I'M ALL RIGHT

Choreographers: Chris & Terri Cantrell, 960 Garnet St., Broomfield, CO 80020; Tel: 303-469-9140, dance@ctkr.com
Rhythm & Phase: Foxtrot, Phase VI RAL Difficulty Level: Below Average (4 Phase VI figures, 1 unphased)
Music: “I’m All Right” Madeleine Peyroux, “Half the Perfect World” or download or contact choreographer
Speed: Unchanged (27½ mpm)
Footwork: Directions for M, W normal opposite, exceptions in parentheses Revised 1 March 2011
Sequence: Introduction A B A B A End

Introduction

[1-4] Wait ; Thru Fac Sd Behind ; Roll 3 ; Thru Vine 4 ;

[1] {Wait} Wait drum beats and 1 measure – lead feet free LOP-LOD;
[SQQ][2] {Thru Fac Sd Beh} Fwd L trng LF to fac prtr tch trail hnds., sd R, XLIB of R;
[SQQ][3] {Roll 3} Trng RF fwd R cont RF trn., bk L cont RF trn, sd R cont RF trn LOP-LOD;
[QQQQ][4] {Thru Vine 4} Fwd L trng LF to fac prtr tch trail hnds, sd R, XLIB of R, sd R trn RF LOP-LOD;

5-8] Chk Thru Rec Sd to Fac ; Brk Bk Rec Lunge Apt ; Roll Across SCP ; Feather ;

[QSQ][5] {Chk Thru Rec Sd to Fac} Fwd L chkg, rec R comm trng LF, sd L momentary Bfly-COH,;
[QSQ][6] {Brk Bk Rec Lunge Apt} Trng RF bk R LOP-LOD, rec L, drop hnds sd R in lunge twd wall (W twd COH),;
[QQQ][7] {Roll Across SCP-LOD} Rec L comm LF trn pass beh W., sd R cont LF trn w/ hvr action, fwd L SCP-LOD;
[QQQ][8] {Feather} Fwd R (W fwd L comm LF trn),, fwd L (W bk & sd R), fwd R BJO-LOD;

Part A

[1-4] Rev Wave 3 ; Start Check & Weave ; Bk Zig Zag 4 ; Heel Pull ;

[SQQ][1] {Rev Wave 3} Fwd L comm LF trn., sd R cont trn (W heel trn), bk L CP-DRC;
[SQQ][2] {Start Check & Weave} Bk R chkg,, rec L, sd R prep stp in BJO;
[QQQQ][3] {Bk Zig Zag 4} Bk L twd LOD in BJO, cls R to L trn RF (W sd L), fwd L SCAR-LOD, trn LF sd R (W cls L to R) BJO-RLOD;
[SS][4] {Heel Pull} Bk L., draw R to L trn RF cls R (W sd L) CP-DLC;

[5-8] Telefeather (check) ; Topspin (check) ; Back Feather ;

[SQ&Q][5] {Telefeather} Fwd L comm. trn LF,, sd R cont trn (W heel trn), pt L bk (W fwd R) SCAR-RLOD/bk L comm LF spin (W fwd R);
[SQ&Q][6] {Topspin} spin LF bk L, bk R comm LF trn, sd L , fwd R BJO-DRC chkg;
[SQ&Q][7] {Back Feather } Bk L., bk R, bk L BJO-DRC;

[9-12] Back Wave ; Finish Weave ; Hvr Telemark ; Curvd Feather Chk ;

[SQQ][9] {Back Wave} Bk R curv LF blend CP., bk L, bk R CP-RLOD;
[SQQ][10] {Finish Weave} Bk L comm LF trn, bk R cont trn, sd L, fwd R BJO-DLW;
[SQQ][11] {Hover Telemark} Fwd L., fwd R CP hvr and trn RF, fwd L SCP-DLW;
[SQQ][12] {Curved Feather Check} Fwd R comm RF trn (W fwd L),, fwd L cont RF trn (W sd R), fwd R (W bk R) BJO-DRW chkg;

[13-16] Double OS Swivel ; OS Change SCP-DLC ; Q Open Reverse ; Bk to Oversway ;

[SS][13] {Double Outside Swivel} Bk L (W fwd R swvl RF) SCP-DRW,, fwd R (W fwd L swvl LF) BJO-DRW,;
[SQQ][14] {Outside Change SCP} Bk L., bk R comm LF trn (W fwd L),, fwd & sd L SCP-DLC;
[SQ&Q][15] {Quick Open Reverse} Bwd R (W fwd L fold LF CP-DLC),, fwd L trn LF/ sd R, bk L BJO-DRW;
[QQ-][16] {Back to Oversway} Bk R comm LF trn, sd L twd DLC (W sd R), chg sway to rt;
Part B

[1-4] Fallaway Ronde Slip ; Reverse Turn ; Closed Hover ;

&SQQ [1] [Fallwy Ronde Slip] Rec R/ronde L CCW (W ronde CW), bk L under body SCP-DLC, bk R (W trn LF fnd L) CP-DLC;

SQQ [2] [Reverse Turn] Fwd L comm LF trn., sd R cont trn (W heel trn), bk L CP-RLOD;


SQQ [4] [Closed Hover] Fwd L blend CP-DLW., fwd R rise to toe, rec bk L CP-DLW;

[5-8] Feather Finish ; Double Reverse Spin ; Fwd, Right Lunge ; Rag Doll Sways & Slip ;

SQQ [5] [Feather Finish] Bk R comm LF trn., sd L cont trn, fwd R BJO-DLW;

SS(S&Q) [6] [Double Reverse Spin] Fwd L comm LF trn., sd R cont trn (W heel trn)/ cont LF trn (W sd R), cont LF trn W XLIF of R) CP-DLW;

SS [7] [Forward, Right Lunge] Fwd L rotate body LF., fwd R with rt sd leading in lunge,;

QQQQ [8] [Rag Doll Sways & Slip] Rec L sway lft, fwd R sway rt; rec L sway lft, rotate LF bk R (W trn LF fnd L) CP-DLC;

[9-12] Left Curving 3 ; Bk Left Feather ; Three Step ; Forward ;

SQQ [9] [Left Curving 3] Fwd L curv LF., fwd R cont curv, fwd L CP-DRC chkg;

SQQ [10] [Bk Left Feather] Bk R, bk L comm LF body trn, bk R SCAR-DRC comm LF trn;


[13-16] Hover Telemark ; Natural Fallaway Weave ; Change of Direction ;

SQQ [13] [Hover Telemark] Repeat meas 11, Part A SCP-DLW;

SQQ [14] [Natural Fallaway Weave] Fwd R comm. LF trn., fwd L rise chkg, bk R SCP-DRW;


SS [16] [Change of Direction] Fwd L., fwd R trn LF & draw L to R CP-DLC;

Repeat Part A

Repeat Part B

Repeat Part A

End

[1-4] Fallaway Ronde Slip ; Reverse Zig Zag 4 ; Forward, Prepare ; Same Ft Lunge ...

&SQQ [1] [Fallaway Ronde Slip] Repeat meas 1, Part B;

QQQQ [2] [Reverse Zig Zag 4] Fwd L comm LF trn, sd R cont trn (W cls L to R), bk L comm RF, cls R to L cont trn (W sd L) SCAR-LOD;

S: [3] [Forward Prepare] Fwd L comm. LF trn (W bk R), tch R to L fac COH (W cls L to R fac RLOD);;

S: (SS) [4] [Same Ft Lunge] Fwd & sd R (W bk R) to same foot lunge sway rt W’s head well lft M look twd W’s face..