

## FRAGILIDAD

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MUSIC: CD, Buena Vista Social Club -Rhythms del Mundo "Fragilidad" by Sting  
Edited (fade in at 18 sec. – fade out at 3:34)  
RHYTHM: Mambo Phase V + 0 + 1(versouvienne carrè)  
FOOTWORK: opposite, except, where noted **SPEED:** Slow for comfort

**SEQUENCE:** **Intro - A - A - B - C - C - B - B - End**

### Intro:

#### 1 - 4

#### **Wait 4 meas;:::**

In SHDW pos both fcg LOD and both L ft free wait guitar with bongos for 4 meas (identical footwork for both)

#### 5 - 8

#### **SHADOW FENCE LINE; SHADOW SPOT TRN; SHADOW FENCE LINE; CUCARACHA;**

5 {SHDW FENCE LINE} Both lunge thru L, rec R, sd L, -;  
6 {SHDW SPOT TRN} XRIF comm. LF trn, rec L cont trn to fc LOD, sd R, -;  
7 {SHDW FENCE LINE} Repeat meas 5 of Intro;  
8 {CUCA} Push sd R, rec L, cl R, -;

#### 9 - 12

#### **DIAMOND TRN;:::**

9 - 12

{DIAM TRN} Both fwd L trn LF, sd R cont LF trn fc COH, cont trn LF bk L, -;  
Bk R trn LF, sd L cont LF trn fc RLOD, cont trn LF fwd R, -;  
Fwd L trn LF, sd R cont LF trn fc WALL, cont trn LF bk L, -; Bk R trn LF, sd L cont LF trn fc LOD, cont trn LF fwd R, -;

#### 13 - 15

#### **FWD BASIC TO FC; CUCARACHA /W TOUCH; SCALLOP;:**

13 {FWD BAS to fc} Rk fwd L, rec R, cl L trn ¼ RF to fc ptr and wall  
(W Rk fwd L, rec R, sm sd L trn ¼ LF), -; end BFLY/WALL  
14 {CUCA L/W TCH} Push sd R, rec L, cl R (W tch R),-; opposite footwork now  
15 - 16 {SCALLOP} Blend to SCP rk bk L, rec R to fc, sd L, -; Thru R, sd L, cl R to end CP  
WALL, -;

### Part A:

#### 1- 4

#### **BASIC;:; BREAK BK TO SCP; AIDA;**

1 - 2

{BAS} Rk fwd L, rec R, cl L, -; Rk bk R, rec L, cl R, -;

3

{BRK BK to SCP} Trng LF to fc LOD bk L, rec R, fwd L to SCP  
(W Trng RF to fc LOD bk R, rec L, fwd R), -; to SCP LOD

4

{AIDA} Thru R comm RF trn, sd L cont trn to fc RLOD, bk R  
(W Thru L comm. LF trn, sd R cont LF trn, bk L), -; to end Bk to Bk V Pos fcg RLOD

#### 5 - 8

#### **BK BASIC; PATTY CAKE TAP; BK BASIC TO FC; SD WKS;**

5

{BK BAS} rk bk L, rec R, fwd L, -;

6 &S&S

{PATTY CAKE TAP} Lift R (L) knee swvlg ¼ LF (W RF) on L (W on R) to fc ptr and tch  
trail palms /XRIF (W XLIF) tap R (W L) toe twd LOD, -, lift R (W L) knee swvl ¼ RF (W  
LF) on L (W R) to LOP fcg RLOD/ bk R (W L), -;

7

{BK BAS to fc} In LOP fc RLOD rk bk L, rec R, fwd L trn ¼ LF to fc ptr and wall, -;  
Blend to CP

8

{SD WKS} Sd R, cl L, sd R, -;

#### 9 - 12

#### **FWD BASIC; UNDERARM TRN TO R HNDSHK; SHADOW BREAK TO OP; START OPEN IN & OUT RUNS;**

9

{FWD BAS} Rk fwd L, rec R, cl L, -;

10

{UNDRM TRN to R HNDSHK} Rk bk R, rec L, cl R chng hnds to R hndshk  
(W XLIF trn ½ RF undr jnd ld hnds, rec R trn to fc ptr, cl L), -;

11

{SHDW BREAK to OP} Trn ¼ LF rk bk L, rec R, fwd L  
(W Trn ¼ RF rk bk R, rec L, fwd R), -;

12 {OP IN & OUT RUNS} Comm RF roll in front of W fwd R, cont RF roll sd and fwd L to LOD, fwd R  
(W Fwd L, fwd R, fwd L), -; still R hndshk

**13 - 16** **CONT OPEN IN & OUT RUNS;; SHADOW NEW YORKER;  
UNDERARM TRN;**

13 {CONT OP IN & OUT RUNS} Fwd L, fwd R, fwd L  
(W Comm RF roll in front of M fwd R, cont RF roll sd and fwd L down LOD, fwd R),-;  
14 Repeat meas 12 of Part A; still R hndshk  
15 {SHDW NEW YORKER} XLIF of R twd LOD, rec R to fc ptr, sd L  
(W XRIF of L twd LOD, rec L to fc ptr, sd R), -; still R hndshk  
16 {UNDRM TRN} Small rk bk R raise R hnds, rec L, release R hnds, cl R  
(W XLIF trn ½ RF undr jnd R hnds, rec R trn to fc ptr, cl L),-; to end CP/COH  
Note: 2<sup>nd</sup> time Part A starts CP/COH and ends BFLY/WALL

