I'M ACCUSTOMED TO YOU

Dance By:  Bev Oren, 1043 Santo Antonio Dr #141, Colton, CA 92324, (951) 264-7320, BevQsRnds@aol.com
CD Music:  “Amor” by Andrea Bocelli, Track 11 “Porque Tu Me Acostumbraste”
MP3 Download: Available through Wal-Mart.com
Rhythm/Phase:  Bolero. ROUNDALAB Phase III +2 (Cross Body, Opening Out)
Difficulty: Average
Rhythm/Phase:  Bolero. ROUNDALAB Phase III +2 (Cross Body, Opening Out)
Footwork:  Opposite, directions for M (except where noted)
Sequence:  Intro, A, B, A, C, D, A, C, End

INTRO

[M fcg WALL, NO HNDS JOINED] WAIT,;; SIDE w/ ARM SWEEP;; BK BREAK to HALF OP LOD;
1  Wait 3 pick up notes and one measure with weight on trailing foot having hands down low crossed at wrists in front of body and heads looking down;
2-3  Sd L raising arms as you raise heads, - , cont raising arms, - ; Take arms outward and down, - , cont to lower arms to shldr level parallel to floor, - ;
4  Sd R with body rise, - , bk L lowering to HALF OP LOD, rec R;

HALF OP LOD  BOLERO WALK 6 to FC;; UNDERARM TRN; OP BREAK;
5-6  Fwd L with body rise, - , fwd R, fwd L; Fwd R with body rise, - , fwd L, fwrd R blending to BFLY WALL;
7  Sd L with body rise, - , XRIF lowering, fwd L (W sd R with body rise comm RF trn under joined lead hands, - , XLIF lowering and cont 1/2 RF trn, fwd R cont trn) to BFLY WALL;
8  Sd and fwd R with body rise to LOP FCG; - , bk L lowering, fwd R;

PART A

[BFLY WALL] BASIC;; SPOT TRN to RT HDSHAKE; SHADOW NEW YORKER – 2X;;
1-2  Sd L with body rise, - , bk R with slipping action, fwd L; Sd R with body rise, - , fwd L with slipping action, bk R;
3  Sd L with body rise, - , XRIF thru to LOD lowering and trng 1/2 LF, fwd L cont trn to R HNDSHK WALL;
4-5  Sd R with body rise, - , XLIF thru to SHADOW RLOD with slipping action lowering, rec R to R HNDSHK WALL; Sd L with body rise, - , XLIF to SHADOW LOD with slipping action lowering, rec L to R HNDSHK WALL;

[R HNDSHK WALL] LUNGE BREAK; SPOT TRN to BFLY; FENCE LINE w/ ARMS;
6  Sd and fwd R with body rise, - , lower on R and extend L to sd and back comm slight RF body trn leading W back, rec R comm slight LF body trn (W sd and bk L with body rise, - , bk R with contra check like action, fwd L);
7  Repeat action Meas 3 PART A to BFLY WALL;
8  Sd R with body rise, - , X lunge L thru to RLOD with bent knee looking twd RLOD taking lead hnds up and over twd RLOD then back to BFLY, rec R;

PART B

[BFLY WALL] FENCE LINE w/ ARMS; HAND to HAND; UNDERARM TRN; REV UNDERARM TRN to WRAP POS;
1  Sd L with body rise, - , X lunge R thru to LOD with bent knee looking twd LOD taking trail hnds up and over twd LOD then back to BFLY, rec L;
2  Sd R with body rise, - , XLIB lowering and trng to OP LOD, fwd R to BFLY WALL;
3  Repeat action Meas 7 INTRO;
4  Sd R with body rise, - , keeping lead hands joined XLIF lowering beginning to wrap W, bk R trng (W sd L with body rise comm LF trn under joined lead hands, - , XRIF lowering and cont 1/2 LF trn, fwd L cont trn) to WRAP POS LOD ;

[WRAP POS LOD]  BOLERO WALK 3; FWD, FC, CLOS [BFLY WALL]; SHLDR to SHLDR – 2X;;
5  Repeat action Meas 5 INTRO;
6  Fwd R beginning trn to fc prtn, - , sd L, cl R to BFLY WALL;
7-8  Sd L with body rise, - , XRIF to BFLY SCAR lowering, fwd L (W sd R with body rise, - , XLIB to BFLY SCAR lowering, fwd R) to BFLY WALL; Sd R with body rise, - , XLIF to BFLY BJO lowering, fwd R (W sd L with body rise, - , XRIB to BFLY BJO lowering, fwd L) to BFLY WALL;

PART C

[BFLY WALL] CROSS BODY [BFLY COH]; FWD BREAK; HIP LIFT; FWD BREAK;
1  Sd and bk L trng LF, - , bk R with slipping action trng LF, fwd L trng LF (W sd and fwd R, - , fwd L crossing in front of M trng LF, sm sd R) to BFLY COH;
2  Sd and fwd R with body rise to LOP FCG, - , fwd L with contra check like action, bk R (W sd and bk L with body rise to LOP FCG, - , bk R with contra check like action, fwd L);
3  Sd L bringing R foot to L, - , with slight pressure on R foot lift hip, lower hip;
4  Repeat action Meas 2 PART A;

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PART C, cont.

