“Hammer And Nails”

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Music: “Hammer and Nails” by Dean Martin; Album: Houston, Track 3 Download from Amazon.Com
Rhythm: Foxtrot Phase: V
Speed: As on Album or as Download Sequence: A - A - B - A - End Release Date: May 2010

Intro

1-4 Hold 4 Beats; Step Together & Touch; Feather Finish; Full Reverse Turn;;
1-2 4 Beats [Hold]
3 SS [Step Together & Touch] Fwd L to CP, -, tch R to L, -; (Fwd R, -, tch L to R);
4 SQQ [Feather Finish] Bk R turning LF, sd L, fwd R to Bjo DLC; (Fwd L, sd R, bk L to Bjo);
5-6 SQQ [Full Reverse Turn] Fwd L start LF turn, -, sd R continue turn, bk L to fc DRC CP; Bk R
SQQ continue turn LF turn, -, sd & fwd L DLW, fwd R to Bjo; (Bk R start LF turn, -, close L to R
[heel turn] continue turn, fwd R to CP; fwd L continue LF turn , -, sd R DLW, bk L to Bjo;)

Part A

1-8 Hover Telemark; Curved Feather; Back Feather; Feather Finish; 3 Step; Half Natural;
Closed Impetus; Feather Finish;

1 SQQ [Hover Telemark] Fwd L, -, diagonal sd & fwd R with hovering action, turning body ¼ RF,
fwd L to SCP DLW; (Bk R, -, diagonal sd & bk L with hovering action, turning body ¼ RF, fwd
R to SCP DLW;)
2 SQQ [Curved Feather] Fwd R in SCP start RF turn, -, fwd L with sd stretch continuing RF
turn, fwd R outside ptr in Bjo DRW; (Fwd L start RF turn, -, with R sd stretch continue
RF turn sd & bk R, continue turn with R sd stretch bk L;)
3 SQQ [Back Feather] Bk L, -, bk R with R shoulder lead, bk L to Bjo; (Fwd R, -, fwd L with L shoulder
lead, fwd R to Bjo;)
4 SQQ [Feather Finish] Bk R turn LF, -, sd & fwd L, fwd R outside partner Bjo DLW;
(Fwd L turn LF, -, sd & bk R, bk L;)
5 SQQ [3 Step] Fwd L, -, fwd R, fwd L facing CP DLW; (bk R, -, bk L, bk R to CP;)
6 SQQ [Half Natural] Commence RF upper body turn fwd R , -, sd L across line of dance, bk R end in
CP RLOD; (Fwd L, close R to L {heel turn}, fwd L into man;)
7 SQQ [Closed Impetus] Commence RF turn bk L, -, close R to L {heel turn}; continue turn, sd & bk L
to CP LOD; (commence RF turn fwd R between man’s feet turn ½ RF, -, sd & fwd L continue
turn, fwd R between partners feet to CP;)
8 SQQ [Feather Finish] Bk R turning LF, -, sd & fwd L, fwd R outside partner facing DLC;
(Fwd L turning LF, -, sd & bk R, bk L;)

9-16 Open Telemark; Thru, Jete Point; Fallaway Ronde & Slip; Curving 3 Step; Outside Check;
Impetus to Semi; Slow Side Lock; Double Reverse (DLW);

9 SQQ [Open Telemark] Fwd L commencing turn LF, -, side R continue turn, side & slightly fwd L
to end in tight SCP DLW; (Bk R commencing to turn LF bring L beside R with no weight, -, turn LF
on R heel {heel turn} changing weight to L, side & slightly fwd R ending in tight SCP;)
10 S&S [Thru, Jete Point] Thru R, -, slight side L to CP/pt R to RLOD, -, (Thru L, -, slight side R to CP/pt L
to RLOD, -;)
11 SQQ [Fallaway Ronde & Slip] Recover R, -, flare L CCW XLIB of R taking weight, bk R to CP
DLC; (recover L, -, flare R CW XRIB rising on toe turn LF, fwd L to CP;)
12  SQQ  [Curving 3 Step]  Fwd L start LF turn, -, fwd R with R sd stretch continue turn LF, fwd L to CP RLOD;  
(Bk R start LF turn, -, bk L on toe with L sd stretch continue LF turn, bk R to CP.)

13  SQQ  [Outside Check]  Bk R turning LF, -, sd and fwd L, ck fwd R outside partner to Bjo;  
(fwd L turning LF, -, sd and bk R, ck bk L outside partner in Bjo;)

14  SQQ  [Impetus to Semi]  Bk L turning RF, close R {heel turn} continue RF turn, fwd L to SCP DLC;  
(Comence RF upper body turn fwd R between man’s feet pivoting ½ RF, sd & fwd L continue RF turn around man brush R to L, fwd R;)

15  SQQ  [Slow Side Lock]  Thru R, -, sd & fwd L to CP, XRIB of L turn slightly LF CP DLC;  
(Thru L starting LF turn, -, sd & bk R continuing LF turn to Bjo, XLIF of R;)

16  SQQ  [Double Reverse (DLW)]  Fwd L commence LF turn, -, sd R turning LF, spin LF on ball of R  
(bringing L under body beside R to fc DLW;  
(Bk R commence to turn LF, -, close L to R [heel turn] turn 1/2 /sd & slightly bk R continue LF turn, XLIF of R to CP;)  
Note: 2nd time thru “A” Double Reverse will end DLC.

