IF I HAD MY WAY

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RECORD: CD of available on internet, New Stanton Band CD ACD 5565 Track 10.
FOOTWORK: Opposite. kgslater@aol.com
SEQUENCE: INT, A, B, A, B(1-15), ENDING *
PHASE: V  FOXTROT.
TIMING: SQQ unless otherwise noted. Dtd 9/1/12

INTRO
1.2  WAIT 2 CP DW WGT ON M’S L & W’S R;;
     CP DW wgt on M’s L & W’s R WAIT 2;;
     PART A
1.4  RIGHT LUNGE REC SLIP; OPEN TEL; 2 OPEN IN & OUT RUNS;;
     1  Stp sd & fwd on R with relaxed knee & L sd stretch(hds R),-, rec L comm.
     LF body turn, cont turn & slip R past L to fc DC in CP;
     2  Fwd L comm. LF turn,-, sd R cont turn(W heel turn), sd & fwd L to SCP
     DW;
     3  Release lead hnds fwd R comm. RF turn,-, sd & fwd L in front of W cont
     turn sd & fwd R to L half open with M’s R & W’s L hnds out to sd;
     4  M fwd L,-, R, L short stps adj to W’s action(W fwd R comm. RF turn,-, sd
     & fwd L in front of M cont turn, fwd & sd R) to SCP DC;
     5.8  RUNNING OPEN NATL; BK CHASSE TO BJO; CURVED FEATH; OPEN
     IMPETUS;
     sq&q 5  Thru R comm. RF turn,,-, sd & bk L xif of W/ bk R to contra bjo, bk L DC
     (W thru L comm. RF body turn,,-, fwd R cont body turn/ fwd L, fwd R);
     sq&q 6  Bk  R comm. LF turn,,-, sd L/ cl R to L, sd L cont turn to fc DW in BJO;
     7  Fwd R comm. RF turn,,-, sd & fwd L, strong RF body turn fwd R on toe
     with thighs x in contra bjo fcg DRC with checking action;
     8  Bk L turn RF,-, cl R to L cont turn(W fwd around M brush R to L), fwd
     L DC in SCP;
     9-12  PROMENADE WEAVE;; HOVER TEL; OPEN NATL;
     9  Thru R DC,,-, fwd L turn LF(W swvl on R to fc M), sd & bk R twds DC;
     qqqq 10  Bk L, bk R blend to CP, sd & fwd L DW, fwd R to contra bjo DW;
     11  Fwd L DW,,-, sd & fwd R with R sd stretch rise & turn W to SCP, fwd
     L DW;
     12  M fwd R turn RF,-, sd & bk L, bk R blend to contra bjo with R shoulder
     lead backing DW(W thru L turn LF,,-, sd R & bk R, bk L)
     fcg DC;
     13.16  ZIG ZAG 4; OPEN IMP; FEATH; DOUBLE REV;
     qqqq 13  Bk L turn RF, sd R DW, xLif of R, sd R turn LF to fc DRC;
     14  Repeat meas 8 in PART A;
     15  Fwd R,,-, fwd L, fwd R to contra bjo(W thru L turn LF,,-, sd & bk R, bk L)
     ) fcg DC;
     (sq&q) 16  Fwd L turn LF,,-, sd R DC spin LF on R, bring L to R & tch(W bk R turn
     LF,-, heel turn on R cl L to R/fwd R, swvl LF xLif of R), fcg DW in CP;
PART B

1-4 CONTRA CHK-, REC, BK; FEATH FIN DC; TOP SPIN; CH OF DIR;
1 Fwd L across body with R sd lead R knee relaxed & head slightly to R,-, rec R, bk L sway slightly to L(W bk R well under body on toe with head to L,-, rec L, fwd R);
2 Bk R turn LF,-, sd & fwd L DC, fwd R to contra bjo with checking action;
qqqq 3 Turn strong LF on R toe bk L, bk R blend to CP cont turn, sd & fwd L, fwd R to DW;
ss 4 Fwd L DW turn LF,-, sd R DW draw L to R[no wgt] fc DC in CP,-;
5.8 REVERSE TURNS;; HOVER SCP; FEATH;
5.6 Fwd L comm. LF turn,-, sd R twds COH, bk L LOD(W heel turn); Bk R turn LF,-, sd & fwd L DW, fwd R to contra bjo DW;
7 Fwd L adj to CP,-, fwd & sd R[hover], brush L to R sd & fwd L DC in SCP;
8 Repeat meas 15 in PART A;
9-12 OPEN TEL; NATL FALLAWAY WEAVE;; WHISK;
9 Repeat meas 2 in PART A;
10 Fwd R,-, fwd L turn RF, bk R in fallaway pos backing DC;
qqqq 11 Bk L in fallaway pos, bk R to CP(W slip LF), sd & fwd L, fwd R to contra bjo fcg DW;
12 Fwd,-, fwd & sd R comm. rise to ball of foot, xLib of R cont rise opening W to SCP fcg DC(W bk R,-, bk & sd L, xRib of L to SCP);
13.16 FEATH; CURVING 3 STP TO REV; FEATH FIN; 3 STP;
13 Repeat meas 15 in PART A;
14 Fwd L comm. LF turn,-, fwd R cont turn, fwd L xif of R to fc DRW with checking action(W turn hd R on 2nd stp);
15 Bk R turn LF,-, sd & fwd L DW with L shoulder lead, fwd R to contra bjo DW;
16 Fwd L blend to CP,-, fwd R, fwd L DW;*

ENDING
1 FWD,-, RIGHT LUNGE,-;*
ss 1 Fwd L,-, sd & fwd R with relaxed knee & R sd stretch[M hd R W hd L] DW,-;

NOTE: Substitute ending for meas 16 in PART B the second time thru.*