FIRST FLOWER

Release Date: 3/1/2012
Choreographer: Kristine & Bruce Nelson, 1807 S Washington # 110-358, Naperville, IL 60565, #630-258-5013 (cell) email: knelson823@earthlink.net
Music: The First Flower, Artist: Stefano Nanni, Download available at www.Casa-Musica.de also on CD Balls of Fire, Rimini Open Vol 10
Time/Speed: 2:46@45 (download) 28 BPM
Modifications: increase speed 1.5% or 45.5 rpm or for comfort
Footwork: Opposite unless noted (Woman’s footwork in parentheses)
Rhythm/Phase: Waltz III [no plus] Degree of Difficulty: AVG
Sequence: INTRO A B AMOD BMOD A9-15 ENDING

INTRODUCTION

1-4 FCG PTR & WALL NO HNDS JOINED WAIT 2 MS; SWAY L; SWAY R;
[1-2] [Wait] fcg ptr & Wall no hnds jnd both lead ft free Wait 2 ms;;
[3] [Sway L] Sd L stretching L side swinging both hnds toward LOD, -, - (Sd R stretching R side swinging both hnds toward LOD, -, -);
[4] [Sway R] Sd R stretching R side swinging both hnds toward RLOD, -, touch L palm to W’s R palm (Sd L stretching L side swinging both hnds toward RLOD, -, touch R palm to M’s L palm);

5-8 ROLL 3; MANEUVER; SPIN TURN; BOX FINISH;
[5] [Roll 3] Sd & fwd L to LOD comm LF trn, sd R cont trn, cont trn sd L toward LOD (Sd & fwd R toward LOD comm RF trn, sd L cont trn, cont trn sd R to LOD);
[6] [Maneuver] Fwd R trng RF in front of W, sd L comp ½ RF trn to CP RLOD, cl R (Fwd L, sd R to CP, cl L);
[7] [Spin Turn] Comm RF trn bk L pvtg ½, fwd R cont trn DLW, bk L (Comm RF trn fwd R pvtg ½, bk L cont trn brush R to L, fwd R);
[8] [Box Finish] Bk R comm LF trn, cont trn sd L CP DLC, cl R (Fwd L comm LF trn, cont trn sd R, cl L);

PART A

1-4 2 LEFT TURNS; WHISK; THRU FACE CLOSE;
[1-2] [2 Left Turns] Fwd L comm LF trn, cont trn sd R, cl L; Cont LF trn bk R, sd L cont trn fc Wall, cl R (Bk R comm LF trn, sd L cont trn, cl R; Cont LF trn fwd L, sd R cont trn, cl L);
[3] [Whisk] Fwd L, fwd & sd R comm rise, XLIB SCP (Bk R, bk & sd L comm rise, XRIB SCP);
[4] [Thru Face Close] Thru R, sd L slight RF trn to CP Wall, cl R (Thru L, sd R slight LF trn, cl L);

5-8 TWISTY VINE 3; MANEUVER; SPIN TURN; BACK ½ BOX SCAR;
[5] [Twisty Vine 3] Sd L w slight RF trn, XIRIB, sd L slight LF trn BJO DLW (Sd R w slight RF trn, XLIF, sd R slight LF trn BJO);
[6] [Maneuver] Fwd R comm RF trn in front of W, sd L comp ½ RF trn to CP RLOD, cl R (Bk L comm RF trn, sd R to CP, cl L);
[7] [Spin Turn] Repeat ms 7 Intro;
[8] [Back ½ Box SCAR] Bk R, sm sd L moving W to SCAR, cl R DLW (Fwd L, strong sd R to SCAR, cl L);
9-12  X HOVER BJO;  X HOVER SCAR;  X CHECK RECOVER FORWARD BJO;
FORWARD FORWARD/LOCK FORWARD;

   [9]  [X Hover BJO]  Fwd L comm ¼ LF trn, sd & slightly fwd R w rise comp ¼ LF trn BJO
   DLC, sd & fwd L (Bk R comm ¼ LF trn, sd & slightly bk L w rise comp ¼ LF trn, sd & bk R);

   [10]  [X Hover SCAR]  Fwd R comm ¼ RF trn, sd & slightly fwd L w rise comp ¼ RF trn
   SCAR DLW, sd & fwd R (Bk L comm ¼ RF trn, sd & slightly bk R w rise comp ¼ RF trn,
   sd & bk L);

   [11]  [X Check Recover Forward BJO]  Fwd L chkg, rec R, sd & fwd L BJO (Bk R chkg, rec
   L, sd & bk R);

   [12]  [Forward Forward/Lock Forward]  Fwd R, fwd L/XRIB, fwd L (Bk L, bk R/XLIB, bk R);

13-16  MANEUVER;  IMPETUS SCP;  SYNCOPATED VINE;  PICKUP SIDE CLOSE;

   [13]  [Maneuver]  Repeat ms 6 Part A;

   [14]  [Impetus SCP]  Comm RF trn bk L, cl R heel turn cont RF trn, sd & fwd L SCP
   (Comm RF trn fwd R pvtg, sd & fwd L cont RF trn brush R to L, sd & fwd R);

1&23

   [15]  [Syncopated Vine]  Thru R/sd L fcg ptr, XRIB, sd L (Thru L/sd R fcg ptr, XLIB, sd R);

   [16]  [Pickup Side Close]  Thru R comm LF trn leading W to fold in front to CP LOD, sd L,
   cl R (Thru L trng ½ LF to CP, sd R, cl L);

