For Sentimental Reasons

Choreo: Casey & Sharon Parker
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Web Site: DYCA.org
Music: “For Sentimental Reasons“ by Rod Stewart
Album: “Stardust... The Great American Songbook, Vol III”
Download: Available at several Internet download sites
Footwork: Opposite, dir to man, unless noted in parentheses
Sequence: Intro – A – B – A – B – A (1-11) - Ending

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Rhythm: Foxtrot
RAL Phase: V
Difficulty: Average
Time @ 100%: 3:02
Sug. Speed: 49 RPM in DM
Rel. Date: Oct 2017

Intro
1 – 4  Wait 2 meas ;;  Hover SCP ; Fthr DLC;
1-4  [Wait 2 meas] CP DLW lead ft free wait 2 meas ;;
   [Hover SCP] Fwd L, -, fwd & slightly sd R rising to ball of ft, sd & fwd L to tight SCP DLC;
   [Fthr DLC] Fwd R, -, fwd L, fwd R to BJO DLC (fwd L starting LF trn, -, sd & bk R to BJO DLC, bk L);

Part A
1 – 8  Rev Wave ; Impetus SCP ; Prom Weave ; Three Step ; Nat Weave;;
1-5  [Rev Wave] Fwd L begin LF trn, -, sd R cont trn, bk L CP DRC ; bk R, -, bk L, bk R to CP RLOD;
   [Imp SCP] Commence RF trn bk L, -, cont trn cl R to L heel trn, complete trn fwd L in tight SCP DLC (commence strong RF trn fwd R between M’s feet, sd & fwd L cont trn around M brush R to L, cont trn fwd R);
   [Prom Weave] Fwd R, -, fwd L commence LF trn, sd and bk on R to BJO DLC ; bk L BJO, bk R commence LF trn, sd and fwd L, fwd R outsdl partner to BJO DLW;
6-8  [Three Step] Blending to CP DLW fwd L, -, fwd R, fwd L;
   [Nat Weave] Fwd R begin LF trn, -, sd L (cl R heel trn), bk R BJO RLOD ; bk L BJO, bk R commence LF trn, sd and fwd L, fwd R outsdl partner to BJO DLW;
9 – 16  Hover Telemark ; In & Out Runs ;; Slow Sd Lk ; Rev Trn Half ; Hover Corte ; Bk Whisk ; Fthr DLW ;
9-12  [Hover Telemark] Fwd L, -, sd & fwd R rising and trng body 1/4 RF, small fwd L to SCP DLW (bk R, -, sd & bk L with rise and body trn RF, small fwd R);
   [In & Out Runs] Fwd R beginning to cross in front of W & trng RF, -, cont trn fwd & sd L, Bk R to BJO RLOD (fwd L, -, fwd R, fwd L) ; turning LF Bk L, -, fwd R, fwd L to half op lod (fwd R beginning to turn RF, -, cont trn fwd & sd L, cont trn fwd R to half op lod);
   [Slow Sd Lk] Thru R, -, sd & fwd L to CP, X Rib trng slightly LF (X Lif) CP DLC;
13-16  [Rev Trn Half] Fwd L starting LF trn, -, sd R cont trn (lady heel trn), bk L CP RLOD;
   [Hover Corte] Bk R trng LF, -, sd L rising cont slight LF trn, rec bk R to BJO DLW;
   [Bk Whisk] Bk L with slight RF body trn, -, sd & bk R leading W to begin trn to SCP DLW, X Lib on toes (X Rib);
   [Fthr DLW] Fwd R, -, fwd L, fwd R to BJO DLW (fwd L starting LF trn, -, sd & bk R to BJO DLW, bk L);

Part B
1 – 8  Three Step ; Half Nat ; Bk & Chasse SCAR DLW ; Hover Cross Ending ; Rev Trn Half ; Ck & Weave ;; Chg Dir ;
1-4  [Three Step] Blending to CP DLW fwd L, -, fwd R, fwd L;
   [Half Nat] Fwd R begin RF trn, -, sd L (cl R heel trn), bk R CP RLOD;
   [Bk & Chasse SCAR] Bk L trng RF, -, cont RF trn sd R/cl L, sd R to SCAR DLW;
   [Hover Cross Ending] SCAR DLW and on toes ck fwd L, rec R begin slight RF trn, sd & fwd L, fwd R outside ptr in bjo DLC;
5-8  [Rev Trn Half] Fwd L starting LF trn, -, sd R cont trn (lady heel trn), bk L twd RLOD CP;
   [Ck & Weave] Ck bk R, -, rec L, sd & Bk R ; bk L BJO, bk R comm LF trn, sd and fwd L, fwd R outsdl partner to BJO DLW;
   [Chg Dir] Fwd L, -, fwd R trng LF, draw L to R no weight CP DLC;

Ending
1 – 3  Slow Sd Lk ; Rev Trn Half ; Bk to a Hinge ;
1-3  [Slow Sd Lk] Thru R, -, sd & fwd L to CP, X Rib trng slightly LF (X Lif) CP DLC;
   [Rev Trn Half] Fwd L starting LF trn, -, sd R cont trn (lady heel trn), bk L CP RLOD;
   [Bk to a Hinge] Bk R trng LF (fwd R commence to trn LF), -, sd & slightly fwd L leading W to cross her L ft bhd her R keeping L sd in to ptr (sd R with R sd stretch and swiveling LF), relaxing L knee and trng R knee to sway R to look at W (cross L in Bk relaxing L knee & head to L with shoulders almost parallel to ptr no weight on R extending L arm out to sd);