FROSTY MAMBO

Choreographer:	Monika Gründer, Aktienstr. 18, D - 47057 Duisburg
	E-Mail: monikagruender@gmx.de
Music:	Frosty The 'Mambo' Snowman (CD: Christmas Time Mambo Time – 9910062 – 1999 GALAXY MUSIC; Track 14; 3:08 min)
Rhythm & Phase:	MB, Phase IV
Timing:	qqS; unless indicated, reflects actual weight changes
Footwork:	opposite unless noted (Woman's footwork in parentheses)
Sequence:	Intro – A – A – B – A – Inter1 – A – A – B – Bridge – A – Inter2 – B – A – End November 2015

INTRO

1 - 8   (IN OP FC WALL) WAIT 6 ; ; ; ;   ; ;   STEP APT & POINT ;   STEP TOG TO BFLY & TCH ;

1-6   **{Wait 6 Meas}** in CP fcg RLOD ld feet free wait 6 meas ; ; ; ;   ; ;

7   **{Stp Apt & Pt (S, -)}** stp apt L, -, pt fwd R, - ;

8   **{Stp Tog to BFLY & Tch (S, -)}** stp tog R, -, tch L to R to BFLY WALL, - ;

PART A

1 - 4   BASIC ; ;   NEW YORKER ;   AIDA ;

1-2   **{Basic}** in BFLY rk fwd L, rec R, cl L, - ;   Rk bk R, rec L, cl R, - ;

3   **{New Yorker}** release trl hnds trng to fc RLOD rk thru L, rec R trng to fc ptr & WALL, sd L jn trl hnds,-;

4   **{Aida}** thru R, trng to fc ptr & WALL sd L, cont trng release trl hnds and stp bk R to a V bk-bk pos, - ;

5 - 8   BACK BASIC ;   PATTY CAKE TAP ;   BACK BASIC TO FACE ;   SIDE WALK IN 3 ;

5   **{Back Basic}** rk bk L, rec fwd R, stp fwd L to LOP both fcg RLOD, - ;

6   **{Patty Cake Tap (S, -)}** swvl LF ¼ on L trng to fc ptr and tap thru R, -, swvl RF ¼ on L and stp bk R to LOP both fcg RLOD, - ;

7   **{Back Basic to Face}** rk bk L, rec fwd R, stp fwd L trng ¼ LF to BFLY WALL, - ;

8   **{Side Walk 3}** stp sd R twd RLOD, cl L to R, sd R to CP WALL, - ;

PART B

1 - 4   SCALLOP ; ;   CROSS BODY ; ;

1-2   **{Scallop}** trng to SCP LOD rk bk L, rec R, trng to CP fcg ptr and WALL sm sd L, - ;
swvlg to SCP stp thru R, trng to fc ptr & WALL sd L, cl R to L to CP WALL, - ;

3-4   **{Cross Body}** Rk fwd L, rec R trng ¼ LF, sm sd L, - (W rk bk R, rec fwd L, stp fwd R, -) ;
trng 1/8 LF rk bk R, rec fwd L cont trng to fc COH, sd R to CP fcg COH, -
(W fwd L trng ¼ LF, fwd R trng ¼ LF to fc ptr, cl L to R, -) ;

5 - 8   SCALLOP ; ;   CROSS BODY ; ;

5-6   **{Scallop}** repeat Part B meas 1-2 but to CP COH ; ;

7-8   **{Cross Body}** repeat Part B meas 3-4 but to BFLY WALL ; ;

INTER 1

1 - 4   START CHASE TO TANDEM WALL ; ;   CUCARACHA TWICE ; ;

1-2   **{Start Chase}**   releasg hnds rk fwd L trng ½ RF, rec fwd R, stp fwd L, -
(W rk bk R, rec fwd L, stp fwd R, -) ;
rk fwd R trng ½ LF, rec fwd L, stp fwd R to TANDEM both fcg WALL, -
(W rk fwd L trng ½ RF, rec fwd R, stp fwd L, -) ;

3-4   **{Cuca 2x}** rk sd L w/hip action, rec R, cl L to R, - ;   Rk sd R w/hip action, rec L, cl R to L, - ;

5 - 8   FINISH CHASE ; ;   CUCARACHA TWICE ; ;

5-6   **{Finish Chase}** rk fwd L, rec R, cl L to R to BFLY WALL, - (W rk fwd R trng ½ LF, rec fwd L, cl R to L, -) ;
rk bk R, rec fwd L, cl R to L to BFLY WALL, - (W rk fwd L, rec R, cl L to R, -) ;

7-8   **{Cuca 2x}** repeat Inter1 meas 3-4 ; ;

BRIDGE

1   SIDE, DRAW, CLOSE, - ;

    1   **{Side, Draw, Close (SS)}** stp sd L, draw R to L, cl R to L to BFLY WALL, - ;

INTER2

1 - 4   BASIC ; ;   START CHASE TO TANDEM WALL ; ;

    1-2   **{Basic}** repeat Part A meas 1-2 ; ;
    3-4   **{Start Chase}** repeat Inter1 meas 1-2 ; ;

