FORGET ME NOT

Choreographers: Brent and Judy Moore,
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Music: Prandi Sound CD 196, Latin Sensation 20 Feinda, track 16, “Olvidame”
Footwork: opposite, directions for man
Sequence: A, B, B, A (1-6), Ending
Difficulty Level: average
Level: PHASE IV+2 (spiral, hip twist) Rumba 2007

INTRODUCTION

1-4 WAIT 2;; HIP ROCKS 2 SLOWS; HOCKEY STICK ENDING man in 2:
1-2 [WAIT 2] Tandum face WALL left feet free for both hnds on lady’s hips;;
3 [Slow Hip Rock SS] Rock L & R roll hip fwd & bk, -, rec R roll hip fwd & bk fc WALL, -;
4 [End of Hockey Stick Trans SS(QQS)] Cl L lead lady fwd, - trn lady LF jn lead hnds, fwd R strmg stp to opn fcng fc WALL,- (fwd L, fwd R trn LF, bk L to opn fcng fc COH,-);

PART A

1-6 OPEN HIP TWIST; FAN; ALEMANA;; SHOULDER to SHOULDER; CROSS BODY;
1 [Hip Twist] Fwd L, rec R, cl L press lft hnd slght fwd,-(bk R, rec L, fwd R trn RF to LOD,-);
2 [Fan] Bk R, rec L, sd & fwd R fan pos,- (fwd L, fwd R trn LF to fc RLOD, bk L fc ROLD,-);
3-4 [Alemana] Fwd L, rec R raise lead hnds, cl L,-; bk R, rec L, sd & fwd R to bfly sdcar WALL,- (cl R, fwd L, fwd R toe out start RF trn,-; fwd L brush rght ft trn RF, fwd R trn RF brush lft ft, trn RF sd L to bfly sdcar,-);
5 [Shldr to Shldr] Fwd L sdcar DRW, rec R, sd L to LOD release trail hnds,-;
6 [Cross Body] Bk R toe in brng lady fwd, rec L body trn LF, sd & fwd R to lft opn fc LOD,- (fwd L btwn man’s feet trn LF, fwd & sd R trn LF, sd L to left opn LOD,-);* 2nd tm to bfly COH

7-14 AIDA; SWITCH RECOVER CROSS; CRAB WALK 3; FENCE LINE; SPOT TURN; CROSS BODY; BASIC;;
7 [Aida] Thru L, fwd R slght cbmp trn LF (RF) release lead hnds, jn trail hnds bk & sd L invert “V” pos fc RLOD lead hnds up & out,-;
8 [Switch Cross] Trn RF (LF) rk sd R bfly, rec L, XRIFL to bfly mvng RLOD,-;
9 [Crab Walk 3] Hips trn RF (LF) chest fc partner sd L, trn hips LF (RF) thru R toe out, hips trn RF sd L “V” bfly RLOD,-;
10 [Fence] Thru R RLOD soften knee body erect extend arms to bfly, rec L trn RF (LF), sd & fwd R to “V” bfly LOD,-;
11 [Spot Turn] Thru L trn RF (LF) 1/2, rec R trn RF (LF) 1/4, sd & fwd L RLOD,-;
12 [Cross Body] Bk R toe in brng lady fwd, rec L body trn LF, sd & fwd R to cp fc WALL,- (fwd L btwn man’s feet trn LF, fwd & sd R trn LF, sd & bk L to cp,-);

PART B

1-6 ALEMANA;; HAND to HAND twice;; WHISK LINE lady SPIRAL; FAN;
1-2 [Alemana] Fwd L, rec R raise lead hnds, cl L,-; bk R, rec L, sd R to bfly fc WALL,- (bk R, fwd L,fwd R toe out start RF trn,-; fwd L brush rght ft trn RF, fwd R trn RF brush lft ft, trn RF sd L to bfly,-);
3-4 [Hand to Hand twice] Trn LF on R (RF on L) bmrg trail hnds thru bk L lead hnds up & out, rec R trn RF (LF) , sd L to bfly Wall,-; trn RF on L (LF on R) bmrg lead hnds thru bk R trail hnds up & out, rec L trn LF (RF) , sd R to loose cp WALL,-;
5 [Whisk & Spiral] Sght trn LF XLIBR semi LOD, rec fwd R slght trn RF, sd L raise lead hnds spiral lady LF,- (sght trn RF XRIBL, rec fwd L, fwd R spiral LF to look LOD body fc DLW,-);
6 [Fan] Fwd R, cl L trn RF, sd & fwd R fan pos, - (fwd L, fwd R trn LF to fc RLOD, bk L fc RLOD, -);