**Part B:**

**1 - 4** **ARM CK;; BASIC;;**

1 - 2 {ARM CK} Rk apt L, rec R, sd & fwd L twd ptr`s rt sd rel jnd ld hnds and take W`s R wrist in M`s rt hnd, - ; Fwd R trn ½ LF ld W to spin RF and drop hnds, fwd L, cl R  
(W Rk apt R, rec L, fwd R twd ptr`s rt sd, -; spin RF 1 ½ L, R, L), -; end CP fc COH  
3 - 4 {BAS} Repeat meas 1 - 2 of Part A;;

**5 - 8** **CHASE PEEK-A-BOO GET TRAIL HANDS;; WHIP END;**

5 - 7 {CHASE PEEK-A-BOO} Fwd L trn ½ RF, rec R, fwd L (W Bk R, rec L, fwd R), -;  
Push sd R peek ovr L shldr, rec L, cl R, -; Push sd L, rec R, cl L, -; jn trl hnds  
8 {WHP END} Rk bk R, rec L, sd R  
(W Fwd L stepping beside M`s R sd stg LF trn, fwd & sd R cont LF trn to fc ptr, sd L), -;

**9 - 12** **BASIC TO R HNDSHK;; START VARSOUVIENNE CARRÉ;;**

9 - 10 {BAS to R HNDSHK} Repeat meas 1 - 2 of Part A ;; end R HNDSHK  
11 - 12 {START VAR CARRÉ} Rk fwd L, rec R, sml sd L trn ¼ LF to VARS fc LOD, -; Rk bk R, XLIF, sd R to L VARS fc LOD  
(W Rk bk R, rec L, fwd R trn ¾ LF, -; Rk bk L, XRIF of L, sd L), -;

**13 - 16** **FINISH VARSOUVIENNE CARRÉ;; CUCARACHA – L & R;;**

13 - 14 {FINISH VAR CARRÉ} Rk bk L, rec R, fwd L trn ½ LF to VARS fc RLOD, -; Rk bk R, rec L, sd R trn ¼ LF to fc ptr and wall in crossed HNDSHK  
(W Rk bk R, rec L, fwd R trn ½ LF, -; Rk bk L, big XRIF of L, sd L trng ¼ RF), -;  
15 - 16 {CUCA L & R } Push sd L, rec R, cl L, -; Push sd R, rec L, cl R, -; Arms to CP (2<sup>nd</sup> time to BFLY)

**Part C:**

**1 - 4** **DIAMOND TRN;;;;**

1 - 2 {DIAM TRN} Fwd L trn 1/8 LF, sd & bk R trn 1/8 LF, XLIB of R, -; Bk R trn 1/8 LF, sd & fwd L trn 1/8 LF, XRIF of L, -;  
3 - 4 Repeat meas 1-2 of Part C;;

**5 - 8** **BASIC TO; NAT TOP; SURPRISE CK TO; REV TOP;**

5 {BAS to} Fwd L, rec R, sd & slightly fwd L to CP DRW, -;  
6 {NAT TOP} Trng RF XRIB of L toe to heel, cont RF trn sd L, cont RF trn XRIB  
(W Trng RF sd L, cont RF trn XRIF of L, cont RF trn sd L), -; to CP approximately LOD/DLW  
7 {SURPRISE CK to} Cont RF trn sd L to fc almost wall cking, rec R, trng LF XLIF of R  
(W cont RF trn XRIF of L cking, rec L trng LF, sd & bk R), -; to CP approximately LOD/DLC  
8 {REV TOP} Cont LF trn sd & fwd R, XLIF of R, cont LF trn sd & fwd R  
(W trng LF XLIB of R, cont LF trn sd & bk R, cont LF trn XLIB of R), -; to CP fc WALL

**9 - 12** **CROSS BODY;; NY; SPOT TRN TO FC;**

9 - 10 {CROSS BODY} Fwd L, rec R, sd L trng LF [foot trnd ¼, body trnd less] , -; Bk R cont LF trn, small fwd L, sd & fwd R  
(W Bk R, rec L, fwd R twd M to an L pos, -; Fwd L comm. LF trn, fwd R trng ½ LF, sd & bk L), -; end BFLY/COH  
11 {NEW YORKER} XLIF of R twd RLOD, rec R to fc ptr, sd L, -;

12 {SPOT TRN} XRIF comm. LF trn (W RF trn), rec L cont trn to fc, sd R, -;

**13 - 16**

**OP BREAK; UNDERARM TRN; CUCARACHA L & R;;**

13 {OP BREAK} Apt L retaining jnd ld hnds and extending free arm to sd with palms down, rec R, sd L, -;

14 {UNDRM TRN} Repeat meas 16 of Part A;

15 - 16 {CUCA L & R } Repeat meas 15 & 16 of Part B;;

**ENDING:**

**1- 5**

**BREAK BK TO OP; SWIVEL WK 6;; AIDA; SLOW BODY RIPPLE;**

1 {BRK BK TO OP} Repeat meas 3 of Part A; but end in OP fc LOD

2 - 3 {SWIVEL WK 6} With swvl action fwd R, L, R, -; With swvl action fwd L, R, L, -;

4 {AIDA} Repeat meas 4 of Part A; end well down in knees, upper body fwd

5 {SLOW BODYRIPPLE} Ripple the body up over one meas; bring outsd arm up as bells are ringing and music fades out