HONOR AND RESPECT

Rhythm/Phase: Waltz, Phase 6 + 1 Unphased (Double Eggbeater Turn)
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Release Date: January 26, 2015
Download: casa-musica.de (and other sites - search on album title & "Olivato").
Time/Speed: Downloaded file: 2:24 Play at about -3.3 % (or to suit) = 43.5 "rpm"
Footwork: Opposite throughout (Lady as noted in parentheses).
Timing: 1,2,3 unless otherwise noted, reflects actual weight changes.
Degree of Difficulty: Average
Sequence: Intro, A, B, A[mod], B[mod]

INTRODUCTION

1-4 WAIT IX: THRU TO HINGE; RECOVER-HOVER TO SCP; MANEUVER;
1,2,3 1 {Wait} M fc Wall with tr. ft. free & pointed RLOD with ld. hands joined & tr. arms ext. twd RLOD wait 1 measure ;
1,2,3 2 {Hinge} Thru LOD R, sd & fwd L keeping joined ld hands, trng upper body LF lower into left leg, - (thru LOD L, (1,2,3)
1,2,3 sd R comm trng body LF, place left ft under body then lower on L leg while ext rt ft twd RLOD) ;
1,2,3 3 {Rec-Hov} No wt lead W to step fwd, Rec R rising & brush L to R, Fwd L blending to SCP-DLW (Rec-Fwd R, sd & fwd L rising comm RFG, cont trng RF sd & fwd R blending to SCP) ;
1,2,3 4 {Maneuver} Fwd R comm RF upper body turn, sd L cont turn to fc RLOD, cl R in CP (Sm fwd L, sd R, cl L) ;

PART A.

1-5 OVERSPIN TURN; DOUBLE RISING LOCK; DOUBLE TELESPIN (TO SCP);;;;
1,2,3 1 {Overspin Turn} Bk L pivoting 1/2 RF to fc LOD, fwd R between woman's feet heel lead cont turn to fc DRW, rec sd & bk L in CP-DRW (Fwd R between M's feet heel lead pivoting 1/2 RF, bk L cont turn to fc DLC, sd & fwd R) ;
1,2,3 2 {Dbi Rising Lock} Bk R trng LF, cont trn Fwd L/LkRIB, cont trn Fwd L/LkRIB to CP-DLC ;
1,2,3 3-5 {Dbi Telespin} Fwd L comm LF trn, fwd & sd R cont LF trn, sd & bk L with partial wt keeping left sd in twd W / 1,2,3
1,2,3 with partial wt comm LF body turn ; Fwd & sd L cont LF trn, fwd & sd R cont LF trn, sd & bk L
1,2,3 1,2,3 with partial wt keeping left sd in twd W / with partial wt comm LF body turn ; Taking full wt Fwd L trng LF, sd & fwd R cont LF trn, cont LF trn sd & fwd L blending to SCP-DLW ;
1,2,3 1,2,3 (Bk R comm LF trn, bring L to R starting a heel turn & gradually chg wt to L cont LF trn, fwd R cont LF
1,2,3 trn / keeping rt sd in twd M fwd L ; Fwd R comm LF trn, bring L to R starting a heel trn & gradually chg wt to
1,2,3 cont LF trn, fwd R cont LF trn / keeping rt sd in twd M fwd L ; Fwd R comm LF toe spin, cont toe spin cl L, sd & fwd R blending to SCP-DLW ; )

6-9 OPEN NATURAL; OUTSIDE SPIN; RT TURNING LOCK (SCP); VIENNESE CROSS;
6 6 {Op Natural} Fwd R comm RF, sd L cont turn to fc RLOD, bk R in BJO-DRC (Sm fwd L, sd R, fwd L to BJO) ;
1,2,3 7 {Outside Spin} Comm RF body trn toeing in with rt sd lead sm Bk L trng strongly RF, 1,2,3
1,2,3 1,2,3 fwd R heel to toe cont RF trn, sd & bk L to CP fc RLOD (Fwd R comm RF trn heel to toe, cl L on toes of both feet cont turn, cont trn fwd R between M's feet to CP) ;
1,2,3 8 {Rt Turning Lock} Bk R backing LOD cont RF trn / XLIF to fc COH, cont to trn upper body RF sd & fwd R 1,2,3
1,2,3 between W's feet cont to RF trn, fwd L to SCP-DLC (Fwd L comm RF trn / XRB, fwd & sd L staying well into M's rt arm cont RF trn, fwd R to SCP) ;
1,2,3 9 {Viennese Cross} Thru R, fwd L comm LF trn, sd R cont trn / XLIF fng DRW 1,2,3
1,2,3 (Thru L trng LF to CP, bk R cont LF trn, sd L cont turn / cl R) ;

