FOREVER LOVE

Choreographer: Chris & Rose Cantrell, 1110 Sage St., Broomfield, CO 80020, Tel: 303-947-7466, email: christopher.a.cantrell@gmail.com, luvz2coachvb@gmail.com

Music: “Forever Love” by Dance Mania, CD: “The Ballroom: Waltz”, Track #3, Available at Amazon and other sites

Speed and Length: Speed -4.4% (equivalent to 43 rpm), Length@43: 2:40 As downloaded@45: 2:33

Editing: none

Style & Phase: Waltz, Phase IV + 2 (Natural Weave, Change of Sway)

Degree of Difficulty: Average

Steps: Directions for M, W normal opposite, exceptions in ( )

Timing: 123 unless noted

Released: May 2017, v1.1


Introduction

[1-4] Wait 2;; Fwd Hvr Rec; M Box Fin W Trn Trans to CP-DLC;
[1-2] {Wait 2 Measures} Wait two measures Shadow DLW L ft free ;;
[3] {Forward Hvr Rec} Fwd L, fwd R rise & chkg, rec L (W same footwork) ;
[4] {Lady Trn Trans} Bk R, sd L, cl R trn LF CP-DLC (W Bk R comm LF trn, fwd L cont trn/sd R cont trn, cls L to R CP) ;

Part A

[1-4] 2 Left Turns;; Hover; Wing;
[1-2] {2 Left Turns} Fwd L comm LF trn, sd R con trn, cl L to R CP-RLOD ; bk R comm LF trn, sd L cont trn, cl R to L CP-DLC ;
[3] {Hover} Fwd L, fwd & sltly sd R w/ rise, fwd & sd L to SCP-DLC (W bk R, bk & sltly sd L w/ rise, fwd R SCP) ;
[4] {Wing} Fwd R, draw L trn bdy LF, tch L SCAR-DLC (W fwd L, fwd R crvg LF arnd M, fwd L to SCAR) ;

[5-8] Open Reverse Turn; Hover Corte; Back Whisk; Wing;
[5] {Open Reverse Turn} Fwd L comm LF trn, sd R cont trn, bk L BJO-DRC (W bk R comm LF trn, sd L cont trn, fwd R BJO) ;
[6] {Hover Corte} Bk R CP comm LF tum, sd & bk L cont tum, sd & bk R prep to stp BJO-DLW (W fwd L CP comm LF trn, sd & fwd R cont trn, fwd & sd L prep to stp BJO) ;
[7] {Back Whisk} Bk L BJO, bk & sd R SCP-DLW, XLIB chkg (W fwd R BJO comm RF trn, bk & sd L SCP, XLIB chkg) ;
[8] {Wing} Fwd R, draw L trn bdy LF, tch L SCAR-DLC (W fwd L, fwd R crvg LF arnd M, fwd L to SCAR) ;

[9-12] Closed Telemark; Natural Weave;; Open Natural Turn;
[9] {Closed Telemark} Fwd L comm LF turn, sd & fwd R cont trn, fwd & sd L to BJO-DLW (W bk R comm LF trn, cont trn cl L to R [heel trn], sd & bk R cont trn BJO) ;
[10-11]  
\{Natural Weave\} Fwd R comm RF trn, sd & fwd L cont trn, bk R (W bk L comm RF trn, cont trn cl R to L [heel trn], fwd L) ; Bk L BJO, bk R trn LF, sd & fwd L prep to stp BJO-DLW (W fwd R BJO, fwd L trn LF, sd & bk R prep to stp BJO) ;

[12]  
\{Open Natural Turn\} Fwd R comm RF trn, sd & bk L cont trn, bk R prep to stp BJO-DRC (W bk L comm RF trn, sd & fwd R cont trn, fwd L prep to stp BJO) ;

[13-16]  
\{Open Impetus LOD; In & Out Runs\; Slow Side Lock\;  
[13]  
\{Open Impetus\} Bk L comm RF trn, cl R to L cont trn [heel trn], fwd & sd L to SCP-LOD (W fwd R comm RF trn, sd & fwd L cont trn RF brush R to L, fwd R SCP) ;

[14-15]  
\{In and Out Runs\} Fwd R trn RF, Sd & bk L cont trn, bk R prep to stp BJO-RLOD (W fwd L trn RF, fwd R btwn M's feet cont trn, fwd L prep to stp BJO) ; Bk L BJO trn RF, sd R cont trn, fwd & sd L to SCP-LOD (W fwd R BJO trn RF, fwd R SCP, fnd & sfld L cont trn prep to stp BJO) ;

[16]  
\{Slow Side Lock\} Thru R, fwd & side L comm LF turn leading W to pickup, cont trn XRIB of L (W thru L, fwd & sd R trn LF, XLIF of R) to CP-DLC;

