I LOOKED AT HEAVEN

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Music: I Looked At Heaven by Tommy Edwards From the CD album The Best Of Tommy Edwards Available from Wal-Mart Music Downloads

Rhythm/Phase: Foxtrot Phase V

Footwork: Opposite throughout directions for M (and for W where noted).

Sequence: Intro A B Bridge C A (9-16) B Ending

...... INTRODUCTION (4 Measures) ......
OPN FCNG DLW LEAD FEET FREE WAIT 2 MEAS;; STEP TOG & TCH CP; BOX FINISH;
[1 & 2] In opn fcng pos DLW lead feet free wait 2 meas;; [3] Step tog L, -, tch R blnd clsd pos, -;
[4] Bk R w/ slight if rotation, -, sd L, cl R;

...... PART A (16 Measures) ......
REVERSE TURN 1/2 – CHECK & WEAVE;; CHNG OF DIRECTION; DOUBLE REVERSE SPIN; HOVER TELEMARK; 1/2 NATURAL TURN; HEEL PULL; REVERSE TURN;; THREE-STEP; NATURAL HOVER CROSS;; OPN TELEMARK; FWD HOVER BJO; BK HOVER SEMI;
[1 – 3] Fwd L start if body turn, -, sd R cont turn, bk L LOD to clsd pos; (W bk R start if body turn, -, cl L to right [heel turn] cont turn, fwd R to clsd pos;) Slip R back under body w/ slight contra check action, -, fwd L commence to turn left, sd R approx 1/8 turn to the left w/ right side lead & slight right side stretch prepare to lead W outside ptnr; With right side stretch bk L in CBMP cont 1/8 turn, bk R to momentary clsd pos cont to turn left, sd & fwd L w/ left side stretch approx 1/4 turn, w/ left side stretch fwd R in CBMP outside ptnr; [4] Fwd L DLW, -, fwd R DLW right shoulder lead & turn if, draw L to right & brush; [5] Fwd L commence to turn left, -, sd R approx 3/8 turn to left, spin if up to 1/2 on ball of right bringing left foot under body beside right w/ no weight; (W bk R commence to turn left, -, cl L to right heel turn approx one-half/sd & slightly bk R cont left turn, XLF of right;) [6] Fwd L, -, diag sd & fwd R rising slightly w/ body turn approx 1/8 to 1/4 rf, fwd L small step on toes to semi-csd pos; [7] Commence rf upper body turn fwd R heel to toe, -, sd L across LOD, bk R; (W commence rf upper body turn bk L, -, cl R [heel turn] cont turn, fwd L;) [8] Bk L start rf turn, -, cont turn on left heel pull right foot back to left & transfer weight to R at end of step ending side w/ feet slightly apart, -; (W fwd R trng rf, -, cont turn sd L, draw R to left;) [9 & 10] Fwd L start if body turn, -, sd R cont turn, bk L LOD to clsd pos; Bk R cont if turn, -, sd & slightly fwd L DLW, fwd R to CBMP; (W bk R start if turn, -, cl L to right [heel turn] cont turn, fwd R to clsd pos; Fwd L cont if turn, -, sd R to DLW, bk L to CBMP DLW;) [11] Fwd L, -, fwd R, fwd L blnd clsd pos; [12 & 13] Fwd R commence to turn right, -, sd L w/ left side stretch, cont right turn sd R approx 1/2 turn fc DLC; With right side stretch fwd L in CBMP outside ptnr on toe, rec R w/ slight left side lead, sd & fwd L, w/ left side stretch fwd R in CBMP outside ptnr; (W bk L commence to turn right, -, cl R to left [heel turn] w/ a right side stretch trng approx 3/8, cont right turn sd L approx 1/4 turn; With left side stretch bk R in CBMP on toe, rec L w/ slight right side lead, sd & bk R, w/ right side stretch bk L in CBMP;) [14] Fwd L commence to turn left, -, sd R cont turn, sd & slightly fwd L to loose semi-csd pos; [15] Fwd R, -, fwd L w/ slight rise, rec R; (W fwd L, -, fwd R w/ slight rise, rec L trng to bjo pos;) [16] Bk L, -, sd & bk R w/ slight rise, rec fwd L semi-csd pos; (W fwd R, -, sd & bk L w/ slight rise, rec fwd R semi-csd pos;)

...... PART B (16 Measures) ......
PROMENADE WEAVE;; THREE-STEP; MANUV SD CL; BK FEATHER; BK FEATHER FINISH; THREE-STEP; FWD & RUN 2; CURVING THREE-STEP; BK CURVING THREE-STEP; THREE-STEP; NATURAL TELEMARK; HOVER CROSS ENDING; OPN TELEMARK; FWD HOVER BJO; BK HOVER SEMI;
shoulder lead, bk L to CBMP; [6] Bk R trng If, -, sd & fwd L, fwd R outside W crossing right leg in front of left at thighs to CBMP; [7] Fwd L, -, fwrd R, fwd L blnd clsd pos; [8] Fwd R, -, fwr L, fwr R; [9] Fwd L commence to turn left, -, fwr R passing well under the body w/ right side stretch cont left turn, w/ right side stretch banking into the curve fwd L well under the body; [10] Bk R commence to turn left, -, bk L passing well under the body w/ left side stretch cont left turn, w/ left side stretch banking into the curve bk R well under the body; [11] Fwd L, -, fwr R, fwd L blnd clsd pos; [12] Fwd R commence to turn right, -, sd L w/ left side stretch approx 1/4 turn, cont right turn sd & fwr R small step approx 1/2 turn; (W bk L commence to turn right, -, cl R to left [heel turn] w/ right side stretch trng approx 3/8, stay well into M’s right arm cont right turn sd & slightly bk L approx 3/8 turn;) [13] With right side stretch fwd L CBMP outside ptnr, rec R, sd & fwrd L, fwd R CBMP outside ptnr; [14] Same as meas 14 of Part A; [15] Same as meas 15 of Part A; [16] Same as meas 16 of Part A;

. . . . . BRIDGE (1 Measure) . . . . .
PKUP SD CL; [1] Fwd R pkup W, -, sd L, cl R;

. . . . . PART C (8 Measures) . . . . .
DIAMOND TURN;;;; 2 LEFT TURNS WALL;; WHISK; PKUP SD CL;
[1 – 4] Fwd L trng on diag, -, cont left turn sd R, bk L bjo pos; Staying in bjo pos & trng If step bk R, -, sd L, fwr R; Still in bjo pos step fwr L trng on diag, -, sd R, bk L; Bk R cont turn, -, sd L, fwr R;

. . . . . ENDING (4 Measures) . . . . .
PROMENADE WEAVE;; FWD, RIGHT LUNGE & HOLD;;
[1 & 2] Same as meas 1 & 2 of Part B;; [3 & 4] Fwd L, -, sd & slightly fwr R commence lunging action keeping left side in twd ptnr & as weight is taken on right flex right knee & make slight body turn to left & look at ptnr, -; -, -, -, -;