Part A

1-8  Hover Telemark;  Curved Feather;  Back Feather;  Feather Finish;  3 Step;  Half Natural;  
Closed Impetus;  Feather Finish;

9-16  Open Telemark;  Thru, Jete Point;  Fallaway Ronde & Slip;  Curving 3 Step;  Outside Check;  
Impetus to Semi;  Slow Side Lock;  Double Reverse (DLC);

Part B

1-8  Reverse Turn Half;  Hover Corte;  Back & Chasse to Bfly Scar;  Fwd Check-Lady Develope;  
Back & Chasse Twirl to Bjo;  Fwd Check-Lady Develope;  Outside Swivel;  Feather (DLW);

1  SQQ  [Reverse Turn Half]  Fwd L turning LF, -, continue LF turn sd R, bk L to CP DRC;  
(Bk R turn LF, -, close L to R {heel turn} continue LF turn, fwd R to CP;)

2  SQQ  [Hover Corte]  Bk R starting LF turn 1/4, -, sd & fwd L with hovering action turn ¼ LF, rec bk R  
to Bjo fc LOD;  
(Fwd L turn LF 1/4, -,sd & fwd R with hovering action turn 1/4, rec L to Bjo;)

3  SQ&Q  [Back & Chasse Bfly Scar]  Bk L turning RF to fc ptr, -, sd R/close L, sd R ending Bfly Scar DRW;  
(Fwd R turning RF to fc ptr, -, sd L/close R, sd L to Bfly Scar),

4  S--  [Fwd Check-Lady Develope]  Fwd L checking motion, -, hold, -;  
(Bk R, -, bring L foot up to knee (SS) and extend L foot fwd, -;)

5  SQ&Q  [Back & Chasse Twirl to Bjo]  Bk R turning LF to fc ptr, -, sd L/close R, sd L leading ptr to LF  
twirl under lead hands ending in Bjo DLW;  
(Fwd L turning LF to fc ptr, -, start LF twirl sd R/close L, finish LF twirl sd R end in Bjo;)

6  S--  [Fwd Check-Lady Develope]  Fwd R checking motion, -, hold, -;  
(Bk L, -, bring R foot up and (SS) extend foot fwd, -;)

7  S-  [Outside Swivel]  Bk L checking motion, -, XRIF of L swiveling lady RF to end in SCP DLW;  
(Fwd (SS) R swiveling RF on ball of foot ending in SCP DLW, -;)

8  SQQ  [Feather]  Fwd R, -, fwd L, fwd R to bjo DLW;  
(Thru L turning LF, -, sd & bk R, bk L to Bjo;)

Part A

1-8  Hover Telemark;  Curved Feather;  Back Feather;  Feather Finish;  3 Step;  Half Natural;  
Closed Impetus;  Feather Finish;

9-16  Open Telemark;  Thru, Jete Point;  Fallaway Ronde & Slip;  Curving 3 Step;  Outside Check;  
Impetus to Semi;  Slow Side Lock;  Double Reverse (DLW);
Ending

1-5 Whisk; Feather; Diamond Turn Half;; Quick Diamond Turn in 4; Back to a Hinge;

1 SQQ [Whisk] Fwd L blending to CP, -, fwd & sd R rising on ball of foot, XLIB of R to tight SCP DLC;
(Bk R blending to CP, -, bk & sd L rising on ball of foot, XLIB of L to SCP DLC;)

2 SQQ [Feather] Fwd R, -, fwd L, fwd R to Bjo DLC; (Thru L turn LF, -, sd & bk R, bk L to Bjo;)

3 SQQ [Diamond Turn Half] Fwd L turn LF, -, continue turn sd R to CP fc COH, bk L continue LF turn
SQQ to fc DRC in Bjo; Bk R continue LF turn, -, continue LF turn sd L to CP fc RLOD, fwd R continue LF turn
to fc DRW in Bjo; (Bk R turn LF, -, continue LF turn sd L to CP Wall, fwd R continue LF turn
to fc DLW in Bjo; Fwd L continue LF turn, -, continue LF turn sd R to CP LOD, bk L continue LF turn
to fc DLC in Bjo;)

4 QQQQ [Quick Diamond Turn in 4] Fwd L starting LF turn, -, continue LF turn sd R, bk L, bk R to CP
LOD; (Bk R start LF turn, continue LF turn sd L, fwd R, fwd L to CP;)

5 S- [Back to a Hinge] Bk L with LF turn to fc ctr, -, lower of L extending R to LOD with R sd
(SQQ) stretch leading Lady to XLIB of R; (Fwd R turning LF, -, with R sd stretch swivel LF on R, XLIB of
R keeping L sd to ptr relaxing L knee {head to L with shoulders as close to parallel with ptr as
possible} no weight on R;)

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1-9 Reverse Turn Half; Hover Corte; Back & Chasse to Bfly Scar; Fwd Check-Lady Develope;
Back & Chasse Twirl to Bjo; Fwd Check-Lady Develope; Outside Swivel; Feather (DLW);

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