I Knew I Loved You

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Music: "I Knew I Loved You" by Vio Friedmann
CD: The Most Beautiful Songs For Dancing - 2000 or as single download @ Amazon.com
Release Date: April 2013
Rhythm: Rumba  Phase: V + 1 (Rope Spin)
Original Length of Music: 3:04  Music Modification: None
Sequence: Intro AB ABC B End
Footwork: Opposite for Woman unless otherwise noted

INTRO (6 Measures)
1-4  TANDEM BOTH FCING WALL / LADY IN FRONT / LEAD FEET FREE
WAIT 2 MEASURES;;  CUCARACHA;  MAN CUCARACHA ~ LADY HIP RK 3;
1-2  (Wait; Wait)  Hold intro position above for 2 measures;;
3  (Cucaracha)  Sd L with partial weight, rec R, clo L, -;
4  (Man Cucaracha ~ Lady Hip RK 3)  Sd R with partial weight, rec L, clo R, -;
     (Lady rk L rolling hip sd & bk, rk R rolling hip sd & bk, rk L rolling hip sd & bk, -)
5-6  FINISH THE CHASE to CPW;;
5-6  (Finish the Chase)  Fwd L, rec R, bk L, -;  Bk R, rec L, fwd R, -;
     (Fwd R commence LF turn 1/2, rec fwd L, fwd R, -;  Fwd L, rec R, bk L, -)

PART A (12 Measures)
1-4  HALF BASIC;  TO A FULL NAT'L TOP TO CUDDLE CP FCING WALL;;;
1  (Half Basic)  Fwd L, rec R commencing RF trn 1/4, bk L finishing 1/4 RF trn to fc RLOD, -;
2-4  (Full Nat'l Top)  XRIB of L commence RF trn, sd L continue trn, XRIB of L continuing the trn, -;
    Sd L continue the trn, XRIB of L continue trn, sd L continue trn, -;  XRIB of L continue trn,
    sd L continue trn, clo R completing 1 & 3/4 trn to fc wall placing arms around ptr w/ hnds at ptrs shldr blades, -;
    (Sd L commence RF trn, XRIF of L continue trn, sd L continue trn, -;  XRIF of L continue trn, sd L continue trn,
    XRIF of L continue trn, sd L placing arms around ptr with hnds resting on top of the ptrs shoulders, -)
5-8  CUDDLE 3X TO BFLY;; AIDA ~ CKING;
5-7  (Cuddle 3 X to Bfly)  Sd L with inside edge pressure lowering the lead hnds & releasing the tension in & extending the right arm as well as turning the upper body LF to lead ptr's opening, recover R with tension in right arm to lead ptr's return to fc straightening body, clo L to Cuddle CP, -;  Sd R with inside edge pressure lowering the trailing hnds & releasing the tension in & extending the left arm as well as turning the upper body LF to lead ptr's opening, rec L with tension in left arm to lead ptr's return to fc straightening body, clo R to Cuddle CP, -;  Repeat measure 5 to end in Bfly;  (Swiveling 1/2 RF on L ft & with right sd stretch step sd R to approximately Half Open, rec L with left sd stretch starting LF trn, fwd & sd R placing right hnd on ptr's left shldr, -;  Swiveling 1/2 LF on R ft & with left sd stretch step sd L to approximately Half Open, rec R with left sd stretch starting RF trn, fwd & sd L placing left hnd on ptr's right shldr, -;  Repeat measure 5 to end in Bfly;)
8  (Aida ~ Cking)  Thru R trning RF, sd L continuing RF trn, bk R cking, -;
"I Knew I Loved You" - Pg 2

9-12 HIP RK 3 BOTH SWIVELING TO FC ~ FLARING IN TO;
THRU SERPIENTE; THRU TO FNC LN ~ SHK HER HND;

