GYMNOPEDIE No.1
By : Erik Satie

Choreo : Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN
Music : PEPE PD-0008 CD “Basic Dance Music Vol. 5” Track 7
or available from choreographer on MP3 file or others e-mail : d-doi@tcp-ip.or.jp
Rhythm : Waltz Phase III + 2 [Weave To Bjo, Telemark To Bfly]
Sequence : Intro - A - B - C - Int - A - B - Ending
Timing : 123 unless noted by side of measure

INTRO

1 - 4 WAIT: THRU SD BHD: ROLL 3: THRU FC CL:
   1 {Wait} SCP LOD trail ft free wait 1 meas;
   2 {Through Side Behind} Thru R, sd L, behind R;
   3 {Roll 3} Roll LF (W RF) L, R, L end SCP LOD;
   4 {Through Face Close} Thru R, sd & fwd L, cl R (W thru L trn LF to fc ptr, sd & bk R, cl L)
   end CP DLW;

PART A

1 - 4 FWD TO OK MANUV: BK & R CHASSE: CHK REC SD 2X::
123& 1 {Forward & Quick Maneuver} Fwd L, fwd R trn 1/4 RF, sd L cont trn to fc RLOD/cl R end CP RLOD;
12&3 2 {Back & Right Chasse} Bk L comm trn RF, cont trn sd R/cl L, cont trn sd & fwd R
end Scar COH;
3-4 {Check Recover Side Twice} Chk fwd L outsd ptr in CBMP, rec R, sd L end Bjo COH;
   chk fnd R outsd ptr in CBMP, rec L, sd R end Scar COH;

5 - 8 X HVR BJO: X HVR SCAR: X HVR SCP: CHAIR REC PT:
   5 {Cross Hover To Bjo} XLF, sd & fwd R with slight rise, sd & fwd L to Bjo LOD;
   6 {Cross Hover To Scar} XRIF, sd & fwd L with slight rise, sd & fwd R to Scar LOD;
   7 {Cross Hover To SCP} XLF, sd & fwd R with slight rise, sd & fwd L (W trn RF to SCP
   sd & fwd R) end SCP DLC;
   8 {Chair Recover Point} Lunge thru R, rec L, pt R bk end SCP DLC;

9 - 12 WEAVE TO BJO:: FWD FWD/LK FWD: MANUV:
   9-10 {Weave To Bjo} Thru R, fwd L trn LF to CP, sd & bk R twd DLC; bk L twd DLC lead W to trn
to CBMP, bk R trn body LF to CP, sd & fwd L twd DLW lead W to trn to CBMP
   (W thru L comm trn LF, cont trn sd R to CP, cont trn fnd lrw L twd DLC; fnd R to CBMP, fnd L
twd DLC trn body LF to CP, sd & bk R to CBMP) end Bjo DLW;
12&3 11 {Forward Forward/Lock Forward} Fwd R, fwd L/lk RIB, fwd L end Bjo DLW;
   12 {Maneuver} Fwd R outsd ptr trn 1/4 RF, sd L cont trn to fc RLOD, cl R end CP RLOD;
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13 - 16  **OPN IMPETUS: THRU HVR BJO; BK HVR SCP; PICK UP:**

13  "Open Impetus"  Flex knee comm upper body trn RF bk L, cl R heel trn, sd & fwd L
(W flex knee fwd R between M’s feet comm pivot 1/2 RF, sd & fwd L cont trn around M
brush R to L, sd & fwd R) end SCP DLC;

14  "Through Hover To Bjo"  Thru R, fwd L with slight rise chkg lead W to trn LF to fc, bk R
(W thru L, fwd R trn LF to fc ptr, fwd L in CBMP) end Bjo DLC;

15  "Back Hover To SCP"  Bk L, bk R with slight rise chkg lead W to trn RF to SCP, sd & fwd L
(W fwd R outsd ptr, fwd L with slight rise trn RF, sd & fwd R) end SCP DLC;

16  "Pick Up"  Thru R to pick W up, sd L, cl R (W thru L step in front of M trn LF to fc ptr, sd R, cl L)
end CP DLC;

