I'M ON YOUR SIDE

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The Cure for You Track 3 Footwork: Opposite Unless Noted
Phase: VI West Coast Swing Released: July 15, 2010
Sequence: INTRO, A, A, B, C, A, A(1-4), C(1-8), ENDING

INTRO

1-4 WAIT;: QK SD BRKS WITH CROSS IN FRONT; UNWIND TO FC;
&1&2&3&4 3-4 {Qk Sd Brks with Cross} Sd R, bring L in under body/ cl R, sd L/ sd R, bring the L under the body/ XRIF of L;
{Unwind to Fc} Unwind LF to fc lead foot free lead hnd joined;

PART A

1-4 LEFT SD PASS;:, SD WHIP WITH LADIES BODY RIPPLE;:;
123&4 1-2 {Left Sd Pass} Bk L trn LF off track, cl R cont LF trn fc COH, in pl L/R, fwd L trn LF to get bk on the track fc RLOD; anchor R/L, R (W fwd R, fwd L, sd & bk R trn LF to fc ptr; anchor L/R, L), {Sd Whip with Ladies Body Ripple} Bk L, recov R trn ¼ RF to “L” pos trn W to SCP (W fwd R, fwd L trn LF ½ to SCP);
5&612 - 3-4 {Cont} Press L fwd as (W bk R/ cl L, fwd R, press fwd L as lower in knees push lower body fwd and ripple as the rest of the body pushes fwd),; Hold, recov L, anchor R/L, R (W fwd L start W 789&10 LF trn, cont LF trn sd & bk R, trn LF anchor L/R, L);
5-8 WAIST DRAG TO HANDSHAKE;:, INSIDE WHIP TO ESCORT WALK AROUND;:;
123&4 5-6 {Waist Drag} Bk L, recov fwd & sd R trn ¼ LF , in pl L/R trn LF, fwd L onto track as W passes behind you; anchor R/L, R to hand shake (W fwd R, fwd L, sliding behind M keep lead hnd on his body XRIF of L/ sd L, XRIF of L; anchor L/R, L), {Inside Whip to Escort Walk Arnd} Bk L, recov R trn ¼ RF off track as lead W in LF underarm trn (W fwd R, fwd L start LF trn under joined R hnds);
5&612 3&456 7-8 {Cont} Sd L cont RF trn ¼ / fwd R, sd & fwd L trn RF fc LOD lead arms hooked in escort pos, wheel RF R, L; R, L leading W to fc, anchor R/L, R to end fc RLOD lead hnds joined (W bk R/ cl L, fwd R to escort, wheel L,R; L, R trning to fc ptr & LOD, anchor L/R,L);
789&10 9-12 START REV UNDERARM TRN TO DUCK WALKS;: HEEL HEEL STEP STP; CHICKEN WALK 4 QKS;
123&4 9-10 {Rev Underarm to Duck Walks} Bk L trn RF, fwd R trn RF,
I'M OLGYPH88UV
YOUR SIDE

567&8 fwd L/ cl R to L, cl L to R (W fwd R, fwd L under joined lead hnd, fwd R trn ¼ LF/ XLIF of R cont LF trn, sd & bk R to fc ptr); Swvl RF to step fwd R twd wall, draw L to R as swvl LF to fc COH step fwd L, draw R to L as swvl RF to step twd wall R/ L, R;

&1-&3- 11-12 {Heel Heel Step Step} Still lead hnds joined like a slow sd brk on the & ct put wgt on the L heel fwd & sd/ put wgt on the R heel fwd & sd standing on both heels,-, on the & ct put the L ft slght bk and under the body/ recov R under the body,-; {Chicken Walks 4 Qks} Bk L, R, L, R (W swvl ft out as fwd R, L, R, L);

13-16 CHG HNDS PUSH BRK:; PREP IN & OUT WRAPS BOTH FREE SPIN ENDING:;;;

123&4 13-14 {Chg Hnds Push Brk} Bk L, bk R to two hnds joined low, bk L/ bring R twd L, small fwd L (W stronger step bk R) end with trail hnds joined; anchor R/L, R, {In & Out Wraps} Prep steps bk L with slght trn of lady in twd wall, cl R off the track with slght trn of lady out twd COH (W fwd R,L);