10-13 BACK & CHASSE TO SCP; CHAIR & SLIP; DOUBLE REVERSE (DLW); HOVER TELEMARK;
1,2,3 10 {Bk-Chasse} Bk R trng LF, sd L / cl R, sd L blending to SCP-DLW ;
1,2,3 11 {Chair-Rec-Slip} Check thru R with lunge action, rec L, slip R beh L trng LF blending to CP-DLC ;
1,2,3 12 {Dbi Rev} Fwd L comm LF trn, fwd & sd R cont LF trn, cont LF turn to CP-DLW touch L to R (1,2,3)
1,2,3 (Bk R, cl L with heel turn / cont LF turn sd & sl bk R, XLIF) ;
1,2,3 13 {Hov Telemark} Fwd L, Fwd R between W's feet trng sl RF, Fwd L blending to SCP-DLW ;
PART A., CONT’D

14-16  NATURAL PREP (FC COH);  SAMEFOOT LUNGE;  CHANGE SWAY;
        1,2,- (Nat Prep)  Fwd R comm RF trn, sd & fwd L cont trn to fc COH, touch R to L
          (Fwd L comm RF trn, cl R cont turn, sd & bk L to CP with W sl turned to rt);
        1,- (Samefoot Lunge)  Sd and sl fwd L looking rt w/ rt sd stretch, - , -
          (Bk R well under body and looking well to left, - , - );
        -,-& 16 (Chg Sway)  Chg to left sd stretch to open W’s head to her rt, - , - / with partial wt on L comm LF body turn
          ( - , - - / Rec-Fwd L);

PART B.

1-4  TELESPIN ENDING (SCP-DLC);  RUNNING OP NAT;  BK TO TUMBLE TURN;  BK & CHASSE (BJO);
          1 {Telespin Ending}  Fwd L RLOD trng LF, fwd & sd R cont LF trn, cont trn sd & fwd L blending to SCP-DLC
            (Fwd R comm LF toe spin, cont toe spin cl L, sd & fwd R blending to SCP-DLC);
          1&2,3 2 {Running Op Nat}  Thru R comm RF trn / sd & sl bk L cont RF trn, bk R, bk L in BJO-DRW ;
                 (Thru L comm RF upper body trn / fwd R, fwd L, fwd R outside prtnr in BJO);
          1&2,3 3 {Bk to Tumble Turn}  Bk R trng LF blending to CP & keeping left sd in twd prtnr / sd & fwd L, fwd R
                outside partner rise rotate upper body LF bringing W in front of M, fwd L lowering with LF piv action CP-DRW
                (Fwd L trng LF blending to CP / sd & bk R, bk L under body, bk R lowering with LF pivoting action);
          1,2&3 4 {Bk-Chasse}  Bk R trng LF, sf L / cl R, sd L blending to BJO-DLW;

5-8  MANEUVER:  BK TIPPLE CHASSE TO FACE LOD;  TRAV CONTRA CHECK;
        MAN CHASSE-LADY LEFT TO SKATERS;
          5 {Mvr}  Fwd R comm RF upper body turn, sd L cont turn to fc RLOD, cl R in CP (Bk L comm trng RF, sd R, cl L);
          1,2&3 6 {Bk-Tipple Chasse}  Bk L trng RF, cont trn sd R / cl L, sd R to CP-LOD;
          7 {Trav Contra Chk}  Fwd L using contra body motion with upper body turned to the left, cl R trng RF & rise to toes,
               fwd L blending to SCP-LOD (Bk R, cl L trng RF & rise to toes, fwd R blending to SCP-LOD);
          1,2&3 8 {M Chasse-W Roll}  Thru R, sd L / cl R, sd & fwd L to Skaters-LOD (Thru L trng LF, cont trn sd & bk R,
               trn sd & fwd L to M’s rt sd in Skaters-LOD);  Note:  Next 4 meas. will start on same footwork.

