I'M SO LONESOME I COULD CRY

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MUSIC: Song: I'm So Lonesome I Could Cry  Artist: Marty Robbins
Music Media Source: CD: The Song of Robbins
Music Modified: +3.2%  96 BPM / 32 MPM  TIME@BPM: 2:36@96 BPM

FOOTWORK: Opposite unless indicated (W's footwork in parentheses)
RHYTHM: Waltz  RAL Phase: II
SEQUENCE: INTRO A B C A B [1-12] END

MEAS:  INTRODUCTION
1-2  BFLY WALL WAIT; WAIT;

1-2 In BFLY M facing wall wait 2 meas;

PART A
1-4  WALTZ AWAY; LADY WRAP LOD; FORWARD WALTZ; PICKUP;

1 {WZ AWY} Keeping insd hnds joined sd & fwd L trng away from ptr, sd & fwd R to LOD, cl L (W sd & fwd R trng away from ptr, sd & fwd L to slight bk to bk pos, cl R);

2 {LADY WRP} Fwd R [short stp] retain insd handhold at waist level leading W to make a LF trn, fwd L, cl R join free outsd hnds in front at chest height (W fwd L commence trn LF, sd R continue LF trn, cl L completing LF trn to fc LOD join R hnd to M's L hnd) LOD;

3 {FWD WZ} Fwd L, fwd R, cl L (W fwd R, fwd L, cl R) LOD;

4 {PU} Fwd R [short step], fwd L, cl R, blending to CP (W fwd L stepping in front of M trng LF, bk R, cl L, blending to CP) CP LOD;

5-8  2 LEFT TURNS TO WALL;;  TWIRL VINE 3;  THRU FACE CLOSE CP;

5 {2 L TRNS} Fwd L trng 1/8 LF, stp sd on R DIAG acrs LOD trng up to 1/4 LF, cl L;

6 Bk on R trng up to 1/4 LF, sd on L fwd LOD trng up to 1/4 LF to fc wall, cl R CP WALL;

7 {TWRL VIN 3} Raising L hnd sd L, XRib, sd L (W sd & fwd R trng 1/2 RF under joined hnds, sd & bk L trng 1/2 RF, sd R LOP COH) LOP WALL;

8 {THRU FC CL} Fwd R between ptrs w/ a reaching stp, trng RF to fc ptr sd L, cl R to L ending in CP wall (W fwd L between ptrs w/ a reaching stp, trng LF to fc ptr sd R, cl L to R ending in CP COH) CP WALL;

9-12  LEFT TURNING BOX;;;;

9-10 {L TRNG BOX} Fwd L commence 1/4 LF trn, comp trn sd R, cl L (W bk R commence 1/4 LF trn, comp trn sd L, cl R);  bk R commence 1/4 LF trn, comp trn sd L, cl R (W fwd L commence1/4 LF trn, comp trn sd R, cl L CP WALL) CP COH;

11-12 Fwd L commence1/4 LF trn, comp trn sd R, cl L (W bk R commence 1/4 LF trn, comp trn sd L, cl R);  bk R commence 1/4 LF trn, comp trn sd L, cl R (W fwd L commence 1/4 LF trn, comp trn sd R, cl L CP COH) CP WALL;

13-16  DIP COH; MANEUVER; 2 RIGHT TURNS LOD;;

13 {DIP} Bk L taking full weight w/ knee slightly bent, - - [The R leg remains extended w/ toe on floor & knee & ankle form a straight line from hip.]

14 {MANUV} Fwd R begin RF upper body trn, cont RF trn to fc ptr and RLOD sd L, cl R (W bk L begin RF upper body trn, cont RF trn to fc ptr and RLOD sd R, cl L) CP RLOD;

15 {2 R TRNS LOD} Bk on L trng up to 1/8 RF, sd R twd LOD trng 1/8 RF, cl L (W fwd R trng up to 1/8 RF, sd L DIAG acrs LOD trng up to 1/8 RF, cl R CP WALL) CP COH;

16 Fwd R trng up to 1/8 RF, sd L DIAG acrs LOD trng up to 1/8 RF to LOD, cl R (W bk L trng up to 1/8 RF, sd R twd LOD trng up to 1/8 RF to RLOD, cl L CP RLOD) CP LOD;
PART B

1-4

FORWARD WALTZ; DRIFT APART; THRU TWINKLE OUT AND IN CP LOD;;
1 {FWD WZ} Fwd L, fwd R, cl L (W bk R, bk L, cl R CP RLOD) CP LOD;
2 {DRIFT APART} Slightly fwd R, in place L, cl R (W bk L, bk R, cl L) LOP FCG LOD;
3-4 {THRU TWKL OUT} XLif between ptrs, sd R trng 1/4 LF, cl L (W XRif between ptrs, sd L trng 1/4 RF, cl L);
4 {THRU TWKL IN CP} XRif between ptrs, sd L trng 1/4 RF, cl R blending to CP (W XLif between ptrs, sd R trng 1/4 LF, cl L blending to CP) CP LOD;

