HEIDENROESLEIN III
by : F. P. Schubert

Choreo : Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN
Music : PEPE PD-0010 CD Track 18
or available from choreographer on MP3 file or others e-mail : d-doi@tcp-ip.or.jp
Rhythm : Cha Cha Phase III
Sequence : Intro - A - B - A - Bmod
Timing : 123&4 unless noted by side of measure
Footwork : Opposite except where noted

INTRO

1 - 4 WAIT:: FULL TRN CHASE::
1-2 {Wait} Fcg ptr & Wall no hnds jnd lead ft free wait 2 meas;;
3-4 {Full Turn Chase} Fwd L trn 1/2 RF, rec R cont trn to fc Wall, bk L/cl R, bk L;
   bk R, rec L, blend to Low Bfly fwd R/cl L, fwd R (W bk R, rec L, fwd R/cl L, fwd R;
   fwd L trn 1/2 RF, rec R cont trn to fc COH, bk L/cl R, bk L);

PART A

1 - 4 HND TO HND w/BK-TO-BK & FC-TO-FC:: NY w/BK-TO-BK & FC-TO-FC::
123&4 1-2 {Hand To Hand With Back-To-Back & Face-To-Face} Swivel sharply LF on R to OP LOD
   bk L, rec R trn bk to fc ptr, keep trail hnds jnd thru meas 4 sd L/cl R, sd L trn 1/2 LF (W RF) to
   Bk-To-Bk Pos; sd R/cl L, sd R trn 1/2 RF (W LF) to fc ptr, sd L/cl R, sd L;
123&4 3-4 {New Yorker With Back-To-Back & Face-To-Face} Thru R with straight leg trn LF to
   OP LOD, rec L trn bk to fc ptr, sd R/cl L, sd R trn 1/2 LF (W RF) to Bk-To-Bk Pos;
   sd L/cl R, sd L trn 1/2 RF (W LF) to fc ptr, sd R/cl L, sd R;

5 - 8 TIME STEP; UNDERARM TRN; LARIAT;;
5  {Time Step} XLIB (W XRIB) hnds extended sd palms up, rec R, jn lead hnds sd L/cl R, sd L;
6  {Underarm Turn} XRIB, rec L, sd R/cl L, sd R (W XLIB trn 3/4 RF under jnd lead hnds, rec R
   cont trn to fc ptr, sd L/cl R, sd & fwd L to M’s right sd);
7-8  {Lariat} CI L, sip R, L/R, L; R, L/L, R (W circle M CW with jnd lead hnds fwd R, fwd L,
   fwd R/cl L, fwd R; fwd L, fwd R, fwd L/cl R trn to fc ptr, sd L);

9 - 12 BRK BK TO OP; WK 2 CHA; SLDG DR 2X::
9  {Break Back To Open} Swivel sharply LF on R to OP LOD bk L, rec R, fwd L/cl R, fwd L;
10  {Walk 2 Cha} Fwd R, fwd L, fwd R/cl L, fwd R;
11-12 {Sliding Door Twice} Rk apt L, rec R release trail hnds, XLIB/sd R, XLIB chg sides IB of W;
   rk apt R, rec L release lead hnds, XRIF/sd L, XRIF chg sides IB of W end OP LOD;

13 - 16 APT REC/TRN CHA; BK BASIC; WK 2 CHA; APT REC/FC CHA;
13  {Apart Recover Turn Cha} Rk apt L lead hnd extended sd, release trail hnds rec R trn 1/2 RF
   to fc RLOD, jn lead hnds cl L/in pl R, L end LOP RLOD;
14  {Back Basic} Rk bk R, rec L, fwd R/cl L, fwd R;
15  {Walk 2 Cha} Repeat meas 10 on opposite ft;
16  {Apart Recover/Face Cha} Rk apt R, rec L trn LF to fc ptr, sd R/cl L, sd R end Low Bfly Wall;
“Heidenrueslein III” (Continued)

