

FROM A JACK TO A KING

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Music: "From A Jack To A King" Artist: Ricky Van Shelton Album: "Super Hits 1995" Track 10
Also available as MP3 download from Amazon mp3
Time/Speed: Time@ Download: 2:21 Speed +10%
Footwork: Opposite unless noted (Woman's footwork in parentheses)
Degree of Difficulty: Average
Rhythm/Phase: Foxtrot Phase III+2 (Diamond Turn & Open Telemark)

Sequence: INTRO, A, B, INT, B(1-8), END **Released:** April 2016

INTRODUCTION

1-4 WAIT; APT PT; PU TCH; DIP BK, REC;

- 1 [wait] Op fcg wall trail hnds joined
- 2 [Apt Pt] Apt L,-, Pt R twd ptr,-;
- 3 [Pu Tch] Fwd R Trn blend CP LOD,-, Tch L,-;
- 4 [Dip Bk, Rec] Bk L,-, Rec R,-;

PART A

1-4 FWD RUN 2; MANUV; SPN TRN; BK BOX SCAR;

- 1 [Fwd Run 2] Fwd L,-, Fwd R, Fwd L;
- 2 [Manuv] Fwd R Trn, -, Sd L, Cl R; (Fwd L, -, Sd R, Cl L;)
- 3 [Spn Trn] Bk L Pvt, -, Fwd R Rise, Sd & Bk L; (Fwd R Pvt, -, Bk L Rise Brush, Sd & Fwd R;)
- 4 [Bk Box SCAR] Bk R, -, Sd L, Cl R to SCAR;

5-8 XHVR 3Xs SCP;;; THRU FC CL;

- 5-7 [XHvr 3Xs SCP] 5 XLif, -, Sd & Fwd R Rise, Fwd & Sd L BJO;
(XRib, -, Sd & Bk L Rise, Bk & Sd R BJO;)
- 6 XRif, -, Sd & Fwd L Rise, Fwd & Sd R SCAR; (XLib, -, Sd & Bk R Rise, Bk & Sd L SCAR;)
- 7 XLif, -, Sd & Fwd R Rise, Fwd & Sd L SCP; (XRib, -, Sd & Bk L Rise, Bk & Sd R SCP;)
- 8 [Thru FC Cl] Thru R, -, Sd L & FC, Cl R;

9-12 HVR; PU SD CL; START L TRNG BOX;;

- 9 [Hvr] Fwd L, -, Fwd & Sd R Rise, Sd & Fwd L SCP;
- 10 [Pu Sd Cl] Thru R CPLOD, -, Sd L, Cl R; (Thru L Trn CPLOD, -, Sd R, Cl L;)
- 11-12 [Start L Trng Box] Fwd L, -, Fwd & Sd R Trn, Cl L; Bk R, -, Bk & Sd L Trn, Cl R;

13-16 FIN L TRNG BOX;; FWD RUN 2 2Xs;;

- 13-14 [Fin L Trng Box] Fwd L, -, Fwd & Sd R Trn, Cl L; Bk R, -, Bk & Sd L Trn, Cl R;
- 15-16 [Fwd Run 2 2Xs] Fwd L, -, Fwd R, Fwd L; Fwd R, -, Fwd L, Fwd R;

PART B

1-4 DIAM TRN;;;;

- 1-4 [Dia Trn] Fwd L, -, Sd R, Bk L; Bk R, -, Sd L, Fwd R; Fwd L, -, Sd R, Bk L; Bk R, -, Sd L, Fwd R;

5-8 TELE SCP; THRU FC CL; SD TCH 2Xs; DIP BK, REC;

- 5 [Tele SCP] Fwd L Trn, -, Fwd R Trn, Sd & Fwd L; (Bk Trn R, -, Heel Trn L, Sd & Fwd R;)
- 6 [Thru FC CL] Thru R, -, Sd & FC L, Cl R;
- 7 [Sd Tch 2Xs] Sd L, Tch R, Sd R, Tch L;
- 8 [Dip Bk, Rec] Bk & Sd L, -, Rec R, Tch L;

9-12 TWST VIN 3; MANUV; SPN TRN; BK BOX SCAR;

- 9 [Twst Vin 3] Sd L, -, XRib, Sd L; (Sd R, -, XLif, Sd R;)
- 10 [Manuv] Fwd R Trn, -, Sd L, Cl R; (Bk L Trn, -, Sd R, Cl L;)
- 11 [Spn Trn] Bk L Pvt, -, Fwd R Rise, Sd & Bk L; (Fwd R Pvt, -, Bk L Rise Brush R, Sd & Fwd R;)
- 12 [Bk Box SCAR] Bk R, -, Sd L, Cl R SCAR;

PART B CONTINUED

13-16 XHVR 3Xs SCP;;; THRU FC CL;

13-15 [XHvr 3Xs SCP] See meas 5-7 Part A
16 [Thru FC CL] See meas 8 Part A

INTERLUDE

1-4 APT PT; PU, TCH; SD TCH 2Xs; DIP BK, REC;

1 [Apt Pt] See meas 2 Introduction
2 [Pu Tch] See meas 3 Introduction
3 [Sd Tch 2Xs] See meas 7 PART B
4 [Dip Bk, Rec] See meas 8 Part B

REPEAT PART B 1- 8

ENDING

1-4 HVR; PU SD CL; PROG BOX;;

1 [Hvr] Fwd L, -, Fwd & Sd R Rise, Sd & Fwd L SCP;
2 [Pu Sd Cl] Thru R CPLOD, -, Sd L, Cl R; (Thru L Trn CPLOD, -, Sd R, Cl L;)
3-4 [Prog Box] Fwd L, -, Sd R, Cl L; Fwd R, -, Sd L, Cl R; (Bk R, -, Sd L, Cl R; Bk L, -, Sd R, Cl L;)

5-8 2 L TRNS;; SD TCH 2Xs; DIP BK, LEG CRAWL;

5-6 [2 L Trns] Fwd L, -, Fwd R Trn, Cl L; Bk R, -, Bk L Trn, Cl R;
(Bk R, -, Bk L Trn, Cl R; Fwd L, -, Fwd R Trn, Cl L;)
7 [Sd Tch 2Xs] Sd L, Tch R, Sd R, Tch L;
8 [Dip Bk, Leg Crawl] Bk L, -, Hold, -; (Fwd R, -, Draw L Leg Up, -;)