FOR YOU

CHOREOGRAPHER - THE LATE GORDON & BETTY MOSS (Written sometime in the early 60's)
RECORD - Decca 13574 (New release American Pie 9129) For You - Rick Nelson
RHYTHM - Mixed - Phase III
FOOTWORK - Opposite, Directions for man except as noted
RELEASE DATE - June 1994 by Jim & Bonnie Bahl - 4420 Tannerson - Denver, CO 80212
303/477-1594 (With the hope that new dancers will enjoy fun old dance, since record has been recut & is now readily available)

INTRO

MEAS
1 - 4     WAIT, APT, DIG, TOG, CP-, FWD, BK, BK-, BK, FWD, FWD-:
In OP wait 1 meas, step apt on L to face diag away from ptr, dig stab R toe
to floor at L instep no wgt, step tog on R to CP M's bk COH-, Rk Fwd on L,
step bwd twd COH R, L-, Rk bk on R trn half way to LOD, step fwd L, fwd R
trg to face LOD-; (Mambo running basic no closing step)

PART A

1 - 4     FWD-, TRN R, SIDE, XIB FAN/CLOSE PT SWD-, BK, SIDE, REL, COV SCP, FWD 2, 3,
FWD 2, FACE CP, TCL:
CP M feg, LOD step fwd L-, furd R trn 1/4 RF, step side LOD on L, XIB of L
(W XII) check full wgt on R, immediately R R hits floor start very small Q-L
fanQ-L close almost under R R, pt R swd LOD with R-knee bent close to L
knee R toe barely tch floor about 12 inches away (try to avoid "jump" on close pt-)
R swd R merely shift wgt, recov in place of L trg to SCP feg LOD, fwd
LOD R/R, L, furd L/R, step fvd R trg 1/4 RF to CP M's bk COH, Lch L-
5 - 8     SIDE, CLOSE, TCL, SIDE, CLOSE, TCL, BEND KNEES L, L, BEND KNEES R, FWD,
BK, BK-, BK, FWD, FWD-:
Step side L, close R, Lch L, side L, close R, Lch L, feet tug bend both knees
dig tbsp LOD, bend both knees dig tbsp LOD, (keep knees bend small & subtle)
repeat Mambo Running Basic of Meas 3-4 of Intro,
9 - 10    REPEAT Action of Meas 1-8

PART B

17-20   L, TRN-, L, TRN-, L, JO, FWD, BK, FWD, FWD, LK, FWD, FWD, LK,
CP M feg, LOD step fwd L trg LF-, step R arm, close L, step bwd on R trg
LF-, step swd L to face LOD, close R in Mod 1/4, step fvd L in LOD lean
slightly tbsp COH, Rk RIB of L, step fvd L, step fvd R lean slightly tbsp Wall,
R Lfh of R, step fvd R, step fvd L lean slightly tbsp COH, Rk RIB,
21-24   L, TRN-, L, TRN-, L, TRN-, L, JO, FWD, BK, FWD, FWD, LK, FWD, TRN CP, TCL-,
Repeat Action of Meas 17-19, Lk Lfh of R, step fvd R trg 1/4 RF to end CP
M's bk COH, Lch L-;

PART C

25-28   APT, TOG, WRAP-, BK-, BK, BK, REL, CV, DIG, UNWRAP, L, FLY, SIDE, FLY
SIDE, TCL:
From CP Rk ap on L join both hands, M step fvd R in place, close L (Wrk ap
on R, step fvd L, R trg LF under the M's L & W's R raised hands) to end in
a wrap both feg Wall, step bwd R-, Rk bk on L, recov in place on R, dig L
toe to floor at R instep no wgt trg in tbsp ptr almost face-to-face,
M step L, R in place with L hand high (W unwrap RF R, L) to end in Bilby M's
bk COH, step side L, Lch R, side R, Lch L;
29-32    REPEAT Action of Meas 25-28 except of last side, Lch manu to CP M feg LOD

TAG - At end of Meas 8 of Part A, step apt on L-, ptr R tbsp ptr as music fades-;
FOR YOU—4-U

INTRO...(START OP=LOD, END CP=LOD)

WAIT; APART, "dig", TOG,--; FWD, BK, BK,--; BK, FWD, FWD--;;

