HEIDENROESLEIN
[German Folksong]
by : F. P. Schubert

Choreo : Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN
Music : PEPE PD-0010 CD Track 18
or available from choreographer on MP3 file or others e-mail : d-doi@tcp-ip.or.jp
Rhythm : Cha Cha   Phase V
Sequence : Intro - A - B - A - Bmod
Timing : 123&4 unless noted by side of measure
Footwork : Opposite except where noted

INTRO
1 - 4
WAIT;; GUAPACHA TIME STEP 2X;;
1-2  {Wait} Fcg ptr & Wall no hnds jnd lead ft free wait 2 meas;;
- &23&4  3-4  {Guapacha Time Step Twice} Hold and rising slightly arms extended sd palms up/almost falling
- &23&4 XLIB (W XRIB), rec R, sd L/cl R, sd L;  Hold and rising slightly/falling XRIB (W XLIB),
rec L, sd R/cl L, sd R jn R-R hnds end Hndshk Wall;

PART A
1 - 6 CIRCULAR CROSS BODY;;;;;; W OUT TO FC;
1  {Circular Cross Body}  Fwd L, rec R trn 1/4 LF, sd L/cl R, sd L (W bk R, rec L, fwd R/lk LIB, fwd R) end L-Shape M fc LOD W fc COH R-R hnds jnd across IF of W;
2  Slip bk R comm trn LF, rec L cont trn to fc DRC, adjusting to W’s step fwd R/cl L, fwd R lead W
to trn LF bringing R hnds up behind W (W fwd L, fwd R spiral LF 1 full trn, cont trmg 1/8 LF
fwd L/lk RIB, fwd L) end Valsouvienne DRC;
3  Fwd L, rec R trn 1/8 LF, sd L/cl R, sd L (W fwd R, fwd L release jnd L-L hnds trn 1/2 RF, cont
trmg 1/8 RF fwd R/lk LIB, fwd R) end L-Shape M fc RLOD W fc Wall R hnds across IF of W;
4  Slip bk R comm trn LF, rec L cont trn to fc DLW, adjusting to W’s step fwd R/cl L, fwd R lead W
to trn LF bringing R hnds up behind W (W fwd L, fwd R spiral LF 1 full trn, cont trmg 1/8 LF
fwd L/lk RIB, fwd L) end Valsouvienne DLW;
5  Fwd L, rec R trn 1/8 LF, sd L/cl R, sd & fwd L (W fwd R, fwd L release jnd L-L hnds trn 1/2 RF
to fc DRC, cont trmg 3/8 RF fwd R/lk LIB, fwd R) end both fc LOD jnd R hnds across IF of W;
6  {W Out To Face}  Bk R, rec L, release jnd R-R hnds fwwd R/lk LIB, fwwd R
(W fwwd L, fwwd R trn 1/2 LF, bk L/lk RIF, bk L) end Fcg ptr & LOD no hnds jnd;

7 - 9 CHASE 1/2 TO TANDEM TRIPLE CHAS;;;
7  {Chase Half To Tandum Triple Chas}  Fwwd L trn 1/2 RF, rec R, fwwd L/cl R, fwwd L
(W bk R, rec L, fwwd R/cl L, fwwd R);
8  fwwd R trn 1/2 LF, rec L, with right shldr lead fwwd R/lk LIB, fwwd R
(W fwwd L trn 1/2 RF, rec R, with left shldr lead fwwd L/lk RIB, fwwd L);
1&23&4  9  with left shldr lead fwwd L/lk RIB, fwwd L, with right shldr lead fwwd R/lk LIB, fwwd R
(W with right shldr lead fwwd R/lk LIB, fwwd R, with left shldr lead fwwd L/lk RIB, fwwd L) end Tandum LOD;
“Heidenroeslein” (Continued)

10 - 12 BOTH TRN TO M’S TANDEM TRIPLE CHAS; MOD UNDERARM TRN:

10 - 11 {Both Turn To M’s Tandem Triple Chas} Fwd L trn RF to M’s Tandem RLOD, rec R, with left shldr lead fwd L/lk RIB, fwd L; with right shldr lead fwd R/lk LIB, fwd R, with left shldr lead fwd L/lk RIB, fwd L jn lead hnds
(W fwd R trn LF to fc RLOD, rec L, with right shldr lead fwd R/lk LIB, fwd R; with left shldr lead fwd L/lk RIB, fwd L, with right shldr lead fwd R/lk LIB, fwd R) end M’s Tandem RLOD with lead hnds jnd low;

