HEARTACHE TONIGHT

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MUSIC: “Heartache Tonight”, Michael Buble, Crazy Love, track 8

FOOTWORK: Opposite unless noted (Woman’s footwork in parentheses) slow 3%, or as desired

RHYTHM: JIVE PH IV+2 (neckslide & stop & go) + 1UNPH (glide to side)

SEQUENCE: INTRO A B C A BRIDGE B C DA B C D (1-8) END (average difficulty)

INTRODUCTION

1-6 OPEN WALL HANDS ON HIPS WAIT; SLOW SIDE BREAKS; CROSS & UNWIND;

SLOW SIDE BREAKS; CROSS & UNWIND; MERENGUE (4 QKS):

1-6 {open wall hnds on hips} Wait;

2 {sd sd brks} Push sd L, push sd R, cl L, cl R;

3 {x & unwind} XLif trng RF on toes to end feet tog bk to bk COH:

4-5 Repeat meas. 2 & 3 to end fcg ptr & WALL;;

6 {merengue} Sd L, cl R, sd L, cl R;

PART A

1-4 SIDE TOUCH & SIDE CHASSE; FALLAWAY THROWAWAY – AMERICAN SPIN TO HANDSHAKE;;

1-4 {side tch & sd chasse} Blending to loose CP, sd L, tch R, sd R/L, R;

2-4 {fallaway throwaway} Rk bk L SCP, rec R, fwd L/el R, fwd L (W Rk bk R, rec L, fwd R/el L, fwd R trng ½ LF in front of M); Sd R/el L, sd & fwd R to LOP LOD (sd L/el R, sd & bk L), {am spin} rk apt L, rec R; tog L/R, L, sip R/L, R (W tog R/L, R start RF spin on last stp, complete spin L/R, L);

5-8 TRADE PLACES 2X;; MIAMI SPECIAL TO WALL ROCK RECOVER BFLY;;

5-8 {trade places 2X} Rk apt L, rec R, passing beh ptr sd & fwd L/R, bk L trngRF to fc RLOD joining left hnds (W rk bk R, rec L, sd & fwd R/L, bk R trng ½ LF to fc LOD); Rk apt R, rec L, passing beh ptr sd & fwd R/L, bk R trng ½ L.Fto hndshk LOD (W bk L, rec R, sd & fwd L/R, bk L trn ½ RF to hndshk RLOD);

7-8 {miami special rk rec} Rk apt L, rec R, fwd L/R, L trng LF to lead W to trn LF und joined R hnds putting joined hnds over M’s head so hnds rest on M’s neck, slide apt R/L, R to fc WALL, rk bk L, rec R BFLY (W rk apt R, rec L, fwd R/L, R trng LF und joined R hnds, slide apt L/R, L to fc COH, rk bk R, rec L);

PART B

1-5 TRAVELING SAND STEPS;; INTO RIGHT TO LEFT (NO RK); LEFT TO RIGHT & GLIDE TO SIDE TO FACE;;

1-2 {traveling sand stps} Swiveling RF on R tch L toe to R w/ toe ptd inward, swiveling LF on R sm sd L, swiveling RF on L tch R heel toe ptd ptd RLOD, swiveling LF on L XFif (W swiveling LF on L tch R toe to L toe ptd inward, swiveling RF on L sm sd R, swiveling LF on R tch L heel to floor ptd RLOD, swiveling RF on R XLif);

3 {R to L} Sd chasse L/R, L starting LF trn & leading W to trn RF, sd & fwd R/L, sd R to fc LOD (W sd R/L, fwd R starting ¾ RF trn, sd & slightly bk L/R, sd & bk L);

4-5 {L to R & glide to sd} Rk apt L, rec R, sd L/R, L to fc ptrn WALL (W fwd chasse R/L, R trng ¾ LF und ld hnds); Sd R, XLIF, sd R/el L, sd R;

6-9 STOP AND GO;; NECKSLIDE TO FACE LOD;;

6-7 {stop & go} Rk bk L, rec R, fwd R/el R, fwd L (W rk bk R, rec L, fwd R/L, R trng ½ LF and ld hnds to end at M’s R sd) catch W w/ R hnd on L shld blade; Toeing twd & looking at ptr rk fwd R, rec L, sm bk R/el L, bk R (W rk bk L, rec R, fwd L/R, R trng ½ RF und ld hnds) joining both hnds WALL;

8-9 {neck slide} Rk apt L, rec R swinging hnds up & out, sm sd & fwd chasse L/R, L taking R arms over ptrs’ head placing R hnds beh ptr’s neck to end sd by sd; Releasing hnds wheel RF fwd R, fwd L, fwd chasse R/L, R allowing R hnds to slide down ptr’s R arm to end feing LOD in R handshake;
PART C

