HIT ME WITH A HOT NOTE

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Hit Me With a Hot Note album Hot Notes

Tami Tappan Damiano  
Track 6  
Footwork: Opposite Unless Noted

Phase: V+2 West Coast Swing  
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Sequence: INTRO, A, B, C, A, D, C, A MOD, ENDING

INTRO

1-4 WAIT;; MAN CIRCLE 4 TO FC LADY SHOULDER BOUNCES 4 TIMES;;  

1-2  
(Wait) In tandem fc RLOD M in front of W L leg in a press line  
(W with R ft in press line L hnd behind her head L shoulder bk)  
wait 2 meas;;

1-3-5-7-  
3-4  
(He Circle 4 She Shoulder Bounce) He circle 4 LF L,-, R,-; L,-,  
R to fc ptr & LOD join lead hnds,- (W lower in both knees as roll  
L shoulder fwd, rise & return to original pos, repeat down, up;  
down, up, down, up extend lead hnd to M in a provocative  
manner trail hnd to sd);

PART A

1-4 WHIP;; WRAPPED WHIP;;  

123&4  
1-2  
(Whip) Bk L, recov fwd R moving to W’s R sd start RF trn ¼ to  
momentary SCP, sd L cont RF trn ¼ / fwd R, sd & fwd L cont  
trn; XRIB of L, sd L, anchor in pl R/L, R (W fwd R, fwd L trn  
RF ½ to SCP, bk R/ cl L, fwd R; fwd L start RF trn, cont RF trn  
bk R, anchor L/R, L);

567&8  
123&4  
3-4  
(Wrapped Whip) Bk L join trail hnds, recov R trn RF raise  
joined lead hnds keep trail hnds at waist level, sd L twd LOD/  
recov R trn RF, cont trn RF to fc RLOD sd & fwd L (W fwd R,  
fwd L, passing under jnd lead hnds fwd R/ cl L, bk R) end in  
momentary wrapped pos both fc RLOD; XRIB trn RF, sd L cont  
trn RF to fc LOD release trail hnds, anchor R/L, R (W bk L, bk R,  
anchor L/R,L) end LOP fcng fc LOD;

5-8 PUSH BREAK;; BK 2;; SIDE BREAKS; CHICKEN WALK 4 QKS;  

123&4  
5-6  
(Push Brk Bk 2) Bk L, bk R to two hnds joined low (W stronger  
steps to be close to M), bk L/ bring R twd L, small fwd L (W  
stronger step bk R) end with lead hnds joined; anchor R/L, R, bk  
L, bk R;

5&678  
&1-&3-  
7-8  
(Sd Breaks) On & ct sd L/ sd R lead hnds joined, hold, on & ct  
tog L/ tog R, hold; (Chicken Walks 4) Bk L, R, L, R (W toe out  
fwd R, L, R, L);
PART B

1-4 SD WHIP;; SURPRISE WHIP;;
12-- 1-2 \(\text{[Sd Whip]}\) Bk L, recov R trn ¼ RF to “L” pos trn W to SCP (W fwd R, fwd L trn RF ½ to SCP), Press L fwd as (W bk R/cl L, fwd R); Hold, recov fwd L, anchor R/L, R (W fwd L start LF trn, cont LF trn sd & bk R, trn LF anchor L/R, L);
567\&8
(W123\&4
5-67\&8
(W123\&4
567\&8) (W123\&4
567\&8)
123\&4 3-4 \(\text{[Surprise Whip]}\) Bk L, recov fwd R moving to W’s R sd start RF trn ¼ to momentary SCP, sd L cont RF trn ¼ / fwd R, sd L fc RLOD (W fwd R, fwd L trn RF ½ to SCP, bk R/cl L, fwd R); Trn RF to cause W to swvl to SCP chk fwd R, recov L, anchor R/L, R fc ptr & RLOD (W swvl RF to chk bk L, recov R start trn under lead hnds RF, finish trn L/R, L fc ptr lead hnds joined);
5-8 UNDERARM TRN & WALK BK 2;; SD BREAKS; CHICKEN WALK 4 QKS;
123\&4 5-6 \(\text{[Underarm Trn Walk Bk 2]}\) Bk L, recov R moving to W’s R sd start RF trn, lead W to LF underarm trn as trn triple to fc LOD L/R, L (W fwd R, fwd L start LF trn, trn under lead hnds sd R/XLIF of R, bk R to fc ptr & RLOD); Anchor R/L, R, bk walk L,R;
5\&678
7-8 \(\text{[Sd Breaks]}\) On & ct sd L/ sd R lead hnds joined, hold, on & ct tog L/tog R, hold; \(\text{[Chicken Walks 4]}\) Bk L, R, L, R (W toe out fwd R, L, R, L);
&1\&3-

