FALLING INTO YOU

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MUSIC: ‘Falling Into You (Rumba /25 bpm)’ Ballroom Orchestra & Singers, Dancelife: Rumba (The Best Rumba Collection of Dancelife), download from itunes
Also on:
Flip of:
Same as:

FOOTWORK: Opposite unless noted (Woman's footwork in parentheses) Time 2:53@25 BPM (as downloaded)

RHYTHM: Rumba Phase IV Degree of Difficulty: AVG

SEQUENCE: INTRODUCTION A B INTER C A(1-8) B ENDING

MEAS: INTRODUCTION

1-4

LOP BOTH FCG WALL WAIT 2 MEAS:: FENCE LINES TWICE FAN POSITION::

1-2 IN LOP BOTH FCG WALL with Man’s L Woman’s R foot free wait 2 measures;

3-4 X lunge L, rec R, sd L (KEEPING M’s L HAND W’s R HAND JOINED), -;
X lunge R (M BEHIND W), rec L, sd R, -;
(X lunge R, rec L, sd R (keeping M’s L W’s R HAND JOINED), -);
(X lunge L (M BEHIND W), rec R, sd L BLENDING TO FAN POSITION, -);

PART A

1-4

HOCKEYSTICK:: TO RLOD CRABWALKS::

1-2 Fwd L, rec R, sd L, -; Bk R, rec L, fwd R, -;
(Cl R, fwd L, fwd R, -; Fwd L, fwd & trn R, sd & bk L, -)

3-4 TO RLOD Xif L, sd R, xif L, -; Sd R, xif L, Sd R, -;

5-8

NEW YORKERS TWICE:: SHOULDER TO SHOULDER (WITH ARMS) TWICE::

5-6 Swvl thru L, rec swvl R to fc, sd L, -; Swvl thru R; rec swvl L to fc, sd R, -;

7-8 Rk fwd L (R ARM UP L HAND ON PARTNERS R SHOULDER), rec R, sd L, -;
Rk fwd R (L ARM UP R HAND ON PARTNERS L SHOULDER), rec L, sd R, -;
(Rk bk R (R ARM UP L HAND ON PARTNERS R SHOULDER), rec L, sd R, -;
(Rk bk L (L ARM UP R HAND ON PARTNERS L SHOULDER), rec R, sd L, -)

9-12+

OPEN BREAK; MAN LARIAT OP LOD:: RUN 2 & FAN HOLD::

9-10 Rk apt L, rec R, sd L JOIN MANS R WOMANS L HANDS, -; Fwd R, fwd L, fwd R;
(Rk apt R, rec L, sd R JOIN MANS R WOMANS L HANDS, -; In pl stp L, stp R, stp L;
11-12 Fwd L, fwd R, fwd L TO OP LOD, -; Fwd R, fwd L, fwd R, fwd L TO FC WALL; Sd R, - hold while music fades approx. 1 to 2 beats,;
(In pl stp R, stp L, stp R BLENDING TO OP LOD, -; Fwd L, fwd R, Fwd L, Sd & bk R; Bk R, - hold while music fades approx. 1 to 2 beats,

PART B

1-4

ALEMANA TO TAMARA:: WHEEL & UNWIND::

1-2 Fwd L, rec R, cl L, -; Bk R KEEPING HANDS JOINED, rec L TO TAMARA, sd R, -;
(Cl R, fwd L, f wd trn R, -; Fwd trn L KEEPING HANDS JOINED, f wd trn R TO TAMARA, sd L, -);
[Note Second time through Part B Alemana commences from BTFLY WALL womans footwork measure 1 changes to ( Bk R, rec L, sd trn R, -);

3-4 IN TAMARA BEGIN RF TURN Fwd L, fwd R, fwd L, -; Fwd R, fwd L LEADING THE WOMAN TO TURN LF, sd R TO FC WOMAN & WALL, -;
(IN TAMARA BEGIN RF TURN Fwd R, fwd L, fwd R, -; Fwd L, fwd R TURNING LF UNDER MANS ARM, sd L TO FC MAN & CENTRE, -;

5-8

REVERSE UNDERARM TURN; UNDERARM TURN; REVERSE UNDERARM TURN TO OP LOD;

KIKI WALK 3:

5-6 Xif L, rec R, sd L, -; Xib R, rec L, sd R, -;
(Xif trn R, rec trn L, sd R, -; Xif trn L, rec trn R, sd L, -)

7-8 Repeat Measure 5 of Part B TO OP LOD; Fwd R, fwd L, fwd R, -;
[second time through Part B end CP WALL]
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PART C

1-4 BASIC;; NEW YORKER; COMMENCE THRU SERPIENTE;
1-2 Fwd L, rec R, sd L, -; Bk R, rec L, sd R -;
3-4 Repeat measure 5 of Part A; Thru R, sd L, bhd R, fan L;

5-8 FINISH THRU SERPIENTE; FENCE LINES TWICE;; FAN;
5-6 Bhd L, sd R, Thru L, fan R; Repeat Measure 2 of Introduction;
7-8 Repeat Measure 1 of Introduction; Bk R, rec L, sd R, -;
(X lunge R, rec L, sd R, -; Fwd L, sd & bk R, bk L, -)

INTERLUDE

1-4 CIRCLE CHASE TO BTFLY WALL;;;;
1-2 Fwd trn L, fwd trn R, fwd trn L, -; fwd trn R, fwd trn L, fwd trn R, -;
3-4 Repeat Measures 1 to 2 of Interlude TO BTFLY WALL;;

ENDING

1-3 FORWARD BASIC; ROCK 3; DIP CENTRE & TWIST TO CUDDLE POSITION;
1-2 Fwd L, rec R, bk L, -; Rk R, rec L, rec R, -;
3 Bk L with relaxed knee, twisting if TO CUDDLE POSITION M WITH HANDS AROUND W’s WAIST W WITH L ARM UP R HAND ON M’ s R SHOULDER

QUICK CUES
SEQ: INTRO A A B INTER C A(1-8) B END

INTRO: LOP BOTH FCG WALL WAIT 2 MEAS;; FENCE LINES TWICE TO FAN POSITION;;

PART A: HOCKEYSTICK;; (RLOD) CRAB WALKS;; NEW YORKERS TWICE;;
SHOULDER TO SHOULDER WITH ARMS TWICE;; OP BREAK; M LARIAT OP LOD;;
RUN 2, FAN & HOLD;;

PART A: HOCKEYSTICK;; (RLOD) CRAB WALKS;; NEW YORKERS TWICE;;
SHOULDER TO SHOULDER WITH ARMS TWICE;; OP BREAK; M LARIAT OP LOD;;
RUN 2, FAN & HOLD;;

PART B: ALEMANA TAMARA;; WHEEL & UNWRAP; REV UNDERARM TURN;
UNDERARM TURN; REV UNDERARM TURN OP LOD; KIKI WALK 3;

INTER: CIRCLE CHASE BTFLY WALL;;;

PART C: BASIC;; NEW YORKER; THRU SERPIENTE;; FENCE LINES TWICE;; FAN;;

PART A: HOCKEYSTICK;; (RLOD) CRAB WALKS;; NEW YORKERS TWICE;;
(1-8) SHOULDER TO SHOULDER WITH ARMS TWICE;;

PART B: ALEMANA TAMARA;; WHEEL & UNWRAP; REV UNDERARM TURN;
UNDERARM TURN; REV UNDERARM TURN OP LOD; KIKI WALK 3 CP WALL;

ENDING: FWD BASIC; ROCK 3; DIP CENTRE & TWIST TO CUDDLE POSITION;