Highlands

Choreographers: TJ & Bruce Chadd, 975 W Louisville Ct, Meridian, ID 83642
Phone: (208) 887-1271  email: TJChadd@gmail.com
Music: “Highlands” by Claudio Novelli
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Rhythm: Waltz  Phase: V

Original Length of Music: 2:23  Music Modification: None
Sequence: Intro AB Int A End  Footwork: Opposite for Woman unless otherwise noted

Big Thanks to Steve and Judy Storm for their input on our dance!

INTRO (4 Measures)

1-4 FCING DLW & PTR W/ LEAD HNDS JOINED & STANDING SLIGHTLY APT W/ LEAD FT FREE ~
WAIT; WAIT; STEP TOG & TCH SHAPING; OPEN FINISH;

1-2 (Wait; Wait;) Man fcing DLW, Lady fcing Man, both have lead feet free, standing slightly apart from each other to allow room to step together, lead hnds joined ~ Wait 2 measures;~

3 (Step Tog & Tch Shaping) Step fwd twd ptr to CP on L with slight RF upper body rotation and tch R;
(Lady step fwd twd ptr to CP on R ft with slight RF upper body rotation and tch L);

4 (Open Finish) Bk R trning LF, sd & fwd L, fwd R outside ptr to CPMP fcing DLC (Fwd L trning LF, sd & bk R, bk L to CBMP);

PART A (16 Measures)

1-4 1 LT TRN; HVR CORTE; BK WHISK; SYNC WHISK;
1 (1 Lt Trn) Fwd L commence 1/4 LF trn, continue turn sd R diag across line of progression turning 1/8 L, clo L fc DLC;
2 (Hvr Corte) Bk R starting LF trn, sd & fwd L with hovering action continuing body trn, rec R with right sd leading to Bjo;
3 (Bk Whisk) Bk L, bk & sd R. XLIB of R finishing in SCP;
4 (Syncopated Whisk) Thru R in CBMP with left hip turned twd ptr clo L to R in CP (facing wall), sd R with slight right sd stretch, with right sd stretch and slight RF body rotate XLIB of R to tight SCP (sync rhythm may be 1,2,3 or 1,2,8,3);

5-8 THRU & SEMI CHASSE; WEAVE SCP; SLO WHIPLASH;
5 (Thru & Semi Chasse) Thru R, sd & fwd L/clo R, sd & fwd L SCP LOD;
6-7 (Weave SCP) Fwd R diagonal LOD and COH, fhd L commence LF trn, continue turing sd & slightly bk R to to fc diagonal RLOD and COH;
Bk L LOD leading lady to step outside to CBMP, bk R continue LF turn, sd & fwd L diagonal LOD and Wall to SCP;
(Fwd L diagonal LOD & COH commence LF turn, continue to turn sd & slightly bk R to fc diagonal RLOD & wall, continue to turn sd & fwd L LOD; Fwd R LOD outside partner to CBMP, fwd L LOD continue to turn, fwd R diagonal LOD to SCP;

8 (Slo Whiplash) Thru R, turning body RF pt L & hold ending in loose CP; (Thru L, swivel on L to fc ptr & pt R & hold ending in loose CP;)

9-12 BK HVR SCP; WING SCAR; CLO TELEMARK; OPEN NAT'L;
9 (Bk Hvr SCP) Bk L, Bk R with rise, rec L; (Lady fwd R, fwd L with rise trning R fc brushing free ft to supporting ft to SCP, fwd R;)
10 (Wing Scar) Fwd R, draw L twd R, tch L to R rotating upper body LF with left side stretch; (Fwd L beginning to XIF of Man commence turning slightly LF, fwd R around the man continuing to turn slightly LF, fhd L around man complete slightly LF turn to end in tight Scar Position with head looking left over Man's right shoulder;)
11 (Telemark SCP) Fwd L outside Lady commencing LF trn, fwd & sd R continuing LF trn, fwd & sd L to end in tight Bjo DLW;
(Bk R commencing to trn LF bringing L beside R with no weight, trn L fc on R heel (heel trn) and chg weight to L, bk & sd R to end in tight Bjo;)
12 (Open Nat') Commence RF upper body turn fwd R outside Lady heel to toe, sd L across LOD, continue slight RF upper body turn to lead Lady to step outside bk R w/ right side leading to Bjo; (Commence RF upper body turn bk L, sd R across LOD, fwd L outside Man with left side leading to Bjo;)

