



## Guantanamera

**Choreographer:** Peter & Chama Gomez Berthoud, CO 80503 **Date:** 01/31/2006 v.1  
**Web Site:** <http://www.hfrdc.org> **E-mail:** [hfrdc@juno.com](mailto:hfrdc@juno.com) **Release:** 10/01/2012 v.2  
**Find Us On:** [facebook](#)  
**Artist:** Marco Marinangeli **Record/CD:** "La Vida Mickey" **Track:** 7  
**Merchant:** 1. [Amazon](#) **Time:** 3:02 **Dance:** 3:07  
 2. iTunes **Time:** 3:02 **Dance:** 3:07  
**Footwork:** Opposite unless noted (Woman's footwork in parenthesis)  
**Rhythm:** Rumba/Cha Roundalab Phase 3+1 (Alemana)  
**Sequence:** Intro - A - B - C - D - Ending

### Meas

### Intro [Rumba]

- 1-9 **WAIT ; SHOULDER-SHOULDER 2X ;; BAS ;; ALEMANA ;; BREAK BK ; WALK w/ CHA ;**  
 1-3 **[Wait]** Wait horn section introduction; **[Shldr to Shldr 2x]** Fwd L outside ptr in SDCAR, rec R trn to fc ptr, sd L, - ; Fwd R outside ptr in BJO, rec L trn to fc ptr, sd R, - ;  
 4-9 **[Bas]** Fwd L, rec R, sd L, - ; Bk R, rec L, sd R, - ; **[Alemana]** Fwd L, rec R, sd L (Bk R, rec L, sd R commence RF swivel), - ; With slight RF trn bk R, rec L, sd R (Cont RF trn fwd L, fwd R cont. RF trn to fc ptr, sd L), - ; **[Break Bk]** Swivel ¼ LF bk L to open fcing LOD, rec R, fwd L, - ; **[Walk w/ Cha]** Fwd R, fwd L, fwd R/cl L, fwd R ;

### Part A [Cha]

- 1-8 **FWD & BK BAS ;; SLIDING DOORS ;; CUCACHAS ;; NYKR ; SPOT TRN to FC WALL ;**  
 1-4 **[Fwd & Bk Bas]** Fwd L, rec R, bk L/cl R, bk L ; Bk R, rec L, fwd R/cl L, fwd R ; **[Sliding Door]** Rk sd L, rec R, XIF L/sd R, XIF L ; Rk sd R, rec L, XIF R/sd L, XIF R ;  
 5-8 **[Cuca 2x]** Sd L, rec R, SIP L/R, L ; Sd R, rec L, SIP R/L, R ; **[Nykr]** Trn ¼ RF fwd L tch lead hands palm-to-palm, rec R trn LF to fc LOD, sd L/cl R, sd L ; **[Spot Trn]** Trn ¼ LF fwd R, comm ½ LF trn rec L to fc wall, fwd R/cl L, fwd R ;  
 9-16 **BAS ;; ALEMANA ;; SHLDR to SHLDR ; CRAB WLKS ;; SPOT TRN ;**  
 9-12 **[Bas]** Fwd L, rec R, sd L/cl R, sd L ; Bk R, rec L, sd R/cl L, sd R ; **[Alemana]** Fwd L, rec R, sd L/cl R, sd L leading W to trn RF (Bk R, rec L, sd R/cl L, sd R) ; Bk R, rec L, sd R/cl L, sd R (Trn RF under lead hands fwd L, cont RF trn fwd R to fc ptr, sd L/cl R, sd L) ;  
 13-16 **[Shldr to Shldr]** Fwd L outside ptr in SDCAR, rec R trn to fc ptr, sd L/cl R, sd L ; **[Crab Wlks]** XIF R, sd L, XIF R/sd L, XIF R ; Sd L, XIF R, sd L/cl R, sd L ; **[Spot Trn]** Trn ¼ LF fwd R, comm ½ LF trn rec L to fc wall, fwd R/cl L, fwd R ;  
 17-20 **ALEMANA ;; BREAK BK ; WALK ;**  
 17-20 Repeat meas. 11-12 ;; **[Break Bk]** Swivel ¼ LF bk L to open fcing LOD, rec R, fwd L/cl L, fwd R ; **[Walk]** Fwd R, fwd L, fwd R/cl L, fwd R ;

