HABLAS DE MI (REVISED)

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Music: Hablas de Mi   Artist: Gloria Estefan  Album:  Mi Terra (Track 11) iTunes, Amazon

Revision: Replaced Rumba figures with Bolero figures, added quick cues & timing notes when music slows
Footwork: Opposite unless noted (Woman’s footwork in Parentheses) Time: 3:41 as downloaded
Rhythm: Bolero RAL Phase III + 1 (Aida) Degree of Difficulty: AVG
Sequence: INTRO A B A (7-12) C INTER A C C (5-8) END

INTRODUCTION

1-4  BFLY WAIT : PREP AIDA : AIDA LINE W/HIP LIFT : SWVL TO FNC LINE :
1  In BFLY fcg WALL lead feet free wait one measure [begin at end of guitar scale];
2  Sd L w/body rise to mod slight OP V pos.~, thru R, sd L trng RF;
3  Cont RF trn bk R to AIDA LINE bringing L to R~, w/slight pressure on L rise L hip, lwr hip;
4  Sd & fwd L w/body rise swvl to fc ptr~, X lunge R looking LOD, bk L;

5-7  TO REV PREP AIDA : AIDA LINE W/HIP LIFT : SWVL TO FNC LINE :
5  Sd R w/body rise to mod slight LOP V pos.~, thru L, sd R trng LF;
6  Cont LF trn bk L to AIDA LINE bringing R to L~, w/slight pressure on R rise R hip, lwr hip;
7  Sd & fwd R w/body rise swvl to fc ptr~, X lunge L looking RLOD, bk L;

PART A

1-4  BASIC ; ; NY 2X ; ;
1-2  Sd L w/body rise~, bk R w/slpg action, fwd L;  sd R w/body rise~, fwd L w/slpg action, bk R;
3  Sd L w/body rise~, fwd R w/slpg action to OP LOD, bk L comm trn to fc ptr;
4  Sd R w/body rise~, fwd L w/slpg action to LOP RLOD, bk R comm trn to fc ptr;

5-8  TIME STEP 2X ; ; || 1/2 BASIC ; OPEN BREAK :
5-6  No hnds sd L w/body rise~, XRib lwrg, fwd L;  sd R w/body rise~, XLib lwrg, fwd R;
7  BFLY sd L w/body rise~, bk R w/slpg action, fwd L;
8  Sd & fwd R w/body rise to LOP fcg extend M’s R (W’s L) arm to sd~, bk L lwrg, fwd R;

9-12  FNC LN W/ARMS ; SHLDR TO SHLDR 2X ; ; HAND TO HAND ;
9  Sd L w/body rise joing trlg hnds~, Xlunge R lookg twds LOD & brg trlg hnds in CCW circular motion in frnt of body, bk L in BFLY;
10 Sd R w/body rise~, XLib to BFLY SCAR lwrg, bk R fcg ptr;
11 Sd L w/body rise~, XRib to BFLY BJO lwrg, bk L fcg ptr;
12 Sd R w/body rise~, swvl 1/4 on R to OP LOD & bk L lwrg, fwd R to fc ptr;

PART B

1-4  HIP LIFT 2X ; ; CRAB WALKS ; ;
1  BFLY Sd L w/body rise bringing R to L~, w/slight pressure on R rise R hip, lwr hip;
2  Sd R w/body rise bringing L to R~, w/slight pressure on L rise L hip, lwr hip;
3-4  Sd L w/body rise~, XRib of L, sd L;  XRib of L w/body rise~, sd L, XRib ~
5-8 UND ARM TRN ; REV UND ARM TRN TO OP ; BOL WLKS ;
5  Sd L w/body rise, XRib lwrg, fwd L (Und lead hnds W sd R comm RF trn, XLIif trng 1/2 RF, fwd R completing trn);
6  Sd R w/body rise, XLif lwrg, bk R comm 1/4 LF trn (Und lead hds W sd L comm LF trn, XRif trng 1/2 LF, fwd L to fc LOD);
7-8  Fwd L w/body rise to OP LOD, fwd R, fwd L;  fwd R w/body rise, fwd L, fwd R comm trn to fc ptr;

PART A  7-12

1-4 HIP LIFT 2X ; ; CRAB WALKS ; ;
1-4  Repeat meas 1-4 of PART B;

