IF I LOVE YOU

MARCH, 1995

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RECORD: Special Pressing (flip Amor Rumba) Contact choreographers
SEQUENCE: INTRO, A, A, B, A, A, B1-19 TAG

PHASE VI FOXTROT

INTRODUCTION

1-4 MOD SCP LOD WAIT 1 MEAS; CHAIR, RECOV, SLIP PIVOT; DBLE REV SPIN; CHG OF DIRECTION;

1 MOD SCP LOD lead has joined trailing arms extended off shoulder toward LOD looking LOD
   wt on M's L & W's R WAIT 1 meas;

2 (Chair RECOV Slip) Thru R relax knee, - RECOV L, Bk R toe in pivot LF (W thru L, - RECOV R,
   SOC) Trn LF to fac M with L held fwd pivot LF on L CP DLC;

3 (Dble Rev Spin) Fwd L trn LF, - Sid & Bk R DLC, spin LF on R to DLW tch L to R (W Bk R
   SOC) trn LF, - Close L to R heel trn on R/Fwd R DLW, Trn LF XLIF of R);

4 (Change of Direction) CP DLW Fwd L start LF trn, - cont trn Sid & Fwd R edge of R toe
   SS DLW cont trn draw L tch R CP DLC, -

PART A

1-8 TELESPIN TO SCP; NAT FALLAWAY WEAVE; REVERSE WAVE; TIPPLE CHASSE TO HOVER X;

1-2 (Full TeleSpin SCP DLW) CP DLC Fwd L trn LF, - Sid R DLC, Sid & slightly Bk L partial wt
   SOC (W Bk R, heel trn clos L to R, sid R & Fwd R SOC CP DLC); Transfer wt to L trn LF lead W fwd
   & QSQ trn LF, - Close R point between M's feet, Sid & Bk L DLC still in SCP; Bk R, pivot LF on R
   Fwd L to CP, Sid & Bk R DLW, Bk L Contra Bjo I;

3-4 (Natural Fallaway Weave from SCP) Fwd R DLW commence RF trn, - Sid & Fwd L DLW, Sid & Bk
   SOC R DLC still in SCP; Bk L DLC, Bk R DEC trn LF, Sid & Fwd L Fwd R BJO DLW (SCP thru L -
   QSQ trn RF, - Side R point between M's feet, sid & Bk L DLC still in SCP; Bk R, pivot LF on R
   Fwd L to CP, Sid & Bk R DLW, Bk L Contra Bjo I);

5-6 (Rev Wave) (Contra Bjo) Fwd L blend CP commence LF trn, - cont LF trn sid & Bk R, Bk L
   SOC DLW (W Bk R trn LF, - Bring L to R heel trn on R trans wt to L, Fwd R); Bk R DLW commence
   SOC LF curve, - cont curve to face R LOD Bk L, R (W Fwd L, - R, L);

7-8 (Tipple Chasse to Hover) CP R LOD; Bk R trn RF fac COH, - cont RF to face DLC sid R clos
   SOC L, Sid R sway L prepare to step outside W, - Blend Contra SCAR Fwd L X thighs, recover R,
   SOC sid & Fwd L DLW, Fwd R in Contra Bjo DLC (W swaying rt BK R Contra SCAR, Revoc L, Sid BK R
   DLC, BK L Contra Bjo);

REPEAT 1-8 PART A

PART B

1-8 BOUNCE FALLAWAY & SLIP PIVOT; CURVING 3-STEP; OUTSIDE CHECK; RT CHASSE TO CONTRA CHECK
   & SWITCH; NAT TWIST TRN HOVER TO SCP; FEATHER FINISH;

1 (Bounce Fallaway & Slip Pivot) Contra Bjo DLC Fwd L trn LF heel soft flex knee, - on &
   SS & ct rise on L & sid & Bk R on toe DLC, lower on R Bk L X thighs soft flex of knee rise on L
   draw R past L closing W, - on & ct pivot LF CP DLC (W Bk R trn LF flex knee, - on &
   ct rise & sid & Bk L on L clos XRIB of L flex knee rise on R/pivot on ball of R face L IF of R no wt,
   - on & ct pivot of LF on L toe); NOTE: Bounce Fallaway is soft 'down up down up' action.

2 (Curving 3-step) CP DLW Fwd L trn LF, - cont LF trn Fwd R COH, rise on R trn to face DRC
   place L IF of R swaying Lt & lookLt (on all toes) (W Bk R trn LF, - cont trn Bk L rise,
   place R bk of L on all toes look Lt & swaying rt; (Note: W's head trns to rt between cts 2
   & 3)

3 SQQ (Outside Check) Bk R DLW, - Sid & Fwd L DRM, Fwd R Contra Bjo RL0D;

4-5 (Rt Chasse to Contra Check & Switch) Bk L trn LF fac COH, - Sid R clos L, Sid R CP DLC;
   SQQ L X thighs slight LF trn check, - Recov R rise trn RF, slip L Bk end CP DLW Fwd L Fwd
   SOC no wt (W Bk R X thighs on ball keep heel off floor, - Recov L trn RF, slip R Fwd CP leave
   L Bk no wt);