2. . . .OP=LOD L apart to face diag-away from ptr, R "dig" stab R-toe to floor at L instep no wgt, R step tog CP=Wall, HOLD;

3-4. . . .L rok fwd wall, R bk, L bk, HOLD; R rok bk COH turn half way to LOD, L fwd, R fwd bend line to full LOD, HOLD; (Mambo running basic no closing step)

PART ONE (8 meas)...(Start CP=LOD, End CP=LOD)

FD,--, TURN, SIDE; XB, fan/CLOSE, point,--; ROK, REC, FD/2,3; FD/2,3, FACE, tch;
SIDE, CLOSE, tch, SIDE, CLOSE, tch, KneN, KneN; FD, BK, BK,--; BK, FD, FD,--;

1-2. . . .CP=LOD L fd slow,--; R fd turn CP=Wall, L side; R xb (W xi) CHEK bal full wgt on R, immediately R-ft hits floor very small quick L-fan, Quick L-close almost under R-ft as (/)/ half-ct) Quick R point swd--RLOD, HOLD (do not point with straight leg...keep R-knee bent few inches from L-knee with side of R-toe barely tch floor 12-14 inches away...try avoid "jump" on Close/point);

3-4. . . .R rok swd do not move feet merely shift wgt, L rec in place turn SCP=LOD, Fwd Quick R/L, R; Fwd quick L/R, L, go R fwd turn CP=Wall, L tch;

5-6. . . .(No pause 8-even-timed moves grouped 3-3-2) L side, R close, L tch, no pause repeat L side, R close, L tch, no pause feet together bend both knees diag-LOD, then diag-RLOD (keep knee business very small & subtle);

7-8. . . .Mambo running Basic same as Intro to end CP=LOD to re-start L fwd slow....

9-16...REPEAT

PART TWO (8 meas)...(Start CP=LOD, End CP=Wall)

L TURN,--,2,3; bk TURN,--,2,3; FD, LOK, FD, FD, LOK, FD, LOK;
L TURN,--,2,3; bk TURN,--,2,3; FD, LOK, FD, FD, LOK, FACE, tch,--;

17-18. . . .CP=LOD 2 LF turns L fd slow,--, R around, L close, R bk turn slow,--, L close, R close;

19-20. . . .LOD-Modified Bjo (r-hips overlap) go LOD 8-even-timed run-lk steps lean COH wgt centered over L ft for L fd, R lok, L fd, no pause lean twd wall wgt centered over R ft for R fd outside W's R ft; L lok, R fd, no pause wgt centered over L ft for L fd, R lok; (no pause continue L fd for next turns)

21-22. . . .From above lok L fd slow,--, to repeat LF turns as in 17-18;-

23-24. . . .only 6 lok steps grouped 3-3) L fd, R lok, L fd, then R fd; L lok, R fd CHECK turn to CP=Wall, L tch, HOLD;-

PART THREE (4 meas repeated)...(Start CP=Wall, End CP=LOD)

APART, TOG, WRAP,--; BK,--, BK, REC; "dig", --, UNWRAP,2; SIDE, tch, SIDE, tch;

25. . . .CP=Wall L rok apart join 2 hands, R f wd in place, L close, HOLD (last 2 steps L-hand high W advance L, R turning LF to 2-arm-wrap both face wall);

26. . . .R bk slo slow,--, bk again on L rok, R recover in place; (no pause)

27-28. . . .L "dig", HOLD ("dig" stab L-toe to flour by R-instep no wgt as "tuck-in" snuggle almost face to face), then L, R in place with L-hand high (W unwrap R, L face M in Bfly); Then L side, R tch, R side, L tch remain Bfly-Wall;

29-32. . . .REPEAT 25-28 but last "side TCH'S" manuv to CP=LOD for repeat Part One;;;

SEQUENCE: ONE, ONE, TWO, THREE...ONE, TWO, THREE...TAG (one)

TAG: REPEAT ALL OF PART ONE MEAS 1-8 -- as music fades do APART,--, POINT,--;

NOTE: IN CAP CUES the use of lower case type for "foot" gestures (no wgt) . . serves double purpose of emphasizing "steps" as against mere "points" or "touche"s. Also note Startand end positions on each line with PART ONE etc.