9 (Hip Rk 2 Both Swiveling to Fc ~ Flaring in to) Fwd L, rec R, fwd L flaring CCW to fc ptr, -;
10-11 (Thru Serpiente) Thru R, sd L, behind R, fan L CCW; behind L, sd R, thru L, fan R CCW;
12 (Fnc Ln) X lunge thru R with bent knee looking to LOD, rec L trning to fc ptr, sd R shk ptrs right hnd, -;

PART B (8 Measures)

1-4 OP HIP TWIST; FAN;
START HOCKEY STICK TO TANDEM FCING WALL ~ NO HNDS; SWEETHEART;

1 (Op Hip Twist) From handshake ck fwd L, rec R, clo L to R, -; (Bk R, rec L, fwd R twd ptr with
tension in right arm then swivel 1/4 RF on "and" count, -;
2 (Fan) Bk R, rec L, sd R, -; (Fwd L, fwd R trning LF 1/2, bk L leaving R extended fwd with no weight, -;)  
3 (Start Hockey Stick to Tandem Fcing Wall ~ No Hnds) Fwd L, rec R, clo L dropping handhold &
bringing arms to waist level crossing hnds at the wrist with palms fcing body, -;
(Clo R, fwd L, fwd R trning 1/4 to fc wall dropping handhold and bringing arms to waist level
crossing hands at the wrist with palms fcing body, -;)
4 (Sweetheart) Ck fwd R with left sd lead into contra ck like action while extending arms to the sd, rec L
bringing arms back to center & straightening body, sd R, -; (Bk L with right sd lead
into a contra ck like action while extending arms to the sd, rec R bringing arms bk to center &
straightening body, sd L, -;)

5-8 SWEETHEART AGAIN ~ JOIN LEAD HNDS & LADY SWIVEL TO FC;
UA TRN TO HIS RIGHT SHDLR; ROPE SPIN TO CPW***;
***2ND TIME THRU TO BFLY ***3RD TIME THRU TO HND SHK;;

5 (Sweetheart) Ck fwd L with right sd lead into contra ck like action while extending arms to the sd, rec R
leaving arms extended & straightening body, sd L taking ptrs lead hnd leading her to
swivel to fc, -; (Bk R with left sd lead into a contra ck like action while extending arms
to the sd, rec L straightening body & leaving arms extended, sd & fwd R taking ptr's
lead hnd & swiveling sharply RF to fc ptr, -;)
6-8 (UA Trn to a Rope Spin) Raising joined lead hnds trn body slightly RF & XRIB,
rec L squaring body to fc ptr, clo R prepping for Rope Spin by shaping to ptr with left sd
stretch & slight RF body trn, -; Sd L, rec R, clo L, -; Sd R, rec L, clo R to CPW, -;
(XLIF under joined lead hnds commence 1/2 RF trn, rec R completing RF trn to fc ptr,
prepping for Rope Spin sd & fwd L twd right sd of ptr spiraling RF, -; Moving clockwise
around ptr fwd R, fwd L, fwd R, -; Fwd L, fwd R, fwd & sd L to end fcing ptr in CPW, -;)
PART C (9 Measures)

1-4  
**1/2 BASIC; WHIP TO TANDEM COH; CUCARACHA:**

1  
(1/2 Basic) Fwd L, rec R, sd L, -;

2  
(Whip to Tandem Fcing COH) Bk R crossing right forearm over L commencing 1/4 LF trn LOD, continue trn 1/4 rec fwd L letting go of ptr's hnds to fc COH & ptr's back, sd R, -; (Fwd L stepping L ft directly in front of standing R ft, fwd R letting go of ptr's hnds commencing one full trn LF to fc COH, sd L, -)

3  
(Cucaracha) Sd L with partial weight, rec R, clo L, -;

4  
(Man Cucaracha ~ Lady Hip Rk 3) Sd R with partial weight, rec L, clo R, -;

(Lady rk L rolling hip sd & bk, rk R rolling hip sd & bk, rk L rolling hip sd & bk, -)