5-8 SPOT TRN 2X ; ; HAND TO HAND ; FWD BREAK ;
5  Sd L w/body rise comm LF (W RF) body trn, XRif lwrg cont trn 1/2 on weighted foot, fwd L fc ptr;
6  Sd R w/body rise comm RF (W LF) body trn, XLif lwrg cont trn 1/2 on weighted foot, fwd R fc ptr;
7  Sd L w/body rise, swvl 1/4 on L to LOP RLOD & bk R lwrg, fwd L to fc ptr;
8  Sd & fwd R w/body rise to LOP fcg extend M’s R (W’s L) arm to sd, fwd L w/contra ck action, bk R;

INTERLUDE

1-6 PREP AIDA ; AIDA LINE W/HIP LIFT ; SWVL TO FNC LINE ;
1-6  Repeat measures 2-7 of INTRO;

PART A

PART C

PART C  5-8

5-8 SPOT TRN ; [music slows] SPOT TRN ; HAND TO HAND ; FWD BREAK ;
5  Sd L w/body rise comm LF (W RF) body trn, XRif lwrg cont trn 1/2 on weighted foot, fwd L fc ptr;
6  Sd R w/body rise comm RF (W LF) body trn, XLif lwrg cont trn 1/2 on weighted foot, fwd R fc ptr;
7  [w/no music] Sd L w/body rise, swvl 1/4 on L to LOP RLOD & bk R lwrg, fwd L to fc ptr;
8  [After the extended “volver”, on “a mi” when music starts again] Sd & fwd R w/body rise to LOP fcg extend M’s R (W’s L) arm to sd, fwd L w/contra ck action, bk R;

END

1-4 1/2 BASIC ; LUNGE BREAK ; FNC LN W/ARMS ; PT TO REV, LOWER & EXT ARMS ;
1  Sd L w/body rise, bk R w/slp action, fwd L;
2  Sd & fwd R w/body rise to LOP fcg extend M’s R (W’s L) arm to sd, comm slight RF body trn lwrg on R leadg W back & extend L to sd & bk, comm slight LF body trn rising on R to rec (W sd & bk L w/body rise, bk R w/contra ck like action, fwd L);  [Take your time on the quicks in Lunge Break]
3  [On down strum of guitar] Sd L w/body rise joing trlg hnds, XLunge R lookg twds LOD & brg trlg hnds in CCW circular motion in frnt of body, bk L in BFLY;
4  [On last guitar strum] Pt R to RLOD lwrg on L & extend M’s R (W’s L) arm out to sd;
Intro: BFLY WALL Lead foot free wait one meas ; Prep Aida ; Aida Line w/ Hip Lift ; Swvl to Fnc Line ;
To Rev Prep Aida ; Aida Line w/ Hip Lift ; Swvl to Fnc Line ;

Part A: Basic ; NY 2X ; Time Step 2X ;
1/2 Basic ; Op Break ; Fnc Line w/Arms ; Shldr to Shldr 2X ; Hand to Hand ;

Part B: Hip Lift 2X ; Crab Walks ;
U/A Turn ; Rev U/A Turn to OP ; Bol Walks ;

Part A: 1/2 Basic ; Op Break ; Fnc Line w/Arms ; Shldr to Shldr 2X ; Hand to Hand ; (7-12)

Part C: Hip Lift 2X ; Crab Walks ;
Spot Turn 2X ; Hand to Hand ; Fwd Brk ;

Inter: Prep Aida ; Aida Line w/ Hip Lift ; Swvl to Fnc Line ;
To Rev Prep Aida ; Aida Line w/ Hip Lift ; Swvl to Fnc Line ;

Part A: Basic ; NY 2X ; Time Step 2X ;
1/2 Basic ; Op Break ; Fnc Line w/Arms ; Shldr to Shldr 2X ; Hand to Hand ;

Part C: Hip Lift 2X ; Crab Walks ;
Spot Turn 2X ; Hand to Hand ; Fwd Brk ;

Part C: Spot Turn ; [music slows] Spot Turn ; Hand to Hand ; Fwd Brk ; (5-8)

End: 1/2 Basic ; Lunge Brk ; Fnc Line w/Arms ; Pt to Rev, Lower & Ext Arms ;