13-16 IMP SCP (LOD); IN & OUT RUNS; SLO SD LK;
13 (Imp SCP) Bk L start RF trn, clo R to L with heel trn 3/8, fwd L to SCP;
(Lady fwd R between Man's feet, fwd L heel to toe pivoting 1/2 RF, fwd R to SCP;)
14-15 (In & Out Runs) Fwd R commence RF trn, sd & bk L DLW to CP, bk R to CMBP; (Fwd L between man's ft, fwd R, fwd L;)
Bk L commence RF trn, sd & fwd R between lady's ft cont RF trn, fwd L to SCP DLC;
(Fwd R commence RF trn, fwd & sd L, fwd R to SCP DLC;)
16 (Slo Sd Lk) Thru R, sd & fwd L to CP, XLIB of L turning slightly LF; (Thru L starting LF turn, sd & bk R continuing LF turn to CP, XLIB of R;)

1-4
PART B (24 Measures)

1-4 VIENNESE TURNS;; DBL REV LOD; DBL REV DLW:
1-2 (Viennese Trns) Fwd L commencing LF turn, sd R continuing LF turn, XLIF of R; Bk R continuing LF trn, sd L continuing LF turn, clo R to L DLC; (Bk R commencing LF turn, sd L continuing LF turn, clo R to L; Fwd L continuing LF turn, sd R continuing LF turn, XLIF of R;)
3 (Dbi Rev LOD) Fwd L commencing LF turn, sd R 3/8 LF turn between steps 1 & 2, spin 1/2 LF between steps 2 & 3 on ball of R fc LOD bringing left foot under body beside R with no weight [flexed knees]; (Bk R commence to turn LF, L foot closes to R heel turn turning 1/2 LF between steps 1 & 2/sd & slightly bk R continue LF turn, XLIF of R;)
4 (Dbi Rev DLW) Fwd L commencing LF turn, sd R 3/8 LF turn between steps 1 & 2, spin 1/2 LF between steps 2 & 3 on ball of R fc DLW bringing left foot under body beside R with no weight [flexed knees]; (Bk R commence to turn LF, L foot closes to R heel turn turning 1/2 LF between steps 1 & 2/sd & slightly bk R continue LF turn, XLIF of R;)

5-8 HVR TELEMARK;; NAT'L HVR X ~ SYNC THE ENDING;; DRAG HESITATION;
5 (Hvr Telemark) Fwd L, diagonal sd & fwd R rising slightly with body turning 1/4 RF, fwd L on toe to SCP;
6-7 (Nat’l Hvr X) Fwd R DLW commence RF turn, sd L with left sd stretch 1/4 RF turn between steps 1 & 2, continue RF turn sd R 1/2 RF turn between steps 2 & 3 with right sd stretch; Fwd L outside Lady in CPMP on toe, rec R with slight left side lead/sd & fwd Lt, with left sd stretch fwd R outside Lady in CBMP on toe; (Thru L commence RF turn, fwd R with a right side stretch turning RF 3/8 between steps 1 & 2, continue RF turn sd L 3/8 RF turn between steps 2 & 3 to CP; With left sd stretch bk R in CBMP on toe, rec L with slight right sd lead/sd & bk R, with right sd stretch bk L in CBMP;)
8 (Drag Hesitation) Fwd L beginning LF turn, sd R continuing LF turn, drw L toward R ending in Bjo;

9-12 STEP BK & BK/LK BK;; OUTSIDE CHG BJO;; CURVED FEATHER CKING;; BK PASSING CHG;
9 (Step Bk & Bk Lk Bk) In bjo pos bk L, bk R/lk L in front of R, bk R; (Lady fwd R, fwd L/lk R in bk of L, fwd L;)
10 (Outside Chg Bjo) Bk L, bk R, trning LF, sd & fwd L with left sd lead to Bjo;
11 (Curved Feather) Fwd R in CBMP commence RF turn, with left sd stretch continue RF turn sd & fwd L, continue upper body turn to right with left sd stretch fwd R outside Lady in CBMP DRW; (Fwd L in CBMP commence to turn RF, staying well in Man’s right arm with right sd stretch continue RF turn sd & bk R, continue upper body turn to right with right sd stretch bk L in CBMP;)
12 (Bk Passing Chg) Bk L, bk R, bk L;