5-8

2 LEFT TURNS TO WALL;; TWIRL VINE 3; PICKUP SCAR;
5 {2 L TRNS} Fwd L trng 1/8 LF, stp sd on R DIAG acrs LOD trng up to 1/4 LF, cl L;
6 Bk on R trng up to 1/4 LF, sd on L fwd LOD trng up to 1/4 LF to fc wall, cl R CP WALL;
7 {TWRL VIN 3} Raising L hnd sd L, XRib, sd L (W sd & fwd R trng 1/2 RF undr jnd hnds, sd & bk L trng 1/2 RF, sd R LOP COH) LOP WALL;
8 {PU SCAR} Fwd R [short step], fwd L, cl R, blending to SCAR DLC (W fwd L stpg in front of M trng LF, bk R, cl L, blending to SCAR DRW) SCAR DLC;

9-12

3 PROGRESSIVE TWINKLES;; MANEUVER; [2nd Time go to End]
9 {PROG TWKL} XLif & fwd, sd R & fwd, cl L blending to BJO (W XRib & bk, sd L & bk, cl R blending to BJO);
10 {PROG TWKL} XRif & fwd, sd L & fwd, cl R blending to SCAR (W XLib & bk, sd R & bk, cl L blending to SCAR);
11 {PROG TWKL} XLif & fwd, sd R & fwd, cl R blending to BJO (W XRib & bk, sd L & bk, cl R blending to BJO);
12 {MANUV} Fwd R begin RF upper body trn, cont RF trn to fc ptr and RLOD sd L, cl R (W bk L begin RF upper body trn, cont RF trn to fc ptr and LOD sd R, cl L) CP RLOD; [2nd Time go to End]

13-16

2 RIGHT TURNS LOD;; FORWARD WALTZ; FORWARD FACE CLOSE BFLY WALL;
13 {2 R TRNS LOD} Bk on L trng up to 1/8 RF, sd R twd LOD trng up to 1/8 RF, cl L (W fwd R trng up to 1/8 RF, sd L DIAG acrs LOD trng up to 1/8 RF, cl R CP WALL) CP COH;
14 Fwd R trng up to 1/8 RF, sd L DIAG acrs LOD trng up to 1/8 RF to LOD, cl R (W bk L trng up to 1/8 RF, sd R twd LOD trng up to 1/8 RF to RLOD, cl L CP RLOD) CP LOD;
15 {FWD WZ} Fwd L, fwd R, cl L (W bk R, bk L, cl R CP RLOD) CP LOD;
16 {FWD FC CL} Fwd R, fwd & sd L trng RF to fc ptr & wall, cl R blending to BFLY (W bk L, bk & sd R trng RF to fc ptr & COH, cl L blending to BFLY COH) BFLY WALL;

PART C

1-4

VINE 3; THRU SIDE BEHIND; ROLL 3; THRU PICKUP;
9 {VIN 3} Sd L, XRib of L, sd R (W sd R, XLib of R, sd R BFLY COH) BFLY WALL;
10 {THRU SD BHND} Trng LF thru & fwd R between ptrs w/ a reaching stp, trng RF to fc ptr & wall sd L, X R bhd L (W trng RF thru & fwd L between ptrs w/ a reaching stp, trng LF to fc ptr & COH sd R, X L bhd R LOP COH) only lead hnds joined LOP WALL;
11 {ROLL 3} Sd L trng LF w/ each stp progressing down LOD, fwd R continuing LF trn, sd L comp LF trn to fc ptr & wall (W sd R trng RF w/ each stp progressing down LOD, fwd L continuing RF trn, sd R comp RF trn to fc ptr & COH) WALL;
12 {THRU PU} Fwd R between ptrs w/ a reaching stp, sd & fwd L commencing LF trn, fwd R
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[short step] completing LF trn to CP LOD (W fwd L between ptrs w/ a reaching stp, sd & fwd R, fwd L stepping in front of M trng LF to end CP RLOD) CP LOD;

5-8
FORWARD WALTZ; MANEUVER; 1 RIGHT TURN WALL; TWIRL VINE 3 BFLY;

