I'll Always Love You

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Music: Album: I'll Always Love You by Anne Murray, trk 2
Available from Amazon download, Time: 3:31 Speed: 46 RPM

Rhythm: Foxtrot Phase IV+1 (nat hvr cross) Difficulty: Average
Footwork: Opposite unless indicated (W’s footwork in parentheses) Released: July 28, 2015
Timing: SQQ unless otherwise indicated, reflects actual weight changes
Sequence: Intro AB AB CB(mod) End

Intro (4 meas)

1-4 [SCP DLW] Wait;; Chair & Slip LOD; Chg Of Dir DLC;
1 SCP fcg DWL trailing feet free wait 2 meas;;
2 (Chair & slip) Lunge thru R twd DWL, - , rec L, slip bk R trng LF 1/8 to cp LOD (W lunge thru L, - , rec R, twvlg LF fwwd L);
3 (Chg of dir) Fwd L, - , fwwd R trng LF to fc DLC draw L to R, - ;

Part A (16 meas)

1-8 [CP DLC] Rev Trn; ; 3 Step; ½ Nat; Bk Fhr; Bk Fhr Fin; Hover; Slo Sd Lk;
1-2 (Rev Trn) Fwd L comm LF trn, - , sd R cont trn (W heel trn), bk L twwd LOD CP; bk R cont LF trn, - , sd & fwwd L, fwwd R to bjo DWL;
3-4 (3 Step) Blending to cp fwwd L, - , fwwd R, fwwd L; {1/2 Nat} Fwd R comm RF trn, - , sd L (W cl R heel trn), bk R cp R LOD;
5-6 (Bk fhr) Bk L, - , bk R trng slty RF with R shldr lead, bk L to bjo DRC; (Bk fhr fin) Bk R trng LF to fc WALL, - , sd & fwwd L twwd LOD, fwwd R crossing in front of left at thighs to bjo DWL;
7 (Bk hvr scp) In bjo DWL fwwd L, - , fwwd & sd R rise, sd & fwwd L to scp LOD;
8 (Slo Sd Lk) Thru R leading W to comm LF trn, - , sd & fwwd L, slight LF trn XRib cp DLC (W thru L comm LF trn, - , cont trn sd & bk R, cont slight LF trn XLI);

9-16 [CP DLC] Diam Trn;;;; Trn L; Chasse Bjo; Outsd Chg SCP; Nat Hvr Cross DLC;;
9-12 (Diam Trn) Fwd L trng LF, - , sd & bk R, bk L to bjo DRC; bk R trng LF, - , sd & fwwd L, fwwd R bjo DRW; fwwd L twwd LF, - , sd & bk R, bk L to bjo DWL; bk R cont LF trn, - , sd & fwwd L, fwwd R bjo DLC;
13 (Trn L & Chasse Bjo) Fwd L trng LF, - , bk R trng LF, - , sd & bk R, bk L to bjo DRC; bk R trng LF, - , bk R trng LF, - , sd & bk R, bk L to bjo DLC;
14 (Outsd chg to scp) Bk L, - , bk R comm LF trn, - , cont trn LF trn scp DLW;
15-16 (Nat hvr-x) Fwd R comm RF trn, - , cont ¼ RF trn sd L with L sd stretch, cont RF trn sd R fwwd DLC; fwwd L with right sd stretch in SCAR ckg, rec R w slight left sd lead, sd & fwwd L, fwwd R to bjo DLC (Fwd L comm RF trn, - , fwwd R cont RF trn with R sd stretch, cont RF trn sd L; bk R with L sd stretch in SCAR ckg, rec L with slight right sd lead, small sd & bk R, bk L with R sd stretch bjo fcg DRW);

Part B (14 meas)

1-6 [BJO DLC] Telemk SCP; Nat Hvr Fallaway; Slip Pvt Bjo; Manuv; Closed Impetus; Fhr Fin DLC;
1 (Telemk scp) Fwd L comm LF trn, - , sd R cont LF trn, sd & fwwd L with R sd stretch scp DWL (Bk R comm LF trn, - , cl L heel trn cont LF trn, sd & fwwd R to scp);
2 (Nat hov fall) Staying in scp fwwd R with slight RF trn, - , fwwd L cont trn, bk R end fcg DRW;
3 (Slip scp bjo) Bk L, - , bk R trng LF, fwwd L to bjo DWL (W bk R comm LF trn, - , comp trn fwwd L, bk R);
4 (Manuv) Comm RF upper body trn, fwwd R, - , cont RF trn across LOD sd L cp R LOD, cl R (W bk L comm RF upper body trn, - , cont RF trn sd cl, cl L);
5 (Clsd imp) Bk L comm RF trn, - , cl R to L for heel trn to cont trng right, sd & bk L to scp DLW;
6 (Fhr fin) Bk R, - , trng LF sd & fwwd L twd COH, XRib to bjo DLC;

