IF YOU FORGET ME III

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Music: “Si Me Vas A Olvidar” Artist: Roberto Carlos Album: Amazonia Remasterizado 2012
Also available as MP3 download from Amazon, ITunes, Microsoft.com & others
Modifications: Cut music at 2:51  Fade 2:46 to end. Then cut from beginning to 0:20

Time/Speed: Time@ Download: 4:45  Speed as downloaded or slow to suit

Footwork: Opposite unless noted (Woman’s footwork in parentheses)

Degree of Difficulty: Average

Rhythm/Phase: Rumba  Phase III+1 (Cross body)

Released: May 2017

Sequence: INTRO A B C ENDING

INTRODUCTION

1-4 SHDW DLW L FEET FREE WAIT 2;; CUCARACHA CROSS TWICE;;
1-2 [Shdw DLW L ft free both wait 2] wait,--,; wait,-,; (same footwork thru meas 7)
3-4 [Cuca X twice] Sd L, Rec R, XLif,-; Sd R, Rec L, XRif,,-

5-8 RUMBA WALK 3; FWD SIDE CLOSE; SIDE WALK 3; SPOT TURN W IN 2 BFLY;
5 [RB wlk 3] Fwd L, Fwd R, Fwd L,-;
6 [Fwd sd cl] Fwd R, Sd L, Cl R,,-;
7 [Sd wk 3] Sd L, Cl R, Sd L,,-;
8 [Spt trn W in 2 BFLY] X w/ Swvl & Fwd R Trn, Rec L Trn, Sd R,,-;
(X w/ Swvl & Fwd R Trn, Rec L, Tch R,,-)

PART A

1-4 ½ BASIC; FENCE LINE; NEW YORKER TWICE;;
1 [½ bas] Fwd L, Rec R, Sd L,,-; (Bk R, Rec L, Sd R,,-)
2 [Fnc line] X Lun R, Rec L, Sd R,,-;
3-4 [Ny 2x] Swvl Thru L, Rec R Swvl To Fc, Sd L,,-; Swvl Thru R, Rec L Swvl To Fc, Sd R,,-;

5-8 ½ BASIC; UNDERARM TURN; LARIAT;;
5 [½ bas] Same as A 1
6 [Undrm trn] Bk R, Rec L, Sd R,,-; (Swvl Fwd L Trn, Rec R Trn, Sd L,,-)
(Fwd R, Fwd L, Fwd R,,-; Fwd L, Fwd R, Sd L,,-)

9-12 HAND TO HAND; THRU SERPIENTE;; FENCE LINE;
9 [Hnd to hnd] Swvl Bk L, Rec R Trn To Fc, Sd L,,-;
12 [Fnc line] Same as A 2

13-16 CHASE;;;
13-16 [Chs] Fwd L Trn, Rec R, Fwd R,,-; Fwd R Trn, Rec L, Fwd R,,-; Fwd L, Rec R, Bk L,,-;
Bk R, Rec L, Fwd R,,-; (Bk R, Rec L, Fwd R,,-; Fwd L Trn, Rec R, Fwd L,,-;
Fwd R Trn, Rec L, Fwd R,,-; Fwd L, Rec R, Bk L,,-)

PART B

1-4 START X BDY; W SWIVEL 2X M ROCK 2X; FIN X BDY; BREAK BACK TO OPEN;
1 [Start X bdy] Fwd L, Rec R Trn fc LOD, Sd L,,-; (Bk R, Rec L, Fwd R,,-)
2 [W swvl 2x M Rk] Sd R,,-; Sd L,,-; (Fwd L Swvl LF,,-; Fwd R Swvl RF,,-)
3 [Fin X bdy] Bk R Trn, Fwd L, Sd & Fwd R,,-; (Fwd L, Fwd R Trn, Sd L,,-)
4 [Brk bk OP RLOD] Swvl Bk L, Rec R, Fwd L RLOD,,-;
PART B CONTINUED

