If You Take Me To Your Heart

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Music  Take Me To Your Heart Again (Vince Hill) CD Album “Songs of My Life” or mp3  
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Sequence  INTRO ABC B END  
Rhythm  Foxtrot Phase V+1 (Continuous Hovercross) +1 (Four Feathers)  
Timing  SQQ unless noted at beginning of measure  

INTRO

1 - 4  (CP FC DLW) WAIT; SD DRAW TCH; R LUNGE, REC; FEATH FIN;  
       1  CP FC DLW Wait;  
       S--  2  {Side Draw Touch} Stp sd L draw R,-,--;  
       SS  3  {Right Lunge Rec} Lunge sd & fwd R,-, rec L tch R,-;  
       4  {Feather Finish} Bk R trn LF,-, sd & fwd L, fwd R in CBMP DLC;

PART A

1 - 4  THREE STP; FOUR FEATHERS;;;  
       1  {Three Step} Fwd L CP,-, fwd R, fwd L;  
       SQQ  2  {Four Feathers} fwd R,-, fwd L outsd ptr in CBMP, fwd R;  
       SQQ  3  Fwd L to CP,-, fwd R, fwd L outsd ptr in CONTRA SCAR;  
       QQS  4  Sd R trn LF to CP, bk L fc RLOD in CBMP, bk R to CONTRA SCAR,-;  

5 - 8  CONT FOUR FEATHERS; THREE STP; NAT TRN ½; CL IMP;  
       QQQQ  5  Bk L in CBMP, bk R comm LF trn passing thru CP, sd & fwd L, fwd R in CBMP outsd ptr fc DLW;  
       6  {Three Step} Fwd L CP,-, fwd R, fwd L;  
       7  {½ Natural} Fwd R comm RF upper body trn,-, sd L across LOD(cl R to L heel trn), bk R fc RLOD;  
       8  {Closed Impetus} Comm RF upper body trn bk L,-, cl R to L heel trn, sd & bk L to CP DLW  
       (Comm RF upper body trn fwd R between M’s fittrn ½ RF,-, sd & fwd L arnd M, fwd R to CP);  

9 - 12  FEATH FIN; MINI TELESPIN;;; CONTRA CK,REC SCP;  
       9  {Feather Finish} Bk R trn LF,-, sd & fwd L, fwd R in CBMP DLC;  
       SQQ&  10  {Mini Telespin} Fwd L comm LF trn,-, sd R cont trn (cl L to R heel trn), sd & bk L to momentary  
       SCAR no weight (sd & fwd R LOD in momentary SCAR/fwd L trn LF);  
       QQS  11  Begin LF spin on L (fwd & sd R DLC), sd R to CP fc DRC, tch L to R,-;  
       12  {Contra Check Rec SCP} Relax R knee trn body slightly LF fwd L in CBMP,,-, rec bk R, sd & fwd  
       L to SCP DRW;  

13 - 16  NAT WEAVE;;; DRAG HES; HES CHNG;  
       SQQ  13  {Natural Weave} Fwd R (fwd L) comm RF trn,-, sd L (fwd R), bk R DLC lead ptr outsd (fwd L);  
       QQQQ  14  Bk L in CBMP, bk R comm LF trn passing thru CP, sd & fwd L, fwd R in CBMP outsd ptr fc DLW;  
       SS  15  {Drag Hesitation} Fwd L,,-, beg LF trn sd R cont trn, draw L to R in BJO fc DRC;  
       16  {Hesitation Chng} Comm RF upper body trn bk L,-, sd R fc DLC, draw L to R;

PART B

1 – 4  OP REV TRN; HOV CORTE; HEEL PULL; START X SWVL to CRVD FEATH;  
       1  {Open Reverse Turn} Fwd L comm LF trn,-, cont trn sd R, bk L in CBMP fc DRC;  
       2  {Hover Corte} Bk R comm LF trn,-, sd & fwd L w/hrng action, rec R BJO DLC;  
       SS  3  {Heel Pull} Bk L comm RF trn,-, cont trn on L heel pull R bk to L,- (fwd R trn LF,-, cont sd L, draw  
       R to L) fc DRW;  
       SS  4  {Cross Swivel to Curved Feather} Fwd L swiv LF to BJO,-, fwd R comm RF trn in CBMP,,-;
5 - 8

