

GOOD MORNING STARSHINE

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Record : PYE Records 71012 Soundtrack "Hair" track 23 RCA BL 03274

Rhythm & Phase: Cha Cha Phase III +1 (Triple Cha's) **Footwork:** Opposite direct of Man.

Sequence: I – AB – ABC – B - End **Difficulty:** Average **Time:** 2:24

MEAS

INTRO

1-8 **WT 2 ; ; TWIRL 2 CHA ; CRABWALK ; SD WALK ; NEW YORKER ; CRABWALK ; SIDE WALK ;**
sd L, xRib, sd L/ cl R, sd L (und lnd hnds W twirl rf R/L,R); xRif, sd L, xRif / sd L, xRif ; sd L, cl R, sd L/ cl R, sd L ; thru R to LOD side by side , rec L to fc BFLY, sd R/ cl L, sd R ; xLif, sd R, xLif/ sd R, xLif ; sd R, cl L, sd R/ cl L, sd R ;

PART A

1-4 **TIMESTEP – TWICE WITH YAWN ; ; BREAK OP CHA ; SWIV 2 CHA ;**
xLibR , rec R , sd L / cl R, sd L ; xRibL , rec L , sd R / cl L , sd R ; step Lib to OP, rec R , fwd L / cl R, fwd R ; fwd R swiv R, L, fwd R / cl , fwd R ;
5-8 **SLIDE DOOR ; VINE APART CHA ; CROSS LUNGE REC , CHA ; STOMP HOLD ;**
OP LOD rk apt L , rec R , xLif / sd R , xLif chng sides M cross beh W ; sd R away from ptr , xLib , sd R / cl L, sd R ; xLif twd wall, rec R, sd L/ cl R, sd L tog twd ptr BFLY; sd stomp R , hold , hold , hold ;
9-16 **TIMESTEP – TWICE WITH YAWN ; ; CHASE WITH U /ARM PASS ; ; REV UND ARM TRN ; CRABWALKS ; ; NEW YORKER ;**
repeat mea 1 & 2 of PART A fcg COH ; ; join lead hnds fwd L trng ¼ RF, rec cont RF trn R , fwd L / cl R, fwd L ; raise joined hnds rk bk R, rec L, sip R/ L, R (pass M's L side und joined hnds L, R, trng ½ LF sd L/ cl R, sd L) to BFLY WALL ; xLif(W xRif trng ¼ LF) , rec R (cont LF tng rec L) , sd L/ cl R, sd L ; xRif, sd L, xRif / sd L, xRif ; sd L, xRif, sd L / xRif , sd L ; repeat meas 6 of INTRO ;

PART B

1-12 **BREAK OP TO TRIPLE CHAS ; ; SPOT TRN 2X ; ; NEW YORKER TO BACK TRIPLE CHAS ; ; REV UND ARM TRN ; WHIP ; CHASE ¾ ; ; WHIP ;**
step Lib to OP, rec R , fwd L / cl R, fwd R ; fwd R, cl L, fwd R/ lk L tch lnd hnds, fwd R ; fwd L/ lk R, fwd L ; fwd R / lk L tch lead hnds , fwd R ; xLif trn away RF , rec R cont RF trn to BFLY , sd L/ cl R, sd L ; xRif trn away LF , rec L cont trn LF trn to BFLY, sd R/ cl L, sd R ; thru R to LOD side by side , rec L to fc BFLY, bk R/ lk L, bk R ; bk L , lk R , bk L, fc sd R/ cl L, sd R BFLY; repeat meas 5 of PART A ; BFLY WALL bk R trn ¼ LF, rec L cont LF trn ¼ (W fwd L outside M of his left side , fwd R trng ½ LF) , sd L/ cl R, sd L ; fwd L trng RF ½ (W rk bk R), rec R to TANDEM COH , fwd L / cl R, fwd L ; fwd R trng LF ½ (W fwd L trn ½ RF) , rec L, fwd R / cl L, fwd R ; fwd L (W trn ½ LF) , rec R , bk L / cl R , bk L BFLY ; Repeat meas 8 to fcg WALL BFLY ;

PART C

1-10 **TRAV DOORS ; ; TWIRL 2 CHA ; CRABWALK ; SD WALK ;
NEW YRKR ; CRABWALK ; SIDE WALK ; SHLDER TO SHLDER 2X ; ;**
rk side L , rec R , xLif / sd R , xLif moving twd RLOD ; rk side R , rec L , xRif
sd L , xRif twd LOD BFLY ; repeat meas 3 to 8 of INTRO ; ; ; ; ; fwd L to BFLY/ SCAR , rec R to fc ,
sd L/ cl R , sd L ; fwd R to BLY BJO , rec L to fc , sd R/ cl L , sd R ;

ENDING

1-9 **SERPIENTE 4 ; ; SIDE DRAW CL 2X ; ; SERPIENTE 4 ; ;
SIDE DRAW CL 2X ; ; TWIRL 2 SD CL POINT ;**
sd L , xRif , sd L , xRib ; fan L CCW beh (W fan CW L) , xLib , sd R , xLif ; sd R , draw L , cl L , hold ;
sd R , draw L , cl L , hold ; sd R , xLif , sd L , xLib ; fan R CW beh (W fan CCW R) , xRib , sd L , xRif ;
sd L ; draw R , cl R , hold ; sd L , draw R , cl R , hold ; sd L , xRib (W sd / fwd trng RF und joined lnd
hnds R , L) , BFLY sd L , cl R , point L to side ;

HEAD CUES

MEAS

1-8 **INTRO**
**WAIT 2 ; ; TWIRL 2, CHA ; CRABWALK ; SD WALK ; NY'R ;
CRABWALK ; SIDE WALK ;**

1-16 **PART A**
**TIMESTEP – TWICE WITH YAWN ; ; BREAK OP ; FWD 2 CHA ;
SLIDE DOORS ; ; VINE APART CHA ; CROSS LUNGE REC , CHA ;
STOMP HOLD ; TIMESTEP – TWICE WITH YAWN ; ; CHASE
WITH U / ARM PASS ; ; REV UND ARM TRN ; CRABWALKS ; ;
NEW YORKER ;**

1-12 **PART B**
**BREAK OP WITH TRIPLE CHAS ; ; SPOT TRN 2X ; ;
FENCE WITH TRIPLE CHAS BACK ; ; REV UND ARM TRN ;
WHIP ; CHASE ¾ ; ; WHIP ;**

1-16 **PART A**
**TIMESTEP – TWICE WITH YAWN ; ; BREAK OP ; FWD 2 CHA ;
SLIDE DOORS ; ; VINE APART CHA ; CROSS LUNGE REC , CHA ;
STOMP HOLD ; TIMESTEP – TWICE WITH YAWN ; ; CHASE
WITH U / ARM PASS ; ; REV UND ARM TRN ; CRABWALKS ; ;
NEW YORKER ;**

1-12 **PART B**
**BREAK OP WITH TRIPLE CHAS ; ; SPOT TRN 2X ; ;
FENCE WITH TRIPLE CHAS BACK ; ; REV UND ARM TRN ;
WHIP ; CHASE ¾ ; ; WHIP ;**

1-10 **PART C**
**TRAV DOORS ; ; TWIRL 2 CHA ; CRABWALK ; SD WALK ;
NEW YRKR ; CRABWALK ; SIDE WALK ; SHLDER TO SHLDER 2X ; ;**

ENDING

1-9 **SERPIENTE 4 ; ; SIDE DRAW CL 2X ; ; SERPIENTE 4 ; ;
SIDE DRAW CL 2X ; ; TWIRL 2 SD CL POINT ;**