I LOVE YOU

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Music: "I Love You" Artist: Des Dyer Download at amazon.co.jp
TIME@MPM 3:55 @ 20 (105% of CD)

Footwork: Opposite, directions for man (Lady as noted)
Rhythm & Phase: Bolero Phase VI (Difficulty: Soft)
Sequence: INTRO A B C INTERLUDE A B [MOD] ENDING
Note: SQQ except where noted. Timing indicates weight changes only.

MEAS:
INTRODUCTION
1-4 WAIT 1 MEAS; SYNC SERPIENTE; SLOW SD RKS:
1 {Wait 1 Meas} BFLY/WALL lead foot free wait 1 meas;

SQUARES
2-3 {Sync Serpiente} Sd L, -, XRIF/sd L, XRIB; Fan L CCW, -, XLIB/sd R, XLIF;
--Q&Q

SQUARES
4 {Slow Sd Rks} Sd R rolling hips CW, -, rec L rolling hips CCW, - end BFLY/WALL;

PART A
1-8 OPENING OUT TWICE; ROPE SPIN 3; M SWVL TO FENCE LINE;
OP BRK; STOP & GO; HNDSHK OP BRK; TRADE PLCS;

SQUARES
1-2 {Opening Out Twice} BFLY/WALL sd R body trng RF slightly, -, lower on R extended L twd LOD, rise on R body trng LF to BFLY (W sd & slightly bk L trng RF slightly, -, bk R twd DRW leaving L fwd, fwd L trng LF to fc ptr); Cl L body trng LF slightly, -, lower on L extended R twd RLOD, rise on L body trng RF to fc WALL (W sd & slightly bk R trng LF slightly, -, bk L twd DLW leaving R fwd, fwd R) end MOD-BFLY M fcg WALL W FCG DRC;

3 {Rope Spin 3} Cl R releasing trailg hnds and raising jnd lead hnds, -, sd L, rec R (W fwd L sprl RF full trn, -, wk around M fwd R, fwd L to M's back side) end MOD-TANDEM fcg WALL W bhd M W fcg LOD lead hnds jnd;

4 {M Swvl to Fnce Line} Sd L swvlg LF 1/2 on L to BFLY fcg COH, -, XRIF relax knee, XLIB (W fwd R swvlg RF 1/4 on R, -, XLIF relax knee, XRIB) end BFLY/COH;

5 {Op Brk} Sd & fwd R releasing trailg hnds, -, bk L, fwd R;

6 {Stop & Go} Trng RF sd & fwd L to fc almost LOD raising jnd lead hnds, -, lowering jnd lead hnds XRIF flexg knee placing R-hnd on her back, rec L trng LF to fc ptr (W fwd R swvlng LF 1/2 under jnd lead hnds, -, rk bk L-L-hnd extending straight up, rec R swvlng RF 1/2 under jnd lead hnds) end LOP-FCG-Pos/COH;

7 {HNDSHK Op Brk} Assuming HNDSHK sd & fwd R, -, bk L, fwd R end HNDSHK/COH;

8 {Trade Plcs} Comm trng RF sd L passing bhd W fcg LOD releasing R-hnds, - joining L-hnds, cont trng to fc ptr step R bhd L, sml fwd L joing lead-hnds (W Comm trng LF sd R passing IF of M fcg LOD releasing R-hnds, - joining L-hnds, cont trng to fc ptr bk L, sml fwd L joing lead-hnds) end LOP-FCG-Pos/WALL;

PART B

1-10 LUNGE APT ROLL ACRS; SYNC SOLO SPOT TRN TO FC; SLOW LUNGE & SIT; W SPRL TO CP; START TRNG BASIC TO FC RLOD; RUDOLPH RONDE TO SYNC INSIDE UNDERARM TRN TO FC COH; RIGHT LUNGE & RK 2; REC DRAW TCH; X BASIC;

1 {Lunge Apt Roll Acrs} LOP-FCG-Pos/WALL trng RF 1/4 sd R flexing knee, -, rec L comm rollg LF releasing hnds momentary TANDEM fcg LOD IF of W, sd R cont roll to fc RLOD (W trng LF 1/4 sd L flexing knee, -, rec R comm rollg RF momentary TANDEM fcg LOD bhd M, sd L cont roll to fc RLOD) end SD-BY-SD both fcg RLOD M on WALL-side;

SQ&Q 2 {Sync Solo Spot Trn to Fc} Sd L, -, XRIF trng LF 3/4, fwd L to fc ptr & COH/fwd R joining lead hnds end LOP-FCG-Pos/COH slightly offset to left each other;