PART C

1-4 WAIST DRAG TO HANDSHAKE;;, INSIDE WHIP TO ESCORT WALK AROUND;;;
123\&4 1-2 \(\text{[Waist Drag]}\) Bk L, recov fwd & sd R trn ¼ LF, in pl L/R trn LF, fwd L onto track as W passes behind M; anchor R/L, R to handshake (W fwd R, fwd L, sliding behind M keep lead hnd on his body XRIF of L/sd L, XRIF of L; anchor L/R, L),
5\&612
\(\text{[Inside Whip to Escort Walk Arnd]}\) Bk L, recov R trn ¼ RF off track as lead W in LF underarm trn (W fwd R, fwd L start LF trn under joined R hnds);
3\&456 3-4 \(\text{[Cont]}\) Sd L cont RF trn ¼ / fwd R, sd & fwd L trn RF fc RLOD lead arms hooked in escort pos, wheel RF bk R, L; R, L leading W to fc, anchor R/L, R to end fc RLOD lead hnds joined (W bk R/cl L, fwd R to escort, wheel fwd L,R; L, R trning to fc ptr & RLOD, anchor L/R,L);
5-8  UNDERARM TRN;., LEFT SD PASS WITH 3 VOLTAS UNDERARM
TRN ENDING;.;;

123&4  5-6  {Underarm Trn} Bk L, recov R moving to W’s R sd start RF trn,
5612  lead W to LF underarm trn as trn triple to fc RLOD L/R, L (W fwd R, fwd L start LF trn, trn under lead hnds sd R/ XLIF of R, bk R to fc ptr & LOD); Anchor R/L, R, {Start Left Sd Pass} Bk L off the track twd COH trn LF, cl R fc wall (W fwd R, L start to trn to fc ptr) M still down LOD of the W;

&3-&5-  7-8  {3 Voltas with Underarm Trn Ending} On & ct sd L/ XRIF of
&789&10  L, hold, sd L/ XRIF of L, hold; sd L/ XRIF of L, sd & fwd L lead W past (W fwd R to trn under lead hnds RF), fc LOD and anchor R/L, R (W finish underarm trn L/R, L);

INTERLUDE

1-2  SWVL BK TO BK,, BOUNCE 4 QK;, SWVL TO FC,, ARM SWING UP;,

1---  1-2  {Swvl Bk to Bk Bounce 4 Qk} Fwd L twd ptr lower in knee to
5---  swvl RF in “V” bk to bk pos, rise in knees press the trail ft into
press line drop lead hnds trail hnd on front of waist (W trail hnd on top of head), quickly bounce down & up twice down/ up, down/ up;  {Swvl to Fc Arm Swing Up} Recov onto trail ft lower to swvl LF, cont LF trn to fc ptr rise in knees lead ft pt twd pt (W put trail hnd on hip), swing trail arms down and behind, then up by the ear;

REPEAT A

PART D

1-4  SHADOW TUCK & ROLL WITH ANCHOR;., HALF WHIP;;

