FIELDS OF GOLD BOLERO

COMPOSERS: MaryAnn Callahan & Craig Cowan, 6639 Riata Dr. Redding, CA 96002
(209) 499-8118 (cell) tymednc@yahoo.com  www.mixed-up.com/moonlight

MUSIC: Fields Of Gold, Sting from Best of Sting 1984-1994 download at amazon.com or itunes.com, etc

RHYTHM: Bolero  PHASE: 4 +2 (Riff Turn, Half Moon)  DIFFICULTY: Average
TIMING: S,Q,Q except as noted  SPEED: download slowed to 41 or 7%
FOOTWORK: Described for Man - Woman opposite (or as noted in parentheses) Released: MAY 2014
SEQUENCE: Intro, AB, AB, C, Interlude, B, A Mod, End

INTRO

1-4  BFLY COH lead ft free Wait 2 meas ;; Fenceline 2X CP ;;
1-2  Wait 2 Meas. in BFLY COH M’s L foot and W R foot free;
3-4  [FENCELINES] Side L rise, -, X lunge thru on R lowering & looking LOD bring trailing hnds in sweeping motion up & down between partners toward LOD, back L turning to face partner BFLY fcg WALL;
Side R rise, -, X lunge thru on L lowering and looking RLOD bring trailing hands in sweeping motion up & down between partners toward RLOD back R turning to face partner to CP;

5-8  Turning Basic to fc WALL ;; Hip Lift 2X ;;
5-6  [TURNING BASICS] In CP Side L with rise slight RF body turn (lady keep head left), -, strong LF turn slip pivot action bk R soft knee, side & forward L turn LF to face COH in soft knee start rise; Side R, -, body turn LF forward L contra check action, recover R (Side R with rise slight RF body turn keeping head left, -, forward L strong LF slip turn between M’s feet, continue LF turn back R);
7-8  [HIPS] Sd L bring R to L (W sd R bring L to R), -, with slight pressure on R ft lift R hip, lower hip; Sd R bring L to R (W sd L bring R to L), -, with slight pressure on L ft lift L hip;

PART A

1-4  Basics :: Prepare the Aida : Aida Line fc RLOD & Switch Rock:
1-2  [BASICS] Facing WALL in CP Side L with rise slight RF body turn (lady keep head left), -, bk R soft knee, side & forward L; Side R, -, body turn LF forward L contra check action, recover R (Side R with rise slight RF body turn, -, small forward L between M’s feet, back R);
3  [PREPARE THE AIDA] Side L, -, thru R, turning RF side L facing partner (Side R,-, thru L, turning LF side R);
4  [aida line & switch rock] Continue RF turn back R in Aida Line to fc RLOD,-, taking joined lead hands toward Line side L facing partner, recover R (Continue LF turn back L in Aida Line, -, side R facing partner, recover L);

5-8  Spot Turn ; New Yorker ; Underarm Turn BFLY ; Dbl Hnd Opening Out ;
5  [SPOT TRN] Toward LOD Turn LF side & forward L “v” pos toward LOD, -, thru R soft knee turn LF, recover L continue turn LF to face soft knee;
6  [NEW YORKER] Side & forward R position toward RLOD, -, check thru L RLOD soft knee slight turn RF, recover R turn to face soft knee;
7  [UNDERARM TURN] Side L rise, -, XRib of L flex knee, forward L to BFLY WALL (W side R rise, -, XLIF of R flex knee turn 3/4 RF under joined lead hands, forward R continue turn to face partner);
8  [DBL HAND OPENING OUT] 1 - - ; BFLY WALL side & forward R with body rise commence body rotation RF, -, lower on R foot continue ¼ RF turn toward LOD & extending free L foot to side & back, rise & rotate LF to BFLY WALL no weight chg (W side & back L with body rise commence RF body rotation to match partner, -, xRib of L lowering, recover L to face partner in BFLY);

9-11  Dbl Hand Opening Outs 2X to CP ;; Syncopated Hip Rocks :
9-10  [DBL HAND OPENING OUTS] 1 - - ; 1 - - ; Close L to R, -, lower on L turning LF ¼ toward LOD & extend free R foot to side & back, rise & rotate RF on L no weight chg to BFLY WALL (W side & back R with rise commence LF body rotation to match partner, -, xRib of R lowering, recover R to BFLY);
Close R to L, -, lower on R turning RF ¼ toward RLOD & extend free L foot to side & back, rise & rotate LF on R no weight chg blending to CP WALL (W side & back L with rise commence RF body rotation to match partner, -, xRib of L lowering, recover L to CP);
11  [SYNCOP HIP ROCKS] S&Q; In CP WALL Small back & side L, -, rock forward R/recover L, recover R (small forward & side R, -, recover L/recover R, recover L);
PART B