[BFLY COH] UNDERARM TRN; FWD BASIC; CROSS BODY [BFLY WALL]; OP BREAK;

5 Repeat action Meas 7 INTRO;
6 Sd R with body rise, -, fwd L with slipping action, bk R;
7 Repeat action Meas 1 PART C;
8 Repeat action Meas 8 INTRO;

PART D

[BFLY WALL] DBL HAND HOLD OPENING OUT – 4X;;;;;

1 Sd and fwd L with body rise comm LF body rotation, -, lower on R complete upper body trn and extend L foot to sd, rise L and rotate (W sd and bk R with body rise comm LF body rotation, -, XLIB lowering, fwd R) to BFLY WALL;
2 Sd and fwd R with body rise comm RF body rotation, -, lower on L complete upper body trn and extend R foot to sd, rise R and rotate (W sd and bk L with body rise comm RF body rotation, -, XRIB lowering, fwd L) to BFLY WALL;
3-4 Repeat action Meas 1-2 PART D;;;

[BFLY WALL] LUNGE SIDE, ROLL 2 to REV; REV UNDERARM TRN; HIP LIFT – 2X;; 2 SLO HIP ROCKS;

5 Sd L with slight lunge action, -, release hands starting RF roll R twds RLOD, cont roll L (W sd R with slight lunge action, -, release hands starting LF roll L twds RLOD, cont roll R) to BFLY WALL;
6 Sd R with body rise, -, XLIF lowering, bk R (W sd L with body rise comm LF trn under joined lead hands, -, XRIF lowering and cont 1/2 LF trn, fwd L cont trn) to BFLY WALL;
7-8 Sd L bringing R foot to L, -, with slight pressure on R foot lift hip, lower hip; Sd R bringing L foot to R, -, with slight pressure on L foot lift hip, lower hip;
9 Rk sd L, -, rk sd R, -;

END

[BFLY WALL] TIME STEP – 2X;; SD w/ ARM SWEEP;; SIDE to REV, DIP BACK [optional LEG CRAWL] & HOLD;

1 Sd L with body rise, -, XRIB lowering extending arms out to the sd, fwd L re-crossing arms in front;
2 Sd R with body rise, -, XLIB lowering extending arms out to the sd, fwd R re-crossing arms in front;
3-4 Repeat action Meas 2-3 INTRO ending in CP WALL;;
5 Sd R, -, bk and sd L lowering with supporting leg extended (W sd L, -, fwwd and sd R lowering with supporting leg extended [option W raise L leg along outside of M’s R leg]),-;

Head Cues

Intro, A, B, A, C, D, A, C, End

[INTRO]

[Wait,,; SD w/ ARM SWEEP;; BACK BREAK to HALF OP LOD; [BFLY WALL] FENCE LINE w/ARMS; [BFLY WALL] FENCE LINE w/ARMS; [BFLY WALL] BOLERO WALK 6 to BFLY;; UNDERARM TURN; OP BREAK;]

PART A

[BFLY WALL] BASIC;; SPOT TURN to R HNDSHK; SHADOW NEW YORKER – 2X;; LUNGE BREAK; SPOT TRN to BFLY; [BFLY WALL] FENCE LINE w/ARMS;

PART B

[BFLY WALL] FENCE LINE w/ARMs; HAND to HAND; UNDERARM TRN; REV UNDERARM TRN to WRAP [WRAP POS LOD]; BOLERO WALK 3; [WRAP POS LOD] FWD, FC, CLOS [BFLY WALL]; SHLDR to SHLDR – 2X;;

PART A

[BFLY WALL] BASIC;; SPOT TURN to R HNDSHK; SHADOW NEW YORKER – 2X;; LUNGE BREAK; SPOT TRN to BFLY; [BFLY WALL] FENCE LINE w/ARMS;

PART C

[BFLY WALL] CROSS BODY [BFLY COH]; FWD BREAK [CP COH]; HIP LIFT; FWD BREAK [BFLY COH]; UNDERARM TRN; FWD BASIC; [BFLY COH] CROSS BODY [BFLY WALL]; OP BREAK;

PART D

[BFLY WALL] DBL HAND HOLD OPENING OUT – 4X;;;;; LUNGE SD, ROLL 2 to REV; REV UNDERARM TRN; HIP LIFT – 2X;;

[BFLY WALL] 2 SLO HIP ROCKS;

PART A

[BFLY WALL] BASIC;; SPOT TURN to R HNDSHK; SHADOW NEW YORKER – 2X;; LUNGE BREAK; SPOT TRN to BFLY;

[BFLY WALL] FENCE LINE w/ARMS;

[BFLY WALL] CROSS BODY [BFLY COH]; FWD BREAK [CP COH]; HIP LIFT; FWD BREAK [BFLY COH]; UNDERARM TRN; FWD BASIC;

[BFLY COH] CROSS BODY [BFLY WALL]; OP BREAK;

[BFLY WALL] TIME STEP – 2X;; SD w/ ARM SWEEP to CP;; SD to REV, DIP BACK [with optional Leg Crawl] & HOLD;