123&4  1-2  {Shadow Tuck & Roll with Anchor} Bk L, rec R across L start
567&8  RF trn, lead W to trn LF cont RF trn point L sd twd LOD to
momentary shadow pos fc wing wall R hands joined at about
shoulder level & L hand on W’s L shoulder, fwd L trng RF (W fwd R, fwd L, trng ¼ LF pt R sd, trng ¼ RF fwrd L twd RLOD) to
mom tandem RLOD M behind W; Fwd R, fwd L checking, bk to
anchor R/L, R (W fwd L start RF trn to fc wall, cont RF trn fwrd R
RLOD, fc ptr anchor L/R, L) to end LOP fc wing ptr & RLOD;

123&4  3-4  {Half Whip} Bk L, fwd & sd R moving to W’s R sd, sd L cont
567&8  RF trn slightly/ recov fwr R with R sd twd ptr, sd & bk L with R
sd still twd ptr to CP LOD; fwr R, fwd L, anchor R/L, R (W fwr R, fwrd L trn RF ½ to SCP, bk R/ cl L. fwr R; bk L, bk R, anchor
L/R, L) end fc wing LOD lead hnds joined;
5-8 ROCK WHIP;;; CHICKEN WALK 4 OKS;

123&4 5-7 {Rock Whip} Bk L, rec R across L start RF trn, cont RF trn sd &
5678 fwd L/rec R, sd & fwd L (W fwd R, L trng RF ½ to SCP, bk R/cl
91011&12 L to R, fwd R) to end mom CP M fcing RLOD; Trng RF strongly
on L fwd R LOD between W’s feet, cont RF trn to rec L twd
COH, cont RF trn fwd R RLOD between W’s feet, cont RF trn
rec L twd wall; Trng RF strongly on L fwd R LOD between W’s
feet to fc LOD, fwd L release CP to lead hnd joined, anchor R/L,
R;

1234 8 {Chicken Walk 4} Bk L, R, L, R (W toe out fwd R, L, R, L);

REPEAT C
REPEAT INTERLUDE

PART A MOD

1-4 WHIP;; WRAPPED WHIP;;

123&4 1-2 {Whip} Repeat Meas1-2 Part A;;
567&8
123&4 3-4 {Wrapped Whip} Repeat Meas 3-4 Part A;;
567&8

5-9 PUSH BREAK;; BK 2;; SIDE BRKS; HOLD & QK SD BRKS HOLD
LADY HIP ROLL 3;;

123&4 5-6 {Push Brk Bk 2} Repeat Meas 5-6 part A;;
5&678
&1-&3- 7-8 {Sd Breaks} Repeat Meas 7 part A; {Hold & Qk Sd Brks} Hold,
-&6&7&8 on & ct sd L/ sd R, recov under body L/ R, sd L/ sd R;
&1--- 9 {Qk Sd Brk and Hold 3 Lady Hip Roll 3} Recov under the body
L/R, hold,,(W lower both knees to L as trail hnd comes up twd
head, start rising both knees to R trail hnd caress bk of head &
down the front of body, straighten knees trail hnd out to sd);

ENDING

1-4 TUMMY WHIP;; SUGAR WRAP WITH KNEE LIFT & UNWRAP;;
ARMS & LUNGE;;

123&4 1-2 {Tummy Whip} Bk L, rec R across L start RF trn, placing R
567&8 hand on W’s R hip cont RF trn sd & fwd L/rec R, sd & fwd L (W
fwd R, L, fwd R both arms go out to RLOD/cl L to R both arms
come up to go behind the head, bk R both arms caress bk of head
down to neck); XRIB of L trn RF, recov L cont RF trn lead W to
bk up, anchor R/L, R (W bk L, bk R, anchor L/R,L) end LOD
lead hnds joined;
12-4 3-4  
5&6-8

{Sugar Wrap with Knee Lift Unwrap Arms & Lunge} Bk L, bk R leading W to wrap in front of M RF, pt L fwd, recov fwd L unwrap the W to fc; anchor R/L, R (W fwd R, fwd L swvl RF to wrap in front of M, lift R knee up pushing R arm fwd twd LOD, fwd R trn LF to fc ptr; anchor L/R, L), stamp L to R no wgt as take both arms and XIF of chest, lunge sd L with arms out to sd sway with L sd up R ft pt twd wall;