I WROTE A SONG

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CD: 2005 CAP-Sounds, CD Title “The Most Beautiful Songs For Dancing, Vol. 1” (Artist: Vio Friedmann) Song Title “I Wrote A Song” or download from internet site such as ITunes

FOOTWORK: Opposite unless noted (Woman’s footwork in parentheses) Time: 2.41

RHYTHM: Quickstep RAL PHASE III

DEGREE OF DIFFICULTY: AVERAGE


MEAS: INTRODUCTION

1-4 OP-FCG DLW WAIT 2 MEAS;; APART POINT; PICKUP TOUCH;

1-2 Wait in OP-FCG DLW w/ ld ft free;;
3 {Apart Point} OP-FCG DLW Apt L, -, pt R twd ptr, -;
4 {Pickup Touch} Tog R, -, tch L to CP LOD;

PART A

1-3 WALK 2; 2 LEFT TURNS TO FC WALL;;
1 {Walk 2} CP LOD Fwd L, -, fwd R, -;
2-3 {2 Left Turns fc WALL} CP LOD Fwd L stg LF upper bdy trn, -, cont trn sd & bk R, cl L to CP DRC (W bk R stg LF upper bdy trn, -, cont trn sd & fwd L, cl R); Bk R stg LF upper bdy trn, -, cont trn sd & fwd L, cl R to CP WALL (W fwd L stg LF upper bdy trn, -, cont trn sd & bk R, cl L);

4-9 WHISK ~ THRU CHASSE TO SCP;;; THRU HOVER TO BJO ~ BACK HOVER TO SCP;;;
4-6 {Whisk} CP WALL Fwd L, -, fwd & sd R stg rise to ball of ft, -; XLib cont to full rise to ball of ft to tight SCP LOD (W bk R, -, bk & sd L stg to rise to ball of ft, -; XRib cont to full rise to ball of ft), -, {Thru Chasse to SCP} SCP LOD fwd R trn to fc, -, Sd L, cl R, sd L to SCP LOD, -;
7-9 {Thru Hover to BJO} SCP LOD Thu R, -, fwd L w/ slight rise, -; rec R to BJO LOD (W thu L, -, fwd R w/ slight rise trn LF & brush L to R, -; Rec L to fc RLOD), -; {Back Hover to SCP} BJO LOD bk L, -, Sd & bk R w/ slight rise, -, rec L to SCP LOD (W fwd R, -; Sd & fwd L w/ slight rise trn RF & brush R to L, -, rec R), -;

10-12 THRU CHASSE TO BJO ~ FWD FWD LOCK WD;;
10-12 {Thru Chasse to BJO} SCP LOD Fwd R trn to fc, -, sd L, cl R; Sd L to BJO DLW, -, {Fwd Fwd Lock Fwd} BJO DLW fwd R, -; Fwd L, lk Rib (W lk Lif), fwd L, -;

13-16 FWD FWD LOCK FWD ~ MANEUVER SIDE CLOSE ~ SPIN TURN;;;
13-16 {Fwd Fwd Lock Fwd} BJO DLW Fwd R, -, fwd L, lk Rib (W lk Lif); Fwd L, -, {Maneuver Side Close} BJO DLW stg RF trn fwd R heel to toe, -, Sd L acrs LOD, cl R to CP RLOD (W stg RF trn bk L, -, Sd R acrs LOD, cl L), {Spin Turn} CP RLOD stg RF upper bdy trn bk L toe pvt 1/2 RF to fc LOD, -; Fwd R between W’s ft heel to toe cont trn leave L leg extended bk & sd, -, rec sd & bk L to CP DLW (W stg RF upper bdy trn fwb R between M’s ft heel to toe pvt 1/2 RF, -; Bk L toe cont trn brush R to L, -, fwb R), -;

PART B

1-4 BOX FINISH FC DLC; WALK & CHECK BJO; WHALETAIL;;
1 {Box Finish fc DLC} CP DLC Bk L trn 1/4 LF, -, Sd L, cl R to CP DLC;
2 {Walk & Check BJO} CP DLC Fwd L, -, ck fwb R to BJO DLC, -; [if you prefer not to cue a check before a fishtail this measure can be cued Walk 2 to BJO]
3-4 {Whaletail} BJO DLC XLib but not tightly, as bdy starts RF trn sm sd R comp 1/4 RF bdy trn, fwb L w/ L shldr ld, lk Rib but not tightly (W XRif but not tightly, as bdy starts RF trn sm sd L comp 1/4 RF bdy trn, bk R w/ R shldr ld, lk Lif but not tightly); Sd L stg LF bdy trn, cl R comp 1/4 LF bdy trn, XLib stg RF bdy trn, sd R comp 1/4 RF bdy trn (W sd R stg LF bdy trn, cl L comp 1/4 LF bdy trn, XRif stg RF bdy trn, sd L comp 1/4 RF bdy trn)
PART B (cont.)