9-12  SKATER RT TURNS 2X;;  SHAD SYNC WHISK;  THRU FACE CLOSE TO BFLY-LADY TOUCH;
          9-10 {Skater Rt Turns}  Fwd R comm RF trn, cont trn sd L, cont trn bk R fc RLOD;
               cont RF trn Bk L, cont trn sd & fwd R, finish trn fwd L fc LOD in Skaters;
          1&2,3 11 {Shad Sync Whisk}  In Shadow Thru R rotating RF / cl L, sd R,
               with RF body trn XLIB but not tightly ending both fc Wall still in shadow;
          1,2,3 12 {Thru-BFLY}  Thru R twd LOD, sd L twd LOD, cl R in BFLY-Wall
               (Rotating body LF Fwd R twd LOD, Fwd L trng LF to fc prtnr, touch R to L in BFLY);

13-16  DOUBLE EGGBEATER TURN;  WITH WRAPPED RT LUNGE;  SIDE TO A HINGE;
          13-15 {Dbl Eggbeater Turn w/ Wrap Rt Lunge}  Sd L raising ld hands but also taking trailing hands thru twd LOD
               at shoulder level, XLIB of L trng W under lead hands, rec L taking lead hands to M’s upper R arm to
               release hand hold & immediately re-join under M’s R arm while trng W under trailing hands to finish in
               BFLY-Wall / cl R
          1,2,3& 13 {Dbl Eggbeater Turn w/ Wrap Rt Lunge}  Sd L raising ld hands but also taking trailing hands thru twd LOD
               at shoulder level, XLIB of L trng W under lead hands, rec L taking lead hands to M’s upper R arm to
               release hand hold & immediately re-join under M’s R arm while trng W under trailing hands to finish in
               BFLY-Wall
          1,2,3 13 {Dbl Eggbeater Turn w/ Wrap Rt Lunge}  Sd L raising ld hands but also taking trailing hands thru twd LOD
               at shoulder level, XLIB of L trng W under lead hands, rec L taking lead hands to M’s upper R arm to
               release hand hold & immediately re-join under M’s R arm while trng W under trailing hands to finish in
               BFLY-Wall (1,2,3)
               (Tng RF sd & fwd R, fwd & across L trng RF under joined lead hands, fwd R cont RF trn under trailing
               hands to fc prtnr in BFLY / cl L);
          1,2,3 13 {Dbl Eggbeater Turn w/ Wrap Rt Lunge}  Sd L raising ld hands but also taking trailing hands thru twd LOD
               at shoulder level, XLIB of L trng W under lead hands, rec L taking lead hands to M’s upper R arm to
               release hand hold & immediately re-join under M’s R arm while trng W under trailing hands to finish in
               BFLY-Wall
          1,2,3 13 {Dbl Eggbeater Turn w/ Wrap Rt Lunge}  Sd L raising ld hands but also taking trailing hands thru twd LOD
               at shoulder level, XLIB of L trng W under lead hands, rec L taking lead hands to M’s upper R arm to
               release hand hold & immediately re-join under M’s R arm while trng W under trailing hands to finish in
               BFLY-Wall
          1,2,3& 13 {Dbl Eggbeater Turn w/ Wrap Rt Lunge}  Sd L raising ld hands but also taking trailing hands thru twd LOD
               at shoulder level, XLIB of L trng W under lead hands, rec L taking lead hands to M’s upper R arm to
               release hand hold & immediately re-join under M’s R arm while trng W under trailing hands to finish in
               BFLY-Wall
          1,2,3 13 {Dbl Eggbeater Turn w/ Wrap Rt Lunge}  Sd L raising ld hands but also taking trailing hands thru twd LOD
               at shoulder level, XLIB of L trng W under lead hands, rec L taking lead hands to M’s upper R arm to
               release hand hold & immediately re-join under M’s R arm while trng W under trailing hands to finish in
               BFLY-Wall
          1,- (Hinge)  Sd & fwd L joining ld hands, trng upper body LF lower into left leg, - , - (Sd LOD L comm LF trn,
               sd R LOD cont LF trn to fc RLOD, place L ft under body then lower on L leg while ext rt ft twd RLOD);}
PART A (MOD.)

1-2 RECOVER-HOVER TO SCP; PICKUP-DUOLOCK;
   (Rec-Hov)  Repeat Intro, meas. 3 ;
   (PU-Db) Fwd R comm trng LF, cont trn fwd L/LkRIB, cont trn fwd L/LkRIB to CP-DLC
   (Fwd L comm trng LF in front of prtnr, blending to CP cont trn bk R/LkLIF, cont trn bk R/LkLIF) ;

3-10 DOUBLE TELESPIN (TO SCP); OPEN NATURAL; OUTSIDE SPIN; RT TURNING LOCK (SCP);
   VIENNESE CROSS; BACK & CHASSE TO SCP;
   3-10 Repeat Part A., measures 3-10.

