IT'S FOUR IN THE MORNING

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Music: Faron Young – Mercury CC-35036
Footwork: Opposite, directions for man except as noted (W’s in parentheses)
Rhythm: Waltz  Phase: Easy IV+ 1 unph [Canter Twirl]
Sequence: INTRO A B A B INT AB END  Speed: 37 [on DM]

INTRODUCTION
1 – 4  WAIT;;  FWD WALTZ;  MANUV;
1-4  [CP – fc LOD – lead ft free]  Wait;;  Fwd L, fwd & sd R, cl L;  Fwd R bet W’s feet comm.  RF trn, sd & fwd L to fc ptrn & RLOD, cl R;
5 – 8  SPIN TRN;  BOX FIN;  OP TELEMARK;  THRU FC CL [BFLY];
5-8  Comm RF upper body trn bk L pivot ½ RF, fwd R bet W’s feet heel to toe cont trn Leave L leg ext bk & sd, rec sd & bk L (W fwd R bet M’s feet heel to toe pivot ½ RF, bk L toe cont trn brush R to L, sd & fwd R) end CP fc LOD;  Bk R trng LF, sd L, cl R end CP fc DLC;  Fwd L comm trn L, sd R cont trn, sd & slightly fwd L (W bk R comm trn L bring L beside R with no wt, trn LF on R heel & chg wt to L, step sd & slightly fwd R) end SCP DLW; Thru R, fwd & sd L, cl R end BFLY WALL;

PART A
1 – 4  BALANCE L;  REV TWIRL;  TWINKLE;  MANUV;
1-4  In BFLY sd L, X RIBOL, rec L;  Lead hnd jnd sd & fwd R to RLOD, fwd L, cl R (W sd & fwd L trng ½ LF, sd & bk R trng ½ LF, sd L) end LOP fc RLOD;  Fwd L, fwd R rising & trn LF to fc LOD, rec L join trlng hnds;  Fwd R comm RF trn to fc ptrn & RLOD, sd & fwd L to fc ptrn& RLOD, cl R (W small steps fwd L, R, L);
5 – 8  OP IMPETUS;  WEAVE 6;;  STEP & PT (W DEVELOPE);
5-8  Comm RF upper body trn bk L, cl R cont trn, fwd L (W comm RF upper body trn fwd R bet M’s feet heel to toe pivot ½ RF, sd & fwd L cont trn brush R to L, fwd R) end SCP fc DLC;  Fwd R, fwd L trng LF to CP, sd & slightly bk R to DLC (W fwd L, trng LF sd R to CP, cont trng on R fc LOD fwd L DLC);  Bk L DLC trn W to CBP, bk R trng body LF to CP, sd & fwd L DLW trn W to CBP (W fwd R to CBP, fwd L to DLC trng body LF to CP, sd & bk R to CBP);  Fwd R outs L ck,- (W bk L, bring R foot up L leg to outs L knee, ext R foot fwd);
9 – 12  SL OUTSD SWIVEL;  PICKUP;  2 LFT TRNS [WALL];
9-12  In BJO bk L, XR IFOL with no wt,- (W fwd R, swivel RF on ball of R ft,-) end SCP;  Fwd R small step lead W IF, small fwd L, cl R end CP fc DLC;  Fwd L trng LF, sd R trng LF, cl L;  bk on R trng LF, sd L trng LF, cl R end CP fc wall;
13 – 16  HOVER;  SCP CHASSE [2];;  FWD FC CL [BFLY];
13-16  Fwd L, fwd & sd R rising to ball of ft, rec fwd L to SCP;  Thru R trng to fc, sd L/cl R, sd L to SCP;  repeat Part A meas 14;  Fwd R, sd & fwd L to fc; cl R blend to BFLY;

PART B
1 – 4  CANTER TWIRL;  SD TCH;  REV CANTER TWIRL;  SD TCH TO CP;
[Note:  Thru next 4 meas take small steps & be sure W does not outstep M]
With lead hnds jnd & leading W to RF twirl sd L, draw R to L, cl R (W sd & fwd L, draw R to L as trn RF under lead hnds, cl L to R); Sd L, draw R to L,; With lead hnds still jnd & leading W to LF twirl sd R, draw L to R, cl L (W sd & fwd R, draw L to R as trn LF under lead hnds, cl R to L); sd R, draw L to R blend to CP,;  

5 – 8 **WHISK; PICKUP; START LFT TRNG BOX;;**  
5-8 Fwd L, fwd & sd R comm rise to ball of ft, XLIB of R cont full rise to SCP; Fwd R, sd & fwd L pickup up W, cl R end CP fc LOD; Fwd L trng ¼ LF, sd on R, cl L; Bk on R trng ¼ LF, sd on L, cl R;  

9 – 12 **FINISH LFT TRNG BOX;; FWD WALTZ; DRIFT APT;**  
9-12 Fwd L trng ¼ LF, sd on R, cl L; Bk on R trng ¼ LF, sd on L, cl R end CP LOD; Repeat INTRO meas 3; Maintain lead hnd hold release W & slight fwd R, L, R (W bk L, R, L) end in LOP fcg;  

13 – 16 **TWINKLE OUT; TWINKLE to P/U; 2 LFT TRNS [WALL];;**  
13-16 XLOR (W XROL), sd R, cl L; X ROL (W XLOR), sd L, cl R blend to CP fc LOD; Fwd L trng LF, sd R cont LF trn, cl L; Bk R trng LF, sd R cont LF trn, cl R end fc WALL; [1st time blend to BFLY – 2nd & 3rd times end in CP]  

REPEAT PARTS A & B

INTERLUDE  

1 – 4 **WHISK; PICKUP; START DIAMOND TRNS;;**  
1-4 Repeat meas 5 & 6 Part B end CP fc DLC;; Fwd L on diag, cont L trn sd R, bk L to BJO pos; stay in BJO & trn LF step bk R, sd L, fwd R;  

5 – 8 **FINISH DIAMOND TRNS;; OP TELEMARK; THRU FC CL [BFLY];**  
5-8 In BJO fwd L trng on the diag, sd R, bk L; Bk R cont trn, sd L, fwd R end BJO fc DLC;; Fwd L comm trn L, sd R cont trn, sd & slight fwd L (W bk R comm trn L bring L beside R with no wt, trn LF on R heel & chg wt to L, step sd & slightly fwd R) end SCP fc DLW; Fwd R, sd & fwd L, cl R blend to BFLY fc WALL;  

REPEAT PARTS A & B

ENDING  

1 – 4 **WHISK; PICKUP; START DIAMOND TRNS;;**  
1-4 Repeat meas 1 – 4 of INTERLUDE;;;  

5 – 8 **FINISH DIAMOND TRNS;; OP TELEMARK; THRU FC CL;;**  
5-8 Repeat meas 5 – 8 of INTERLUDE but end in CP fc WALL;;;  

9 – 10 **DIP CENTER [HOLD]; TWIST;**  
9-10 Bk L,hold, hold; Rotating upper body LF no wt change twist, hold, hold;