7-14 [BJO DLC] Rev Wave;; Impetus SCP; In and Out Runs;; SCP Chasse; Chair & Slip LOD; Chg Of Dir DLC;
7-8 (Rev wave) Fwd L comm LF trn, - , sd R cont LF trn, - , sd R cont LF trn (Wheel trn), bk L twwd DWL cp; bk R cont trn LF to fc R LOD, - , bk L, bk R;
9 (Imp SCP) Trng RF bk L, - , cl R heel trn cont trn, comp fwwd L to scp DLC (W fwwd R between M’s feet pivoting RF, - , cont trn around M sd & fwwd L brushing R to L, comp trn fwwd R);
10-11 (In & out runs) Fwd R comm RF trn, - , fwwd & sd L cont trn around W (W fwwd R between M’s feet), bk R to bjo fcg DRC; bk L comm RF trn, - , sd & fwwd R between W’s feet cont trn (W sd & fwwd L around M), fwwd L to scp LOD;
12 (SCP chasse) Staying in scp thruout thru R, fwwd & sd L/cl R, fwwd & sd L;
13-14 Repeat Intro meas 3-4;
Part C (9 meas)

1-9 [CP DLC] Opn Rev Trn; Outsd Ck; Outsd Chg SCP; Wing; Cross Hvr BJO; Cross Hvr SCAR; Cross Hvr SCP; SCP Chasse; Chair & Slip DLC:

1. (Opn Rev Trn) Fwd L trng LF, -, sd & bk R, bk L to bjo DRC;
2. (Outsd ck) Bk R trng LF, -, sd & fwd L, fwd R bjo DW ckg;
3. (Outsd chg scp) Bk L, -, bk R comm LF trn, cnt LF trn sd & fwd L to scp DLW;
4. (Wing) Fwd R, -, draw L to R, Ich L to R trng upper body LF with left sd stretch (W fwd L beginning to cross in front of M comm slight LF trn, -, fwd R around M cont slight LF trn, fwd L around M completing slight LF trn) to end in SCAR DLC;
5. (X hov bjo) XLif, -, sd R with rise trng sltly LF, rec L ending in bjo DLC (W XRib, -, sd L with rise, rec R);
6. (X hov scar) XRif, -, sd L with rise trng sltly RF, rec R to scar DLW (W XLib, -, sd R with rise, rec L);
7. (X hov scp) XLif, -, sd R with rise trng sltly LF, rec L ending in scp fchg LOD;
8. (SCP chasse) Staying in scp thruout thru R, fwd & sd L/cl R, fwd & sd L LOD;
9. (Chair & slip) Lunge thru R twd LOD, -, rec L, slip bk R trng LF 1/8 to cp DLC (W lunge thru L, -, rec R, swvig LF fwd L);

Mod Part B (14 meas)

1-14 [CP DLC] Telemk SCP; Nat Hvr Fallaway; Slip Pvt Bjo; Manuv; Closed Impetus; Fthr Fin DLC; Rev Wave;; Impetus SCP; In/Out Runs Twice;;;; Thru Fc Cl;

1-11 Repeat meas 1-11;;;;;;;;;;;;;
12-13 Repeat meas 10-11;;
14. (Thru fc cl) Thru R to fc ptr, -, sd L, cl R;

End (5 meas)

1-5 [CP WALL] Hover; Thru Hov Bjo; Bk Hov SCP; Thru To Prom Sway; Chg Sway:

1. (Hov scp) Fwd L, -, fwd & sd R rise, sd & fwd L to scp LOD;
2. (Thru hvr bjo) Thru R twd LOD, -, fwd L rising brush R to L (W fwd R trn LF rising brush L to R twd bjo fcg DRC), rec R;
3. (Bk hvr scp) Bk L, -, bk R rising brush L to R (W fwd L trn RF rising brush R to L twd scp LOD), fwd L to scp LOD;
4. (Thru to prom sway) Thru R, -, sd & fwd L to scp LOD stretching upward looking ovr jnd lead hands, - ;
5. (Chg sway) Relax L knee sltly keeping R leg extended, with siti LF trn chg to left sd body stretch swvlg W's R foot to CP, look twd & over W cont sway (head well to L), - ;

Quick Cues:

Intro Wait;; Chair & Slip (LOD); Chg Of Dir (LC);
A Rev Trn;; 3 Step; ½ Nat; Bk Fthr; Bk Fthr Fin; Hov; Slo Sd Lk; Diam Trn;;;;; Trn Left – Chasse Bjo; Outsd Chg SCP; Nat Hov-X (LC);;
B Telemk SCP; Nat Hov Fall; Slip Pvt Bjo; Manuv; Clsd Imp; Fthr Fin (LC); Rev Wave;; Imp SCP; In/Out Runs;;;; SCP Chasse; Chair & Slip (LOD); Chg Of Dir (LC);
A Rev Trn;; 3 Step; ½ Nat; Bk Fthr; Bk Fthr Fin; Hov; Slo Sd Lk; Diam Trn;;;;; Trn Left – Chasse Bjo; Outsd Chg SCP; Nat Hov-X (LC);;
B Telemk SCP; Nat Hov Fall; Slip Pvt Bjo; Manuv; Clsd Imp; Fthr Fin (LC); Rev Wave;; Imp SCP; In/Out Runs;;;; SCP Chasse; Chair & Slip (LOD); Chg Of Dir (LC);
C Opn Rev Trn; Outsd Ck; Outsd Chg SCP; Wing; X-Hov 3x (SCP);;;;; SCP Chasse; Chair & Slip (LC);
B(mod) Telemk SCP; Nat Hov Fall; Slip Pvt Bjo; Manuv; Clsd Imp; Fthr Fin (LC); Rev Wave;; Imp SCP; In/Out Runs Twice;;;;; Thru Fc Cl;
End Hov; Thru Hov Bjo; Bk Hov SCP; Thru To Prom Sway; Chg Sway;