I LOVE TO LOVE

Choreography: Ron & Mary Noble, 14767 East 53rd Drive Yuma, AZ 85367 (928) 345-0760
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Record: Casa Musica CD “Best of SlowFox”, Track 14 (Peggy Lee) “I Love to Love”

Phase: Foxtrot IV + 2 (Nat’l Hover Cross, Lilt) (Medium)

Footwork: Opposite, directions for man (woman as noted)

Timing: SQQ, except where noted. Timing reflects actual weight changes.

Sequence: Intro, A, B, A(1-8), C, Brdg, B, A(1-8), B, End Revised July 28, 2010

- INTRO -

1 - 4 OPEN FACING POSITION TRAIL feet free WAIT 2;; SWAY RIGHT & LEFT; FEATHER FINISH to BJO DLC;

1-2 [WAIT 2] Left Open Position facing DLW trail feet free WAIT 2;;

SS 3 [SWAY RIGHT & LEFT] Sway R, -, sway L, - ; (W sway L, -, sway R, -;

4 [FEATHER FINISH to BJO DLC] Back R, -, trng lf sd L, fwd R outside W to CBMP DLC;
(W fwd L, -, trng lf sd R, bk L to CBMP ;)

5 - 8 TELEMARK to SCP; NAT'L HOVER FALLAWAY; SLIP PIVOT to SCP; FEATHER;

5 [TELEMARK to SCP] Fwd L, -, trng LF sd R, trng to SCP sd & fwd L to SCP DLW; (W bk R, -, bringing L to R w/o wt trng LF on R heel chng wt to L, sd & fwd R to SCP DLW ;)

6 [NAT'L HOVER FALLAWAY] Thru R, -, trng RF fwd L, rec R to SCP DRW; (W thru L, -, small fwd & side R, rec bk L to SCP DRW;)

7 [SLIP PIVOT to BJO] Bk L, -, bk R trng LF, sd & fwd L to SCP LOD; (W bk R, -, turning LF fwd L between M's ft, sd & fwd R to SCP LOD;)

8 [FEATHER] Thru R, - fwd L, fwd R to CBMP DLC; (W thru L, -, trng lf sd R, bk L to CBMP DLC;)

- A -

1 - 4 TELEMARK to SCP; NAT'L HOVER CROSS;; CURVING THREE STEP;

1 [TELEMARK to SCP] Repeat measure 5 of INTRO

SQQ 2-3 [NAT'L HOVER CROSS] Fwd R, -, trng rf sd L, cont trn sd R to SCAR LOD; check fwd L, rec R, sd L outside partner, fwd R to CBMP DLC (W fwd L, -, trng rf sd R, cont trn bk L to SCAR; check bk R, rec L, small sd R, bk L to CBMP ;)

4 [CURVING THREE STEP] Fwd L DLC, -, fwr L, trng lf fwr L to CP DRC; (W bk R, -, bk L, trng lf fc bk R to CP ;)

5 - 8 DOUBLE BACK LILT; REVERSE WAVE ENDING; OUTSIDE CHANGE to BJO; NAT'L TURN a HALF;

QQQ 5 [DOUBLE BACK LILT] Bk R, -/L, bk R, -/L; (W fwr L, -/R, fwr L, -/R ;)

6 [REVERSE WAVE ENDING] Bk R w/bent knee, -, bk L, bk R in CP curving to fc RLOD;
(W fwr L, -, fwr R, fwr L to CP ;)

7 [OUTSIDE CHANGE to BJO] bk L, -, bk R trng If, sd & fwr L to CBMP DLW; (W fwr R, -, fwr L trng LF, sd & bk R to CBMP ;)

8 [NAT'L TURN a HALF] Fwd R, -, trng rf fwr & sd L, bk R to CP RLOD; (W bk L, -, trng rf sd R, fwr L to CP ;)
9 – 12

**BACK FEATHER; FEATHER FINISH; HOVER TELEMARK; FEATHER:**

9  **[BACK FEATHER]** Bk L, -, with R shoulder lead bk R, bk L to CBMP RLOD; (W fwd R, -, with L shoulder lead fwd L, fwd R to CBMP;)

10 **[FEATHER FINISH]** Bk R trng If, -, sd L shoulder lead, fwd R to CBMP DLW; (W fwd L, with slight R shoulder lead sd R, bk L to CBMP;)

11 **[HOVER TELEMARK]** Fwd L, -, fwd R trng rf to SCP, sd & fwd L to SCP LOD (W bk R, -, bk L trng rf, sd & fwd to SCP;)

12 **[FEATHER]** Fwd R, -, fwd L, fwd R with If side leading to CBMP DLC; (W fwd L, -, fwd & sd R, bk L to CBMP;)

13 – 16

**REVERSE TURN;; THREE STEP; FWD, FACE, CLOSE:**

13-14  **[REVERSE TURN]** Fwd L trng If, -, fwd & sd R trng If, bk L to CP RLOD; bk R, -, trng If fc sd L, cont trn fwd R to CBMP DLW; (W bk R, -, pull L to R w/o wt trng on R heel changing wt to L, fwd R; fwd L, -, trng If fc sd R, cont trn bk L to CBMP;

15 **[THREE STEP]** Fwd L, -, fwd R to CP, fwd L DLW; (W bk R, -, bk L, bk R to CP;)