1-4 Turning Basics :: Underturn the Cross Body to fc RLOD ; Fwd Break ;
1-2 [TURNING BASICS] In CP Side L with rise slight RF body turn (lady keep head left), -, strong LF turn slip pivot action bk R soft knee, side & forward L turn LF to face COH in soft knee start rise; Side R, -, body turn LF forward L contra check action, recover R (Side R with rise slight RF body turn keeping head left, -, forward L strong LF slip turn between M's feet, continue LF turn (turn back R))

3 [CROSS BODY FC RLOD] Slight LF turn side L DRW, -, slip back R turning LF, forward L to fc RLOD (Forward R, -, forward L comm. LF turn, side & back R to face partner)

4 [FORWARD BREAK] Side & forward R, -, forward L, back R (Side & back L, back R, forward L);

5-8 Wrap Lady fc RLOD & Slip fc WALL ; Hip Rock ; Cross Body COH ; Lunge Break ;
5 [WRAP LADY & SLIP] Forward & side L comm. slight RF turn leading W forward to turn 5/8 LF under joined hands wrapping W into M's right side/arm, -, slip back R turning LF, fwd L continue LF turn to CP COH (Forward R turn 5/8 LF under joined hands into M's right side/arm, slightly LF, raising L arm, -, forward L comm. LF turn, cont turn side & back R to CP)

6 [HIP ROCK] Side R roll hip side & back, -, recover L hip roll, recover R hip roll;
7 [CROSS BODY] Slight LF turn side L DLW, -, slip back R turning LF, forward L cont LF turn to COH (Forward R, -, forward L commence LF turn, continue turn side & back R);
8 [LUNGE BREAK] Side & Forward R, -, comm. slight RF body turn lowering on R extend L side & back, slight rise on R (Side & Back L, -, back R, Forward L);

PART A

1-4 Basics :: Prepare the Aida ; Aida Line fc LOD & Switch Rock;
5-8 Spot Turn to RLOD ; New Yorker ; Underarm Turn BFLY ; Dbl Hnd Opening Out ;
9-11 Dbl Hand Opening Outs 2X to CP ;; Syncopated Hip Rocks ;
I-11 Repeat Meas 1-11 Facing COH BFLY ; ; ; ; ; ; ;

PART B

1-4 Turning Basics to fc WALL ;; Underturn Cross Body to fc LOD ; Fwd Break ;
5-8 Wrap Lady fc LOD & Slip fc COH ; Hip Rock ; Cross Body to fc WALL ; Lunge Break ;
1-8 Repeat Part B Meas 1-8 Start facing COH CP ; ; ; ; ; ; ;

PART C

1-4 Shoulder to Shoulder 2X :: Underarm Turn ; Lunge Break ;
1-2 [SHOULDER TO SHOULDERS] Facing WALL Side & fwd L to BFLY BJO face WALL, -, check forward R in BJO slight contra check action recover back L start rise (Side & back R to BFLY BJO, -, back L in BJO contra check action slight sit line, recover forward R start rise); Side & fwd R to BFLY SCAR face WALL, -, check forward L in SDCR slight contra check action, recover back R start rise (Side & back L to BFLY SDCAR, -, back R in SDCR contra check action slight sit line, recover forward L start rise);

3 [UNDERARM TURN] Repeat Meas 7 of Part A;
4 [LUNGE BREAK] Repeat Meas 8 of Part B;

5-8 Left Side Pass COH ; Fwd Break ; Back Walk 3; Open Break;
5 [LEFT SIDE PASS] Forward L to SDCR DRW shape body DLW to lady turn lady RF, -, recover back R soft knee start LF turn, side & forward L turn LF start to open face DLC (Forward R turn RF back to man but shape head to man, side & forward L soft knee strong turn LF, back R under body face man);

6 [FWD BREAK] Repeat Meas 4 of Part B;
7 [BACK WALK] Back L, -, back R soft knee, back L;
8 [OPEN BREAK] Side R COH, -, back L soft knee check action press lady back, recover forward R release trail hands (Side L with hip roll, -, back R soft knee, recover forward L);

9-11 Left Side Pass WALL ; Lunge Break ; Fenceline to Hndshake ;
9 [LEFT SIDE PASS] Repeat Meas 12 of Part A;
10 [LUNGE BREAK] Repeat Meas 8 of Part B to BFLY;
11 [FENCING] In BFLY Side L rise, -, X lunge thru on R lowering & looking LOD bring trailing hnds in sweeping motion up & down btwn prtnrs toward LOD, back L turning to face prtnr to Rt to Rt Handshk WALL;
INTERLUDE

