IMP ; THRU, CHASSE (SCP) ; MNVR ; 2 RT TRN ;; LACE UP ;;;
TWRL VN ; THRU, FC, CL (CP) ; HVR ; WING ; TRN LT, CHASSE ; BK WZ (CP) ; BK,
FC, CL ; TWRL VN ; THRU, CHASSE (SCP) ; THRU, FC, CL ; WZ AW/TOG ;;

STP SWING ; SPN MNVR ; 2 RT TRN ;; HVR ; HVR FALWY ; SLP PVT ; MNVR ; 2 RT
TRN (LOD) ;;

TRN LT, CHASSE ; IMP ; THRU, CHASSE (SCP) ; MNVR ; OV SPN TRN ; BK $\frac{1}{2}$ BX ;
LACE UP ;;; TWRL VN ; THRU, FC, CL (CP) ; HVR ; WING ; TRN LT, CHASSE ; BK
WZ (CP) ; BK, FC, CL ; TWRL VN ; THRU, CHASSE (SCP) ; THRU, FC, CL ; WZ
AW/TOG ;;

TWRL VN ; THRU, FC, CL (CP) ; DIP ;