11-13 CONTINUOUS HOVER CROSS;;
   (Cont Hov Cross) Thru R comm RF trn, sd L cont trn to CP, cont with strong RF trn sm sd R fc DLC prep
   to step outside prtnr ; Fwd L across R to SCAR, cl R comm RF trn, cont trn bk L to BJO ; bk R sl trn LF to CP,
   sd & fwd L, fwd R in BJO-DLC ; (Thru L, with RF heel trn on LF cl R then cont trn on R, sd L to CP ;
   bk R to SCAR, sd L to CP, fwd R to BJO ; fwd L sl trn LF to CP, sd & bk R, bk L in BJO ;)

PART B (MOD.)

1 HOVER TELEMARK (DLC);
   (Hov Telemark)  Starting DLC & blending to CP repeat Part A., meas. 13 ending SCP-DLC ;

2-14 RUNNING OP NAT; BK TO TUMBLE TURN; BK & CHASSE (BJO); MANEUVER;
   BK TIPPLE CHASSE TO FACE LOD; TRAV CONTRA CHECK;
   MAN CHASSE-LADY ROLL LEFT TO SKATERS; SKATER RT TURNS 2X ; SHAD SYNC WHISK;
   THRU FACE CLOSE TO BFLY-LADY TOUCH; DOUBLE EGGBEATER TURN;;
   2-14 Repeat Part B., measures 2-14.

15 WITH WRAPPED RT LUNGE & SHAPE;
   (Wrap Rt Lunge & Shape)  Repeat Part B., meas. 15 end shaping to prtnr W's head on M's rt shoulder ;
   (&1,-)

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Quick Cues

Waltz - Phase 6+1 Unphased (Double Eggbeater Turn)  Choreo.: Jack and Sharie Kenny  1/26/2015  
Download: casa-musica.de  Seq.: Intro-AB-A(Mod)-B(Mod)  Recommended Speed: 43.5 "rpm" (-3.3%)

INTRO: WAIT 1X; THRU TO A HINGE; REC-HOVER TO SEMI; MANEUVER;

PART A: OVERSPIN TURN; BK TO DOUBLE RISING LOCK; DOUBLE TELESPIN (SEMI);;;  
OPEN NATURAL; OUTSIDE SPIN TO RT TURNING LOCK (SEMI);; VIENNESE CROSS;  
BACK & CHASSE TO SEMI; CHAIR & SLIP; DOUBLE REV (DLW); HOVER TELEMARK;  
NATURAL PREP (FC COH); SAMEFOOT LUNGE; CHANGE SWAY;

PART B: TELESPIN ENDING (SEMI-DLC); RUNNING OP NATURAL; BK TO TUMBLE TURN;  
BACK & CHASSE TO BJO; MANEUVER; BACK TIPPLE CHASSE TO FC LOD;  
TRAVELING CONTRA CHECK; MAN CHASSE-LADY ROLL LEFT TO SKATERS;  
2 SKATER RT TURNS;; SHAD SYNC WHISK; THRU-FC-CLOSE TO B'FLY-LADY TOUCH;  
DOUBLE EGGBEATER TURN;; w/ WRAPPED RT LUNGE; SIDE TO A HINGE;

PART A (MOD): REC-HOVER TO SEMI; PICKUP-DOUBLE LOCK; DOUBLE TELESPIN (SEMI);;;  
OPEN NATURAL; OUTSIDE SPIN TO RT TURNING LOCK (SEMI);; VIENNESE CROSS;  
BACK & CHASSE TO SEMI; CONTINUOUS HOVER CROSS (DLC);;;

PART B (MOD): HOVER TELEMARK; RUNNING OP NATURAL; BK TO TUMBLE TURN;  
BACK & CHASSE TO BJO; MANEUVER; BACK TIPPLE CHASSE TO FC LOD;  
TRAVELING CONTRA CHECK; MAN CHASSE-LADY ROLL LEFT TO SKATERS;  
2 SKATER RT TURNS;; SHAD SYNC WHISK; THRU-FC-CLOSE TO B'FLY-LADY TOUCH;  
DOUBLE EGGBEATER TURN;; w/ WRAPPED RT LUNGE & SHAPE;