12 {Modified Underarm Turn} bk R, rec L trn LF to fc Wall lead W to underarm trn, sd R/cl L, sd R (W fwd L, fwd R trn LF to fc ptr under jnd lead hnds, sd L/cl R, sd L) end LOP Fcg Wall;

13 - 16 ALEMANA M TRANS TO R-HND STAR; SPLIT CUBAN; SPOT TRN W TRANS:

13-14 {Alemana M Transition To R Hand Star} Fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd R, rec L
(W bk R, rec L, sd R/cl L sd R comm comm trn RF; fwd L twd LOD cont trn under jnd lead hnds, fwd R twd DRW cont trn to fc ptr, sd L/cl R, sd L) blend to R Hnd Star fc Wall;

15 {Split Cuban} Same footwork XRF/rec L, sd R, chg to L Hnd Star XLIF/rec R, sd L;

16 {Spot Turn W Transition} XRF trn 3/4 LF, rec L cont trn to fc ptr, sd R/cl L, sd R (W XRF trn 3/4 LF, rec L cont trn to fc ptr, sd R, rec L) end Fcg ptr & Wall no hnds jnd;

PART B

1 - 4 START CHASE M TRANS TO TANDEM; DBL CUBAN 2X:

1 {Start Chase M Transition} Fwd L trn 1/2 RF, rec R, fwd L/cl R, fwd L
(W bk R, rec L, fwd R/cl L, fwd R);

2 fwd R trn 1/2 LF, rec L, fwd R, fwd L (W fwd L trn 1/2 RF, rec R, fwd L/cl R, fwd L) end Tandem M Wall behind W both R ft free;

3-4 {Double Cuban Breaks Twice} [same footwork thru meas 13]

5 - 8 FRONT VINE 5; SD WK TO CHASSE ROLL; FENCE LINE:

5 {Front Vine 5} XRF, sd L, XRF/sd L, XRF;

6-7 {Side Walk To Chasse Roll} sd L, cl R, sd L/cl R, sd L trn 1/2 RF to fc COH; sd R/cl L, sd R cont trn to fc Wall, sd L/cl R, sd L;

8 {Fence Line} Cross lunge thru R bent knee look LOD left arm extended fwd palm down right arm up palm out, rec L trn to fc Wall arms down, sd R/cl L, sd L;

9 - 12 CRAB WK; SD WK TO CHASSE ROLL; FENCE LINE:

9 {Crab Walk} Lower body swivel RF but upper body remains fcg Wall fwd L [hereafter XLIF], sd R, XLIF/sd R, XLIF;

10-11 {Side Walk To Chasse Roll} sd R, cl L, sd R/cl L, sd R trn 1/2 LF to fc COH; sd L/cl R, sd L cont trn to fc Wall, sd R/cl L, sd R;

12 {Fence Line} Repeat meas 8 Part B on opposite ft and handwork to opposite direction;

13 - 16 RIVERBOAT SHUFFLE 2X M TRANS; FIN CHASE:

13 {Riverboat Shuffle Twice M Transition} XRF lower R shoulder cross arm IF of body snap fingers, sd L uncross arm, XRB lower L shoulder, sd L;

14 same body and arm action XRF, sd L, XRB, sd L/cl R (W XRF, sd L, XRB, sd L) end Tandem Wall lead ft free;

15 {Finish Chase} Fwd L, rec R, bk L/cl R, bk L (W fwd R trn 1/2 LF, rec L, fwd R/cl L, fwd R);

16 bk r, rec l, fwd r/cl l, fwd R jn R-R hnds end Hndshk Wall;
“Heidenrõeslein” (Continued)

REPEAT PART A

PART B mod

1 - 16 START CHASE M TRANS TO TANDEM;; DBL CUBAN 2X;;
FRONT VINE 5; SD WK TO CHASSE ROLL;; FENCE LINE;
CRAB WK; SD WK TO CHASSE ROLL;; FENCE LINE;
RIVERBOAT SHUFFLE 2X M TRANS;; FIN CHASE; BK REC/CL PT

1-15 Repeat meas 1 thru 15 Part B;.............;

12&3 -
16 {'Back Recover Close Point'} Blend to Low Bfly bk R, rec L/cl R, pt L sd, hold;