6-7 (Nat Twist Trn Hover SCP) Fwd R DLW trn RF, - Sid L DLW Q XRIB of L on toe, twist trn RF
   SQQ on L heel R toe; small sid R cont trn fac DLW rise & hover, - Brush L to R, Sid & Fwd L
   SOC DLC (W Bk L DLW start trn RF, - R clos to L Heel Trn/fwd L R around M; cont trn Sid L
   Rise Hover, - Brush R to L, Sid & Fwd R in SCP DLC);

7-8 (Feather Finish) Thru R, - Sid & Fwd L Lt sid lead, Fwd R Contra Bjo (W thru L, - trn LF
   SQQ sid & Bk R, Bk L Contra Bjo);
PART B CONTINUED

9-12 OPEN TELEMARK; OPEN NATURAL; OUTSIDE SPIN PIVOT TO RUDOLPH RONDE & SLIP;

9 (Open Telemark)(Contra Bjo DLC)Trn LF on L, - sid R cont LF trn, sid & fwd L DLW in SCP
SQQ (W bk R trn LF, - HEEL TRN on R clos L to R, sid & fwd R DLW SCP);
10 (Open Natural Trn)(SCP DLW)Fwd R start RF trn, - Con trn sid & bk L, Bk R DLW rt side
SQQ leading in Contra Bjo(W fwd L, - Fwd R between M's feet, Fwd L in Contra Bjo);
11-12 (Outside Spin & Pivot to Rudolph Ronde)Contra Bjo DLC Pull L twd R pivot RF, - Fwd R
SQQ in Bjo Heel Toe pivot RF, cont pivot on L CP DLC(W fwd R in Contra Bjo around M pivot
RF, - cont trn clos L to R, fwd R between M's feet pivot RF); CP DLC fwd R between W's
SQQ feet relax knee strong turn of hips RF causing W to ARIEL RONDE R leg CW keep L leg
tucked behind R, - Recover Bk L, Bk R CP DLC(W step L ARIEL RONDE R CW, - XLIB of L in
FALLAWAY, trn LF on R step L fwd to CP)
13-16 Q OPEN REVERSE TRN TO THROWAWAY OVERTURN; SIDE HOVER TO SCP; CHAIR, RECOV, SLIP;
13-14 (Q Open Reverse to Throwaway) CP DLC Fwd L trn LF, - sid & bk R DLC/bk L LOD rt side
SQQ lead, bk R start RF trn; (Throwaway Overturn) trn LF sid L LOD relax knee look LOD trn
SS 1/8 LF on L, - cont body trn to fac LOD extend R leg sway rt twd wall keep top off
ptnr, -(W trn LF sid & fwd R LOD relax knee look LOD start LF trn bring L to R no wt, -
cont body trn slowly trn head to lt extend L leg bk LOD tip of toe on floor stretch
rt rib cage look well to left, -);
15 (Hover SCP) Trn RF on M's L & W's R keep knee compressed,-, sid R LOD rise & HOVER,
SQQ Brush L to R side L LOD SCP(W trn RF on R keep knee compressed,-, sid L LOD rise &
HOVER, Brush R to L side & fwd R LOD SCP);
16 (Chair & Slip) Thru R LOD(W thru L follow M's leg) relax knee, -, Recover L, rise & slip R
SQQ bk small step on Ball pivot LF 1/8(LW recover on RF on r trn LF to face M leave L fwd,
step L pqtr LF) CP DLC;
17-20 CLOSED TELEMARK; NATURAL TURN; CLOSED IMPETUS; FEATHER FINISH;
17 (Close Telemark) CP DLC Fwd L trn LF, - sid R DLC, trn on ball of R step sid L DLW Contra
SQQ Bjo(W bk R trn LF, - Heel Trn on R close L to R, cont trn on L sid & bk R DLW Contra Bjo)
18 (Natural Turn) Fwd R trn RF, - sid L DLW, cont RF trn on L step bk R LOD(W bk L trn RF, -
SQQ Heel Trn on L close R to L face LOD, fwd L LOD CP);
19 (Closed Impetus) Bk L LOD start trn RF, - Heel Trn on L close R to L, continue RF trn
sid & bk L end CP DLW(W fwd R start RF trn heel to toe, - sid L DLW toe, cont RF trn
Brush R to L fwd R DLC CP);
20 (Feather Finish) Bk R DRC, - sid L toe points DLC, Fwd R in Contra Bjo DLC left sid lead
SQQ (W fwd L DRC, - sid & bk R, Bk L in Contra Bjo rt sid lead);

REPEAT A, A, B 1-19

TAG - MEASURE 20

20 HINGE - Bk R DRC trn LF, - sid L DRC, Relax knee trn 1/8 LF sway rt extend R leg(W fwd L
SQQ DRC trn LF, - sid R DRC Q XLIB of R, lower on L extend R look 1t);