

IF YOU PLEASE

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Choreo: Jerry Buckmaster and Zodie Reigel
4220 E. Alton Road, Oak Creek, Wisconsin 53154
Record: Grenn 14190 "If You Please"
Artist: Al Russ Orchestra
Flip Side: "For Once in My Life"
Footwork: Woman's Footwork Opposite Unless Noted
Rhythm: Waltz RAL Phase: II
Sequence: Intro – A – B – A – B (1-12) End

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Speed: 2:08 @ 42 RPM

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INTRODUCTION

1-4 OP-FCG WALL wt 2 meas ; ;

1-2 OP-FCG WALL wait ; ;

APT PT ; TOG to BFLY TCH ;

3-4 [OP-FCG WALL] Apt L , Pt R twd ptr , - ; Tog R , Tch L , Blend to ;

PART A

1-16 WZ AWY & TOG ; ; STP SWING ; SPN MANUV ;

1-2 [BFLY WALL – WZ AWY & TOG] Fwd L trng awy from ptr , Fwd R to fc OP , CI L ; Fwd R trng RF to fc ptr , Sd L , CI R ;

3-4 [BFLY WALL – STP SWING & SPN MANUV] Sd L , Thru R twd LOD , - ; Fwd R trng RF , Small Sd L fin trn , CI R Blend to CP RLOD (W start LF spin in plc L , trng LF in plc R , trng LF in plc CI L end fcg LOD) ;

2 R TRNS to WALL ; ; BOX to SCP ; ;

5-6 [CP RLOD – 2 R TRNS] Bk L start trn RF , Sd R twd LOD cont RF trn , CI L ; Fwd R start RF trn , Sd L twd LOD cont RF trn , CI L ;

7-8 [CP WALL – BOX] Fwd L , Sd R , CI L ; Bk R , Sd L , CI R Blend to SCP ;

LC ACRS ; FWD WZ ; THRU TWKL TWICE to CP [COH] ; ;

9-10 [SCP LOD – LC ACRS & FWD WZ] Chg Sds Fwd L , Fwd R , CI L ; Fwd R , Fwd L , CI R end in LOP ;

11-12 [LOP LOD – THRU TWKL TWICE] Thru L trng RF (W LF) , Sd R fin trn to fc ptr , CI L ; Thru R trng LF (W RF) , Sd L fin trn to fc ptr , CI L Blend to CP COH ;

L TRNG BOX ½ ; ; CANTER TWICE to BFLY ; ;

13-14 [CP COH – L TRNG BOX ½] Fwd L start LF upper body trn , Fwd & Sd R competing ¼ LF trn , CL L ; Bk R start LF upper body trn , Bk & Sd L completing ¼ LF trn , CI R ;

15-16 [CP WALL – CANTER TWICE] Sd L , Draw R to L , CI R ; Sd L , Draw R to L , CI R Blend to BFLY ;

PART B

1-16 TWRL VIN 3 ; THRU FC CL ; 2 SOLO WZ TRN in 6 to BFLY ; ;

1-2 [BFLY WALL – TWRL VIN 3 & THRU FC CL] Sd L , XRIB , Sd L (W Undr joined ld hnds Sd & Fwd R trng RF , Sd & Bk L cont trn , Sd R end fcg ptr) ; Thru R , Sd L to fc ptr , CI R ;

3-4 [BFLY WALL – 2 SOLO WZ TRNS in 6] Fwd L trng LF (W RF) , Sd R cont trn , CI L to fin ¾ trn fcg RLOD ; Bk R trng LF (W RF) , Sd L fin trn to fc ptr , CI R Blend to BFLY ;

WZ AWY ; WRP ; FWD WZ ; PKUP SD CL ;

5-6 [BFLY WALL – WZ AWY & WRP] Fwd L trng awy from ptr , Fwd R to fc OP , CI L ; Fwd R , Fwd L , CI R (W Fwd L start a full LF trn keeping trlg hnds joined at waist level , Small Sd & Bk R cont RF trn , Small Fwd L to fin trn and end fcg LOD in Wrp'd POS) [W L arm in front and M R arm bhd W at waist level] [ld hnds joined in front at chest height] ;

7-8 [WRP'D LOD – FWD WZ & PKUP SD CL] Fwd R , Fwd L , CI R ; Small Fwd R trng slightly LF , Small Sd L , CI R end CP LOD (W Fwd L trng LF moving in-front of M , Small Sd R fin trn end fcg RLOD in front of M , CI L) ;

2 L TRNS to WALL ; ; SD DR CH L & R ; ;

9-10 [CP LOD – 2 L TRNS] Fwd L start LF upper body trn , Sd & Bk R cont LF trn , CI L ; Bk R start LF upper body trn , Sd & Bk L cont LF trn , CI R ;

11-12 [CP WALL – SD DR TCH L & R] Sd L , Draw R to L , Tch R ; Sd R , Draw L to R , Tch L ;

L TRNG BOX to BFLY ; ; ; ;

13-16 [CP WALL – L TRNG BOX] Fwd L start LF upper body trn , Fwd & Sd R competing ¼ LF trn , CL L ; Bk R start LF upper body trn , Bk & Sd L completing ¼ LF trn , CI R ; Fwd L start LF upper body trn , Fwd & Sd R competing ¼ LF trn , CL L ; Bk R start LF upper body trn , Bk & Sd L completing ¼ LF trn , CI R Blend to BFLY ;

1-3 **BOX ; ; DIP BK TWST & HLD ;**

1-2 [CP WALL – BOX] Fwd L , Sd R , CI L ; Bk R , Sd L , CI R ;

3 [CP WALL – DIP BK TWST & HLD] Bk L relax L knee , twst slightly LF , Hld ;

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QUICK CUES

Intro: OP-FCG WALL wt 2 meas ; ;

APT PT ; TOG to BFLY TCH ;

Pt A: WZ AWY & TOG ; ; STP SWING ; SPN MANUV ;

2 R TRNS to WALL ; ; BOX to SCP ; ;

LC ACRS ; FWD WZ ; THRU TWKL TWICE to CP [COH] ; ;

L TRNG BOX ½ ; ; CANTER TWICE to BFLY ; ;

Pt B: TWRL VIN 3 ; THRU FC CL ; 2 SOLO WZ TRN in 6 to BFLY ; ;

WZ AWY ; WRP ; FWD WZ ; PKUP SD CL ;

2 L TRNS to WALL ; ; SD DR CH L & R ; ;

L TRNG BOX to BFLY ; ; ; ;

Pt A: WZ AWY & TOG ; ; STP SWING ; SPN MANUV ;

2 R TRNS to WALL ; ; BOX to SCP ; ;

LC ACRS ; FWD WZ ; THRU TWKL TWICE to CP [COH] ; ;

L TRNG BOX ½ ; ; CANTER TWICE to BFLY ; ;

Pt B: TWRL VIN 3 ; THRU FC CL ; 2 SOLO WZ TRN in 6 to BFLY ; ;

WZ AWY ; WRP ; FWD WZ ; PKUP SD CL ;

2 L TRNS to WALL ; ; SD DR CH L & R ; ;

End BOX ; ; DIP BK TWST & HLD ;