Interlude 1

[1-4]  
\{Diamond Turn;\;
[1-4]  
\{Diamond Turn\} Fwd L trn LF, sd R, bk L BJO-DRC ; Bk R trn LF, sd L, fwd R BJO-DRW ; Fwd L trn LF, sd R, bk L BJO-DLW ; Bk R turn LF, sd L, fwd R BJO-DLC ;

Part A

Interlude 2

[1-4]  
\{Diamond Turn 3/4;\; 1/2 Box Back (CP-DLW);\;
[1-3]  
\{Diamond Turn 3/4\} Fwd L trn LF, sd R, bk L BJO-DRC ; Bk R trn LF, sd L, fwd R BJO-DRW ; Fwd L trn LF, sd R, bk L BJO-DLW ;

[4]  
\{1/2 Box Back\} Bk R, sd L, cl R to L CP-DLW ;

Part B

[1-4]  
\{Fwd to Right Lunge; High Line & Slip; Open Telemark; SCP Chasse;\;
[1]  
\{Forward to Right Lunge\} Fwd L comm LF bdy trn, fwd & sd R flex rt knee, sway rt ;

[2]  
\{High Line & Slip\} Rec L trn RF SCP lft sway & high poise, , bk R trng LF CP-DLC (W rec R trn RF SCP with right sway & high poise, , trn L fwd L to CP) ;

[3]  
\{Open Telemark\} Fwd L comm LF turn, sd & fwd R cont trn, fwd & sd L SCP-DLW (W bk R comm LF trn, cont trn cl L to R [heel trn], fwd R SCP) ;

[4]  
\{SCP Chasse\} Thru R, fwd & sd L/cl R to L, fwd & sd L SCP-DLW (W thru R, fwd & sd R/cl L to R, fwd & sd R SCP) ;

[5-8]  
\{Pickup to Handshake; M hold~W Developé; Together W Swivel SCP; Pickup DLC;\;
[5]  
\{Pickup to Handshake DLW\} Sml thru R, cl L, cl R chg to hndshk W offset to rt sd fc DLW (W thru L trn LF, sd & bk R, cl L hndshk fc DRC) ;

[6]  
\{Man Hold~Woman Developé\} Hold, , (W lift R along lft leg until ft even w/ lft knee, xtnd R fwd twd DRC, lower R to tch L) ;

[7]  
\{Together W Swivel SCP\} Fwd L, , SCP-DLC (W fwd R swvl RF SCP, ,) ;

[8]  
\{Pickup DLC\} Thru R, sd & fwd L, cl R to CP-DLC (W thru L trn LF, bk & sd R cont trn, cl L CP) ;
Part A

Ending

[1-5] Viennese Turns;; Open Telemark; Promenade Sway, S Change Sway;;

[1-2] {Viennese Turns} Fwd L comm LF trn, sd R cont trn, XLIF CP-DRC (W bk R comm LF trn, sd L cont trn, cl R CP); Sd & bk R comm LF trn, sd L cont trn, cl R CP-DLW (W sd & fwd L comm LF trn, sd R cont trn, XLIF CP) ;

[3] {Open Telemark} Sd & fwd L twd LOD comm LF turn, sd & fwd R cont trn, fwd & sd L SCP-DLW (W sd & bk R twd LOD comm LF trn, cont trn cl L to rt [heel trn], fwd R SCP) ;

[4-5] {Promenade Sway & S Change Sway} Lft sway w/ high poise look lft, flex lft knee & slowly chg to rt sway look at ptr, (W rt sway w/ high poise look rt, flex rt knee & slowly chg to lft sway look well lft, ) ; ;

Head Cues


Introduction

[1-4] Wait 2;; Fwd Hvr Rec; M Box Fin W Trn Trans to CP-DLC;

Part A

[1-4] 2 Left Turns;; Hover; Wing;
[5-8] Open Reverse Turn; Hover Corte; Back Whisk; Wing;
[9-12] Closed Telemark; Natural Weave;; Open Natural Turn;
[13-16] Open Impetus LOD; In & Out Runs;; Slow Side Lock;

Interlude 1

[1-4] Diamond Turn;; ;;

Repeat Part A

Interlude 2

[1-4] Diamond Turn 3/4;; 1/2 Box Back (CP-DLW);

Part B

[1-4] Fwd to Right Lunge; High Line & Slip; Open Telemark; SCP Chasse;
[5-8] Pickup to Handshake; M hold~W Developé; Tog W Swvl SCP; Pickup DLC;

Repeat Part A

Ending

1-5] Viennese Turns;; Open Telemark; Promenade Sway, S Change Sway;;