5-8  
**FINISH THE CHASE TO X BODY ENDING;; LATIN WHISK; THRU FC CLO:**

5-6  
(Finish the Chase to X Body Ending) Fwd L bringing ptr to CP, rec R, sd L trning LF [ft trned about 1/4 and body trned 1/8] to L-shaped position, -; Bk R continue LF trn, small fwd L, sd & fwd R to CPW, -; (Fwd R commence LF turn 1/2 to CP, rec fwd L, fwd R to L-shaped position, - Fwd L commencing to trn L, fwd R trning 1/2 LF end with right ft bk, sd & bk L, -)

7  
(Latin Whisk) XLIB of R, rec R, sd L, -;

8  
(Thru Fc Clo) Thru R commencing RF trn, sd L to fc, clo R, -;

9  
**MERENGUE 4 ~ SHK HER HND:**

9  
(Merengue 4) Sd L, clo R, sd L, clo R;

END (6 Measures)

1-4  
**OP HIP TWIST; FAN:**

START HOCKEY STICK TO TANDEM FCING WALL ~ NO HNDS; SWEETHEART;

1-4  
Repeat Part B Measures 1-4;;;

5-6  
**SWEETHEART AGAIN; X LUNGE, EXTEND THE ARMS & LOOK AT PTR:**

5  
(Sweetheart) Ck fwd L with right sd lead into contra ck like action while extending the arms to the sd, rec R bringing arms bk to center & straightening body, sd L, -; (Bk R with left sd lead into a contra ck like action while extending arms to the sd, rec L bringing arms bk to center & straightening body, sd R, -)

6  
(X Lunge Slowly Extend the Arms & Look at Ptr ) XRIF of L with soft knee, beginning to slowly extend the arms, continue extending the arms while looking at ptr;

See Pg 4 for Quick Cues
"I Knew I Loved You" Pg - 4 - Quick Cues
Sequence: Intro  AB  ABC  B  End

Intro:  Wait;  Wait;  Cucaracha;  Man Cucaracha ~ Lady Hip Rk 3;
Finish the Chase to CPW;;

A:  1/2 Basic ~; to a Full Nat'l Top to Cuddle CP;;;
Cuddle 3X to Bfly;;;  Aida ~ Cking;
Hip Rk 3 Both Swiveling to Fc ~ Flaring in to;
Thru Serpiente;;  Thru to Fnc Ln ~ Shk Her Hnd;

B:  Op Hip Twist;  Fan;
Start Hockeystick to Tandem Fcing Wall ~ No Hnds;  Sweetheart;
Sweetheart Again ~ Join Lead Hnds ~ Lady Swivels to Fc;
UA Trn to His Rt Shldr;  Rope Spin to CPW;;

A:  1/2 Basic ~; to a Full Nat'l Top to Cuddle CP;;;
Cuddle 3X to Bfly;;;  Aida ~ Cking;
Hip Rk 3 Both Swiveling to Fc ~ Flaring in to;
Thru Serpiente;;  Thru to Fnc Ln ~ Shk Her Hnd;

B:  Op Hip Twist;  Fan;
Start Hockeystick to Tandem Fcing Wall ~ No Hnds;  Sweetheart;
Sweetheart Again ~ Join Lead Hnds ~ Lady Swivels to Fc;
UA Trn to His Rt Shldr;  Rope Spin to Bfly;;

C:  1/2 Basic;  Whip to Tandem Fcing COH;
Cucaracha;  Man Cucaracha ~ Lady Hip Rk 3;
Finish the Chase to a X Body Ending;;  Latin Whisk;  Thru Fc Clo;
Merengue 4;

B:  Op Hip Twist;  Fan;
Start Hockeystick to Tandem Fcing Wall ~ No Hnds;  Sweetheart;
Sweetheart Again ~ Join Lead Hnds ~ Lady Swivels to Fc;
UA Trn to His Rt Shldr;  Rope Spin ~ Shk Her Hnd;;

End:  Op Hip Twist;  Fan;
Start the Hockeytstick to Tandem Fcing Wall ~ No Hnds;  Sweetheart;
Sweetheart Again;  X Lunge, Slowly Extend the Arms & Look @ Your Ptr;