16 **[FWD, FACE, CLOSE]** Fwd R, -, trng RF sd & fwd L to fc WALL, cl R; (W bk L, -, trng RF sd & bk R, cl L;)

--- B ---

1 – 4

**VINE FOUR; SIDE DRAW CLOSE; VINE FOUR; SIDE DRAW CLOSE:**

SSSS 1  **[VINE FOUR]** Sd L, -, XRIFL; -, sd L, -, XRIFR, -, (W sd R, -, XLIFR, -, sd R, -, XLIBR, -)

S S 2  **[SIDE DRAW CLOSE]** Sd L, -, draw R to L & chng wt to R, -; (W sd R, -, draw L to R & chng wt to L, -)

3  **[VINE FOUR]** Repeat measure 1 of Part B

4  **[SIDE DRAW CLOSE]** Repeat measure 2 of Part B

5 – 8

**HOVER; FEATHER; THREE STEP; FEATHER:**

5  **[HOVER]** Fwd L, -, rotating slightly RF sd R rising, sd & fwd L to SCP LOD; (W bk R, sd L, sd & fwd R to SCP;)

6  **[FEATHER]** Repeat measure 12 of Part A to CBMP LOD

7  **[THREE STEP]** Repeat measure 15 of Part A

8  **[FEATHER]** Repeat measure 12 of Part A to CBMP DLC

--- C ---

1 – 4

**CLOSED IMPETUS; FEATHER FINISH; TELEMARK to SCP; OPEN NAT’L:**

1  **[CLOSED IMPETUS]** Bk L trng rf, -, bring R to L w/o wt trng on L taking wt on R cont trng on R, bk L; (W fwd R trng rf, -, fwd L around Man, - fwd R to CP;)

2  **[FEATHER FINISH]** Repeat measure 4 of INTRO to CBMP DLC

3  **[TELEMARK to SCP]** Repeat measure 5 of INTRO

4  **[OPEN NAT’L]** Thru R, -, swinging left side RF sd L, cont rotation with RT side leading bk R to BJO RLOD; (W thru L, -, trng RF sd R, with LF side leading fwd L to BJO;)

5 – 8

**BACK TWIST FOUR; IMPETUS to SCP; THRU VINE FOUR; FEATHER;**

QQQQ 5  **[BACK TWIST FOUR]** XLIB trng rf, sd R trng rf, XLIF trng If, sd R; (W Xrif trng rf, sd L trng rf, XIB trng If, sd L)

6  **[IMPETUS]** Bk L, -, drawing R to L w/o wt trng rf on L taking wt on R cont trn on R, sd & fwd L to SCP DLC; (W fwd R trng rf, -, fwd L around Man trng rf, sd & fwd R to SCP DLC;)

QQQQ 7  **[THRU VINE FOUR]** Thru R trng rf, sd L trng rf, XRib trng If, sd L; (W thru L trng If, sd R trng If, XLIB trng rf, sd R;)

8  **[FEATHER]** Repeat measure 12 of Part A to CBMP LOD
9 – 12  **REVERSE WAVE;; BACK FEATHER; BACK THREE STEP**;

9-10 **REVERSE WAVE** Fwd L, - trng if ¼ sd R, bk L to CP DRC; bk R, - bk L trng lf, bk R to CP RLOD; (W bk R, -, pull L to R trng on R heel chng wt to L, fwd R; fwd L, -, fwd R, fwd L to CP);

11 [**BACK FEATHER**] Repeat measure 9 of Part A

12 [**BACK THREE STEP**] Bk R, -, bk L, bk R to CP RLOD; (W fwd L, -, fwd R, fwd L;)

**- BRIDGE -**

1 – 2 **OUTSIDE CHANGE to SCP; THRU, FACE, CLOSE**;

1 [**OUTSIDE CHANGE to SCP**] Back L, -, bk R beginning to turn LF, sd & fwd L to SCP DLW: (W fwd R, -, fwd L, sd & fwd R to SCP DLW;)

2 [**THRU, FACE, CLOSE**] Fwd R, -, fwd L trng to fc WALL, cl R; (W fwd L, -, fwd R, cl L;)

**- ENDING -**

1 – 4 **SLOW HESITATION CHANGE to SCAR LOD;; HOVER CROSS ENDING; TELEMARK to SCP**;

S- -S- - 1-2 [**SLOW HESITATION CHANGE**] Bk L, -, slowly turning RF, -; cont trn, -, sd R to a loose SCAR LOD, -; (W fwd R, -, slowly turning RF, -; cont trn, -, sd & bk L to SCAR, -)

QQQQ 3 [**HOVER CROSS ENDING**] Fwd L in SCAR, rec R, sd L, fwd R outside W in CBMP DLC; (W bk R, rec L, small sd R, bk L in CBMP;

4 [**TELEMARK to SCP**] Repeat measure 5 of INTRO

5 – 6 **VINE FOUR; THRU PROMENADE SWAY & QUICK CHANGE OF SWAY**;

5 [**THRU VINE FOUR**] Repeat measure 7 of Part C to SCP DLW

SQ- 6 [**THRU PROMENADE SWAY & QUICK CHANGE OF SWAY**] Thru R, -, sd L to a Promenade Sway, quick change sway; (W thru L, -, sd R, -;) Promenade sway is on the side step (*beat three*) with a quick change of sway on the fourth beat