FRAGILIDAD

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MUSIC: CD, Buena Vista Social Club -Rhythms del Mundo "Fragilidad" by Sting
Edited (fade in at 18 sec. – fade out at 3:34)

RHYTHM: Mambo Phase V + 0 + 1(varsovienne carré)

FOOTWORK: opposite, except, where noted  SPEED: Slow for comfort

SEQUENCE: Intro - A - A - B - C - C - B - B - End

Intro:

1 - 4  Wait 4 meas;;;;;
In SHDW pos both fcg LOD and both L ft free wait guitar with bongos for 4 meas
(identical footwork for both)

5 - 8  SHADOW FENCE LINE; SHADOW SPOT TRN; SHADOW FENCE
LINE: CUCARACHA;
5  {SHDW FENCE LINE} Both lunge thru L, rec R, sd L, -;
6  {SHDW SPOT TRN} XRIF comm. LF trn, rec L cont trn to fc LOD, sd R, -;
7  {SHDW FENCE LINE} Repeat meas 5 of Intro;
8  {CUCA} Push sd R, rec L, cl R, -;

9 - 12  DIAMOND TRN;;;:
9 - 12  {DIAM TRN} Both fwd L trn LF, sd R cont LF trn fc COH, cont tmn LF bk L, -;
Bk R trn LF, sd L cont LF trn fc RLOD, cont tmn LF fwd R, -;
Fwd L trn LF, sd R cont LF trn fc WALL, cont tmn LF bk L, -; Bk R trn LF, sd L cont LF trn fc RLOD, cont tmn LF fwd R, -;

13 - 15  FWD BASIC TO FC; CUCARACHA /W TOUCH; SCALLOP;;
13  {FWD BAS to fc} Rk fwd L, rec R, cl L trn ¼ RF to fc ptr and wall
(W Rk fwd L, rec R, sm sd L trn ¼ LF), -; end BFLY/WALL
14  {CUCA L/W TCH} Push sd R, rec L, cl R (W tch R), -; opposite footwork now
15 - 16  {SCALLOP} Blend to SCP rk bk L, rec R to fc, sd L, -; Thru R, sd L, cl R to end CP
WALL, -;

Part A:

1 - 4  BASIC; BREAK BK TO SCP; AIDA;
1 - 2  {BAS} Rk fwd L, rec R, cl L, -; Rk bk R, rec L, cl R, -;
3  {BRK BK to SCP} Trng LF to fc LOD bk L, rec R, fwd L to SCP
(W Trng RF to fc LOD bk R, rec L, fwd R), -; to SCP LOD
4  {AIDA} Thru R comm RF trn, sd L cont trn to fc RLOD, bk R
(W Thru L comm. LF trn, sd R cont LF trn, bk L), -; to end Bk to Bk V Pos fcg RLOD

5 - 8  BK BASIC; PATTY CAKE TAP; BK BASIC TO FC; SD WKS;
5  {BK BAS} rk bk L, rec R, fwd L, -;
6 &S&S  {PATTY CAKE TAP} Lift R (L) knee swvlg ¼ LF (W RF) on L (W on R) to fc ptr and tch
tail palms XRIF (W XLIF) tap R (W L) toe twd LOD, -; lift R (W L) knee swvl ¼ RF (W LF)
on L (W R) to LOP fcg RLOD/ bk R (W L), -;
7  {BK BAS to fc} In LOP fc RLOD rk bk L, rec R, fwd L trn ¼ LF to fc ptr and wall, -;
Blend to CP
8  {SD WKS} Sd R, cl L, sd R, -;

9 - 12  FWD BASIC; UNDERARM TRN TO R HNDSHK; SHADOW BREAK
TO OP; START OPEN IN & OUT RUNS;
9  {FWD BAS} Rk fwd L, rec R, cl L, -;
10  {UNDRM TRN to R HNDSHK} Rk bk R, rec L, cl R chng hnds to R hndshk
(W XLIF trn ½ RF undr jnd ld hnds, rec R trn to fc ptr, cl L), -;
11  {SHDW BREAK to OP} Trn ¼ LF rk bk L, rec R, fwd L
(W Trn ¼ RF rk bk R, rec L, fwd R), -;
12 {OP IN & OUT RUNS} Comm RF roll in front of W fwd R, cont RF roll sd and fwd L to LOD, fwd R
(W Fwd L, fwd R, fwd L), -; still R hndshk

13 - 16 CONT OPEN IN & OUT RUNS;; SHADOW NEW YORKER;
UNDERARM TRN;
13 {CONT OP IN & OUT RUNS} Fwd L, fwd R, fwd L
(W Comm RF roll in front of M fwd R, cont RF roll sd and fwd L down LOD, fwd R), -;
Repeat meas 12 of Part A; still R hndshk
15 {SHDW NEW YORKER} XLIF of R fwd LOD, rec R to fc ptr, sd L
(W XRIF of L fwd LOD, rec L to fc ptr, sd R), -; still R hndshk
16 {UNDRM TRN} Small rk bk R raise R hnds, rec L, release R hnds, cl R
(W XLIF trn ½ RF undr jnd R hnds, rec R trn to fc ptr, cl L), -; to end CP/COH

Note: 2nd time Part A starts CP/COH and ends BFLY/WALL

Part B:

1 - 4 ARM CK;; BASIC;;
1 - 2 {ARM CK} Rk apt L, rec R, sd & fwd L twd ptr’s rt sd rel jnd ld hnds and take W’s R wrist in M’s rt hnd, -;
Fwd R trn ½ LF ld W to spin RF and drop hnds, fwd L, cl R
(W Rk apt R, rec L, fwd R twd ptr’s rt sd, -; spin RF ½ L, R, L), -; end CP fc COH
3 - 4 {BAS} Repeat meas 1 - 2 of Part A;;

5 - 8 CHASE PEEK-A-BOO GET TRAIL HNDS;; WHIP END;
5 - 7 {CHASE PEEK-A-BOO} Fwd L trn ½ RF, rec R, fwd L (W Bk R, rec L, fwd R), -;
Push sd R peek ovr L shldr, rec L, cl R, -;
Push sd L, rec R, cl L, -; jn trl hnds
8 {WHIP END} Rk bk R, rec L, sd R
(W Fwd L stepping beside M’s R sd stg LF trn, fwd & sd R cont LF trn to fc ptr, sd L), -;

9 - 12 BASIC TO R HNDSHK;; START VARSOUVIENNE CARRÈ;;
9 - 10 {BAS to R HNDSHK} Repeat meas 1 - 2 of Part A;; end R HNDSHK
11 - 12 {START VAR CARRÈ} Rk fwd L, rec R, smll sd L trn ¾ LF to VARS fc LOD, -;
Rk bk R, XLIF, sd R to L VARS fc LOD
(W Rk bk R, rec L, fwd R trn ½ LF, -;
Rk bk L, XRIF of L, rec L, sd L), -;

13 -16 FINISH VARSOUVIENNE CARRÈ;; CUCARACHA – L & R;;
13 - 14 {FINISH VAR CARRÈ} Rk bk L, rec R, fwd L trn ½ LF to VARS fc RLOD, -;
Rk bk R, rec L, sd R trn ¼ LF to fc ptr and wall in crossed HNDSHK
(W Rk bk R, rec L, fwd R trn ½ LF, -;
Rk bk L, big XRIF of L, sd L trng ½ RF), -;
15 - 16 {CUCA L & R } Push sd L, rec R, cl L, -;
Push sd R, rec L, cl R, -; Arms to CP (2nd time
to BFLY)

Part C:

1 - 4 DIAMOND TRN;;;;;
1 - 2 {DIAM TRN} Fwd L trn 1/8 LF, sd & bk R trn 1/8 LF, XLIB of R, -;
Bk R trn 1/8 LF, sd &
fwd L trn 1/8 LF, XLIB of L, -;
Repeat meas 1-2 of Part C;;

5 - 8 BASIC TO; NAT TOP; SURPRISE CK TO; REV TOP;
5 {BAS to} Fwd L, rec R, sd & slightly fwd L to CP DRW, -;
6 {NAT TOP} Trng RF XRIB of L toe to heel, cont RF trn sd L, cont RF trn XRIB
(W Trng RF sd L, cont RF trn XRIF of L, cont RF trn sd L), -;
7 to CP approximately
LOD/DLW
LOD
7 {SURPRISE CK to} Cont RF trn sd L to fc almost wall cking, rec R, trng LF XLIF of R
(W cont RF trn XRIF of L cking, rec L trng LF, sd & bk R), -;
8 to CP approximately
LOD/DLC
7 {REV TOP} Cont LF trn sd & fwd R, XLIF of R, cont LF trn sd & fwd R
(W trng LF XLIB of R, cont LF trn sd & bk R, cont LF trn XLIB of R), -;
9 - 12 CROSS BODY;; NY; SPOT TRN TO FC;
9 - 10 {CROSS BODY} Fwd L, rec R, sd L trng LF [foot trnd ¼, body trnd less], -;
Bk R cont
to CP trn, small fwd L, sd & fwd R
(W Bk R, rec L, fwd R twd M to an L pos, -;
Fwd L comm. LF trn, fwd R trng ½ LF, sd &
11 new COH
end BFLY/COH
{NEW YORKER} XLIF of R twd RLOD, rec R to fc ptr, sd L, -;
12 {SPOT TRN} XRIF comm. LF trn (W RF trn), rec L cont trn to fc, sd R, -;

13 - 16 **OP BREAK; UNDERARM TRN; CUCARACHA L & R;;**
   13 {OP BREAK} Apt L retaining jnd Id hnds and extending free arm to sd with palms down, rec R, sd L, -;
   14 {UNDRM TRN} Repeat meas 16 of Part A;
   15 - 16 {CUCA L & R} Repeat meas 15 & 16 of Part B;;

**ENDING:**

1 - 5 **BREAK BK TO OP; SWIVEL WK 6;; AIDA; SLOW BODY RIPPLE;;**
   1 {BRK BK TO OP} Repeat meas 3 of Part A; but end in OP fc LOD
   2 - 3 {SWIVEL WK 6} With swvl action fwd R, L, R, -; With swvl action fwd L, R, L, -;
   4 {AIDA} Repeat meas 4 of Part A; end well down in knees, upper body fwd
   5 {SLOW BODY RIPPLE} Ripple the body up over one meas; bring outsd arm up as bells are ringing and music fades out