Flying

Dance by: Dwain & Judy Sechrist, 2630 S. Honeysuckle Circle, Mesa, AZ 85209
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Music: Casa Musica - Vol 22 “The Best Of Ballroom - Part 10” - Track 1
(Edited - contact choreographer)

Footwork: Lady opposite (except as noted) Rhythm: Waltz Phase: V+2 Speed: per CD
Timing: 6/8 (described as 3/4)
Sequence: Intro, A, B, A, B Mod, C/End

INTRO

1 - 2 WAIT : APT WITH ARM SWEEP ;
1 {Wait} Wait fcg ptr & DLW - both on R ft - w/L ft crossed loosely behind R - arms at sides w/palms down;
2 {Apart w/Arm Sweep} Both lwr into R & step apt L as X arms in frnt of body and then up and out, -, -;

PART A

1 - 4 WHEEL/2 (LADY SPIRAL) TO SKTRS & ; FEATHER ; CHASSE RIGHT;
1 {Forward/side Ronde} Step fwd R join R-R hnds palm to palm about shoulder height comm RF trn/fwd L swivel RF when fcg ptr chg to L-L hnds, Ronde R CW prepare to pass behind W, -, - ( Fwd R to R-R hnds comm RF trn/fwd L swivel RF when fcg ptr chg to L-L hnds, Ronde R CW -, - );
2 {Vine 2 & hold (Vine 2 & Spiral) to Sktrs} XRIB trng RF to pass bhd W as raise jnd L hnds over W’s head, sd & fwd L, lead W’s Spiral as press R toe thru ttw RC end in Sktrs Pos ( XRIB to Vine in front of M fcg nearly DRW, sd L/XRIF small step, swivel LF on R to end with L toe & L sd ttw DLC );
3 {Feather} Fwd L, sd & fwd L, fwrd L RF of L ( Fwd L, fwrd & sd R, XRIB ) CBJO;
4 {Turn Left & Chasse Right} Fwd L trng LF, sd R/cL L, sd & bk R ( Bk R, sd L/cl R, sd & fwr L ) ;

5 - 8 OUTSD CHG (BJO) : PROM RUN W/PVT & ; RUDOLPH TO OPN SIT LINE ; ;
5 {Outside Change to BJO} Bk L, bk R trng LF, sd & fwr L in CBJO DLW ( Fwd R, fwr L trng LF, sd & bk L ) ;
6 {Promenade Run & Pivot 12&3} Thru R, fwr L & fwr L fwr L swivel RF to end in CP bkg tww DLW, bwr L pivot RF to fc DLC ( Bk L, sd R/fwd L to CP, fwr L pivot RF );
5 - 8 {Rudolph Ronde - to end in Open Sit Line} With R sd leading stp sd & fwrd R tww LOD lifting R hip to start a Rudolph, -, wait until W has achieved Fallaway position then rel R sd hold; and swivel RF on ball of R no rise to nearly face ptr & RLOD then stp bk L tww LOD as extend ld hnds leading W to Sit Line, sweep R arm up & out to end in Open Sit Line, - ( Bk L, Ronde R CW, XRIB; take wgt onto R ft w/L toe pointed fwr & lwr into R leg in Sit Line fwr ptr & nearly LOD, sweep L hnd up and back, - );

9 -12 LADY SYNC INSER ROLL (BJO) : MANEUVER ; HESIT CHG (DLC) ; REV FALWY & SLIP ;
9 {Back Chasse to BJO (Syncopated Inside Roll) 12&3} Bk R trng LF lead W’s LF roll, sd L/cl R, sd & fwr L ( Fwd L, fwr & sd R trng LF/cont trn as cl L, sd & bk R completing 1 & 3/8 LF trn ) to CBJO DLW;
10 {Half-Natural} Fwd R, fwr & sd L, cl R ( Bk L, bk & sd R, cl L ) CP fcg RLOD;
11 {Hesitation Change} Bk L comm RF trn, sd R, draw L tww R ( Fwr R, sd R, draw R tww L ) DLC;
12 {Reverse Fallaway & Slip 123& } Fwr L comm LF trn, sd & bk R/XRIB, bk R & swivel LF to CP with L sd lead near LOD ( Bk R, sd & bk L/XRIB, L fwr & swivel LF );

13-16 OPN REV TURN TO ; SLOW THROWAWAY ; ; & CHG TO SAME FT LUNGE LN (DLC) ;
13 {Open Reverse Turn} Fwr L LOD, sd & bk R Contra BJO, bk L ( Bk R, sd & fwr L, fwrd R ) ;
14-15 {to Slow Throwaway Oversway} Bk R tww LOD, bk & sd L tww DLW well over the L foot looking tww DLW, - ; retain upper bodies nearly square as rotate RF, relax L knee to end with hips tww ptr and upper body fwr ptr & LOD & DLW with “stretched” upward and slightly back, and R toe pointed tww RLOD ( Fwr L trng LF, fwr & sd R btw M’s feet allow L foot to pass slightly behind R foot, -; as the M lowers with LF turn slowly press L toe bk towards LOD, while looking up and well to L, -);
16 {Change to Same Foot Lunge Line} In a continuous motion across measure . . . trn body RF as rise on L with slight L sway until fully up fwr ptr with W square then cl R to L and lower into R as extend tww DLW tww body RF to end in Same Foot Lunge Line ( Turn body RF as rise & draw L to R trng square to M w/head R then press L thrw tww DLC and lower into R leg changing head to L ending in Same Foot Lunge Line );
PART B

