

## Good to be Alive Right About Now

Released: November 2016  
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Music: "Good to be Alive," Andy Grammer. CD: *Magazines Or Novels (Deluxe Edition)*, track 13. Also available as .mp3 from Amazon & iTunes.  
Time: 3:09 as recorded. Slow to 43 rpm or 96% if desired.  
Footwork: Opposite (*Woman's footwork opposite, except as noted in parentheses*)  
Rhythm/Phase: Cha Cha / Rumba IV+0+1 (Chase Full Turn)  
Degree of difficulty: Average  
Sequence: INTRO – A – B – C – A – INT1 – B – C – INT2 – D – C – END

### INTRODUCTION

**1-4 EIGHT FEET APART MAN FACING WALL WAIT TWO MEASURES ; ; ON 2<sup>ND</sup> "AHA" WALK & CHA TWICE TO BFLY ; ;**

1-2 8 feet apt M fcg Wall W fcg COH ld ft free Wait ; ;  
3-4 {Walk & Cha 2X} Fwd L, fwd R, fwd L/cl R, fwd L ; fwd R, fwd L, fwd R/cl L, fwd R to BFLY ;

### PART A

#### [ON THIRD "AH HA" BEGIN PART A]

**1-4 BASIC ; ; NEW YORKER TWICE ; ;**

1-2 {Bas} Fwd L, rec R, sd L/cl R, sd L ; Bk R, rec L, sd R/cl L, sd R ;  
3-4 {NY 2X} Swvl thru L, rec swvl R to fc, sd L/cl R, sd L ; Swvl thru R, rec swvl L to fc, sd R/cl L, sd R ;  
;

**5-8 CHASE FULL TURN ; ; OPEN BREAK ; WHIP CENTER ;**

5-6 {Chs Full Trn} Fwd L trng RF 1/2, rec R trng 1/2 RF, bk L/cl R, bk L ; Bk R, rec L, fwd R/cl L, fwd R (*W Bk R, rec L, fwd R/cl L, fwd R; Fwd L trng 1/2 RF, rec R trng 1/2 RF, bk L/cl R, bk L*) ;  
7 {Op Brk} Rk apt L extending free arm up or out to the sd, rec R lowering free arm, sd L/cl R, sd L to BFLY ;  
8 {Whp Cntr} Rk bk R trng 1/4 to fc LOD, rec L trng 1/4 to fc COH, sd R/cl L, sd R (*W Fwd L outside ptr, fwd R trng 1/2, sd L/cl R, sd L*) ;

### PART B

**1-4 FRONT VINE EIGHT LOD ; ; CHASE WITH UNDERARM PASS ; ;**

1-2 {Frnt Vin 8} XLif (*W XRif*), sd R, XLib (*W XRib*), sd R ; XLif (*W XRif*), sd R, XLib (*W XRib*), sd R ;  
3-4 {Chs w/Undrm Pass} Fwd L trng 1/2 RF keep ld hands jnd, fwd R to WALL, fwd L/XRib, fwd L ; Rk bk R lead W to trn undr ld hands, rec L, sd R/cl L, sd R (*W Fwd L, fwd R under ld hands trng LF to fc ptr, sd L/cl R, sd L*) ;

**5-8 FRONT VINE EIGHT RLOD ; ; NEW YORKER TWICE ; ;**

5-6 {Frnt Vin 8} XLif (*W XRif*), sd R, XLib (*W XRib*), sd R ; XLif (*W XRif*), sd R, XLib (*W XRib*), sd R ;  
7-8 {NY 2X} Swvl thru L, rec swvl R to fc, sd L/cl R, sd L ; Swvl thru R, rec swvl L to fc, sd R/cl L, sd R ;

**9-10 FENCE LINE ; SHOULDER TO SHOULDER ;**

9 {Fnc Line} To RLOD XLun L, rec R to fc, sd L/cl R, sd L ;  
10 {Shldr to Shldr} Fwd R to BFLY BJO, rec L to fc, sd R/cl L, sd R to fc ;

## PART C

### 1-4 FWD RECOVER BK RECOVER ; FWD BASIC ; BK RECOVER FWD RECOVER ; BK HALF BASIC ;

- 1 {Fwd Rec Bk Rec} Fwd L, rec R, bk L, rec R ;
- 2 {Fwd Bas} Fwd L, rec R, bk L/cl R, bk L ;
- 3 {Bk Rec Fwd Rec} Bk R, rec L, fwd R, rec L ;
- 4 {Bk 1/2 Bas} Bk R, rec L, sd R/cl L, sd R ;

### 5-8 FENCE LINE IN FOUR ; TRAVELING DOOR ; CUCARACHA IN FOUR ; TRAVELING DOOR ;

- 5 {Fnc Line in 4} XLun L, rec R to fc, sd L, sd R ;
- 6 {Trav Door} Rk sd L, rec R, XLif/sd R, XLif ;
- 7 {Cuc in 4} Sd R, rec L, cl R, sip L ;
- 8 {Trav Door} Rk sd R, rec L, XRif/sd L, XRif ;

### REPEAT PART A

#### 1-4 BASIC ; ; NEW YORKER TWICE ; ;

#### 5-8 CHASE FULL TURN ; ; OPEN BREAK ; WHIP CENTER ;

## INTERLUDE 1

### 1-4 FENCE LINE TWICE ; ; SPOT TURN TWICE ; ;

- 1-2 {Fnc Line 2X} XLun L, rec R to fc, sd L/cl R, sd L ; XLun R, rec L to fc, sd R/cl L, sd R ;
- 3-4 {Spt Trn 2X} Swvlg 1/4 on ball of supporting ft stp fwd L trng RF 1/2, rec R trng 1/4 to fc, sd L/cl R, sd L ; Swvlg 1/4 on ball of supporting ft stp fwd R trng LF 1/2, rec L trng 1/4 to fc, sd R/cl L, sd R ;

