FIELDS OF GOLD IV

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Download: Available through Amazon.com
Rhythm/Phase: Rumba, RONDALAB Phase IV+2 [Full Natural Top, Spiral]
Difficulty: Average
Footwork: Opposite, directions for M (except where noted)
Sequence: Intro, A, B, A, B, C, D, B, A-1-8, End

Revised: June 2014
Time: 3:38 @ 100% CD Speed

INTRO

[R SHADOW WALL] WAIT; WAIT; SD w/ ARM SWEEP; OPEN FENCE LINE;

1-2 Wait two measures in R SHADOW WALL right foot free for both having hands down low crossed at wrists in front of body and heads looking down;
3 s Sd R raising arms as you raise heads, cont raising arms, take arms outward and down, cont to lower arms to shldr level parallel to floor;
4 X lunge L with bent knee looking twd R LOD, rec R, sd L to SKATERS, -;

[SKATERS WALL] CRAB WALK 3; SD WALK 3; CRAB WALK 3; SD, CLOS ~ Lady SWIVEL to CP;

5 XRIF, sd L, XRIF, -;
6 Sd L, cl R, sd L, -;
7 Repeat Meas 5 INTRO;
8 ss Sd L, -, cl R (W sd L, -, swivel 1/2 LF to CP), -;

PART A

[CP WALL] CROSS BODY to R HNDSHK; SHADOW NEW YORKER – 2X;

1-2 Fwd L, rec R, sd L trng 1/4 LF, -; Bk R cont LF trn, small fwd L, sd and fwd R (W bk R, rec L, fwd R twd M staying on right side ending in an L-shaped Position, -; Fwd L comm LF trn, fwd R trng 1/2 LF, sd & bk L) to R HNDSHK COH, -;
3-4 Swivel on R bringing L thru to L SHADOW fcg LOD with straight leg, rec R to fc ptr, sd L, -; Swivel on L bringing R thru to R SHADOW fcg R LK with straight leg, rec L to fc ptr, sd R, -;

[R HNDSHK COH] TRADE PLACES – 3X to BFLY WALL; CUCA CROS*;

5-6 Rk apt L, rec R releasing hnds comm RF trn beh W to temporarily be TANDEM LOD, cont RF trn sd & bk L to L HNDSHK WALL, -; Rk apt R, rec L releasing hnds comm LF trn beh W to temporarily be TANDEM LOD, cont LF trn sd & bk R to R HNDSHK COH, -; (W rk apt R, rec L releasing hnds comm LF trn in front of M to temporarily be TANDEM LOD, cont LF trn sd & bk R to L HNDSHK WALL, -; Rk apt L, rec R releasing hnds comm RF trn in front of M to temporarily be TANDEM LOD, cont RF trn sd & bk L to R HNDSHK COH, -;)
7 Repeat Meas 5 PART A to BFLY WALL;
8 Rk sd R, rec L, XRIF, -;
9 *Note: Change 3rd time thru PART A, Meas 8 to CUCA; 8 Rk sd R, rec L, cl R, -;

[R HNDSHK COH] SLOW UNWIND to BFLY; 2 SLO HIP RKS ~ Lady 2 CROS SWIVELS; THRU, FC, CLOS to CP;

9 Release hand hold unwind LF on heed of L and toe of R, cont LF trn, complete LF trn to end BFLY WALL, -;
10 ss Rk sd R, -, rk sd L (W thru L swivel LF, -, thru R swivel RF), -;
11 Thru R, sd L, cl R to CP WALL, -;

PART B

[CP WALL] HALF BASIC; to FULL NATURAL TOP [CP WALL];

1 Fwd L, rec R, sd L trng LF (W bk R, rec L, fwd R between M’s feet) to CP R LOD, -;
2-4 XRIF comm RF trn, sd L cont trn, XRIF cont trn (W sd L comm RF trn, XRIF cont trn, sd L cont trn), -; Sd L cont trn, XRIF cont trn, sd L (W XRIF cont trn, sd L cont trn, XRIF cont trn), -; XRIF comm RF trn, sd L cont trn, XRIF cont trn (W sd L comm RF trn, XRIF cont trn, sd L cont trn) to CP WALL, -;

[CP WALL] BREAK BK to OP, Lady SPIRAL; to FAN, Man fc WALL; ALEMANA to CP*;

