FIELDS OF GOLD BOLERO

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MUSIC: Fields Of Gold, Sting from Best of Sting 1984-1994 download at amazon.com or itunes.com, etc



RHYTHM: Bolero PHASE: 4 +2 (Riff Turn, Half Moon) DIFFICULTY: Average TIMING: S,Q,Q except as noted SPEED: download slowed to 41 or 7% FOOTWORK: Described for Man - Woman opposite (*or as noted in parentheses*) Released: MAY 2014 SEQUENCE: Intro, AB, AB, C, Interlude, B, A Mod, End

INTRO

1-4 BFLY COH lead ft free Wait 2 meas ;; Fenceline 2X CP ;;

- 1-2 Wait 2 Meas. in BFLY COH M's L foot and W R foot free;
- 3-4 **[FENCELINES]** Side L rise, -, X lunge thru on R lowering & looking LOD bring trailing hnds in sweeping motion up & down between partners toward LOD, back L turning to face partner BFLY fcg WALL; Side R rise, -, X lunge thru on L lowering and looking RLOD bring trailing hands in sweeping motion up & down between partners toward RLOD back R turning to face partner to CP;

5-8 <u>Turning Basic to fc WALL ;; Hip Lift 2X ;;</u>

- 5-6 **[TURNING BASICS]** In CP Side L with rise slight RF body turn (lady keep head left), -, strong LF turn slip pivot action bk R soft knee, side & forward L turn LF to face COH in soft knee start rise; Side R, -, body turn LF forward L contra check action, recover R (*Side R with rise slight RF body turn keeping head left, -, forward L strong LF slip turn between M's feet, continue LF turn back R*);
- 7-8 **[HIP LIFTS]** Sd L bring R to L (W sd R bring L to R), -, with slight pressure on R ft lift R hip, lower hip; Sd R bring L to R (W sd L bring R to L), -, with slight pressure on L ft lift L hip;

PART A

1-4 Basics ;; Prepare the Aida ; Aida Line fc RLOD & Switch Rock;

- 1-2 **[BASICS]** Facing WALL in CP Side L with rise slight RF body turn (lady keep head left), -, bk R soft knee, side & forward L; Side R, -, body turn LF forward L contra check action, recover R (Side R with rise slight RF body turn, -, small forward L between M's feet, back R);
- [PREPARE THE AIDA] Side L, -, thru R, turning RF side L facing partner (Side R,-, thru L, turning LF side R);
 [AIDA LINE & SWITCH ROCK] Continue RF turn back R in Aida Line to fc RLOD,-, taking joined lead hands toward Line side L facing partner, recover R (Continue LF turn back L in Aida Line, -, side R facing partner, recover L);

5-8 Spot Turn ; New Yorker ; Underarm Turn BFLY ; Dbl Hnd Opening Out ;

- 5 **[SPOT TRN]** Toward LOD Turn LF side & forward L "v" pos toward LOD, -, thru R soft knee turn LF, recover L continue turn LF to face soft knee;
- 6 **[NEW YORKER]** Side & forward R position toward RLOD, -, check thru L RLOD soft knee slight turn RF, recover R turn to face soft knee;
- 7 **[UNDERARM TURN]** Side L rise,-, XRIB of L flex knee, forward L to BFLY WALL (*W side R rise,-, XLIF of R flex knee turn 3/4 RF under joined lead hands, forward R continue turn to face partner)*;
- 8 **[DBL HAND OPENING OUT]** <u>1 - ;</u> BFLY WALL side & forward R with body rise commence body rotation RF, -, lower on R foot continue ¼ RF turn toward RLOD & extending free L foot to side & back, rise & rotate LF to BFLY WALL no weight chg (*W side & back L with body rise commence RF body rotation to match partner, -, xRib of L lowering, recover L to face partner in BFLY*);

9-11 Dbl Hand Opening Outs 2X to CP ;; Syncopated Hip Rocks ;

- 9-10 **[DBL HAND OPENING OUTS]** <u>1 - ;</u> <u>1 - ;</u> Close L to R, -, lower on L turning LF ¼ toward LOD & extend free R foot to side & back, rise & rotate RF on L no weight chg to BFLY WALL (W side & back R with rise commence LF body rotation to match partner, -, xLib of R lowering, recover R to BFLY); Close R to L, -, lower on R turning RF ¼ toward RLOD & extend free L foot to side & back, rise & rotate LF on R no weight chg blending to CP WALL (W side & back L with rise commence RF body rotation to match partner, -, xRib of L lowering, recover L to CP);
- 11 **[SYNCOP HIP ROCKS] <u>SQ&Q;</u>** In CP WALL Small back & side L, -, rock forward R/recover L, recover R (small forward & side R, -, recover L/recover R, recover L);

