HERALD ANGELS BOLERO

[Esta Noche Es De Alegria]
[Hark, The Herald Angels Sing]

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Music : Casa Musica Z-4001 Christmas Music CD-2 Track 12 e-mail : d-doi@tcp-ip.or.jp
available from choreographer on MP3 file [free] or MD [at cost]
Rhythm : Bolero Phase IV + 2 [Half Moon, Contra Check] + 1 [Checked Right Pass]
Timing : SQQ unless noted by side of measure Footwork : Opposite except where noted
Released : Nov, 2006 Ver. 1.0

INTRO

1 - 4 WAIT;; HIP RKS; SYNCO VINE;
1-2 {Wait} Cuddle Pos fc Wall trail ft free wait 2 meas;;
3 {Hip Rocks} Rk sd R rolling hip CW, rec L hip roll CCW, rec R hip roll CW;
SQ&Q 4 {Syncopated Vine} Blend to Bfly sd L with body rise, behind R/sd L, thru R;

PART A

1 - 4 1/2 BASIC; BRK BK TO 1/2 OP; SYNC BOLERO WK; SWITCH & BK BRK;
1 {Half Basic} Blend to CP sd L rise, , bk R with slipping action and with flexing knee, fwd L;
2 {Break Back To Half Open} Sd R rise, , trn LF to Half OP LOD slip bk L flex knee, fwd R;
SQ&Q 3 {Syncopated Bolero Walk} Fwd L rise, , fwd R/L, R;
4 {Switch & Back Break} Fwd L sharply trn 1/2 RF to Left Half OP RLOD, , bk R, rec L;

5 - 8 SYNC BOLERO WK; SWITCH & BK BRK; FWD MANU PVT; PVT 3;
SQ&Q 5 {Syncopated Bolero Walk} Fwd R rise, , fwd L/R, L;
6 {Switch & Back Break} Fwd R sharply trn 1/2 LF to Half OP LOD, , bk L, rec R;
7 {Forward Maneuver Pivot} Fwd L rise, , fwd R trn 1/2 RF blend to CP lead hnd extended sd trail arm keep holding around W’s waist, , bk L pivot 1/2 RF (W fwd R rise, , fwd L lead arm placing M’s waist trail hnd extended sd, fwd R pivot 1/2 RF) end CP LOD;
8 {Pivot 3} Cont helicopter pivot fwd R pivot 1/2 RF, , bk L pivot 1/2 RF, fwd R pivot 1/4 RF blend to CP end CP Wall;

9 - 12 TRNG BASIC;; X BODY; FWD BRK;
9-10 {Turning Basic} Sd & slightly fwd L rise with upper body trn RF to fc DRW, , bk R flex knee trn 1/4 LF with slip pivot action, sd & fwd L cont trn to fc COH (W sd R rise, , fwd L flex knee trn 1/4 LF with slip pivot action, sd & bk R cont trn 1/4); sd R rise, , fwd L slight XIF with contra chk action, rec bk R end CP COH;
11 {Cross Body} Sd & bk L trn LF rise, , slip bk R flex knee cont trn, fwd L cont trn to fc Wall (W sd & fwd R rise, , fwd L XIF of M flex knee trn LF, sm sd R cont trn to fc ptr) end LOP Feg Wall;
12 {Forward Break} Sd & fwd R rise, , fwd L with contra chk like action, rec bk R;
“Herald Angels Bolero”  (Continued)

13 - 15  **CHK R PASS: M TRN TO LUNGE BRK: L PASS:**

13  {Checked Right Pass} Fwd & sd L rise comm trn RF raise lead hnds to create window trail hnd on W’s R hip chkg her fwd motion, XРИB cont trn around W, fwd & sd L to W’s left sd (W Fwd R rise lead hnd as if comm underarm trn then lower,-, XLIФ, sd & bk R) end Modified Wrapped Pos fc COH;

14  {M Turn To Lunge Break} Fwd R rnde L trn RF to fc ptr & Wall,-, lower on R with slight body trn RF lead W to bk lunge, rise on R with slight body trn LF to rec (W sd & bk L rise,-, bk R with contra check like action, rec fwd R) end LOP Feg Wall;

