FASCINATING RHYTHM

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Music: "Fascinating Rhythm" Paola Fabris – Album: Ancona Open Ballroom, Vol 6
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Rhythm/Phase: Foxtrot 6

Sequence: Intro ABCD C-mod B C-mod [1-7] Ending

INTRO

1-4 WAIT PICKUP NOTES FCG PARTNER & LOD NO HNDS TRAILING FOOT FREE for BOTH,

TURNTNG SIDE ROCKS w SNAPS, FEATHER FINISH:

1-4 TELEFEATHER, THREE STEP; HALF NATURAL:

SSQ 1 {Telefthr} Fwd L trng LF trn, sd R cont trn, sd & bk L partial wt keeping L sd twd W (Bk R trng LF, bring

(SSQ) L to R heel trn chg wt to L cont trn, fwd R cont LF trn);

QQQ 2 Spin LF on L, sd R cont LF trn, sd & fwd L to BJO, fwd R (Keeping R sd in twd M fwd L/R, cont trn toe spn

(&QQQQ) close L, cont trn sd & bk R to BJO, bk L) BJO/DLW;

QQQ 3 {Three stp} Fwd L, fwd R, fwd L;

SQQ 4 {Half nat} Comm RF trn fwd R, sd L, bk R CP/RLOD (W comm RF trn bk L, cl R to L heel trn, fwwd L);

5-8 BACK FEATHER; TUMBLE TURN; OUTSIDE CHECK; HESITATION CHANGE;

SQQ 5 {Bk fthr} Bk L, bk R with R shldr lead, bk L to BJO;

SQQ&Q 6 {Tumble trn} Bk R trng ¼ LF blendg to CP, sd & fwwd L trn LF with L sd stretch/fwwd R outsdt ptr rise

keeping L sd stretch rotate upper body LF bringing W in front of M, fwd L lowering chg to R sd stretch

creating LF pvtg action;

SQQ 7 {Outsd ck} Bk R trng LF, sd & fwwd L, ck fwwd R outsdt ptr to BJO/DRW;

SS 8 {Hest chg} Comm RF upper body trn bk L, sd R cont RF trn, draw L to R;

9-11 DOUBLE REVERSE TRANS; SPLIT RONDE; CONTRA CHECK & SWITCH;

SS 9 {Dbl rev trans} Fwd L comm LF trn, sd R 3/8 trn btwn 1 and 2, spin LF on R tch L to R end fwwd DC (W bk

(SSQ) R trn LF, heell trn on R bringing L to R transfer wt to L/cont trnstp sd & bk R, tch L to R no wt);

QQQ 10 {Split ronde} Lowering on R ronde L out & b&k trng LF, XLlb of R cont LF trn, sd R (Lowering on R ronde

(QQQ) L out & bk trng LF, XLlb of R cont LF trn/sd R trn LF, XLlb of R) CP/DRC;

SQQ 11 {Contra ck & switch} Comm LF upper body trn flexg knees with strong R sd ld ck fwwd L in CBMP, rec R

start strong RF trn leavg M ft almost in place, cont RF trn Leavg M (Comm LF upper body trn flexg knees with

strong L side ld bk R in CBMP lookg well to L, rec L comm RF trn leaving R ft almost in place, cont RF

trn rec R between M’s ft) CP/DLW;

12-16 INTERRUPTED CONTINUOUS HOVER CROSS, TELEMARK SCP/LOD; THRU FC CL DRIFT APT;

SQQ 12 {Int cont hvr X} Fwd R DW start RF trn, cont trn sd L [L sd stretch], with strong RF turn on L small

(SQQ)stp R LF trn, cl R to L heel trn cont RF trn chg wt to R, sd L to CP);

QQQ 13 Rk fwwd L across R to CBMP, rec L, fwwd L across R [blendg to R sd stretch], cl R to L (Bk R in CBMP, rec

L, bk R, sd L to CP);

QQQ 14 Bk L in CBMP, bk R to CP [no sway], sd & fwwd L with L sd lead [L sd stretch], fwwd R in BJO (Fwwd R to

CBMP, fwwd L to CP, sd & bk R, bk L in BJO);

SQQ 15 {Tele SCP} Fwd L comm LF trn, sd R cont trn, sd & fwwd L to SCP/LOD (Bk R comm LF trn bring R to L

with no wt, trn LF on R heel chg weight to L, sd & fwwd R to SCP);