PART B

1-4 <u>Turning Basics ;; Underturn the Cross Body to fc RLOD ; Fwd Break ;</u>

- 1-2 **[TURNING BASICS]** In CP Side L with rise slight RF body turn (lady keep head left), -, strong LF turn slip pivot action bk R soft knee, side & forward L turn LF to face COH in soft knee start rise; Side R, -, body turn LF forward L contra check action, recover R (*Side R with rise slight RF body turn keeping head left, -, forward L strong LF slip turn between M's feet, continue LF turn back R*);
- 3 **[CROSS BODY FC RLOD]** Slight LF turn side L DRW, -, slip back R turning LF, forward L to fc RLOD (*Forward R*,-, forward L comm. LF turn, side & back R to face partner);
- 4 [FORWARD BREAK] Side & forward R, -, forward L, back R (Side & back L, back R, forward L);

5-8 Wrap Lady fc RLOD & Slip fc WALL ; Hip Rock ; Cross Body COH ; Lunge Break ;

- 5 **[WRAP LADY & SLIP]** Forward & side L comm. slight RF turn leading W forward to turn 5/8 LF under joined hands wrapping W into M's right side/arm, -, slip back R turning LF, fwd L continue LF turn to CP COH (Forward R turn 5/8 LF under joined hands into M's right side/arm, slightly LF, raising L arm, -, forward L comm. LF turn, cont turn side & back R to CP);
- 6 [HIP ROCK] Side R roll hip side & back, -, recover L hip roll, recover R hip roll;
- 7 **[CROSS BODY]** Slight LF turn side L DLW, -, slip back R turning LF, forward L cont LF turn to COH (Forward R, -, forward L commence LF turn, continue turn side & back R);
- 8 **[LUNGE BREAK]** Side & Forward R, -, comm. slight RF body turn lowering on R extend L side & back, slight rise on R (*Side & Back L, -, back R, Forward L*);

PART A

1-4 Basics ;; Prepare the Aida ; Aida Line fc LOD & Switch Rock;

- 5-8 Spot Turn to RLOD ; New Yorker ; Underarm Turn BFLY ; Dbl Hnd Opening Out ;
- 9-11 Dbl Hand Opening Outs 2X to CP ;; Syncopated Hip Rocks ;
 - 1-11 Repeat Meas 1-11 Facing COH BFLY ;;;; ;;;; ;;;;

PART B

1-4 Turning Basics to fc WALL ;; Underturn Cross Body to fc LOD ; Fwd Break ;

- 5-8 Wrap Lady fc LOD & Slip fc COH ; Hip Rock ; Cross Body to fc WALL ; Lunge Break ;
 - 1-8 Repeat Part B Meas 1-8 Start facing COH CP ;;;; ;;;;

PART C

1-4 Shoulder to Shoulder 2X ;; Underarm Turn ; Lunge Break ;

- 1-2 **[SHOULDER TO SHOULDERS]** Facing WALL Side & fwd L to BFLY BJO face WALL, -, check forward R in BJO slight contra check action recover back L start rise (Side & back R to BFLY BJO, -, back L in BJO contra check action slight sit line, recover forward R start rise); Side & fwd R to BFLY SCAR face WALI,-, check forward L in SDCR slight contra check action, recover back R start rise (Side & back L to BFLY SDCAR,-, back R in SDCR contra check action slight sit line, recover forward L start rise);
- 3 [UNDERARM TURN] Repeat Meas 7 of Part A;
- 4 [LUNGE BREAK] Repeat Meas 8 of Part B;

5-8 Left Side Pass COH ; Fwd Break; Back Walk 3; Open Break;

- 5 **[LEFT SIDE PASS]** Forward L to SDCR DRW shape body DLW to lady turn lady RF, -, recover back R soft knee start LF turn, side & forward L turn LF start to open face DLC (*Forward R turn RF back to man but shape head to man, side & forward L soft knee strong turn LF, back R under body face man*);
- 6 [FWD BREAK] Repeat Meas 4 of Part B;
- 7 **[BACK WALK]** Back L , -, back R soft knee, back L;
- 8 **[OPEN BREAK]** Side R COH, -, back L soft knee check action press lady back, recover forward R release trail hands (Side L with hip roll, -, back R soft knee, recover forward L);

9-11 Left Side Pass WALL ; Lunge Break ; Fenceline to Hndshake ;

- 9 [LEFT SIDE PASS] Repeat Meas 12 of Part A;
- 10 [LUNGE BREAK] Repeat Meas 8 of Part B to BFLY;
- 11 **[FENCELINE]** In BFLY Side L rise, -, X lunge thru on R lowering & looking LOD bring trailing hnds in sweeping motion up & down btwn prtnrs toward LOD, back L turning to face prtnr to Rt to Rt Handshk WALL;