7-12 HOCKEY STICK, ; HALF BASIC UNDERARM TURN to SDCAR; CHECK lady DEVELOPE; BACK SIDE CLOSE;

7-8 [Hockey Stick] Fwd L, rec R raise jnd lead hnds, cl L look at prtnr, -; slght body trn RF bk R bnd L, rec fwd L, fwd & sd R fc opn fcng DRW, - (cl R, rec L, fwd R slght RF body trn look at man, -; fwd & sd L, fwd R trn LF undr lead hnds, bk L, -);

9 [1/2 Basic QQS] Fwd L, rec R, sd L opn fcng fc DRW, -;

10 [Underarm Turn] Bk R raise lead hnds trn W under, rec L, sd & fwd R bfly sdcar fc DRW, - (thru L trn 1/2 RF under lead hnds, rec R trn 1/2 RF, sd & bk L bfly sdcar, -);

11 [Check Develope SS] Ck fwd L in bfly scr DRW, -, strghtn rght knee slowly shape body to lt keep rght leg extnded bk bhnd body, - (ck bk R in bfly scr, -; raise lft knee, kick lft leg to DLC & lower to R);

12 [Back Side Close] Bk R, slght trn LF sd L, cl R opn fcng fc WALL, -;

BRIDGE

1-2 CHASE with FULL TURNS, ;


END

1-11 SERPIENTE, ; FENCE LINE; CROSS BODY; NEW YORKER; UNDERARM TURN; LARIAT, ; REVERSE UNDERARM; CROSS BODY; AIDA & HOLD;

1-2 [Serpiente] Thru L LOD slght trn LF (RF), sd R, bk LXIBR toe in swivel RF (LF) on L ronde R CW (CCW) to XIBL, -; take wght on RXILB, slght trn RF (LF), sd R, fwd RXIFL toe out swivel RF (LF) on R ronde L CW (CCW) to prnt RLOD in “v” bfly LOD, -;

3 [Fence Line] Fwd LXIFR LOD soften knee body erect extnd arms, rec R, sd L to bfly fc COH, -;

4 [Cross Body] Bk R toe in brng lady fwd, rec L body trn LF, sd & fwd R to “V” RLOD, - (fwd L btwn man’s feet trn LF, fwd & sd R trn LF, sd & bk L to “V”, -);

5 [New Yorker] Body trn RF ck thru L, rec R trn LF, sd L to fc WALL, -;

6 [Underarm Trn] Bk R raise lead hnds trn W under, rec L, cl R fc WALL, - (thru L trn 1/2 RF under lead hnds, rec R trn 1/2 RF, sd L fc COH, -);

7-8 [Lariat] Sd L part wght raise lead hnds lead W arnd rght sd hnd over M’s head, rec R, cl L fc, -; sd & bk R part wght, rec L, sml step sd & fwd R, -; (circle wlk CW arnd man fwd R, fwd L, fwd R WALL; cont circle wlk fwd L, fwd R, sd & fwd L to “V” RLOD);

9 [Rev Underarm] Ck thru L raise lead hnds, rec R trn LF, sd & bk L to fc DLW, -(thru R trn LF under lead hnds, rec L trng LF, sd & fwd R, -);

10 [Cross Body] Bk R toe in brng lady fwd, rec L body trn LF, sd & fwd R to lft opn fc LOD, -(fwd L btwn man’s feet trn LF, fwd & sd R trn LF, sd L to lft opn LOD, -);

11 [Aida] Thru L, fwd R slght cbmp trn LF (RF) release lead hnds, jn trail hnds bk & sd L invert “V” pos fc RLOD lead hnds up & out, -;

Sequence: Intro A, B, B, Bridge, A(1-6), Ending