SQQ 16 {Thru fc cl} Thru R trng RF, sd L fc WALL, cl R to L driftg apt (Thru L trng LF, sd R fc ptr, cl L to R);

PART B

1-4 FRONT BALANCES; FRONT VINE 4 LOD; SD LUNGE RUN 2 RLOD; SLIDE DRAW CLOSE;

OAQQO 1 {Fmt balances} Sd L/XRif, rec L, sd R/XLif, rec R (Sd R/XLif, rec R, sd L/XRif, rec L);

QQQ 2 {Fmt vine 4 LOD} Sd L, XRif, sd L, XRif (Sd R, XLif, sd R, XLif);

SQQ 3 {Sd lunge run 2 RLOD} Lunge sd L, to RLOD fwwd R, fwwd L (Lunge sd R, to RLOD fwwd L, fwwd R);

SS 4 {Slide dr cl} Trn to fc ptr slipg R, dr L to R, cl L, R,
5-8 FRNT BALANCES; FRNT VINE 4 RLOD; SD LUNGE RUN 2 LOD; MAN WK – W ROLL 3 to SKTRS;

QaQQaQ 5} {Frnt balances} Sd R/XLif, rec R, sd L/XRif, rec L (Sd L/XRif, rec L, sd R/XLif, rec R);
QQQQ 6} {Frnt vine 4 RLOD} Sd R, XLif, sd R, XLib (Sd L, XRif, sd L, XRib);
SQQ 7} {Sd lunge run 2 LOD} Lunge sd R, to LOD fwd L, fwd R (Lunge sd L, to LOD fwd R, fwd L);
SS 8} {M wk W roll 3 to SKTRS} Sd & fwd L, to LOD blk L, cont trn, fwd R blendg to SKTRS/DLC, (Sd & fwd R comm RF trn, fwd L cont trn, fwd R to SKTRS);

PART C
1-4 SHDW REVERSE TURN; BACK M CHASSE W TWIRL; SHDW CURVED FTHR; DBL BACK LILT;

SQQ 1} {Shdw rev trn} Fwd L startg LF trn, sd R cont trn, blk L LOD (Fwd L startg LF trn, sd R cont trn, blk L);
SQQ&Q 2} {Bk M chasse W twirl} Bk R trn LF to fc WALL, sd L/cl R, sd & fwd L DLW (Bk R trn LF to fc WALL, comm LF twirl L/R, L to SKTRS);
SQQ 3} {Shdw crvd fthr} Fwd R comm RF trn, with L sd ld cont RF trn fwd L, cont trn fwd R chkg (Fwd R comm RF trn, with L sd ld cont RF trn fwd L, cont trn fwd R chkg);
QQQQ 4} {Dbl bk lilt} Shdw Bk L, cl R rising, blk L, cl R rising (Bk L, cl R rising, blk L, cl R rising);

5-8 SYNCOPATED HEAD LOOP TRANS to BJO; CHECKED REVERSE SLIP; TRAVELING HOVER X;;

QQQQ 5} {Sync head loop trans to BJO} Bk L trn RF, small sd & fwd R take L hnds up & over M's head & place her L hnd on his R shld, fwd L, fwd R blendg to BJO/DLC (W bks out L, R, L/R, L to BJO);
QQQ 6} {Ckd rev slp} Fwd R, on toe trng LF [with R sd stretch] chkg fwd motion, trng RF rec blk L cont RF trn CP/DLW (Bk R, cl L to R rise to toes trng LF chkg blk motion, trng RF slip R fwd to CP cont RF trn);
QQQ 7} {Trvl hvr X} Fwd R comm RF trn L sd stretch], sd L cont RF trn, sd R fchg DLC [blendg to R sd stretch] (Bk L comm RF trn, sd R heel cont RF trn and chg wt to R, sd L);
QQQQ 8} Fwd L across R in CBMP [cont R sd stretch], fwd L blend to CBMP [L sd stretch], fwd R to BJO (Bk R w L sd stretch, bk & sd L to CP, bk R to CBMP, bk L to BJO);

PART D
1-4 TELEMARK to BJO; CHECKED NATURAL SLIP; DOUBLE REVERSE SPIN DLW; HOVER;

