

IF I LOVED YOU

Music: Lawrence Welk Cd 22 Geat Songs for Dancing
Track # 14 Time 2:14 Amazon.com or Available from Choreographer
Rhythm : Foxtrot **Phase :** V
Footwork : Opposite , except where (Noted)
Release Date : Nov 2013
Choreo: Jos Dierickx Beverlosestwg 14 B 2 3583 Paal Belgium
Sequence: INTRO A B B(1-16) END



INTRO

01-04 CP DLW LEAD FOOT FREE WAIT 2 MEAS ; FORWARD HOVER ; FEATHER FINISH ;

{Wait} CP DLW ld ft free wt 2 meas ; ; **{Fwd Hover}** Fwd L, -, fwd R w/ rise, rec L to CP DLW ; **{Feather Finish}** Bk R, -, bk & sd L trng ¼ LF, fwd R to BJO DLC ;

PART A

01-04 DIAMOND TURN 1/2 ; ; QUICK DIAMOND FOUR ; DIP BACK & RECOVER ;

{Diam Trn ½} Fwd L trng LF, compg ¼ LF trn sd R, bk L to BJO ; Staying in BJO & trng LF bk R, compg ¼ LF trn sd L, fwd R ; **{Qk Diamond 4}** [QQQQ] Fwd L stg to trn LF, sd R contg LF trn, bk L compg 1/4 LF trn to BJO DLW, bk R to CP LOD ; **{Dip Bk & Rec}** [SS] Bk L w/ flexed knee, -, rec R swivel RF to CP LOD, -;

05-08 TELEMARK to SCP ; CURVED FEATHER ; OUTSIDE CHANGE to BJO ; FORWARD FACE CLOSE .

{Telemark to SCP} Fwd L comm LF trn, -, sd R contg LF trn, sd & fwd L (*W bk R comm LF trn bringing L ft beside R w/ no wgt, -, cont trng LF on R heel & chg wgt to L, sd & sltly fwd R*) to SCP DLW ; **{Curved Feather}** Fwd R comm to trn RF, -, sd & fwd L cont RF trn, cont RF trn fwd R cking outsd ptr DRW ; **{Outside Change to BJO}** Trng LF bk L, -, bk & sd R cont LF trn, sd & fwd L (*W fwd R, -, fwd L trng ½ LF, bk R*) to BJO DLW ; **{Fwd Fc Cl}** Fwd R, fwd L trng RF to fcg WALL, cl R ;

09-12 WHISK ; WHISK in 4 ; PROMENADE WEAVE ; ;

{Whisk} Fwd L, -, sd & fwd R, XLib (*W XRib*) to SCP DLC ; **{ Whisk in 4}** [QQQQ] Thru R in SCP, trng twd ptr cl L to CP WALL, sd R, XLib (*W XRib*) to SCP LOD ; **{Prom Weave}** [SQQ;QQQQ] Fwd R, -, fwd L stg LF trn, contg trn sd & bk R (*W fwd L in pick up action, -, sd & bk R trng LF to CP, cont trng on R then fwd & sd L*) to BJO LOD ; Bk L, bk R twd DLC trng LF to CP, sd & fwd L twd DLW, fwd R (*W Fwd R outside ptr, fwd L trng LF to CP, sd & bk R contg LF trn to fc COH, bk L*) to BJO DLW ;

13-16 HOVER ; DOUBLE LILT ; OPEN NATURAL TURN ; HESITATION CHANGE ;

{Hover} Fwd L, -, fwd & sd R rise (*W bk & sd L & brush R*), rec L to SCP LOD ; **{Double Lilt}** [S&S&] Thru R, cl L risg but keepg knees bent, thru R, cl L risg but keepg knees bent ; **{OP Nat Trn}** Thru R stg RF trn, -, contg RF trn sd L in frt of W, bk R (*W fwd L, -, R, L*) to BJO RLOD ; **{Hes Chng}** [SS] Trng upper bdy RF bk L, -, sd R contg RF trn, draw L to CP DLC ;