1 - 4 STRT A TELESPIN W/PIKUP TO CHG OF DIR ; ; CONTRA CHK REC SCP ; OPN NATRL ;

1 {Start a Telespin with Pickup &123&} Trng body LF lead W to turn nearly to CP/fwd L DLC, fwd & sd R trng LF, sd & bk L with partial weight & toe twd DLW/rec slightly to R trng body LF leading W to turn nearly to CP ( Step L trng LF to end with R toe pointed bk twd DLC/bk R, heel trn on R as cl L to R trng LF, sd & fwd R twd DLW in tight SCP/stp fwd L small step with quick LF swivel end with R toe pointing twd DLW );

2 {Change of Direction} Fwd L, fwd & sd R to CP fcg nearly COH, cont LF body trn as draw L twd R at same time lwr into R ( BK R, bk & sd L as draw R to L trng LF, cont LF body trn as lwr into L );

3 {Contra Check recover SCP} Ck fwd L in CBMP, rec R, sd & fwd L SCP DLW ( Ck bk R in CBMP, rec L, sd & fwd R );

4 {Open Natural} Thru R, sd & bk L, bk R twd DLW with R side leading ( Thru L, fwd R, fwd L );

5 - 8 OTSD SWVL TO WHIPLASH & SLO SWAY CHG ; ; BK, REC, SWITCH (LADY SYNC ROLL TO FC) ; MAN TO SKTRS (LADY HOVER TURN) ;

5 - 6 {Outside Swivel to Whiplash & slow sway change} Bk L in CBMP leading W to Outside Swivel, thru R in tight SCP, pt L sd & fwd with slight sway twd RLOD; slowly change sway, while trng body LF, turning W to CBJO ( Fwd R/swivel RF to tight SCP - retain shoulders nearly square to M, thru L in tight SCP, quickly point R ft to sd & bk with slight sway twd SCP; slowly change sway, while trng body LF, to end in CBJO fcg LOD );

7 {Check back recover Switch (Syncopated roll 123&)) Ck bk L, apply pressure to lead hnds to start W’s roll as rel hold & rec fwd R, swivel LF on R to fc ptr & LOD ( Fwd R, fwd L trng RF, fwd R trng RF/lift bk L fcg ptr & RLOD completing 1 & 1/2 RF trn );

8 {Forward 3 to Skaters (Lady Hover Turn with Arms)} Fwd L, R, L to Sktrs Pos fcg DLW with L sd lead ( Fwd R as fold arms in frnt of body, slight rise on R trng LF, rec L as sweep arms out to end in Sktrs Pos fcg DLW );

Note: Same footwork for next 10 measures

9 - 12 X-PVT ; LADY WHISK ; X-PVT ; LADY WHISK ;

9 {Cross-Pivot to Left Skaters} Fwd R comm RF trn, fwd & sd L pivot RF, sf & fwd R DLW rel R hnd hld ( Fwd R comm RF trn, cl L toe-pivot RF, sd & fwd R twd DLW );

10 {Lady Whisk} XLIF of R with L hnd on W's waist lead W twd DLW - checking motion - , XRB trn slightly RF, sd & fwd L to end with L sd lead in Sktrs Pos feg DLW ( XLIF of R twd DLW passing in front of M, cont with R sd lead as stp sd & fwd R DLW to end in frnt of M, trng upper body RF allow L to XIB of R to end in Sktrs Pos feg DLW );

11 {Cross-Pivot to Left Skaters} Repeat Meas 9

12 {Lady Whisk} Repeat Meas 10

13-16 UNDERARM ROLL ; SHAD FENCLN & HLD ; ROLL 3 RLOD (BK-SD-CL)) ; APT W/ARM SWEEP ;

13 {Right Underarm Roll to Shadow} Fwd R comm RF roll twd LOD, raise jnd hnds to pass over W’s head as cont roll sd & bk L, cont roll to stp sd & fwd R in Shadow - W behind M - feg DLC w/L hnds joined bhd M’s back;

14 {Shadow Fencing Line and hold} Rel jnd hnds as XLIF of R, hold as sweep R arms fwd L hnds bk bk, -;

15 {Roll 3 RLOD (Back, -, side/cl)} Rec to R trng LF/fwd L trng LF, sd R draw L to R to fc ptr & DLW ( Rec to R trng LF rel jnd hnds, cont trn sd L, draw R to L/cf L to fc ptr & DRC);

Note: Timing feel for the Man is &QS for the Woman it is QS&

16 {Apart w/Arm Sweep} Repeat Meas 2 of Intro

PART A

1 - 4 WHEEL/2 RONDE ; VINE 2 (LADY SPIRAL) TO SKTRS & ; FEATHER ; CHASSE RIGHT ;