5 Swiveling sharply on R step bk L to OP LOD, rec R, fwd L (W swiveling sharply on L step bk R to OP LOD, rec L, fwd R spiraling 7/8 LF), -;
6 Fwd R, fwd L trng 1/4 RF to fc WALL, sd R (W fwd L, fwd R trng 1/2 LF fcg R LOD, bk L leaving R extended fwd with no weight), -;
7-8 Fwd L, rec R, cl L leading W to trn RF, -; Bk R, rec L, sd R (W cl R, fwd L fvd R comm RF swivel to fc ptr, -; cont RF trn under joined lead hands fwd L, cont RF trn fwd R, sd L) to CP WALL, -;

*Note: Change 2nd time thru PART B, Meas 8 to BFLY WALL
PART C

[BFLY WALL]  
**SHLDR to SHLDR, Man POINT; [left foot] FRONT CIRCLE VINE 4; CROS & POINT; [right foot] FRONT CIRCLE VINE 4:**
1  Fwd L to BFLY SCAR, rec R to fc, pt L toe twd LOD (*WXIRIB to BFLY SCAR, rec L to fc; sd R, -*
2  QQQQ  XLIF, sd R, XLIB, sd R to BFLY COH;
3  ss  XLIF, - point R toe to sd; -;
4  QQQQ  XRIF, sd L, XRIB, sd L to BFLY WALL;
   *Note: Identical footwork for Meas 2-4

[BFLY WALL]  
**SHLDR to SHLDR, POINT ~ Lady CROS & POINT; NEW YORKER; SPOT TRN fc LOD, Both SPIRAL; to AIDA:**
5  (SS) Fwd R to BFLY BJO, rec L to fc, point R toe twd RLOD (*WXIRIF to LOD R RLOD, -*
6  Swivel on L bringing R thru with straight leg to SD by SD POS fcg LOD, rec L swiveling to BFLY WALL, sd R, -;
7  Swivel on R stepping fwd L trng 1/2 RF to fc LOD, rec R, fwd L spiraling 7/8 RF, -;
8  Fwd R trng RF, sd L cont RF trn, bk R to BK to BK “V” POS fcg RLOD, -;

[BK to BK “V” POS RLOD]  
**HIP RK 3 to FC; FENCE LINE; NEW YORKER in 4:**
9  Rk fwd L with rolling hip action, rec R with rolling hip action, fwd L swiveling LF to BFLY WALL pointing R toe twd RLOD, -;
10  X lunge R thru to LOD with bent knee looking twd LOD, rec L, sd R, -;
11  QQQQ Swivel on R bringing L thru with straight leg to SD by SD POS fcg RLOD, rec R to BFLY WALL, sd R, rec L;

PART D

[BFLY WALL]  
**NEW YORKER; THRU, SERPIENTE;; SPOT TRN to BFLY SCAR DRW:**
1  Swivel on R bringing L thru with straight leg to SD by SD POS fcg RLOD, rec R to BFLY WALL, sd R, -;
2-3  QQQQ Thru R, sd L, XRIB, fan L; XLIB, sd R, XLIF, fan R;
4  XRIF thru to LOD trng 1/2 LF, rec L cont trn to fc ptr, fwd and sd R (*WXLIF thru to LOD trng 1/2 RF, rec L cont trn to fc ptr, sd and bk L) to BFLY SCAR DRW, -;

[BFLY SCAR DRW]  
**CK FWD ~ Lady DEVELOPÉ; BK, SD, CLOS [BFLY WALL]; FWD BASIC Man SPIN; BK BASIC Lady SPIN:**
5  (QQS) Fwd L ckg, -, -, -(W bk R, bring L foot up right leg to inside of right knee, extend left foot fwd, -);
6  Bk R, sd L trng to BFLY WALL, cl R, -;
7  Fwd L, rec R spinning RF one full trn to fc ptr, bk L (W bk R, rec L, fwd R), -;
8  Bk R, rec L, fwd R (W fwd L, rec R spinning RF one full trn to fc ptr, bk L) to BFLY WALL, -;

END

[BFLY WALL]  
**OP BREAK to SKATERS RLOD; WHEEL 3 fc LOD; BK BASIC; PROG WALK 3:**
1  Rk apt strongly L to LOP WALL extending free arm up with palm out, rec R lowering free arm trng RF to fc RLOD crossing beh W, sd L (*WXrkt strongly R to LOP extending free arm up with palm out, rec L lowering free arm trng LF to fc RLOD crossing in front of M, sd R) to SKATERS RLOD, -;
2  Fwd R, fwd L, fwd R (*WX bk L, bk R, bk L) to LOD, -;
3  Bk L, rec R, fwd L, -;
4  Fwd R, fwd L, fwd R, -;