S-- 3 {Slow Lunge & Sit} Fwd L trng RF 1/4 raising jnd lead hnds comm relaxing L-knee make a LUNGE-LINE over the entire measure, -, -, - (W fwd R comm trng LF under jnd lead hnds extending tralg-hnd make a SIT-LINE over the entire measure, -, -) end M in L-LUNGE-LINE fcg LOD look at W trailg hnd extended side & slightly back W IF of M slightly offset twd WALL in R-SIT-LINE fcg COH trailg hnd straight up lead hnds jnd;

QQQ 4 {W Sprl to CP} Rise on L raising jnd lead hnds, cl R, sd L, cl R assuming CP (W rec L sprl RF 3/4 under jnd lead hnds to fc ptr, -, sd R, cl L) end CP/LOD;

(SQ) 5 {Start Trng Basic to Fc RLOD} Sd L, -, slip bk R trng LF, fwd L cont trng end CP/ROLD;

SQ&Q 6 {Rudolph Ronde to Sync Inside Underarm Trn to Fc COH} Sd & fwd R between W's ft keeping L bk upper body trng RF, rec L to fc COH raising jnd lead hnds/sd R, cl L assuming CP (W sd & bk L trng RF to SCP allowing R to ronde CW keeping right side in to man, XRIB comm trng LF under jnd lead hnds/sd & fwd L cont trng, sd & bk R cont trng to fc ptr) end CP/COH;

7 {Right Lunge & Rk 2} Sd R relax knee, -, rk sd L, rec R;

Q--- 8 {Rec Draw Tch} Rec L, comm draw R to L, cont draw, tch R to L;

9-10 {X Basic} Sd R, -, XLIF w/ chkg, rec R trng LF end CP/ROLD; Sd L trng upper body LF, -, XRIB w/ chkg, rec L trng LF end CP/WALL;

PART C

1-9 BRK BK TO 1/2-OP; SYNC BOLEROKS; START TRNG BASIC; LUNGE BRK; RIGHT PASS TO HNDSHK; OPEN CONTRA BRK;

W SPRL TO SWEETHEART TWICE;; SPOT TRN TO FC & CL;

1 {Brk Bk to 1/2-OP} CP/WALL sd R, -, trng LF to 1/2-OP fcg LOD bk L, rec R;

SQ&Q 2 {Sync Bolero Wks} Fwd L, -, fwd R/fwd L, fwd R trng RF to fc ptr;

3 {Start Trng Basic} Assuming CP sd L, -, slip bk R trng LF, fwd L cont trng end CP/COH;

(SQ) 4 {Lunge Brk} Sd & fwd R, -, lower on R trng body slightly RF extend L twd sd & bk, rise on R (W sd & bk L, -, bk R w/ contra check like action, rec L);

5 {Right Pass to HNDSHK} Sd & fwd L comm trng RF raising jnd lead hnds, -, XRIB cont trng, fwd L joining R-R hnds (W fwd R, -, fwd L trng LF 1/2 under jnd lead hnds to fc ptr, bk R) end HNDSHK/WALL;

6 {Open Contra Brk} Sd & fwd R, -, fwd L with R-shoulder lead to contra chk action, rec R;

7-8 {W Sprl to Sweetheart Twice} Sd L leading W trn LF and releasing hnds momentary SHDW fcg WALL no hnd jnd, -, XRIF relaxing knee, rec L (W sml fwd R sprl LF 1/2, -, XLIF relaxing knee, rec R); Sd R passing bhd W to momentary L-SHDW fcg WALL no hnd jnd, -, XLIF relaxing knee, rec R (W sd L, -, XRIB relaxing knee, rec L) end TANDEM/WALL M bhd W;

SQQQ 9 {Spot Trn to Fc & Cl} Sd L, -, XRIF trng LF 3/4, rec L trng LF 1/4, cl R (W sd R, -, XLIF trng RF 1/2, rec R, cl L) end FCG-Pos/WALL no hnd jnd;

Note: This meas has about 5 beats.
INTERLUDE

1-8 OPEN BASIC TWICE;; UNDERARM TRN; SYNC SERPIENTE;;
RIFF TRN W TCH TO TANDEM FC WALL; SLOW SD LUNGE;
SLOW SD RKS W TRN TRANS TO FC;
1-2 {Open Basic Twice} FCG-Pos/WALL no hnd jnd sd L, -, trng RF assuming L-1/2-OP bk R, rec L trng LF to fc ptr; sd R, -, trng LF assuming 1/2-OP bk L, rec R trng RF to fc ptr;
3 {Underarm Trn} Sd L raising jnd lead hnds, -, bk R, rec L (W sd R, -, XLF trng RF 3/4 under jnd lead hnds, fwd R trng RF to fc ptr);
SQ&Q 4-5 {Sync Serpiente} Assuming BFLY sd R, -, XLF/sd R, XLIB; Fan R CW, -, XRIB/sd L, XRIF;
--Q&Q