PART B

1-4  TURN L & R CHASSE;  IMPETUS SCP;  SCP CHASSE;  THRU HOVER BJO;

   [1]  [Turn L & R Chasse]  Fwd L comm LF trn, sd R cont trn/cl L, sd R comp trn to BJO
   DRC (Bk R comm LF trn, sd L cont trn/cl R, sd L comp trn BJO);

   [2]  [Impetus SCP]  from BJO Repeat ms 14 Part A;

   [3]  [SCP Chasse]  remaining in SCP throughout Thru R, fwd L/cl R, fwd L (Thru L, fwd R/cl
   L, fwd R);

   [4]  [Thru Hover BJO]  Thru R, fwd L w rise trng slightly LF to trn W to BJO, rec bk R (Thru
   L, fwd R w rise trng LF appx ½ to BJO, fwd L);

5-8  BACK HOVER SCP;  SCP CHASSE;  THRU SIDE BEHIND;  ROLL 3 BFLY;

   [5]  [Back Hover SCP]  Bk L, sd & bk R w rise trng upper body RF to lead W’s trn to SCP,
   rec fwd L (Fwd R, fwd L w rise trng RF to SCP, fwd R);

   [6]  [SCP Chasse]  Repeat ms 3 Part B;

   [7]  [Thru Side Behind]  Thru R, sd L trng to fc ptr releasing CP w ld hnds touching, XRIB
   (Thru L, sd R trng to fc ptr, XLIB);

   [8]  [Roll 3]  Release jnd ld hnds sd L comm LF trn to LOD, sd R cont LF trn, comp trn sd L
   BFLY Wall (Sd & fwd R comm RF trn to LOD, sd L cont RF trn, comp trn sd R BFLY);

9-12  THRU CHASSE BFLY BJO;  CHECK FORWARD HOLD;  BACK CHASSE BFLY
SCAR;  CHECK FORWARD HOLD;

   [9]  [Thru Chasse BFLY BJO]  in BFLY Thru R, sd L/cl R, slight LF trn sd & fwd L BFLY
   BJO DLW (Thru L, sd R/cl L, slight LF trn sd & bk R BFLY BJO);

   [10]  [Check Forward Hold]  Chk fwd R w body rise, -,- (Chk bk L w body rise, -[Option for
   W to cross RIF of L no weight toe touching & pointed to floor], -);

   [11]  [Back Chasse BFLY SCAR]  Rec L slight RF trn to fc ptr, sd R/cl L, slight RF trn sd &
   fwd R BFLY SCAR DRW (Rec R slight RF trn to fc ptr, sd L/cl R, slight RF trn sd & bk L
   BFLY SCAR);

   [12]  [Check Forward Hold]  Chk fwd L w body rise, -,- (Chk bk R w body rise, -[Option for
   W to cross LIF of R no weight toe touching & pointed to floor], -);
FIRST FLOWER  (K&B Nelson)

13-16  BACK CHASSE BJO;  MANEUVER;  SPIN TURN;  BOX FINISH;
[13] [Back Chasse BJO] Rec bk R slight LF trn to CP Wall, sd L/cl R, slight LF trn sd & fwd L BJO DLW (Rec fwd L slight LF trn to CP, sd R/cl L, slight LF trn sd & bk R BJO);
[14] [Maneuver] Repeat ms 6 Part A;
[15] [Spin Turn] Repeat ms 7 Intro;
[16] [Box Finish] Repeat ms 8 Intro;

17-18  SWAY L;  SWAY R;
[17] [Sway L] in CP DLC Sd L stretching L side, -, - (Sd R stretching R side, -, -);
[18] [Sway R] Sd R stretching R side, -, - (Sd L stretching L side, -, -);

PART A MOD

1-14  2 LEFT TURNS;;  WHISK;  THRU FACE CLOSE;
TWISTY VINE 3;  MANEUVER;  SPIN TURN;  BACK ½ BOX SCAR;
X HOVER BJO;  X HOVER SCAR;  X CHECK RECOVER FORWARD BJO;
FORWARD FORWARD/LOCK FORWARD;
MANEUVER;  IMPETUS SCP;
[1-14] Repeat ms 1-14 Part A;;;;;;;;

15-16  THRU FACE CLOSE ; TWIRL VINE 3 BFLY;
[13] [Thru Face Close] Repeat ms 4 Part A;
[14] [Twirl Vine 3 BFLY] Sd L raising jnd ld hnds to ld W to trn under, XРИB, sd L BFLY Wall (Sd R comm RF trn under jnd ld hnds, cont trn sd L, cont trn sd R BFLY);

PART B MOD

9-15  THRU CHASSE BFLY BJO;  CHECK FORWARD HOLD;  BACK CHASSE BFLY SCAR;  CHECK FORWARD HOLD;
BACK CHASSE BJO;  MANEUVER;  SPIN TURN;

16  BACK ½ BOX SCAR;
[16] [Back ½ Box SCAR] Repeat ms 8 Part A;

ENDING

1-2  SLOW SCP CHASSE;  SLOW CHAIR & EXTEND;
[1] [Slow SCP Chasse] Slowing with music Repeat ms 3 Part B;
[2] [Slow Chair & Extend] Slow fwd R lowering into R knee looking LOD, slight body rise -, - (Slow fwd L lowering into L knee looking LOD, slight body rise -, -);
[NOTE:  Music slows - Ending measures are approximate.]