5 {FWD WZ} Fwd L, fwd R, cl L (W bk R, bk L, cl R CP RLOD) CP LOD;
6 {MANUV} Fwd R begin RF upper body trn, cont RF trn to fc ptr and RLOD sd L, cl R (W bk L begin RF upper body trn, cont RF trn to fc ptr and LOD sd R, cl L) CP RLOD;
7 {1 R TRN WALL} Bk on L trng up to 3/8 RF, sd R twd LOD trng 3/8 RF blending to fc wall, cl L (W fwd R trng up to 3/8 RF, sd L DIAG acrs LOD trng up to 3/8 RF, cl R COH);
8 {TWRL VIN 3} Raising L hnd sd L, XRib, sd L BFLY WALL (W sd & fwd R trng 1/2 RF under joined hnds, sd & bk L trng 1/2 RF, sd R BFLY COH) BFLY WALL;

9-12
WALTZ AWAY; BOTH TURN IN LOP RLOD; BACK WALTZ; BACK DRAW HOLD;

9 {WZ AWY} Keeping insd hnds joined sd & fwd L trng away from ptr, sd & fwd R to LOD, cl L (W sd & fwd R trng away from ptr, sd & fwd L to slight bk to bk pos, cl R);
10 {BOTH TRN IN LOP RLOD} Fwd R commencing RF trn, sd & bk L comp RF trn to LOP RLOD joining M's L & W's R hnds, cl R (W fwd L commencing LF trn, sd & bk R comp LF trn to LOP RLOD, cl L) LOP RLOD;
11 {BK WZ} Bk L, bk R, cl L (W bk R, bk L, cl R LOP RLOD) LOP RLOD;
12 {BK DRAW HOLD} Bk R, draw L in front of R, hold (W bk L, draw R in front of L, hold);

13-16
THRU TWINKLE TWICE BFLY;; TWIRL VINE 3; THRU FACE CLOSE BFLY WALL;

13 {THRU TWKL} Fwd L between ptrs trng LF to fc ptr, sd R, rec L BFLY WALL (W fwd R between ptrs trng RF to fc ptr, sd L, rec R BFLY COH) BFLY WALL;
14 {THRU TWKL} Trng LF fwd R between ptrs trng RF to fc ptr, sd L rec R BFLY WALL (W trng RF fwd L between ptrs trng LF to fc ptr, sd R, rec L BFLY COH) BFLY WALL;
15 {TWRL VIN 3} Raising L hnd sd L, XRib, sd L (W sd & fwd R trng 1/2 RF under joined hnds, sd & bk L trng 1/2 RF, sd R LOP COH) BFLY WALL;
16 {THRU FC CL BFLY WALL} Fwd R between ptrs w/ a reaching stp, sd L trng 1/4 RF, cl R blending to BFLY (W fwd L between ptrs w/ a reaching stp, sd R trng 1/4 LF, cl L BFLY COH) BFLY WALL;
REPEAT PART A

REPEAT PART B [1 – 12]

END

1-4
2 RIGHT TURNS WALL;; DIP COH; RECOVER APART POINT;

1 {2 R TRNS WALL} Bk on L trng up to 1/4 RF, sd R twd LOD trng 1/8 RF, cl L (W fwd R trng up to 1/4 RF, sd L DIAG acrs LOD trng up to 1/8 RF, cl R);
2 Fwd R trng up to 1/4 RF, sd L DIAG acrs LOD trng up to 1/8 RF to WALL, cl R (W bk L trng up to 1/4 RF, sd R twd LOD trng up to 1/8 RF to COH, cl L) CP WALL;
3 {DIP} Bk L taking full weight w/ knee slightly bent, -, -; [The R leg remains extended w/ toe on floor & knee & ankle form a straight line from hip.]
4 {REC APT PT} Rec fwd w/ weight on R, bk L, pt R in front of L toward ptr (W rec bk w/ weight on L, bk R, pt L in front of R toward ptr) extend lead hands out;

OK CUES

SEQ: INTRO A B C A B [1-12] END
INTRO: WAIT; WAIT;
PART A: WZ AWY; LADY WRP LOD; FWD WZ; PU;
2 L TRNS TO WALL;; TWRL VIN 3; THRU FC CL CP;
L TRNG BOX;;;;
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DIP COH;  MANUV;  2 R TRNS LOD;;

PART B:
FWD WZ;  DRIFT APT;  THRU TWKL OUT & IN CP LOD;;
2 L TRNS TO WALL;;  TWRL VIN 3;  PU SCAR;
3 PROG TWKLS;;;  MANUV;
2 R TRNS LOD;;  FWD WZ;  FWD FC CL BFLY WALL;

PARTC:
VIN 3;  THRU SD BHD;  ROLL 3;  THRU PU;
FWD WZ;  MANUV;  1 R TRN WALL;  TWRL VIN 3 BFLY;
WZ AWY;  BOTH TRN IN LOP RLOD;  BK WZ;  BK DRAW HOLD;
THRU TWKL 2X BFLY;;  TWRL VIN 3;  THRU FC CL BFLY WALL;
REPEAT PARTS A & B [1-12]

END:
2 R TRNS WALL;;  DIP COH;  REC APT PT;