**PART B**

1 - 4  **TELEMARK TO BFLY: CHASSE W ROLL L TO SHAD; SHAD R TRN:**

**CHK BK HOLD REC:**

1  "Telemark To Bfly"  Fwd L comm trn LF, sd R cont trn, blend to bfly sd & fwd L
(W bk R comm trn LF bring L beside R with no wgt, cl L heel trn, sd & fwd R)
end Bfly SCP DLW;

2  "Chasse W Roll Left To Shadow"  Release hnds thru R, sd & fwd L/cl R, sd & fwd L
(W thru L comm trn 3/4 LF, sd & bk R cont trn, sd & fwd L to fc DLW) end Shadow DLW;

3  "Shadow Right Turn"  [same footwork thru meas 6] (W with sm step) Fwd R comm trn RF,
sd L cont trn to fc RLOD, bk R end Shadow RLOD;

4  "Check Back Hold Recover"  Bk L chkg with lowering action, rec R;

5 - 8  **SHAD L TRN; CHK BK HOLD REC: CHASSE W ROLL R TO SCP; THRU FC CL:**

5  "Shadow Left Turn"  (W with sm step) Fwd L comm trn LF, sd R cont trn to fc DLW, bk L;

6  "Check Back hold Recover"  Repeat meas 4 Part B on opposite ft end Shadow DLW;

7  "Chasse W Roll Right To SCP"  XRF trn RLOD, sd & fwd L/cl R, sd & fwd L
(W XRF comm trn RF, sd & bk L cont trn, sd & fwd R) end SCP LOD;

8  "Through Face Close"  Thru R trn to fc ptr, sd L, cl R end CP Wall;

**PART C**

1 - 4  **WHISK; WING; TRN L & R CHASSE; BK BK/LK BK:**

1  "Whisk"  Fwd L, fwd & sd R, XLIB (W XLIB) end Tight SCP DLC;

2  "Wing"  Fwd R, draw L to R, tch L to R trn upper body LF with right side stretch (W Fwd L
comm to XIF of M trn slightly LF, fwd R around M cont trn, fwd L around M cont trn)
ect tight Sca RLC;

3  "Turn Left & Right Chasse"  Fwd L trn 1/8 LF, sd R/cl L, sd R trn 1/8 LF to Bjo DRC;

4  "Back Back/Lock Back"  Bk L in CBMP to fc RLOD, bk R/lk LIF, bk R;

5 - 8  **WEAVE END TO BJO; MANUV; SPIN OVRTRN; BOX BK:**

5  "Weave Ending To Bjo"  Repeat meas 10 Part A end Bjo DLW;

6  "Maneuver"  Repeat meas 12 Part A;

7  "Spin Over Turn"  Comm upper body trn RF bk L pivot 1/2 RF to fc LOD, fwd R between W’s
feet cont trn 1/4 leave L leg bk & sd, rec bk L (W comm upper body trn fwd R between M’s feet
pivot 1/2 RF, bk L cont trn brush R to L, fwd R) end CP Wall;

8  "Box Back"  Bk R, sd & slightly bk L, cl R end CP Wall;
“Gymnopedie No. 1” (Continued)

INTERLUDE

1 - 4

HVR: THRU SD BHD: ROLL 3: THRU FC CL:
1 {Hover} Fwd L, fwd & sd R rise to ball of ft chkg, rec fwd L end SCP LOD;
2 {Through Side Behind} Repeat meas 2 Intro;
3 {Roll 3} Repeat meas 3 Intro;
4 {Through Face Close} Repeat meas 4 Intro;

REPEAT PART A

REPEAT PART B

END

1 - 5

SLO DIP BK: SLO REC: HVR: THRU CHASSE TO SCP: CHAIR:
1 {Slow Dip Back} Sm bk L with bent knee R leg remain extended forming straight line from hip
to ankle toe remaining on floor;--;
2 {Slow Recover} Rec R,,-- end CP Wall;
3 {Hover} Repeat meas 1 Interlude;
4 12&3 {Through Chasse To SCP} Thru R trn RF to fc ptr, sd L/cl R, sd L to SCP LOD;
5 {Chair} Cross lunge thru R look LOD, hold, hold;