OQQQ 6 {Riff Trn W Tch to TANDEM Fc WALL} Sd L raising jnd lead hnds, cl R, sd L releasing hnds, cl R (W sd & fwd R spin RF full trn under jnd lead hnds, cl L, sd & fwd R spin RF 1/2, tch L to R,) end TANDEM/WALL M bhd W no hnd jnd;
-Q-- 7 {Slow Sd Lunge} Flex R-knee sd L no wgt chg, shift wgt to L, relaxing L-knee, - end L-arm extended sd R-arm extended sd & fwd;
SS 8 {Slow Sd Rks W Trn Trans to Fc} Sd R, -, rec L, - joining both hnds (W sd R, -, sd L trn LF 1/2 to fc ptr, cl R to L) end BFLY/WALL;

PART C [MOD]

1-10 BRK BK TO 1/2-OP; SYNC BOLERO WKS; START TRNG BASIC; LUNGE BRK;
RIGHT PASS TO HNDSHK; OPEN CONTRA BRK;
W SPRL TO SWEETHERT TWICE;; SPOT TRN TO FC; OP BRK;
1-8 Repeat meas 1-8 of Part C end TANDEM/WALL M bhd W;.........;
9 {Spot Trn to Fc} Sd L, -, XRIF trng LF 3/4, rec L trng LF 1/4 joining lead hnds (W sd R, -, XLF trng RF 1/2, rec R) end OP-FCG-Pos/WALL;
10 {Op Brk} Sd & fwd R, -, bk L, rec R end OP-FCG-Pos/WALL;

ENDING

1-10 RIGHT PASS; HND-HND; OPENING OUT TWICE;;
SYNC BRK BK TO L-1/2-OP; OP IN & OUT RUNS 3 MEAS;;;
NAT PREP; SAME FOOT LUNGE & CHG SWAY;
1 {Right Pass} OP-FCG-Pos/WALL Sd & fwd L comm trng RF raising jnd lead hnds, -, XRIF cont trng, fwd L (W fwd R, -, fwd LF trng LF 1/2 under jnd lead hnds to fc ptr, bk R) end OP-FCG-Pos /COH;
S-- S-- 2 {Hnd-Hnd} Sd R, -, trng LF 1/4 to OP bk L, rec R trng RF 1/4 joining lead hnds to BFLY;
(SQ) 3-4 {Opening Out Twice} Sd L body trng LF slightly, -, lower on L extended R twd LOD, rise on L body trng RF to BFLY (W sd & slightly bk R trng LF slightly, -, bk L fwd DRC leaving R fwd, fwd R trng RF to fc ptr); Cl R body trng RF slightly, -, lower on R extended L twd RLOD, rise on R body trng LF to fc BFLY (W & slightly bk R trng RF slightly, -, bk R twd DLC leaving L fwd, fwd L trng LF to fc ptr) end BFLY/COH;
(SQ)

SQ&Q 5 {Sync Brk Bk to L-1/2-OP} Sd L, -, trng RF to L-1/2-OP fcg LOD bk R/rec L, fwd R;
6-8 {Op In & Out Runs 3 Meas} Fwd L, -, fwd R btwn W’s ft, fwd L (W fwd R comm trng RF, -, sd & bk L accs M cont trng to fc LOD, fwd R) end 1/2-OP/LOD; Fwd R comm trng RF, -, sd & bk L accs W cont trng to fc LOD, fwd R (W fwd L, -, fwd R btwn M’s ft, fwd L) end L-1/2-OP/LOD; Repeat meas 6 of Ending end 1/2-OP/LOD;

SQ- (SQQ) 9 {Nat Prep} Fwd R comm trng RF, -, sd & bk L accs W cont trng to fc COH, tch R to L joning lead hnds (W fwd L, -, fwd R btwn M’s ft comm trng RF, cl L cont trng to fc RLOD) end L-CP M fcg COH W fcg RLOD;

-S- 10 {Same Foot Lunge & Chg Sway} Relax L knee sliding R-foot sd & slightly fwd, shift wgt to R w/ soft R-knee, stretch L-side look right, stretch R-side look left (W relax L knee sliding R-foot bk, shift wgt to R w/ soft R-knee, trng body LF looking left, stretch L-side look R);