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INTERLUDE

1-4 <u>Start Half Moon RLOD ; Riff Turn twd LOD ; Finish Half Moon COH ; Start Half Moon ;</u>

- 1 **[START HALF MOON]** Side & forward R to lft skaters RLOD, -, check thru L RLOD soft knee, recover R turn LF to face to face WALL soft knee start to rise facing W (Side & forward L to lft skaters RLOD,-, check thru R soft knee, recover L turn RF to fc man);
- 2 **[RIFF TURN]** Raising joined right hands leading W to turn Side L, close R, keeping hands up lead W to turn RF side L, close R staying in handshake (Side & fwd R spin RF full turn, clse L, side & forward R spin RF full turn, close L)
- 3 [FINISH HALF MOON] Turn LF side & Forward L to "L" pos moving LOD,- XRIBL soft knee slight turn LF, slip recover L turn LF (Side & forward R fc LOD "L" pos,-, forward L turn LF soft knee, side R turn LF);
- 4 **[START HALF MOON]** Side & forward R to Ift skaters LOD, -, check thru L LOD soft knee, recover R turn LF to face to face WALL soft knee start to rise to bring W to face (*Side & forward L to Ift skaters RLOD,-, check thru R soft knee, recover L turn RF to fc man*);

5-8 Riff Turns ; Finish Half Moon WALL ; Start Half Moon RLOD CP ; Syncopated Hip Rocks;

- 5 **[RIFF TURN]** Raising joined right hands leading W to turn Side L, close R, keeping hands up lead W to turn RF side L, close R staying in handshake (Side & fwd R spin RF full turn, clse L, side & forward R spin RF full turn, close L)
- 6 **[FINISH HALF MOON]** Turn LF side & Forward L to "L" pos moving RLOD,- XRIBL soft knee slight turn LF, slip recover L turn LF (*Side & forward R fc RLOD "L" pos,-, forward L turn LF soft knee, side R turn LF*);
- 7 **[START HALF MOON]** Side & forward R to lft skaters RLOD, -, check thru L RLOD soft knee, recover R turn LF to face to face WALL soft knee start to rise to bring W to CP (Side & forward L to lft skaters RLOD,-, check thru R soft knee, recover L turn RF to fc man);
- 8 [SYNCOPATED HIP ROCKS] In CP repeat Part A Meas 3;

PART B

1-4 <u>Turning Basics ;; Underturned Cross Body to fc RLOD ; Fwd Break ;</u>

- 5-8 Wrap Lady fc RLOD & Slip fc WALL ; Hip Rock ; Cross Body to COH ; Lunge Break ;
 - 1-8 Repeat Part B Meas 1-8 Start facing WALL ;;;; ;;;;

PART A (mod)

1-4 Basics ;; Prepare the Aida ; Aida Line to fc RLOD & Switch Rock;

- 5-8 Spot Turn to RLOD ; New Yorker; Underarm Turn BFLY ; Dbl Hnd Opening Out ;
 - 1-8 Repeat Part A Meas 1-8 Start facing COH ;;;; ;;;;

9-12 Dbl Hand Opening Outs to CP ;; Hip Lift ; Lunge Break ;

- 9-10 Repeat Part A Meas 9-10 ;;
- 11 [HIP LIFT] Sd L bring R to L (W sd R bring L to R), -, with slight pressure on R ft lift R hip, lower hip;
- 12 **[LUNGE BREAK]** Facing COH Side & Forward R, -, comm. slight RF body turn lowering on R extend L side & back, slight rise on R (*Side & Back L, -, back R, Forward L*);

ENDING

1-4 Cross Body WALL ; Fwd Break ; Riff Turn; New Yorker ;

- 1 [CROSS BODY] Repeat Meas 7 of Part B to face WALL;
- 2 [FORWARD BREAK] Repeat Meas 4 of Part B;
- 3 [RIFF TURN] Repeat Meas 2 of Interlude;
- 4 **[NEW YORKER]** Side & forward L position toward LOD, -, check thru R LOD soft knee slight turn LF, recover L turn to face soft knee;
- 5-7 <u>New Yorker to CP ;; Syncopated Hip Rocks ; to a Corte Leg Crawl,</u>
- 5 [FENCELINE] Repeat Meas 8 of Part A to CP;
- 6 [SYNCOPATED HIP ROCKS] Repeat Meas 11 of Part A;
- 7 **[CORTE LEG CRAWL] (1---)** In CP Back & side L leaving R leg extended forward with slight LF rotation to make W raise left knee up the outside of M's extended R leg ,-, (Forward & slight side R with slight LF rotation between M's feet then immediately raise L knee up the outside of M's extended R leg);