I DO, I DO, I DO, I DO, I DO

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(Written for our 30th anniversary)

MUSIC: ABBA #1’S Track #16

FOOTWORK: Opposite of Man except where noted

RHYTHM: Foxtrot

DANCE LEVEL: Phase IV Time: 3:17

SPEED: 42 – 44 RPM RELEASED: AUGUST 2009

SEQUENCE: INTRO – A – B – A(MOD) – INT – C – B – A - D -END

INTRODUCTION

1 – 4 LOP DLW;; STP TOG TCH; FEATH FIN DLC;
Start LOP dia line and wall;; (Stp TOG tch) Stp fwd L, tch R; (Feath fin) Bk R-, trng 3/8 lft fc sd L, cross R in frnt (Woman cross bhnd) to BJO LOD/COH;

PART A

1 - 8 REVS TRN;; HVR; WEAVE BJO;; NAT TRN _ ; CLSD IMP; FEATH FIN;
(Rvs Trn) Trng _ lft fc fwd L-, sd R, bk L; bk R, sd L, fwd R to CP diag LOD/WALL;
(Hvr) Fwd L-, fwd R with slight rise, trng to SEMI fwd L; (Weave – Bjo) Thru R-, trng _ lft fc fwd L, sd R blending to BJO: bk L-, sd & bk R, fwd L (Woman thru L-, trng lft fc _ fwd & sd R, sd L, trng _ lft fc sd & bk R, bk L, bk R) to end BJO diag LOD/WALL;
(Nat’l Trn _) Fwd R-; trng _ rt fc sd L, bk R (Woman fwd L-, sd R, fwd L) to end CP/RLOD; (Cls’d Imp) Bk L-, trng _ rt fc sd & fwd R, sd L to end CP diag LOD/WALL;
(Feath Fin) Same as meas 4 intro;

9 - 12 TELEM – SEMI; HVR FALLAWAY; SLP PVT – BJO; FWD – FC - CLO;
(Telem – Semi) Trng _ lft fc fwd L-, sd R, fwd L (Woman trng 3/8 rt fc bk R-, clo L to R, with heel trn fwd L) to end SEMI LOD/WALL; (Hvr Fallowy) Fwd R-, fwd L with slight rise, rcvr L-; (Slip Pvt – Bjo) Trng slightly lft fc bk L-, bk R, fwd L (Woman bk R, bk L, trng _ lft fc in frnt of Man fwd R,) to end BJO diag LOD/WALL; (Fwd – fc – clo) Fwd R, fwd L trn to fc wall, clo R (Woman bk L, bk R trn to fc man/COH, clo L);

13 – 16 WHSK; IN & OUT RUNS;; CHAIR & SLIP;
(Whisk) Fwd L-, fwd R, hook L bhnd R; (In & Out runs) Thru R-, trng _ _tf c sd & bk L, bk R blending to Bjo; bk L-, trng _ _tf c sd & fwd R, fwd L (Woman thru L-, fwd R, fwd L; fwd R-, trng full _tf c trn fwd & sd L, fwd R) to end SEMI diag LOD/COH; (Chair & Slip) Thru R-, rcvr L, bk R (Woman thru L-, rcvr R, trng _ lft fc fwd L to CP in frnt of Man) to end CP/LOD;
PART B

1 - 8

DIA TRNS SCAR;;; CROSS HVR 3X – SEMI;;; CHAIR & SLIP;
(Dia trn – scar) Fwd L trn left, sd R cont trn left (Woman in BJO), bk L (COH), cont trn bk R, sd L, fwd R (RLOD), fwd L, sd R, bk L (Wall), bk R sd L, fwd R – woman slide across on last stp to scar; (Cross Hvr – 3 Times – Semi) Cross L in frnt (Woman cross bhnd, trng slightly lft fc sd R with slight rise, fwd L to BJO diag LOD/COH; cross R in frnt (Woman cross bhnd), trng slightly rt fc sd L with slight rise, fwd R to SD/CAR diag LOD/WALL; cross L in frnt (Woman cross bhnd), trng slightly lft fc sd R with slight rise, fwd L to SEMI/LOD; (Chair & Slip) Same as meas 16 part A;