5 - 8 OUTSD CHG (BJO) ; PROM RUN W/PVT & ; RUDOLPH TO OPN SIT LINE ; ;

9 -12 LADY SYNC INSD ROLL (BJO) ; MANEUVER ; HESIT CHG (DLC) ; REV FAWLWY & SLIP ;

13-16 OPN REV TURN TO ; SLOW THROWAWAY ; ; & CHG TO SAME FT LUNGE LN (DLC) ;

PART B (Mod - Meas. 13 - 16)

1 - 4 STRT A TELESPIN W/PIKUP TO CHG OF DIR ; ; CONTRA CHK REC SCP ; OPN NATRL ;

5 - 8 OTSD SWVL TO WHIPLASH & SLO SWAY CHG ; ; BK, REC, SWITCH (LADY SYNCC
ROLL TO FC) ; FWD 3 TO SKTRS (LADY HOVER TURN) ;
9 - 12  X-PVT ; LADY WHISK ; X-PVT ; LADY WHISK ;
13-16 SKTRS CHASSE ; UNDERARM ROLL ; SHAD FENCLN & HLD ; SYNC ROLL RLOD (BK-SD-CL) ;
13 {Skaters Chasse 12&3} Fwd R, sd & fwd L/cl R, sd & fwd L;
14 {Right Underarm Roll to Shadow} Repeat Meas 13 of part B
15 {Shadow Fencing Line and hold} Repeat Meas. 14 of Part B
16 {Sync Roll to face (Back, -, side/cl)} Rec to R switch LF/fwd L trng LF, sd R to fc ptr & wall draw L to R as join lead hnds/cl L ( Rec to R trng LF, cont trn sd L, draw R to L join lead hnds/cl R to fc ptr & DRC);
   Note: Timing feel for the Man is &QS& and for the Woman QS&

PART C/END

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1 - 4 BOLERO WHISK W/ARMS ; BOTH ROLL & SCP CHASSE ; ; WING-SWIVEL (BJO) ;
1 {Bolero Whisk with Arm Sweep} Sd R as start CW sweep of R arm, -, , XLIB cont arm sweep/rec R ( Sd L as start CCW sweep of L arm, -, , XLIB cont arm sweep/rec L );  Note: Timing feel is SQ&
2 {Both Roll 3 to SCP} Roll LOD fwd L trng LF, bk R, sd & fwd L ( Roll LOD fwd R trng RF, bk L, sd & fwd R ) SCP;
3 {Promenade Chasse 12&3} Thru R, sd & fwd L/cl R, sd & fwd L ( Thru L, sd & fwd R/cl L, sd & fwd R );
4 {Wing-swivel to BJO 123&} Thru R trng body LF leading W to SCAR - retain L ft extended bk, -, as W steps L to SCAR /swivel LF to BJO fcg RLOD ( Thru L trng LF with R sd leading, fwd R trng LF, fwd L trng LF to SCAR/swivel LF on L to BJO );

5 - 8 OTSD CHG (SCP) ; OPN NATRL TO OUTSIDE SPIN ; ; RIGHT LUNGE ROLL & SLIP ;
5 {Outside Change to SCP} Bk L, bk R trng LF, sd & fwd L ( Fwd R, L, R ) SCP DLW;
6 {Open Natural} Thru R, sd & bk L, bk R ( Thru L, fwd R, fwd L );
7 {Outside Spin} Trn body RF as “slip” L ft bk small step leading W to CBJO, cont RF trn as stp fwd R outside W, cont trn as stp sd & bk L fcg near COH in CP ( Fwd R CBJO trng RF, cl L to R toe-pivot RF nearly CP, fwd R btw M’s feet trng head briefly to R );
8 {Right Lunge Roll & Slip} Lunge sd & fwd R twd LOD - as take wgt over R ft start RF body roll, cont as swvl RF to stp bk L twd COH with rise and slight L sway, trng body LF slip R bk to CP fcg DLC ( Cont trn to lunge sd & bk L with RF body roll, cont as stp fwd R with rise, trng LF slip L fwt btw M’s feet to CP );

9 - 12 TELE W/EXPLOSION ; : LADY TO TANDEM FOR LEFT LUNGE & EXTEND ; :
9 - 10 {Telemark with Explosion} [Take two steps of a Telemark blending to a loose hold] Fwd L, fwd & sd R trng LF blend to loose hold fcg near RLOD, lwr on R; then bk & sd L to OP POS as sweep L hnd up and out twd LOD, - , - ( Bk R, heel trn on R as cl L to fc ptr, lwr on L; then sd & bk R as sweep R hnd up and out twd RLOD, - , - );
11-12 {Lady to Tandem for Left Lung and Extend} Rec R as lead W fwd, cl L fcg nearly wall w/hnds on W’s shoulders, lead W to lunge sd L; lower into L pressing R ft to sd for Left Lunge Line as slowly trn upper body LF and extend arms outward matching W’s arms both looking twd the wall , - , - ( Fwd L trng LF, cl R in frnt of M as cont trn to fc DRW, lunge bk & sd L twd LOD; slowly trn upper body LF as extend arms outward - looking twd the wall );
   Note: The music fade continues for nearly a measure