

FORGOTTEN DREAMS

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 Music: "Forgotten Dreams" Artist: Phil Coulter
 Recording: CD "Forgotten Dreams" Track 9 or download from Amazon.com
 Footwork: Opposite except where otherwise noted
 Rhythm/Level: Slow Two Step / Foxtrot Phase IV+1+1(Triple Traveler, The Square)
 Speed: Slow to 85%(31mpm) Duration: 3:21 as recorded Difficulty: Above Average
 Sequence: A B C A C A[1-14] B[1-12] Ending

CP WALL – LD FT FREE – WAIT 1 PICKUP NOTE

PART A

1-4 BASIC – PU;; L TRN INSIDE ROLL; BASIC ENDG – BFLY;

- 1 Sd L, -, XRib (W XLib), rec L to CP WALL ;
- 2 Sd R, -, XLib (W XRib), rec R trng LF (W thru L trng LF) to CP LOD ;
- 3 Fwd L trng LF to fc COH, -, sd R, XLif (W bk R trng LF, -, sd L trng LF undr jnd ld hnds, sd R contg LF trn to fc ptr) to CP COH ;
- 4 Sd R, -, XLib (W XRib), rec R to BFLY COH ;

5-8 LUNGE BASICS;; R TRN OUTSD ROLL; BASIC ENDG LADY TRANS SKTRS LOD;

- 5 Sd L with lunge action, -, rec R, thru L ;
- 6 Sd R with lunge action, -, rec L, thru R ;
- 7 Cross ifo W sd & bk L to fc LOD, -, sd & bk R trng 1/4 RF 1dg W undr jnd ld hnds, XLif fcg WALL (W trn RF to fc RLOD fwd R stg RF twirl undr jnd ld hnds, -, sd & bk L contg RF trn, sd & fwd R compg RF trn to fc ptr & COH) ;
- 8 Sd R, -, XLib trng 1/4 LF, cl R (W sd L, -, XRib trng 1/4 RF, -) blndg to SKTRS LOD ;

9-12 SHADOW DIAM TRN — LADY TRANS;;;

- 9 [Same footwork in meas 9-11] Fwd L trn LF, -, cont LF trn sd R, bk L to SKTRS COH ;
- 10 Bk R trng LF, -, sd L, fwd R to SKTRS RLOD ;
- 11 Fwd L trng LF, -, cont LF trn sd R, bk L to SKTRS WALL ;
- 12 Bk R trng LF, -, sd L, cl R (W bk R trng LF, -, sd L, -) to SKTRS LOD ;

13-16 OP BASICS;; SLOW TWIRL VINE 4 ;; ** 2nd time meas 15-16 is OP VIN 4 TO 1/2 OP;;

- 13 Fwd L trng RF (W LF) to L-1/2-OP, -, XRib, rec L to CP WALL ;
- 14 Sd R trng LF (W RF) to 1/2-OP, -, XLib, rec R to CP WALL ;
- 15 Sd L, -, XRib, -, (W sd & fwd R trng 1/2 RF undr jnd ld hnds, -, sd & bk L trng 1/2 RF, -) ;
- 16 Sd L, -, XRif, -, (W sd R, -, XLif, -) to CP WALL ;

**** Second time measures 15-16 OP VIN 4 TO 1/2 OP;;**

- 15 Sd L, -, XRib, - ;
- 16 Sd L, -, XRif trng LF, - blndg to 1/2-OP LOD ;

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PART B

1-4 UNDERARM TRN; LARIAT 6 TO CP LOD;; DP BK, RUN 2 TO LOW BFLY;

- 1 Sd L raising jnd ld hnds ldg W to trn RF, -, XRib, rec L (W sd R, -, XLif trng RF undr jnd ld hnds, sd R contg trn to fc ptr & slightly twd his R side) ;
- 2 Sip R, -, L, R (W fwd L, -, R, L around M clockwise undr jnd ld hnds) ;
- 3 Fwd L trng 1/4 LF, -, sd R, cl L (W cont fwd R, -, L, R around M to fc ptr) to CP LOD ;
- 4 Dip bk R, -, rec L, fwd R blndg to low-hand-hold BFLY LOD ;

5-8 TRAVELING X CHASSES 4X — TO WALL;;;;

- 5 Sd & fwd L trng LF to DLC, -, sd R twd DLW, XLif (W XRif) ;
- 6 Sd & fwd R trng RF to DLW, -, sd L twd DLC, XRif (W XLif) ;
- 7 Repeat Measure 5 of Part B ;
- 8 Sd & fwd R trng RF to DLW, -, sd L twd DLC, XRif (W XRif) trng RF to BFLY WALL ;

9-12 TWSTY BASICS TO WRAP;; SWEETHEART RUNS;;

- 9 Sd L, -, XRib (W XLif), rec L ;
- 10 Sd R raise jnd ld hnds to ld W to trn LF, -, XLib trng LF to fc LOD, rec R (W sd L stg LF trn undr jnd ld hnds, -, XRif contg LF trn, rec L) to WRP LOD ;
- 11-12 Fwd L, -, fwd R, fwd L ; Fwd R, -, fwd L, fwd R to WRP LOD ;