5-8 RUMBA WALK 3; SLIDING DOOR 2X;; CIRCLE AWAY;
5 [RB wk 3] Fwd R, Fwd L, Fwd R, -;
6-7 [Slgd dr 2x] Rk Apt L, Rec R, XLif, -; Rk Apt R, Rec L, XRif, -;
8 [Circ awy] Fwd L Trn, Fwd R Trn, Fwd L Trn, -;

9-12 CIRCLE TOGETHER; NEW YORKER IN 4; START CHASE PEEK-A-BOO;;
9 [Circ tog] Fwd R Trn, Fwd L Trn, Fwd R Trn BFLY, -;
10 [Ny in 4] Swvl Thru L, Rec R Swvl To Fc, Sd L, Sd R;
   (Bk R, Rec L, Fwd R, -; Sd L, Rec R, Cl L, -;)

13-16 FINISH CHASE PEEK-A-BOO;; CHASE WITH UNDERARM PASS;;
13-14 Sd L, Rec R, Cl L, -; Fwd R Trn ½, Rec L, Fwd R, -; (Sd R, Rec L, Cl R, -; Fwd L, Rec R, Bk L, -;)
15-16 [Chs w/ undrm pass] Fwd L Trn, Rec R, Fwd L, -; Bk R, Rec L, Sd R, -;
   (Bk R, Rec L, Fwd R, -; Fwd L, Fwd R Trn, Sd L, -;)

PART C

1-4 CHASE ¼;; PEEK-A-BOO TWICE;;
1-2 [Chs ¼] Fwd L Trn, Rec R, Fwd L, -; Fwd R Trn, Rec L, Fwd R, -;
   (Bk R, Rec L, Fwd R, -; Fwd L Trn, Rec R, Fwd L, -;)

5-8 FIN CHASE;; CROSS BODY;;
5-6 [Fin chs] Fwd L, Rec R, Bk L, -; Bk R, Rec L, Fwd R, -;
   (Fwd R Trn, Rec L, Fwd R, -; Fwd L, Rec R, Bk L, -;)
7-9 [Xbdy COH] Fwd L, Rec R Trn fc LOD, Sd L, -; Bk R Trn, Fwd L, Sd & Fwd R, -;
   (Bk R, Rec L, Fwd R, -; Fwd L, Fwd R Trn, Sd L, -;)

9-12 HAND TO HAND 2XS;; CRAB WALK 3; SIDE WALK 3;
9-10 [Hnd to hnd 2xs] Swvl Bk L, Rec R Trn To Fc, Sd L, -; Swvl Bk R, Rec L Trn To Fc, Sd R, -;
11 [Crb wk 3] XLif, Sd R, XLif, -;
12 [Sd wk 3] Sd R, Cl L, Sd R, -;

13-16 CRAB WALK 3; CUCARACHA; OPEN BREAK; WHIP;
13 [Crb wk 3] Same as C 11
14 [Cuca] Sd R, Rec L, Cl R, -;
15 [OP brk] Rk Apt L, Rec R, Sd L, -;
16 [Whip Wall] Bk R Trn, Rec L, Sd R, -; (Fwd L, Fwd R Trn, Sd L, -;)

ENDING

1-4 SHOULDER TO SHOULDER 2X;; CRAB WALK 3; SIDE WALK 3;
1-2 [Shldr to shldr 2x] Rk Fwd L, Rec R To Fc, Sd L, -; Rk Fwd R, Rec L To Fc, Sd R, -;
3 [Crb wk 3] Same as C 11
4 [Sd wk 3] Same as C 12

5-8 NEW YORKER 2X TO CUDDLE POS;; 2 SLOW ROCKS L & R; CORTE & LEG CRAWL;
5-6 [Ny 2x] Same as A 3 & 4 to Cuddle Pos
7 [2 slo rks] Sd L, -; Sd R, -;
8 [Corte & leg crawl] Bk & Sd L, -; Hold, -; (Fwd & Sd R, -; Lift L leg, -;)

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