QQQ 1} {Tele BJO} Fwd L comm LF trn, sd & fwd R, fwd L outsdt ptr to BJO/DW (W bk L comm LF trn, cl L to R heel trn, bk R);
QQQQ 2} {Ckd nat slip} Fwd R, fwd L on toe trng RF [with L sd stretch] chkg fwd motion, trng LF rec blk R cont RF trn fc DLC (W bk L, cl R to L rise to toes trng LF chkg blk motion, trng RF slip R fwd to CP cont trn);
SS 3} {Db1 rev spn} Fwd L start LF trn, sd R 3/8 btwn 1 and 2, spin LF tch L to R end fcg DW (W bk R start LF trn, cl R heel cont RF trn and chg wt to R, sd L);
QQQ 4} {Hvr} Fwd L, diag sd & fwd R, fwd L to SCP/DLC (W bk R, sd & bk L, fwd R to SCP);

5-8 FEATHER; REVERSE WAVE;; HESITATION CHANGE LADY TRANS to SKATERS;

SQQ 5} {Fthr} Fwd R, fwd L, fwd R outsdt W in BJO (Thru L trng LF, sd & bk R, bk L in BJO);
SQQ 6-7} {Rev wav} Fwd L comm 3/8 LF trn, sd R, blk L (Bk R comm LF trn, close L to R heel trn, fwd R); Bk R, blk L, bk R curvg LF to fc RLOD;
SS 8} {Hest chg W trans to SKTRS} Bk L trn RF, sd R starting to trn W to SHDW cont RF trn, draw L to R in SKTRS/DLC (Fwd R trn RF, sd L trn RF 1/2, small sd R to SKTRS);

PART C - Modified
1-6 SHDW REVERSE TURN; BK M CHASSE W TWIRL; SHDW CURVED FEATHER; DBL BK LILT;

HEAD LOOP TRANS LADY in 5 to BJO; CHECKED REVERSE SLIP;

1-6 REPEAT MEASURES 1-6 PART C;;;;;;

7-8 DOUBLE NATURAL SPIN; FORWARD FACE CLOSE DRIFT APART;

SQQ 7} {Db1 nat spn} Fwd R trng RF, fwd & sd L cont RF trn on L with spinng action, tch R to L in BJO (Bk L trng RF, cl R to L heel trn contg RF trn on ball of R, sd & fwd L around M/fwd R outsdt ptr to BJO);
SQQ 8} {Fwd fc cl} Fwd R trng RF fc WALL, sd L, cl R to L drftg apt;

PART B
1-8 FRONT BALANCES; FRNT VINE 4 RLOD; SD LUNGE RUN 2 RLOD; SLIDE DRAW CLOSE;
FRNT BALANCES; FRNT VINE 4 RLOD; SD LUNGE RUN 2 LOD; MAN WK – W ROLL 3 to SKTRS;
1-8 REPEAT PART B;;;;;;
PART C – Modified [1-7]

1-7 SHDW REVERSE TURN; BACK M CHASSE W TWIRL; SHDW CURVED FTHR; DBL BACK LILT; HEAD LOOP TRANS LADY in 5 to BJO; CHECKED REVERSE SLIP; DOUBLE NATURAL SPIN;

1-7 REPEAT MEASURES 1-7 PART C – modified;;;;;;;

ENDING

1-4 CHECKED NATURAL SLIP; OPEN REVERSE TURN; BACK CHASSE BJO; CURVED FEATHER;

SQQ 1 {Chk nat slip} Repeat measure 2, Pt D;
SQQ 2 {Op rev trn} Fwd L trng LF, cont LF trn sd R, bk L to BJO;
SQQ 3 {Bk chasse BJO} Bk R trn LF to fc WALL, cont L/cl R, sd R & fwd L to BJO/DLW;
SQQ 4 {Crvd fthr} Fwd R comm RF trn, cont L sd L/cl R, cont R trn fwd L, cont trn fwd R chkg;

5-8 DBL BACK LILT; CHECK BACK,, CLOSED WING;,, TURN L; RIGHT LUNGE;,, CHANGE SWAY;

QQQQ 5 {Dbl bk lilt} With R sd stretch in BJO bk L, cl R rising, bk L, cl R rising;
SS 6 {Chk bk start Clsd wing} Chk bk L in BJO, fvd R,
SQQ 7 {fin Clsd wing – Trn L} Draw L to R with LF upper body trn, cont upper body trn tch L (sd R across M, fvd L to SCAR), fvd L outsd ptr trn LF blendg to CP fc DLW;
SS 8 {Rt Lunge Chng sway} Sd & fwd R, change sway,;