**INSTRUCTION**

**INTRO**

(OP LOD) **WAIT 2 MEAS; ; CIRCLE AWAY TWO TWO-STEP; ; (FCNG 6 FT APT)**

1-4 OP LOD wait; wait; circle fwd L trng LF \(W f w d \ R \ t r n g \ \ R F\), cl R, fwd L, - ; cont circle fwd R, cl L, fwd R, - ;

**STRUT TOGETHER 4; ; (SCP LOD)**

5-6 Strut tog L, - , R, - ; L, - , R, - ;

**PART A**

(SCP LOD) **TWO FWD TWO-STEP; ; CUT, BACK, CUT, BACK; ROCK BACK, RECOVER; (BFLY WALL)**

1-2 Fwd L, cl R, fwd L, - ; fwd R, cl L, fwd R, - ;

3-4 XLIF, bk R, XLIF, bk R; rk bk L, - , rec R, - ;

(BFLY WALL) **VINE 8; ; TWIRL VINE 4 (OPT. LADIES TWIRL TWICE); FWD, PICKUP; (CP LOD)**

5-6 Sd L, XRIK, sd L, XRXF; sd L, XRIK, sd L, XRXF;

7 Sd L, XRIK, sd L, XRXF \(w t w r l \ R F \ R, L, \ s d \ R, X L I F ; (o p t i o n a l \ t w r l \ R F \ R, L, R, L,)\};

8 Fwd L, - , R picking W up, - ;

(CP LOD) **PROGRESSIVE SCISSOR; TWICE CHECKING; (BJO LOD) FISHTAIL; WALK, 2; (BJO LOD)**

9-10 Sd L, cl R, XLIF \(W X R I B), - ; \) sd R, cl L, XRXF \(W X L I B\) BJO LOD checking fwd motion, - ;

11-12 XLIF \(W X R I F\), fwd and slight side R, fwd L, lk RIB \(W l k \ L I F\); fwd L, - , fwd R, - ;

(BJO LOD) **FWD HITCH; HITCH SCISSOR; (SCP LOD) SCOOT 4; WALK, 2 TO FACE; (CP WALL)**

13-14 Fwd L, cl R, bk L, - ; bk R, cl L, fwd R \(W f w d \ L \ t r n g \ R F, c l \ R, t h r u \ L \ t o \ S C P), - ;

15-16 Fwd L, cl R, fwd L, cl R; fwd L, - , fwd R to CP WALL, - ;

**PART B**

(CP WALL) **TRAVELING BOX; ; ; (CP WALL)**

1-2 Sd L, cl R, fwd L, - ; trng to RSCP RLOD fwd R, - , fwd L, - ;

3-4 Sd R, cl L, bk R, - ; trng to SCP LOD fwd L, - , fwd R, - ;

(SCP LOD) **ROCK THE BOAT; TWICE; ; (SCP LOD) (2ND TIME BFLY WALL) (3RD TIME CP WALL)**

7 Fwd L with knee stiff bending fwd at waist, - , cl R bending knee and straightening torso, - ;

8 Repeat meas. 7; 2nd time to BFLY WALL – 3rd time to CP WALL
PART C

(BFLY WALL) FACE TO FACE; BACK TO BACK; (OP LOD)
1  Sd L, cl R, sd L trng LF (W RF) to bk-to-bk pos w/ M’s R & W’s L hnds jnd, - ;
2  Sd R, cl L, sd R trng RF (W LF) to OP LOD, - ;

(OP LOD) LACE ACROSS TWO-STEP; FWD TWO-STEP; (LOP LOD)
3-4  Raise jnd lead hnds to allow W to pass IF of M fwd L, cl R, fwd L, - ; fwd R, cl L, fwd R to LOP LOD, - ;

(LOP LOD) LACE BACK TWO-STEP; FWD TWO-STEP; (OP LOD) VINE APART; VINE TOG; (SCP LOD)
5-6  Raise jnd other hnds to allow W to pass IF of M fwd L, cl R, fwd L, - ; fwd R, cl L, fwd R to OP LOD, - ;
7-8  Sd L, XRIB, sd L, tch R ; sd R, XLIB, sd R to SCP LOD, tch L;