15  {Left Pass} Fwd L twd DRW to Scar rise lead W trn RF to shape body LOD,-, slip bk R flex knee, fwd L trn LF to fc COH jn R-R hnds (W fwd R rise trn 1/4 RF with back to M,-, sd & fwd L flex knee strong trn LF, bk R cont trn to fc ptr) end Hndshk COH;

16 - 20  **HALF MOON;; REV UNDERARM TRN; OPNG OUT 2Χ;;**

16-17  {Half Moon} Sd R comm trn RF with right side stretch to “V” shape twd ptr,-, cont trn slip fwd L shaping to ptr, rec bk R trn to fc ptr; trn 1/4 LF sd & fwd L with left side stretch,-, slip bk R, cont trn fwd L to fc ptr (W sd L comm trn LF with left side stretch,-, cont trn slip fwd R, rec bk L trn to fc ptr; trn 1/4 RF sd & fwd R raising left arm trn slightly but looking at ptr,-, slip fwd L IF of M trn 1/2 LF, bk R cont trn to fc ptr) end Hndshk Wall;

18  {Reverse Underarm Turn} Sd R rise,-, XLIФ flex knee, bk R jn lead hnds (W sd L rise,-, XRIФ flex knee trn 3/4 LF under jnd R-R hnds, fwd L cont trn to fc ptr) end LOP Feg Wall;

19-20  {Opening Out Twice} Blend to Bfly sm sd & fwd L rise comm upper body rotation LF,-, lower on L complete body trn and extend R ft to sd, rise and rotate bk to fc Wall (W sd & bk R rise comm body rotation LF,-, XLIB lower, fwd R trn to fc ptr); cl R rise comm upper body rotation RF,-, lower on R complete body trn and extend L ft to sd, rise and rotate bk to fc Wall (W same footwork on opposite foot with meas 19);

PART B

1 - 4  **SYNC TRNG BASIC; SLO CONTRA CHK & REC; X BODY; SHLDR TO SHLDR;**

SQ&Q 1  {Syncopated Turning Basic} Blend to CP sd & slightly fwd L rise with body trn RF,-, slip bk R flex knee trn LF/cont trn sd & fwd L to fc COH, sd & fwd R end CP COH;

2  {Slow Contra Check & Recover} Comm upper body trn LF flex knees with strong right sd lead chk fwd L twd DLC in CBМР,-, extend, rec R (W comm upper body trn LF flex knees with strong left sd lead bk R in CBМР look well left,-, extend, rec L);

3  {Cross Body} Sd & bk L rise comm trn LF,-, slip bk R flex knee cont trn, fwd L cont trn to fc Wall (W sd & fwd R rise,-, fwd L XIF of M flex knee comm trn LF, sm sd R cont trn to fc ptr) end CP Wall;

4  {Shoulder To Shoulder} Blend to Bfly sd & fwd R rise,-, XLIФ to Bfly Scar flex knee, bk R trn bk to fc Wall;

5 - 8  **TRN OUT w/HP RKS; TRN IN w/HP RKS; SPOT TRN; HIP LIFT;**

5  {Turn Out With Hip Rocks} Sd L release lead hnds trn 1/2 LF to Bk-To-Bk Pos keep trail hnds jnd,-, rk sd R with hip roll CW (W CCW), rec L with hip roll CCW (W CW);

6  {Turn In With Hip Rocks} Sd R trn 1/2 RF to fc ptr & Wall,-, rk sd L with hip roll CCW (W CW), rec R with hip roll CW (W CCW);

7  {Spot Turn} Sd L rise comm body trn LF,-, XRIФ flex knee trn 3/4 LF, fwd L cont trn to fc ptr;

8  {Hip Lift} Blend to CP sd R bring L ft to R,-, with slight pressure on L lift L hip, lower hip;
“Herald Angels Bolero” (Continued)

REPEAT PART A

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END

1 - 3  **SD TO FWD W DEVELOPE; REC SD CL; QK R LUNGE:**
1  {Side To Forward W Develope}  In CP sd L rise, f, fwd R outsd ptr chkg, hold, (W sd R rise, -, bk L in CBMP bring R ft up to insd of L knee, extend R ft fwd);
2  {Recover Side Close}  Rec L, -, sd R, cl L end CP Wall;
1 - - 3  {Quick Right Lunge}  Relax L knee sd & fwd R then flex R knee slight body trn LF look at ptr (W look well left),