[SKATERS LOD]  
**CURVING PROG WALK ~ Man in 2 fc WALL; OPEN FENCE LINE; [SKATERS WALL] CRAB WALK 3; SD WALK 3:**
5  (QQS) Fwd L comm RF trn, -, fwd R cont RF trn (*WXwd R comm RF trn, fwd L comm RF trn, fwd R) to end R SHADOW WALL, -;
6  Repeat Meas 4 INTRO;
7  Repeat Meas 5 INTRO;
8  Repeat Meas 6 INTRO;

[SKATERS WALL]  
**CRAB WALK 3; SD, CLOS ~ Lady SWIVEL to CP; CORTE:**
9  Repeat Meas 5 INTRO;
10  Repeat Meas 8 INTRO to CP WALL;
11  ss Bk and sd L using lowering action with supporting leg relaxed, -, -;
Head Cues
Intro, A, B, A*, C, D, B, A*1-8, End

INTRO
[R SHADOW fcg WALL] WAIT; WAIT; STEP SD w/ ARM SWEEP; OP FENCE LINE; skaters CRAB WALK 3; SD WALK 3; CRAB WALK 3; [SKATERS fcg WALL] SD CLOS, Lady SD & SWIVEL to FC, TCH;

PART A
[CP WALL] CROSS BODY to R Hdshake;; SHAD NY’S – TWICE;; TRADE PLACES – 3X to BFLY WALL;;; CUCA CROS; SLO UNWIND to BFLY; [BFLY WALL] trail foot 2 SLO HIP RKS ~ Lady 2 CROS SWIVELS; THRU, FC, CLOS to CP;

PART B
[CP WALL] HALF BASIC to FULL NAT TOP 9 fc WALL;;;; BREAK BK to OP, Lady SPIRAL to FAN, Man fc WALL;;; ALEMANA to CP;;

PART A
[CP WALL] CROSS BODY to R Hdshake;; SHAD NY’S – TWICE;; TRADE PLACES – 3X to BFLY WALL;;; CUCA CROS; SLO UNWIND to BFLY; [BFLY WALL] trail foot 2 SLO HIP RKS ~ Lady 2 CROS SWIVELS; THRU, FC, CLOS to CP;

PART B*
[CP WALL] HALF BASIC to FULL NAT TOP 9 fc WALL;;;; BREAK BK to OP, Lady SPIRAL to FAN, Man fc WALL;;; ALEMANA to BFLY;;

PART C
[BFLY WALL] SHLDR to SHLDR, Man PT; left foot FRONT CIRCLE VINE 4; CROS & PT; right foot FRONT CIRCLE VINE 4; [BFLY WALL] SHLDR to SHLDR, PT ~ Lady CROS & PT; NEW YORKER to LINE; SPOT TRN fc LINE, Both SPIRAL to AIDA;; HIP RK 3 to FC; [BFLY WALL] FENCE LINE to LINE; NEW YORKER in 4;

PART D
[BFLY WALL] NEW YORKER; THRU, SERPIENTE;; SPOT TRN to BFLY SCAR REV WALL; CK FWD, Lady DEVELOPÉ; [BFLY SCAR DRW] BK, SD, CLOS fc WALL; FWD BASIC, Man SPIN; BK BASIC, Lady SPIN;

PART B
[CP WALL] HALF BASIC to FULL NAT TOP 9 fc WALL;;;; BREAK BK to OP, Lady SPIRAL to FAN, Man fc WALL;;; ALEMANA to CP;;

PART A1-8*
[CP WALL] CROSS BODY to R Hdshake;; SHAD NY’S – TWICE;; TRADE PLACES – 3X to BFLY WALL;;; CUCA to REV ;

END
[BFLY WALL] OP BREAK to SKATERS fc REV; WHEEL 3 fc LOD; BK BASIC; PROG WALK 3; CURVING PROG WALK, Man in 2 fc WALL;; [SKATERS fcg WALL] OP FENCE LINE; skaters CRAB WALK 3; SD WALK 3; CRAB WALK 3; SD CLOS, Lady SWIVEL to FC, TCH; CORTE;