### Part B [Cha]

- 1-8 **FWD & BK BAS ;; SLIDING DOORS ;; CUCACHAS ;; NYKR ; SPOT TRN to FC WALL ;**  
 1-8 Repeat meas. 1 through 8 of Part A ;;;;;;  
 9-20 **BAS ;; ALEMANA ;; CHASE PEEK-A-BOO ;;;; ALEMANA ;; BREAK BK ; WALK ;**  
 9-16 Repeat meas. 9 through 12 of Part A ;;;; **[Chs Peek-A-Boo]** Fwd L comm RF trn ½, rec R, fwd L/cl R, fwd L twds COH (Bk R, rec L, fwd R/cl L, fwd R) ; Sd R, rec L, SIP R/L, R ; Sd L, rec R, SIP L/R, L ; Fwd R comm LF trn ½, rec L, fwd R/cl L, fwd R twds WALL (Fwd L, rec R, bk L/cl R, bk L) ;  
 17-20 Repeat meas. 17 through 20 of Part A ;;;;



### Part C [Cha]

1-8 **FWD & BK BAS ;; SLIDING DOORS ;; CUCACHAS ;; NYKR ; SPOT TRN to FC LOD ;**

1-8 Repeat meas. 1 through 8 of Part A to fc LOD ;;;;;;;;;

9-16 **FWD & BK BAS ;; SLIDING DOORS ;; CUCACHAS ;; NYKR ; SPOT TRN to FC WALL ;**

1-8 Repeat meas. 1 through 8 of Part A ;;;;;;;;;

9-16 **HLF BAS ; CRAB WALKS ;; SPOT TRN ; BAS ;; NYKR ; SPOT TRN ;**

9-12 **[Half Bas]** Fwd L, rec R, sd L/cl R, sd L ; **[Crab Wlks]** XIF R, sd L, XIF R/sd L, XIF R ; Sd L, XIF R, sd L/cl R, sd L ; **[Spot Trn]** Trn ¼ LF fwd R, comm ½ LF trn rec L to fc wall, fwd R/cl L, fwd R ;

13-16 **[Bas]** Fwd L, rec R, sd L/cl R, sd L ; Bk R, rec L, sd R/cl L, sd R ; **[Nykr]** Swivel ¼ RF thru L twd RLOD, rec R trn to fc ptr, sd L/cl R, sd L ; **[Spot Trn]** Trn ¼ LF fwd R, comm ½ LF trn rec L, trn ¼ LF to fc wall sd R/cl L, sd R ;

17-20 **ALEMANA ;; BREAK BK ; WALK ;**

17-20 Repeat meas. 17 through 20 of Part A ;;;;

### Part D [Cha]

1-8 **FWD & BK BAS ;; SLIDING DOORS ;; CUCACHAS ;; NYKR ; SPOT TRN to FC WALL ;**

1-8 Repeat meas. 1 through 8 of Part A ;;;;;;;;;

### Ending [Rumba]

1-9 **SHLDR-SHLDR 2X ;; BAS ;; ALEMANA ;; PROG ROCKS in 6 ~ WRAP ;; DROP ~ PT ;**

1-9 Repeat meas. 2 through 7 of Intro to CP ;;;;;;;;; **[Prog Rock]** Rk bk L, XIF R, bk L, XIF R ; **[Rock ~ Wrap]** Rk bk L, rec R, SIP L & R while wrapping lady LF to fc WALL ; **[Drop ~ Pt]** In simultaneous motion, lower into R leg bending at the knee & pt L foot twd LOD - ;

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