1-4 TRIPLE WHEEL W/ SPIN TO FC COH – CHANGE HANDS BEHIND BACK;;;

1-4 {triple wheel w/spin to fc coh - chg hnds beh bk} Rk apt L, rec R, trng RF twd ptr wheel L/R, L tchg W’s bk w/L hnd (W trns away LF); Trng away from ptr cont RF wheel R/L, R (W trng RF touches M’s L sh w/L hnd), cont wheel L/R, L tchg W’s bk w/L hnd to fc WALL; In place R/L, R leading W to spin RF to LOP COH,

{chg hnds beh bk} rk apt L, rec R; Chasse fwd L/R, L trng ¼ LF chng W’s R hnd to M’s R hnd beh M’s bk (W fwd R/L, R trng ¼ RF), chasse sd & bk R/L, R cont trng ¼ LF chng W’s R hnd to M’s L (W sd L/R, sd & bk L trng ¼ RF);

5-8 LINK ROCK SCP ROCK RECOVER;; 2 FORWARD TRIPLES; SWIVEL 4;

5-6 {link rk rk rec} Rk bk L, rec R, sd L/cl R, sd L; Sd R/cl L, R to SCP, rk bk L, rec R;

7 {2 fwd triples} Fwd L/cl R, fwd L, fwd R/cl L, fwd R;

8 {Swivel 4} With swiveling action fwd L, R, L, R;

REPEAT A

BRIDGE

1 IN IN OUT OUT TO BFLY;

1 {in in out out} Sm fwd L, sm fwd R, sm bk L, sm bk R to BFLY;

REPEAT B

REPEAT C

PART D

1-4 PRETZEL TURN; DOUBLE ROCK; UNWRAP PRETZEL TO BFLY; 2 SAILOR SHUFFLES;

1 {pretzel trn} Keeping M’s L & W’s R hnds M trn RF (W (LF) L/R, L, R/L, R end both fcg LOD hnds joined beh bk free hnd exended LOD;

2 {dbl rks} Rk fwd L, rec R, rk fwd L, rec R;

3 {unwrap pretzel} Progressing RLOD unwind L/R, L, R/L, R to LOP WALL;

4 {2 sailor shuffles} XLbr/sd R, rec L, XRlb/sd L, rec R;

5-8 SPANISH ARMS 2X;; PROGRESSIVE ROCK 4;

5-7 {span arms} Rk apt L, rec R, both hnds joined trng RF (LF) wrap W L/cl R, L, w/ hnds over W’s head (W sd R/cl L, fwd R); Cont RF trn R/cl L, R to COH (unwrap RF L/cl R, L to fc M), rk apt L, rec R; Both hnds joined trng RF (LF) wrap W L/cl R, L, w/ hnds over W’s head (W sd R/cl L, fwd R), cont RF trn R/cl L, R to WALL (unwrap RF L/cl R, L to fc M);

8 {prog rk 4} Rk apt L, rec crossing R, rk apt L, rec crossing R;

9-12 SLOW SIDE BREAKS; CROSS & UNWIND; SL SIDE BREAKS; CROSS & UNWIND;

9-12 Repeat meas 2-5 of introduction

13-16 LINK ROCK ROCK RECOVER;; 4 POINT STEPS;;

13-14 {link rk rk rec} Rk bk L, rec R, sd L/cl R, sd L; Sd R/cl L, R, rk bk L to SCP, rec R;

15-16 {4 pt stps} Pt L, fwd L, pt R, fwd R; Pt L, fwd L, pt R, fwd R;

REPEAT A

REPEAT B

REPEAT C

REPEAT D (1-8)

END

1-4 SIDE TOUCH & SD CHASSE; FALLAWAY THROWAWAY – AMERICAN SPIN;;

1 {sd tch & sd chasse} Repeat meas. 1, Part A

2-4 {fallaway throwaway} Rk bk L SCP, rec R, fwd L/cl R, fwd L (W Rk bk R, rec L, fwd R/cl L, fwd R trng ¼ LF in front of M); Sd R/cl L, sd & fwd R to LOP LOD (sd L/cl/R, sd & bk L), {amer spin} rk apt L, rec R; tog L/R, L, sip R/L, R (W tog R/L, R start RF spin on last stp, complete spin L/R, L);

5-8 STOP & GO;; STOP & GO WITH LUNGE SIT & HOLD;;

1-2 {stop & go} Repeat Meas 6-7 Part B

3 {stop & go w/lunge sit & hold} Repeat meas 6; Toeing twd & looking at ptr rk fwd R, -, & hold (W rk bk L to sit, -, & hold);