5 - 8   CUCARACHA TWICE ; ;   FINISH CHASE ; ;

    5-6   **{Cuca 2x}** repeat Inter1 meas 3-4 ; ;
    7-8   **{Finish Chase}** repeat Inter1 meas 5-6 ; ;

9 - 12   ONE CUCARACHA ;   SIDE WALK IN 3 ;   MAN UNDERARM TURN ;   LADY UNDERARM TURN ;

    9   **{One Cuca}** repeat Inter1 meas 3 ;
    10   **{Side Walk 3}** repeat Part A meas 8 ;
    11   **{Man Underarm Trn}** release ldhnds trng ¼ RF undr jnd trlarms stp fwd L twd RLOD,
                cont RF trn stp fwd R twd LOD, stp sd L trng to BFLY WALL, - (W rk bk R, rec L, sd R, -) ;
    12   **{Lady Underarm Trn}** releasg trlhnds rk bk R leadg W to trn RF undr jnd ldhnds, rec L, sd R to BFLY, -
                (W trng ¼ RF undr jnd ldarms stp fwd L, cont RF trn stp fwd R, sd L trng to BFLY WALL, -) ;

13 - 16 BACK BREAK TO OP ;   MAN ROLL ACROSS ;   LADY ROLL ACROSS ;   FWD, FACE, CLOSE, - ;

    13   **{Back Break to OP}** trng ¼ LF to OP both fcg LOD rk bk L, rec fwd R twd LOD, stp fwd L, - ;
    14   **{Man Roll Across}** roll in front of W fwd R trng to fc LOD and to W's R sd, fwd L, fwd R,-
                (W: fwd L, fwd R, fwd L, -) ;
    15   **{Lady Roll Across}** fwd L, fwd R, fwd L, -
                (W roll in front of M fwd R to fc LOD and to M's R sd, fwd L, fwd R, -) ;
    16   **{Fwd, Fc, Cl, - }** stp fwd R, trng ¼ RF to fc ptr stp sd L, cl R to L to BFLY WALL, - ;

END

1 - 4   BASIC ; ;   START CHASE TO TANDEM WALL ; ;

    1-2   **{Basic}** repeat Part A meas 1-2 ; ;
    3-4   **{Start Chase}** repeat Inter1 meas 1-2 ; ;

5 - 8   CUCARACHA TWICE ; ;   FINISH CHASE ; ;

    5-6   **{Cuca 2x}** repeat Inter1 meas 3-4 ; ;
    7-8   **{Finish Chase}** repeat Inter1 meas 5-6 ; ;

9 - 12   ONE CUCARACHA ;   SIDE WALK IN 3 ;   MAN UNDERARM TURN ;   LADY UNDERARM TURN ;

    9   **{One Cuca}** repeat Inter1 meas 3 ;
    10   **{Side Walk 3}** repeat Part A meas 8 ;
    11   **{Man Underarm Trn}** repeat Inter2 meas 11 ;
    12   **{Lady Underarm Trn}** repeat Inter2 meas 12 ;

13 - 16 BACK BREAK TO OP ;   SWIVEL WALK IN 3 ;   WALK AND FACE ;   POINT SIDE AND FREEZE ;

    13   **{Back Break to OP}** repeat Inter2 meas 13 ;
    14   **{Swivel Walk 3}** in OP LOD swvlg LF on L stp fwd R, swvlg RF on R stp fwd L,
                 swvlg LF on L stp fwd R, - ;
    15   **{Walk & Face}** stp fwd L, -, fwd R trng to BFLY WALL, - ;
    16   **{Point Side & Freeze}** pt sd L and hold pos up to the end of music

Quick Cues

Intro   1-6   In OP fc WALL Wait 6 Meas ;;;; ;;
           7-8   Apt, Pt ;   Tog, Tch BFLY ;

A   1-4   Basic ;;   NY ;   Aida ;
    5-8   Bk Basic ;   Patty Cake Tap ;   Bk Basic to Fc;   Sd Walk 3 ;

B   1-4   Scallop ;;   Cross Body ;;
    5-8   Scallop ;;   Cross Body ;;

Inter1   1-4   Start Chase to TANDEM WALL ;;   Cuca 2x ;;
          5-8   Finish Chase ;;   Cuca 2x ;;

Bridge   1-2   Sd, Draw, Cl, - ;

Inter2   1-4   Basic ;;   Start Chase to TANDEM WALL ;;
          5-8   Cuca 2x ;;   Finish Chase ;;
          9-12   1 Cuca ;   Sd Walk 3 ;   M Undrarm Trn ;   W Undramr Trn ;
          13-16   Bk Brk to OP ;   M Roll Across ;   W Roll Across ;   Fwd, Fc, Cl ;

End   1-4   Basic ;;   Start Chase to TANDEM WALL ;;
      5-8   Cuca 2x ;;   Finish Chase ;;
      9-12   1 Cuca ;   Sd Walk 3 ;   M Undrarm Trn ;   W Undramr Trn ;
      13-16   Bk Brk to OP ;   Swvl Walk 3 ;   Walk & Fc ;   Pt Sd & Freeze ;