13-16 STEP BK & CHASSE BJO;; MANU: SPIN TURN;; 1/2 BOX BK SCAR;
13 (Step Bk & Chasse Bjo) Bk R turning LF, sd L continuing turn fc wall/clo R, fwd L Bjo DLW;
14 (Manu) Fwd R outside Lady commencing RF upper body turn, continue RF turn to fc ptr sd L, clo R; (Bk L commence RF upper body turn, continue RF turn to fc ptr sd R, clo L;)
15 (Spin Trn) Bk L pivoting 1/2 RF, fwd R between Lady’s ft heel to toe cont trn, rec sd & bk L to CP DLW;
16 (1/2 Box Bk to PU Sdcr) Bk R, sd L, clo R blending to Sdcr;

17-20 X HVR BJO;; X HVR SCP;; OPEN NAT’L;
17 (X Hvr Bjo) Cross L in front of R, sd R with a slight rise commence L tm, rec L complete tm to Bjo;
18 (X Hvr Sdcr) Cross R in front of L, sd L with a slight rise commence R tm, rec R complete tm to Sdcr;
19 (X Hvr SCP) Cross L in front of R, sd R with a slight rise commence L tm, rec L complete tm to SCP;
20 (Open Nat’l!) Commence RF upper body turn fwd R outside Lady heel to toe, sd L across LOD, continue slight RF upper body turn to lead Lady to step outside bk R w/ right side leading to Bjo; (Thru L, fwd R across LOD, fwd L outside Man with left side leading to Bjo;)

21-24 BK TRNING WHISK;; SYNC VN 4;; NAT’L WEAVE ~ SYNC THE ENDING;;
21 (Bk Trning Whisk) Bk L commence RF turn with slight right sd stretch, sd R continue RF upper body turn with right sd stretch, XLIB of R to tight SCP; (Fwd R commence RF turn with slight left sd stretch, staying well in man’s right arm sd L continue RF upper body turn with left sd stretch, XRIB of L in tight SCP;)
19 (Syncopate Vn 4) Fwd R to fc, sd L/XRIB, sd & fwd L;
20 (Nat’l Weave) Fwd R commence RF turn, sd L with left sd stretch a little under 1/4 RF turn between steps 1 & 2, with right sd lead bk R DLC preparing to lead Lady outside Man slight RF turn between steps 2 & 3; With right sd stretch bk L in CBMP, bk R commence LF turn passing thru CP/with left sd stretch sd & fwd L preparing to step outside Lady turning 1/4 LF between steps 5 & 6 body turns less, with left sd stretch fwd R in CBMP outside Lady DLW; (Thru L, Fwd R with right sd stretch, with left sd lead fwd L preparing to step to CBMP outside Man; With left sd sd stretch fwd R in CBMP outside Man, fwd L commence LF turn passing thru CP/with right sd stretch sd R R turning LF 1/8 between steps 5 & 6, with right sd stretch bk L turning LF 1/8 between steps 6 & 7 body turns less;)
INTERLUDE (4 Measures)

1-4  WHISK; THRU TO LT WHISK ~ LADY FLICK; LADY UNWIND IN 6 DLC::
  1  (Whisk) In CPW fwd L, fwd & sd R commencing rise to ball of ft, XLIB of R continuing to fully rise on ball of ft ending in tight SCP;
    (Lady flick R ft in front of L leg)
  2  (Lt Whisk) Thru R to momentary SCP, sd & fwd L to CP, XRIB of L to Rev SCP turning upper body to left;
  3-4  (Lady Unwind in 6 DLC) Unwind RF on ball of R ft and heel of L ft--; continue to unwind, taking full weight on the R ft--; 
    (Lady run around the Man clockwise with small steps fwd R, L, R; L, R to fc Man in CP, clo L;)

REPEAT PART A (16 Measures)

END

1-3  

1-3  TURN LT & STEP SIDE WITH HVR ACTION TO CONTRA CK & EXTEND;;;
  (Turn Lt & Step Sd with Hvr Action to Contra Ck & Extend) Fwd L turning LF fc COH, step sd & fwd R continuing LF turn to fc RLOD, 
    commence LF upper body turn flexing knees with strong right sd lead ck fwd L in CBMP;;;  (Bk R turning LF fc Wall, step 
    sd & bk continuing LF turn to fc LOD, commence LF upper body turn flexing knees with strong left sd lead bk R 
    in CBMP looking well to the left;;;)

END