PART B

01-04 REVERSE WAVE 3 ; HOVER CORTE ; BACK HOVER to SCP ; WEAVE 3 ;

{Reverse Wave 3} Fwd L, -, trng 3/8 LF sd R, bk L (*W bk R, -, trng ¼ LF cl L [heel trn], fwd R*) to CP DRC ; **{Hover Corte}** Bk R, -, trng LF sd & fwd L LOD leavg R leg in pl, compg ½ LF trn rec R (*W fwd L, -, trng LF sd & fwd R & brush L to R, fwd L*) to BJO DLW ; **{Bk Hover to SCP}** Bk L, -, bk R risg sltly, rec L (*W fwd R, -, fwd & sd L trng RF risg & brushg R to L, contg RF trn sd & fwd R*) to SCP LOD ; **{Weave 3}** Thru R, -, trng ¼ lft fc fwd L to CP COH, sd & bk R (*W thru L comm LF trn, -, trng ½ LF fc sd & bk R to CP, sd & fwd L*) to BJO DRC ;

05-08 IMPETUS to SCP ; IN & OUT RUNS ; ; THRU FACE CLOSE :

{Impetus to SCP} Bk L w/ RF bdy trn, -, cont trng on L heel & cl R rising to toe, fwd L (*W fwd R outsd ptr pvtg RF, -, sd & fwd L contg RF trn arnd M & brush R to L, fwd R*) to SCP DLC ; **{In & Out Runs}** Trng RF fwd R, -, sd & bk L to CP RLOD, bk R (*W fwd L, -, fwd R btwn M's ft, fwd L*) to BJO RLOD ; Trng RF bk L, -, cont trn fwd R between W's ft, sd & fwd L (*W trng RF fwd R, -, cont trn sd L in frt of M, cont trn fwd & sd R*) to ½ OP LOD ; **{Thru Fc Cl}** Thru R twd LOD, -, sd & fwd L trn RF to CP WALL, cl R ;

09-12 WHISK ; WHISK in 4 ; PROMENADE WEAVE ; ;

{Whisk} Repeat meas 9 Part A ; **{ Whisk in 4}** Repeat meas 10 Part A ; **{Prom Weave}** Repeat meas 11,12 Part A ; ;

13-16 HOVER ; DOUBLE LILT ; OPEN NATURAL TURN ; HESITATION CHANGE :

{Hover} Repeat meas 13 Part A ; **{Double Lilt} [S&S&]** Repeat meas 14 Part A ; **{OP Nat Trn}** Repeat meas 14 Part A ; **{Hes Chng}** Repeat meas 16 Part A ;

17-20 TELEMARK to SCP ; NATURAL WEAVE ; ; CHANGE of DIRECTION ;

{Op Telemark} Repeat meas 5 Part A ; **{Nat Weave}** [SQO;QQQQ] Fwd R trng RF, -, sd L, bk R to BJO DRW ; Bk L, bk R in CP trng LF, cont LF trn sd L, fwd R to BJO DLW ; **{Chng of Dir}** [SS] Fwd L, -, fwd R trng LF 1/4, draw L to CP DLC ;

ENDING

01-04 DIAMOND TURN 1/2 ; ; QUICK DIAMOND FOUR ; SIDE SWAY L & R :

{Diamond Trn ½} Repeat meas 1,2 Part A ; **{Qk Diamond 4}** Repeat meas 3 Part A ; **{Sd Sway L & R}** [SS] Sd L incline body to L, -tch R to L, - Sd R, incline body to R, tch L to R,- ;

05-08 TELEMARK to SCP ; IN & OUT RUNS ; ; QUICK PICK UP SIDE CLOSE & DIP BACK :

{Telemark to SCP} Repeat meas 17 Part B ; **{In & Out Runs}** Repeat meas 6,7 Part B ; ; **{Qk PU Sd Cl & Dip Bk}** [QQQQ] Quickly Sm fwd R ldg W to fold in frt (*W trng LF fwd L foldg in frt of M*), sd L, cl R to CP LOD, bk L w/ flexed knee;