5-8  WALK 2 FC DLC; TURN LEFT & RIGHT CHASSE TO BJO ~ BACK BACK LOCK BACK:::
  5  {Walk 2 fc DLC}  Fwd L, -, fwd R to fc DLC, -;
  6-8  {Turn Left & Right Chasse to BJO}  CP DLC Fwd L trn LF, -, sd R, cl L; Sd & slightly bk R to BJO RLOD (W bk R trn LF, -, sd L, cl R; Sd & slightly fwd L), -, {Back Back Lock Back}  BJO RLOD bk L, -; Bk R, lk Lif (W lk Rib), bk R, -;

9-12  IMPETUS TO SCP ~ THRU FACE CLOSE ~ FWD HOVER TO CP:::
  9-12  {Impetus to SCP}  BJO RLOD Stg RF upper bdy trn bk L, -, cl R heel trn, -; Fwd L to tight SCP DLC (W stg RF upper bdy trn fwd R between M’s ft heel to toe pvt 1/2 RF, -, sd & fwd L cont trn arnd M brush R to L, -; Fwd R), -; {Thru Face Close}  SCP DLC thru R trn RF (W thru L trn LF) -; Sd L, cl R to CP DLW, {Forward Hover to CP}  CP DLW fwd L, -; Sd & fwd R w/ slight rise, -, rec L to CP DLW (W bk R, -; Sd & bk L w/ slight rise, -, rec R), -;

13-16  BOX FINISH FC DLC; 2 LEFT TURNS FC DLW: WALK 2 FC LOD:
  13  {Box Finish fc DLC}  CP DLW Bk R trn 1/4 LF, -, sd L, cl R to CP DLC;
  14-15  {2 Left Turns fc DLW}  CP DLC Fwd L stg LF upper bdy trn, -, cont trn sd & bk R, cl L to CP RLOD (W bk R stg LF upper bdy trn, -, cont trn sd & fwd L, cl R); Bk R stg LF upper bdy trn, -, cont trn sd & fwd L, cl R to CP DLW (W fwd L stg LF upper bdy trn, -, cont trn sd & bk R, cl L);
  16  {Walk 2 fc LOD}  CP DLW Fwd L, -, fwd R to CP LOD, -; [the 4th time leave out the walk 2 & go to the ending]

ENDING

1  APART POINT:
  1  {Apart Point}  CP DLW Apt L, -, pt R twd ptr, -;
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<tr>
<th>A</th>
<th>WALK 2</th>
<th>2 LEFT TURNS FC WALL</th>
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<tr>
<td></td>
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<td>WHISK</td>
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<td>&lt;THRU CHASSE TO SCP</td>
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<td>THRU HOVER TO BJO</td>
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<td>&lt;BACK HOVER TO SCP</td>
<td>THRU CHASSE TO BJO</td>
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<td>FWD FWD LOCK FWD</td>
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<td>&lt;MANEUVER SIDE CLOSE</td>
<td>&lt;SPIN TURN</td>
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<th>B</th>
<th>BOX FINISH FC DLC</th>
<th>WALK &amp; CHECK BJO</th>
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<tr>
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<td>WHALETAIL</td>
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<td></td>
<td>WALK 2</td>
<td>TURN LEFT &amp; CHASSE TO BJO</td>
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<td>&lt;BACK BACK LOCK BACK</td>
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<td>IMPETUS TO SCP</td>
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<td>BOX FINISH FC DLC</td>
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<td>WALK 2 FC LOD (1 2 3)</td>
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<td>APART &amp; POINT (4)</td>
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3-3 I WROTE A SONG (ROSS) 5700
(STANDARD INTRO TO CP LOD)