3&45&6 15-16 {Cont} In pl L/R, fwd L as wrap the W (W spin LF R/L, fwd R), fwd R trn RF/ cl L to R cont RF trn, fwd R fc LOD having unwrapped W (W fwd L trning RF/ unwrap cl R to L, fwd L to fc LOD); like a hook trn XLIB of R to trn RF/ cl R to L, fwd L bk on the track join lead hnds after spinning W LF, anchor R/L, R (W free spin LF R/L, R to fc, anchor L/R, L);

REPEAT A

PART B

1-4 WHIP:; SYNCO LEFT SD PASS WITH TUCK & ROLL TO ROCK & GO ENDING TO HANDSHAKE:;;

123&4 1-2 {Whip} Bk L, recov fwd R moving to W’s R sd start RF trn ¼ to momentary SCP, sd L cont RF trn ¼ / fwd R, sd & fwd L cont trn; XRIB of L, sd L, anchor in pl R/L, R (W fwd R, fwd L trn RF ½ to SCP, bk R/ cl L, fwd R; fwd L start RF trn, cont RF trn bk R, anchor L/R, L);

12-4 3-4 {Synco Left Sd Pass with Tuck & Roll to Rock & Go Ending} W 12&34 Bk L trn RF, cl R off the track/ on the & tch L in a small press line (W fwd R, fwd L/on & ct sd R, XLIF of R), recov L twd RLOD (W trn RF to step fwd R); both roll RF fwd R, L/on & ct cont RF trn as rk fwd & sd R twd RLOD, recov L twd LOD catching the W’s R forearm with your R arm, sliding down the arm XRIF of L twd LOD body twd wall (W roll L, R/ cont RF trn on & ct rk fwd & sd L, recov R, fwd L connect R hnds);

5-8 RT SD PASS WITH DBL HAND HOLD INSIDE UNDERARM TRN:; DBL HND HOLD TUCK & TWIRL:; BASKET WHIP;

123&4 5-6 {Rt Sd Pass with Dbl Hand Hold Inside Trn} Fwd L, recov R to join L hnds over R, dbl underarm trn the W to fc LOD in pl L/R,L; anchor R/L, R, (W fwd R, L start LF underarm trn, trning
under both hnds LF R/L, R; anchor L/R, L), {Dbl Hnd Hold Tuck & Twirl} Bk L, small bk R lift top hnds to palm to palm keep all hnds joined;

3&45&6  7-8  {Cont} Small bk L/ recov R, fwd L leading W to twirl RF under both hnds, anchor R/L, R (W fwd R/ recov L trn RF, fwd R cont RF trn, anchor L/R, L); {Basket Whip} Same ftwork as a wrapped whip bk L, recov fwd R moving to W’s R sd start RF trn ¼ to start to lift L arms, sd L cont RF trn ¼ / fwd R, sd & fwd L cont trn to end in Varsouv; (W fwd R, fwd L under L hnds, fwd R/cl L, bk R);

9-12  {Fin Basket Whip; Head Loop Whip;; Prep Left SD Pass With Inside Trn To Closed;}

567&8  9-10  {Fin Basket Whip} XRIB of L lift R arms up, sd L, anchor in pl R/L, R still stacked hnds; (W bk L under R hnds, bk R, anchor L/R, L); {Head Loop Whip} Bk L, recov R twd ptr as trn RF bring all arms up and over M’s head, cont RF trn in pl L/R release hnds to CP, sd L across track to fc RLOD in CP (W fwd R, fwd L to trn RF, bk R/cl L, fwd R);

567&8  11-12  {Fin Head Loop Whip} XRIB of L, sd L, anchor in pl R/L, R (W fwd L start RF trn, cont RF trn bk R, anchor L/R, L); {Left Sd Pass With Inside Trn to Closed} Prep steps bk L with slgt trn of lady in twd wall, cl R off the track with slgt trn of lady out twd COH, in pl L/R, fwd L to CP RLOD lead hnds on his L hip (W fwd R with slgt trn L, fwd L with slgt trn R, inside underarm trn LF R/L, R to CP);

13  {Push Out 2 & Anchor Step} Fwd R, L, anchor R/L, R release hnds;