.. BK FEATH;.. FEATH FIN;.. THREE STP;.. CONT HVR X;
QQS 5 Cont RF trn sd & fwd L, cont trn fwd R outsd ptr; {Back Feather} Bk L,--; 
QQS 6 Bk R w/r shoulder ld, bk L to CBMP, {Feather Finish} Bk R trn LF,--; 
QQS 7 Sd & fwd L, fwd R in CBMP DLW, {Three Step} Fwd L to CP,--; 
QQS 8 Fwd R, fwd L; {Continuous Hovercross} Fwd R to BJO comm RF trn,--; 

9 - 12

;; CRVG THREE STP; BK CRVG THREE STP;
QQQQ 9 Cont RF trn sd L(cl R to L heel trn), cont trn small R to SCAR DLW, fwd L in CBMP, cl R (sd L); 
QQQQ 10 Bk L in CBMP, bk R to CP, sd & fwd L, fwd R in BJO DLC; 
11 {Curving Three Step} Fwd L comm LF trn,--fwd R cont trn, fwd L; 
12 {Back Curving Three Step} Bk R comm LF trn,--bk L cont trn, bk L fc DLW; 

13-16

THREE STP; NAT TRN ½; OUTSD CHG SCP; SLO SD LK; 
13 {Three Step} Fwd L CP,--, fwd R, fwd L; 
14 {½ Natural} Fwd R comm RF upper body trn,--, sd L across LOD (cl R to L heel trn), bk R fc RLOD; 
15 {Outside Change to SCP} Bk L,--, bk R trn LF, fwd L (fwd R) to SCP DLW; 
16 {Slow Side Lock} Thru R,--, sd & fwd L pickup W to CP DLC, XRIB; 

PART C

1 - 4

DIAM TRN ½ ;; QK DIAM 4; QK FEATH FIN; 
1 {Diamond Trn ½} Fwd L comm LF trn,--cont trn sd R, bk L in CBMP outsd ptr; 
2 Bk R cont trn,--, sd L, fwd R fc DRW; 
QQQQ 3 {Quick Diamond 4} Fwd L comm LF trn, sd R cont trn, bk L, bk R CBMP fc DLW; 
QQQQ 4 {Quick Feather Finish} Bk L, bk R trn LF, sd & fwd L, fwd R in CBMP fc DLC 

5 - 8

DIAM TRN ½ ;; QUICK DIAM 4; SLO DIP BK, REC; 
1 {Diamond Trn ½} Fwd L comm LF trn,--cont trn sd R, bk L in CBMP outsd ptr; 
2 Bk R cont trn,--, sd L, fwd R fc DRW; 
QQQQ 3 {Quick Diamond 4} Fwd L comm LF trn, sd R cont trn, bk L, bk R to CP fc LOD; 
SS 4 {Slow Dip Bk, Rec} Dip bk L,--, rec R fc DLC,--; 

END

1 - 4

REV TRN;; THREE STP; NAT TRN ½; 
1 {Reverse Trn} Fwd L comm LF body trn,--sd R cont trn(cl L to R heel trn), bk L LOD in CP; 
2 Bk R cont LF trn,--sd & fwd L, fwd R in CBMP DLW; 
3 {Three Step} Fwd L CP,--, fwd R, fwd L; 
4 {½ Natural} Fwd R comm RF upper body trn,--, sd L across LOD(cl R to L heel trn), bk R fc RLOD; 
5 - 8

IMP SCP; THRU PROM SWAY; CHNG SWAY; REC to OUTSD SWVL; 
5 {Impetus SCP} Bk L comm upper body RF trn (fwd R piv ½ RF),--cl R to L heel trn (sd & fwd L arnd M), fwd L (fwd R) to SCP DLC; 
SS 6 {Thru Promenade Sway} Thru R,--, sd & fwd L stretch body upward to look over jnd ld hnd,--; 
--- 7 {Change Sway} Lower on L trn upper body LF w/slight sway R W looks well to L; 
SS 8 {Rec to Outside Swivel} Rec bk R,--bk L XRIF (swiv RF on ball of R ft) to SCP; 
9 - 11

CRVD FEATH; BK TWO to OP HINGE & EXTEND;; 
9 {Curved Feather} Fwd R comm RF trn in CBMP,--, cont RF trn sd & fwd L, cont trn fwd R outsd ptr; 
QQS 10 {Bk Two to Open Hinge} Bk L, bk R comm LF trn, sd & fwd L ld W to XLIB relax L knee look at ptr,--(sd R swiv LF, XLIB relax L knee head to L); 
(QQQQ)
--- 11 {Extend} Cont relax L knee and extend hinge line w/slight sway to R extend L arms up and out as music fades W head well to L;