INTERLUDE

(SCP LOD) WALK, 2; (SCP LOD)
1-2  Fwd L, - , fwd R, - ;

PART D

(CP WALL) LEFT TURNING BOX; ; ; (CP WALL)
1-2  Sd L, cl R, fwd L trng 1/4 RF to CP LOD, - ; sd R, cl L, bk R trng 1/4 RF to CP COH, - ;
3-4  Sd L, cl R, fwd L trng 1/4 RF to CP RLOD, - ; sd R, cl L, bk R trng 1/4 RF to CP WALL, - ;

(CP WALL) OPEN VINE; ; (SCP LOD) HITCH 4; WALK, 2; (CP WALL) (2ND TIME TO SCP LOD)
5-6  Sd L, - , XRIB trng RF to LOP RLOD, - ; sd L trng to LF to fc ptr, - , thru R, - ;
7-8  Fwd L, cl R, bk L, cl R; fwd L, - , fwd R, - ; to CP WALL/second time to SCP LOD

END

(SCP LOD) CIRCLE AWAY TWO TWO-STEPS; ; STRUT TOGETHER 4; ; (BFLY WALL)
1-2  Circle fwd L trng LF (W fwd R trng RF), cl R, fwd L, - ; cont circle fwd R, cl L, fwd R, - ;
3-4  Strut tog L, - , R, - ; L, - , R, - ; to BFLY WALL

(BFLY WALL) VINE 4; APART, POINT;
5-6  Sd L, XRIB, sd L, XRIF; apart L, - , pt R, - ;
How Long

Phase 2+1 Two-Step
Choreographer: Erin & Scot Byars
Music: The Eagles “How Long”
Released: February 2, 2008

Intro A B int A B C A B D D End

Intro
OP LOD Wait 2 meas; ; circle away two two-steps; ; strut together 4; ; to SCP LOD

Part A
Two forward two-steps; ; cut back 4; rock back, recover to BFLY WALL; vine 8; ;
Twirl vine 4 (optional ladies twirl twice); forward, pickup to CP LOD;
Progressive scissor; twice to BJO LOD checking; fishtail; walk, 2;
Forward hitch; hitch/scissor to SCP LOD; scoot 4; walk, 2 to CP WALL;

Part B
Traveling box; ; ; ; two turning two-steps; to SCP LOD; rock the boat; twice; to SCP LOD

Interlude
Walk, two;

Part A
Two forward two-steps; ; cut back 4; rock back, recover to BFLY WALL; vine 8; ;
Twirl vine 4 (optional ladies twirl twice); forward, pickup to CP LOD;
Progressive scissor; twice to BJO LOD checking; fishtail; walk, 2;
Forward hitch; hitch/scissor to SCP LOD; scoot 4; walk, 2 to CP WALL;

Part B
Traveling box; ; ; ; two turning two-steps; to SCP LOD; rock the boat; twice to BFLY WALL;

Part C
Face to face; back to back to OP LOD; lace across two-step; fwd two-step;
Lace back two-step; fwd two-step to OP LOD; vine apart 3; vine together to SCP LOD;

Part A
Two forward two-steps; ; cut back 4; rock back, recover to BFLY WALL; vine 8; ;
Twirl vine 4 (optional ladies twirl twice); forward, pickup to CP LOD;
Progressive scissor; twice to BJO LOD checking; fishtail; walk, 2;
Forward hitch; hitch/scissor to SCP LOD; scoot 4; walk, 2 to CP WALL;

Part B
Traveling box; ; ; ; two turning two-steps; to SCP LOD; rock the boat; twice to CP WALL;

Part D
Left turning box; ; ; open vine 4; to SCP LOD; hitch 4; walk, 2 to CP WALL;

Part D
Left turning box; ; ; open vine 4; to SCP LOD; hitch 4; walk, 2 to SCP LOD;

End
Circle away two two-steps; ; strut together 4; ; vine 4; apart, point