PART A (MOD)

1 - 4

TELEM – SEMI; HVR FALLAWAY; SLP PVT – BJO; FWD - FC - CLO;
(Telem – semi) Same as meas 9 part A; (Hvr fallaway) same as meas 10 part A; (Slp pvt – bjo) Same as meas 11 part A; (Fwd – fc – clo) Same as meas 12 part A;

5 – 8

WHSK; IN & OUT RUNS;; THRU – FC - CLO;
(Whsk) Same as meas 13 part A; (In & out runs) Same as meas 14-15 Part A; (Thru – fc - clo) Stp thru R, fwd L trn to fc wall, clo R;

INT

1 - 4

BOX;; TWIST VINE - BJO; FWD & RUN 2 TO CP/LOD;
(Box) Fwd L, sd R, clo L; bk R, sd L, clo R; (Twist vine – BJO) Sd L, XIB R sdcar, sd L trn to BJO/LOD (woman sd R, XIF L sdcar, sd R trn to fc BJO/RLOD ; (Fwd & run 2) Fwd R, fwd L, fwd R CP/LOD, (woman bk L, bk R, bk L blend to CP);

PART C

1 - 5

DIA TRN _;; QK DIA TRN 4; DIP BK AND RCV; REVERSE TRN _;
(Dia Trn _) Trng _ lft fc fwd L-, sd R, bk L; bk R-, sd L, fwd R to end BJO/RLOD;
(Qk Dia Trn -4) Trng _ lft fc fwd L, sd R, bk L, bk R to end CP/LOD; (Dip Bk & Rcvr) Bk L-, rcvr R-; (Rvs Trn _) Trng _ lft fc fwd L-, sd R, bk L to end CP diag RLOD/WALL;
6 - 8  
HVR CORTE – BJO; BK WHISK; P/U;  
(Hvr Corte – Bjo) Trng 3/8 lft fc bk R-, sd & fwd L with slight rise, rcvr bk L to end BJO diag LOD/WALL;  
(Bk Whisk) Bk L-, trng _ rt fc sd R, hook L bhnd R;  
(Pck up) Small fwd R, sd L, clo R, (Woman fwd L trn to fc, sd R, clo L);  

REPEAT PARTS “B” & “A”

PART D

1 - 8  
2 LFT TRNS;; BOX;; HVR; IN & OUT RUNS;; THRU – FC – CLO;  
(2 lft trns) Fwd trn L, fwd trn R, clo L; bk trn R, bk trn L, clo R;  
(Box) Same as meas 1 - 2 Int;  
(Hvr) Same as meas 3 Part A;  
(In & out runs) Same as meas 14 -15 part A;;  
(Thru – fc – clo) Same as meas 8 Part A(mod);  

END

1 - 4  
WHSK; FWD HVR BJO; BK HVR SEMI; MANV;  
(Whsk) Same as meas 13 Part A;  
(Fwd Hvr – Bjo) Trng to SEMI fwd R-, fwd L with slight rise, rcvr R (Woman fwd L-, trng _ lft fc bk R with slight rise, rcvr L) to end BJO/LOD;  
(Bk Hvr – Semi) Bk L-, bk R with slight rise, fwd L (Woman fwd R-, trng _ rt fc bk R with slight rise, rcvr L) to end SEMI/LOD;  
(Manuv) Trng _ rt fc fwd R, sd L, clo R to end CP/RLOD;  

SPIN TRN; _ BOX BK; DIP BK TWIST HOLD;  
(Spin Trn) Trng 3/8 rt fc bk L, fwd R with slight rise, rcvr bk L to end diag CP LOD/WALL;  
(1/2 Box Bk) Bk R, trng slightly rt fc sd L , clo R to CP/LOD;  
(Dip bk twist hold) Step bk L, slight twist of shld & hold;