PART C

1-4  {Bk Camel Walks; Fwd Camel Walks;}

1234  1-2  {Bk Camel Walks} Even cts bk L with L sd bk, XRIF of L with strong knee bend, bk L, bk R with R sd bk; XLIF of R with strong knee bend, bk R, bk L, cl R to L (W fwd R with R sd lead, XLIB of R, fwd R, fwd L with L sd lead; XRIB of L, fwd L, fwd R, cl L to R);

1234  3-4  {Fwd Camel Walks} Fwd L with L sd lead, XRIB of L, fwd L, fwd R with R sd lead; XLIB of R, fwd R, fwd L, cl R to L (W bk R with R sd bk, XLIF of R strong knee bend, bk R, bk L with L sd bk; XRIF of L with knee bend, bk L, bk R, cl L to R);

5-8  {Roll Down Line & Tch; Roll Rev Tch Shake Hnds; Prep Left Spin The Lady Trans Varsouv; Cross Walk 4;}

123-  5-6  {Roll 3 & Tch Twice} With a rock sd to sd action roll LF LOD L, R, L, tch R with both hnds up & elbows bent; Roll bk R, L, R, tch L fc ptr & shake hnds;

1234  7-8  {Left Spin the Lady Trans to Varsouv} Prep steps bk L with
W123&4
5678

slgt trn of lady in twd wall, cl R off the track with slgt trn of lady out twd COH, in pl L, fwd R to Varsouv (W prep steps fwd R with slgt LF trn, fwd L with slgt RF trn, spin LF R/L, R);

{Cross Walk 4} In Varsouv XLIF of R, XRIF of L, XLIF of R, XRIF of L as walk LOD;

9-12 LADY OUT TO FC TRANS: QK SWVL BK TO BK & SWVL TO FC;
LEFT SD UNDERARM PASS WITH LADY STUTTERS;;

1-3&4 9-10 {Lady Out to Fc Trans} Fwd L, tch R to L, anchor R/L, R as lead W out to fc (W fwd L, fwd & sd R trn LF, anchor L/R, L);

W123&4 1-3-

{Qk Swvl Bk to Bk & Swvl to Fc} Fwd L trn RF to bk to bk pos lead hnd down free trail hnds up,-, fwd R trn LF to fc trail hnds come down,-;

12-- 11-12 {Left Sd Underarm Pass with Lady Stutters} Bk L, cl R off the track, hold 2,-; in pl L/R, fwd L on the track lead W to RF

W12&3&4 5&67&8

underarm trn, anchor R/L, R (W fwd R, fwd L pl L hnd on his chest for qk stutter steps XRIF of L/ recov L, XRIB of L/ recov L; on a diag twd DRW fwd R/ L, R trn RF under lead hnds, anchor L/R, L bk on track);

13-16 INSIDE HALF WHIP RELEASE;; SOLO STUTTERS & KNEE HOP SLIDE;;

123&4 13-14 {Inside Half Whip Release} Bk L, fwd & sd R moving to W’s R sd start LF underarm trn, sd L cont RF trn slightly/ recov fwd R with R sd twd ptr, sd & bk L with R sd still twd ptr finish underarm to CP; fwd R, fwd L, anchor R/L, R (W fwd R, fwd L start LF underarm trn, trning LF bk R/ cl L, fwd R; bk L, bk R, anchor L/R, L) end fcing LOD with no hnds joined/ starting on & ct XLIF of R;

&1&2&3& 15-16 {Solo Stutters & Knee Hop Slide} Recov R, XLIB of R/ recov R, XLIF or R/ recov R, XLIB of R, recov R/ hop on R lift L knee;

&5--8 slide sd L draw R to L,,-, cl R;

REPEAT A 1-4
REPEAT C 1-8

ENDING

1-3 CONTINUOUS TWINKLE 6 & ROLL 2;; KNEE HOP LUNGE;;

1234 1-2 {Cont Twinkles & Roll 2} In Varsouv same ft work fwd & sd L trn LF, cl R to L cont trn LF to fc RLOD in left Varsouv, fwd L, fwd & sd R trn RF; cl L to R cont trn RF to fc LOD in Varsouv, fwd R start roll, roll RF bk L trn ½ RF, fwd R LOD/ on & ct cont RF trn as hop on R lift L knee to fc wall;

&1 3 {Knee Hop, Lunge} Slide sd L with sway twd RLOD and both arms out to the sd end in tandem facing wall,-,