13-16 SWITCHES;; OP VIN 4 TO 1/2 OP;;

- 13 Cross ifo W fwd & sd L trng RF to L-1/2-OP LOD, -, fwd R, fwd L (W fwd R, -, L, R) ;
- 14 Fwd R, -, fwd L, fwd R (W cross ifo M fwd & sd L trng to 1/2-OP LOD, -, fwd R, fwd L) ;
- 15 Fwd L trng 1/4 RF to BFLY WALL, -, XRib, - ;
- 16 Sd L trng LF, -, XRif, - blndg to 1/2-OP LOD ;

PART C

1-4 THE SQUARE — END IN SKATERS LOD;;;;

- 1 With switch action Xif of W sd L twd WALL, -, trng RF to L-1/2-OP COH fwd R , fwd L (W small step fwd R trng LF to fc COH, -, fwd L, fwd R) ;
- 2 Small step fwd R trng LF to fc RLOD, -, fwd L, fwd R (W with switch action Xif of M sd L twd LOD, -, trng RF to 1/2-OP RLOD fwd R, fwd L) ;
- 3 With switch action Xif of W sd L twd COH, -, trng RF to L-1/2-OP WALL fwd R , fwd L (W small step fwd R trng LF to fc WALL, -, fwd L, fwd R) ;
- 4 Small step fwd R trng LF to fc LOD, -, fwd L, fwd R (W with switch action Xif of M sd L twd RLOD, -, trng RF to 1/2-OP LOD fwd R, fwd L) blndg to SKTRS LOD ;

5-8 FWD 6;; SLOW ROLL 3 & PU;;

- 5-6 Fwd L, -, fwd R, fwd L ; Fwd R, -, fwd L, fwd R to SKTRS LOD ;
- 7 [With each stp progressing down LOD] Sd L stg LF trn, -. sd & bk R contg LF trn, - (W sd R stg RF trn, -. sd & bk L contg RF trn, -) ;
- 8 Sd & bk L compg LF trn to fc ptr & WALL, -, thru R trng LF to fc LOD ldg W to CP, - (W sd & bk R compg RF trn to fc ptr, -, thru L trng LF, -) to CP LOD ;

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9-12 TRIPLE TRAVELER;;; BASIC ENDG – BFLY;

- 9 Fwd L, -, fwd R, fwd L (W sd & bk R trng 1/4 LF, -, sd & fwd L trng LF undr jnd ld hnds, sd & fwd R cont LF trn to fc LOD) ;
- 10 Fwd R spiral LF undr jnd ld hnds, -, fwd L, fwd R (W fwd L, -, R, L) ;
- 11 Fwd L, -, fwd R, fwd L trng 1/4 LF to fc COH (W twrl RF undr jnd ld hnds moving dwn LOD R, -, L, R) to CP COH ;
- 12 Repeat Measure 4 of Part A ;

13-16 TWSTY BASICS TO WRAP;; SWEETHEART RUN; ROLL LADY ACROSS;

- 13 Sd L, -, XRib (W XLif), rec L ;
- 14 Sd R raise jnd ld hnds to ld W to trn LF, -, XLib trng LF to fc RLOD, rec R (W sd L stg LF trn undr jnd ld hnds, -, XRif contg LF trn, rec L) to WRP RLOD ;
- 15 Fwd L, -, fwd R, fwd L ;
- 16 Fwd R ldg W to roll acrs ifo M, -, fwd L, fwd R (W fwd L diag acrs LOP stg LF roll acrs ifo M, -, sd R compg roll to fc RLOD, fwd L) to L-1/2-OP RLOD ;

17-20 RK FWD REC FC; RK THRU REC SD; APT PT; TOG TCH;

- 17 Rk fwd L, -, rec R trng 1/4 LF, sd L to BFLY WALL ; [analogous to a *New Yorker*]
- 18 XRif, -, rec L, sd R to BFLY WALL ; [analogous to a *Fence Line*]
- 19 Apart L, -, point R twd ptr & WALL ;
- 20 Stp tog R, -, tch L to R blndg to CP WALL ;

ENDING**1-4 ROLL LADY OUT TO SD; FWD 3; SLOW HITCH 3 TWIRL OUT 3 TO FCG & ACKNOWLEDGE;;**

- 1 Fwd L release jnd ld hnds and lead W to begin roll out to M's R sd, -, fwd R, fwd L (W roll RF R, -, L, R twd WALL) to OP LOD ;
- 2 Fwd R, -, fwd L, fwd R ;
- 3 Fwd L raising jnd trlg hnds leading W to begin RF trn undr jnd trlg hnds, -, cl R, - (W fwd R trng 1/4 RF, -, sd & bk L trng 1/4 RF to fc ptr & RLOD, -) to OP-FCG LOD ;
- 4 [Over entire measure] Bk L with R ft ptd twd ptr & slowly sweep L hnd dwn then bk then slightly upward twd DRC (W DLC) & then smile at ptr ;