### REPEAT PART B

#### 1-4 FRONT VINE EIGHT TO LOD ; ; CHASE WITH UNDERARM PASS ; ;

#### 5-8 FRONT VINE EIGHT TO RLOD ; ; NEW YORKER TWICE ; ;

#### 9-10 FENCE LINE ; SHOULDER TO SHOULDER ;

### REPEAT PART C

#### 1-4 FWD RECOVER BK RECOVER ; FWD BASIC ; BK RECOVER FWD RECOVER ; BACK HALF BASIC ;

#### 5-8 FENCE LINE IN FOUR ; TRAVELING DOOR ; CUCARACHA IN FOUR ; TRAVELING DOOR ;

## INTERLUDE 2 [RUMBA]

### 1-4 HALF BASIC ; AIDA ; SWITCH CROSS ; CRAB WALK ENDING ;

- 1 {1/2 Bas} Fwd L, rec R, sd L, -;
- 2 {Aida} Thru R to LOD trng RF, sd L cont RF trn, bk R to Bk to Bk V pos, -;
- 3 {Swch X} Trng LF to fc ptr sd L chckg bringing jnd hnds thru, rec R, XLif turning LF to fc ptr, -;
- 4 {Crab Wik Endg} Sd R, XLif, sd R, -;

### 5-8 AIDA RLOD ; SWITCH CROSS ; VINE THREE ; CRAB WALK THREE ;

- 5 {Aida} Thru L trng LF, sd R cont LF trn, bk L to Bk to Bk V pos, -;
- 6 {Swch X} Trng RF to fc ptr sd R chckg bringing jnd hnds thru, rec L, XRif turning RF to fc ptr, -;
- 7 {Vn 3} Sd L, XRib, sd L, -;
- 8 {Crab Wik 3} XRif, sd L, XRif, -;

## PART D [RUMBA]

### 1-4 VINE EIGHT ; ; HALF BASIC ; FAN ; ;

- 1-2 {Vin 8} Sd L, XRib (W XLif), sd L, XRif (W XLib) ; Sd L, XRib (W XLif), sd L, XRif (W XLib) ;
- 3 {1/2 Bas} Fwd L, rec R, sd L, -;
- 4 {Fan} Bk R trn bdy slightly LF, rec L, sd R (W Fwd L, sd & bk R sharply trng LF to fc RLOD, bk L) ;

**5-8 ALEMANA FROM A FAN ; ; BREAK BACK TWICE ; ;**

- 5-6 {Alemana from a Fan} Fwd L, rec R, cl L ldg W to trn RF, -; Bk R, rec L, sd R, (W cl R, fwd L, fwd R commence RF swvl to fc ptr, -; Cont RF trn under jnd ld hnds fwd L, cont RF trn fwd R, sd L,) -;
- 7-8 {Brk Bk 2X} Swvlg on R ft stp bk on L to fc LOD, rec R, swvlg on R fwd L to fc ptr, -; Swvlg on L ft stp bk on R to fc RLOD, rec L, swvlg on L fwd R to fc ptr, -;

**9-10 SPOT TURN ; FENCE LINE & CHA ;**

- 9 {Spt Trn} Swvlg 1/4 on ball of supporting foot stp fwd L trng RF 1/2, rec R trng 1/4 to fc, sd L, -;
- 10 {Fnc Line & Cha} In cha timing XLun R, rec L, sd R/cl L, sd R ;

**REPEAT PART C**

**1-4 FWD RECOVER BK RECOVER ; FWD BASIC ; BK RECOVER FWD RECOVER ; BK HALF BASIC ;**

**5-8 FENCE LINE IN FOUR ; TRAVELING DOOR ; CUCARACHA IN FOUR ; TRAVELING DOOR ;**

**END**

**1-4 CHASE IN FOUR TO COH ; TWO TRIPLES ; CHASE IN FOUR TO WALL ; TWO TRIPLES ;**

- 1 {Chs in 4} Fwd L & trn 1/2 RF to COH, rec fwd R, fwd L, fwd R (W bk R, fwd L, fwd R, fwd L) ;
- 2 {2 Trpls} Fwd L/cl R, fwd L, fwd R/cl L, fwd R (W fwd R/cl L, fwd R, fwd L/cl R, fwd L) ;
- 3 {Chs in 4} Fwd L & trn 1/2 RF to WALL, rec fwd R, fwd L, fwd R (W fwd R & trn 1/2 to WALL, rec fwd L, fwd R, fwd L) ;
- 4 {2 Trpls} Fwd L/cl R, fwd L, fwd R/cl L, fwd R (W fwd R/cl L, fwd R, fwd L/cl R, fwd L) ;

**5-9 FWD RECOVER BK RECOVER ; FWD BASIC ; BK RECOVER FWD RECOVER ; BK HALF BASIC ; EXPLODE APART & HOLD ;**

- 5 {Fwd Rec Bk Rec} Fwd L, rec R, bk L, rec R (W fwd R & turn LF 1/2, rec fwd L, fwd R, rec L) ;
- 6 {Fwd Basic} Fwd L, rec R, bk L/cl R, bk L ;
- 7 {Bk Rec Fwd Rec} Bk R, rec L, fwd R, rec L ;
- 8 {Bk 1/2 Basic} Bk R, rec L, sd R/cl L, sd R ;
- 9 {Explode Apt} On "All right" Lun apt L trng slightly toward LOD sweeping lead arms up and out & HOLD ;