1-4  **Start Half Moon RLOD : Riff Turn twd LOD : Finish Half Moon COH : Start Half Moon ;**

1  **[START HALF MOON]** Side & forward R to lft skaters RLOD, - , check thru L RLOD soft knee, recover R turn LF to face to face WALL soft knee start to rise facing W (Side & forward L to lft skaters RLOD, - , check thru R soft knee, recover L turn RF to fc man);  

2  **[RIFF TURN]** Raising joined right hands leading W to turn Side L, close R, keeping hands up lead W to turn RF side L, close R staying in handshake (Side & fwd R spin RF full turn, clse L, side & forward R spin RF full turn, close L)  

3  **[FINISH HALF MOON]** Turn LF side & Forward L to “L” pos moving LOD, - XRXIBL soft knee slight turn LF, slip recover L turn LF (Side & forward R fc LOD “L” pos, - , forward L turn LF soft knee, side R turn LF);  

4  **[START HALF MOON]** Side & forward R to lft skaters LOD, - , check thru L LOD soft knee, recover R turn LF to face to face WALL soft knee start to rise to bring W to face (Side & forward L to lft skaters RLOD, - , check thru R soft knee, recover L turn RF to fc man);  

5-8  **Riff Turns ; Finish Half Moon WALL ; Start Half Moon RLOD CP ; Syncopated Hip Rocks ;**

5  **[RIFF TURN]** Raising joined right hands leading W to turn Side L, close R, keeping hands up lead W to turn RF side L, close R staying in handshake (Side & fwd R spin RF full turn, clse L, side & forward R spin RF full turn, close L)  

6  **[FINISH HALF MOON]** Turn LF side & Forward L to “L” pos moving RLOD, - XRXIBL soft knee slight turn LF, slip recover L turn LF (Side & forward R fc RLOD “L” pos, - , forward L turn LF soft knee, side R turn LF);  

7  **[START HALF MOON]** Side & forward R to lft skaters RLOD, - , check thru L RLOD soft knee, recover R turn LF to face to face WALL soft knee start to rise to bring W to CP (Side & forward L to lft skaters RLOD, - , check thru R soft knee, recover L turn RF to fc man);  

8  **[SYNCOPATED HIP ROCKS]** In CP repeat Part A Meas 3;  

PART B

1-4  **Turning Basics ;; Underturned Cross Body to fc RLOD ; Fwd Break ;**

5-8  **Wrap Lady fc RLOD & Slip fc WALL ; Hip Rock ; Cross Body to COH ; Lunge Break ;**  

1-8  Repeat Part B Meas 1-8 Start facing WALL ;;; ;;; ;

PART A (mod)

1-4  **Basics ;; Prepare the Aida ; Aida Line to fc RLOD & Switch Rock;**

5-8  **Spot Turn to RLOD ; New Yorker ; Underarm Turn BFLY ; Dbl Hnd Opening Out ;**  

1-8  Repeat Part A Meas 1-8 Start facing COH ;;; ;;; ;

9-12  **Db1 Hand Opening Outs to CP ;; Hip Lift ; Lunge Break ;**  

9-10  Repeat Part A Meas 9-10 ;;  

11  **[HIP LIFT]** Sd L bring R to L (W sd R bring L to R), - , with slight pressure on R ft lift R hip, lower hip;  

12  **[LUNGE BREAK]** Facing COH Side & Forward R, - , comm. slight RF body turn lowering on R extend L side & back, slight rise on R (Side & Back L, - , back R, Forward L);  

ENDING

1-4  **Cross Body WALL ; Fwd Break ; Riff Turn ; New Yorker ;**

1  **[CROSS BODY]** Repeat Meas 7 of Part B to face WALL;  

2  **[FORWARD BREAK]** Repeat Meas 4 of Part B;  

3  **[RIFF TURN]** Repeat Meas 2 of Interlude;  

4  **[NEW YORKER]** Side & forward L position toward LOD, - , check thru R LOD soft knee slight turn LF, recover L turn to face soft knee;  

5-7  **New Yorker to CP ;; Syncopated Hip Rocks ; to a Corte Leg Crawl,**

5  **[FENCeline]** Repeat Meas 8 of Part A to CP;  

6  **[SYNCOPATED HIP ROCKS]** Repeat Meas 11 of Part A;  

7  **[Corte Leg Crawl]** (1---) In CP Back & side L leaving R leg extended forward with slight LF rotation to make W raise left knee up the outside of M’s extended R leg, - , (Forward & slight side R with slight LF rotation between M’s feet then immediately raise L knee up the outside of M’s extended R leg);