PART B

1 - 5 HALF BASIC; UNDERARM TRN M TRN L TO M’S TANDEM COH; X CHK REC CHA 3X;;;:
1 {Half Basic} Fwd L, rec R, sd L/cl R, sd L;
2 {Underarm Turn M Turn Left To M’s Tandem Face COH} XRib lead W to twirl, rec L, release hnds trng 1/2 LF sip R/L, R (W XLIB trn 3/4 RF under jnd lead hnds, rec R cont trn to fc COH, sd L/cl R, sd L) end M’s Tandem COH W behind M on his left sd no hnds jnd;
3-5 {Cross Check Recover Cha 3 Times} XLIB (W Xrif) both L hnds extended fwd palms down R hnds extended up palms out, rec R hnds down at sd, sd L/cl R, sd L; Xrib (W Xlib) with opposite hnd works, rec L, sd R/cl L, sd R; repeat meas 3 Part B;

6 - 8 W OUT TO FC; SHLDR TO SHLDR; WHIP;
6 {W Out To Face} XRib with bending R elbow, rec L, sd R/cl R, sd R (W fwd L comm trn 1/2 LF with hooking her L arm to his crook, sd & fwd R cont trn to fc ptr, sd L/cl R, sd L) end Bfly COH;
7 {Shoulder To Shoulder} Fwd L to Bfly Scar, rec R trn to fc ptr, sd L/cl R, sd L;
8 {Whip} Comm trn LF slip bk R, rec fwd L cont trn to fc Wall, sd R/cl L, sd R (W fwd L outsds ptr, fwd R trn LF to fc ptr, sd L/cl R, sd L) end Low Bfly Wall;

9 - 12 OPN BRK; 1 CRAB WALK; W ACROSS 4; 1 CRAB WALK;
9 {Open Break} Release trail hnds rk apt L with relax knee trail hnds extended up, rec R trail hnds down and jnd sd, sd L/cl R, sd L end Bfly Wall;
10 {One Crab Walk} Lower body swivel LF but upper body remains fcg ptr fwd R [hereafter Xrif] (W XLIB), sd L lower body fcg ptr, Xrif/sd L, Xrif;
11 {W Across 4} Unwind to fc COH keep wgt on R, R, R, R, R (W wheel LF across IF of M fwd R, L, R, L to fc ptr, R, R, R) end Bfly COH lead ft free;
12 {One Crab Walk} Twd LOD XLIB (W Xrif), sd R, XLIB/sd R, XLIB;

13 - 16 W ACROSS 4; FENCE LINE; REV UNDERARM TRN; SPOT TRN;
13 {W Across 4} Unwind to fc Wall keep wgt on L, L, L, L, L (W wheel LF across IF of M fwd L, R, L, R to fc ptr, R, R, R) end Bfly Wall trail ft free;
14 {Fence Line} Lunge thru R with bent knee look LOD, rec L trn to fc ptr, sd R/cl L, sd R end Bfly Wall;
15 {Reverse Underarm Turn} XLIB, rec R, sd L/cl R, sd L (W Xrif trn 3/4 LF under jnd lead hnds, rec L cont trn to fc ptr, sd R/cl L, sd R) end LOP Fcg Wall;
16 {Spot Turn} Release jnd lead hnds Xrif trn 3/4 LF to fc Rlod, rec L cont trn to fc Wall, sd R/cl L, sd R;

REPEAT PART A

PART B mod

1 - 16 HALF BASIC; UNDERARM TRN M TRN L TO M’S TANDEM COH; X CHK REC CHA 3X;;;: W OUT TO FC; SHLDR TO SHLDR; WHIP; OPN BRK; 1 CRAB WALK; W ACROSS 4; 1 CRAB WALK; W ACROSS 4; FENCE LINE; REV UNDERARM TRN; CRAB WK TO CHAIR:
1-15 Repeat meas 1 thru 15 Part B; removed;
16 {Crab Walk To Chair} Blend to Bfly Xrif, sd L, cross lunge thru R with bent knee look LOD, -;