

EVERYTHING AT ONCE

Choreographers :	Release Date: May 2014
Annette & Frank Woodruff	Music: Alec Medina – MP3 download from Casa Musica
Rue du Camp, 87	Rhythm & Phase: Two Step II
7034 Mons, Belgium	Difficulty: Easy
32-65-731940	Time & Speed: 2:30 @ unchanged speed
annetteandfrank@gmail.com	Footwork: Opposite except where indicated (<i>W's footwork in parentheses</i>)
	Sequence: Intro – ABC – B – D – C – B - Ending

INTRODUCTION

1 – 2	Wait ;;	OP-FCG wt 2 meas ;
3	Apart Point ;	Apt L, -, pt R twd ptr, - ;
4	Together Touch to BFLY ;	Tog R to BFLY WALL, -, tch L, - ;

PART A

1 - 2	Vine 2 Face to Face ;;	Sd L, -, XRib (<i>W XLib</i>), - ; sd L, cl R, relg ld hnds fwd & sd L trng LF to BK-TO-BK, - ;
3 – 4	Vine 2 Back to Back ;;	Sd R, -, XLib (<i>W XRib</i>), - ; sd R/cl L, trng RF sd & fwd R to BFLY WALL ;
5 - 8	Traveling Door Both Ways to OP ;;;;	Rk sd L, -, rec R, - ; XLif (<i>W XRif</i>), sd R, XLif (<i>W XRif</i>), - ; rk sd R, -, rec L, - ; XRif (<i>W XLif</i>), sd L, XRif (<i>W XLif</i>) to OP LOD, - ;

PART B

1 - 2	Basketball Turn ;;	Relg hnds fwd L w/ lun action trng ¼ RF, -, rec R trng ¼ RF to L-SD-BY-SD RLOD, - ; fwd L w/ lun action trng ¼ RF, -, rec R trng ¼ RF to OP LOD, - ;
3 - 4	Double Hitch ;;	Fwd L, cl R, bk L, - ; bk R, cl L, fwd R, - ;
5 - 6	Basketball Turn ;;	Repeat meas 1-4 Part B ;;;;
7 - 8	Double Hitch ;;	
9 - 10	Circle Away in 2 Two Steps ;;	Circg LF twd COH (<i>W RF twd WALL</i>) fwd L, cl R, fwd L, - ; contg circ fwd R, cl L, fwd R trng to fc ptr, - ;
11 - 12	Strut Together in 4 to BFLY ;;	Taking each step in frnt of supporting ft fwd L, -, fwd R, - ; fwd L, -, fwd R to BFLY WALL, - ;
13	Side Draw Close ;	Sd L, draw R, cl R, - ;
14	Hitch 4 Apart ;	Bk L (<i>W bk R</i>), cl R, fwd L (<i>W fwd R</i>), cl R ;

PART C

1 - 2	Vine 2 Face to Face ;;	Repeat meas 1-8 Part A to SCP LOD ;;;;
3 - 4	Vine 2 Back to Back ;;	
5 - 8	Traveling Door Both Ways to SCP ;;;;	
9	Scoot ;	Fwd L, cl R, fwd L, cl R ;
10	Walk & Face ;	Fwd L, -, fwd R trng to CP, - ;
11	Limp ;	Sd L, w/ soft knees XRib (<i>W XLib</i>), sd L, w/ soft knees XRib (<i>W XLib</i>) ;
12	SCP Walk 2 ;	Blendg to SCP LOD fwd L, -, fwd R, - ;
13	Cut Back 2x ;	XLif (<i>W XRif</i>), bk R, XLif (<i>W XRif</i>), bk R ;
14	Dip Back & Recover to Face ;	Rk bk L lowering into soft knee, - , rec R trng to fc ptr, - ;
15	Vine 4 to SCP ;	Sd L, XRib (<i>W XLib</i>), sd L, XRif (<i>W XLif</i>) to SCP LOD ;
16	Walk 2 ;	Fwd L, -, fwd R, - ;

Repeat Part B

PART D

1 - 4	Left Turning Box ;;;;	Blendg to CP sd L, cl R, fwd L trn ¼ LF to CP LOD, - ; sd R, cl L, bk R trn ¼ LF to CP COH, - ; sd L, cl R, fwd L trn ¼ LF to CP RLOD, - ; sd R, cl L, bk R trn ¼ LF to CP WALL, - ;
5 – 6	Scissors to SCAR & BJO ;;	Sd L, cl R, XLif to SCAR RLOD, - ; trng to fc WALL sd R, cl L, XRif to BJO LOD, - ;
7	Walk 2 to BFLY ;	Fwd L, -, fwd R trng RF to BFLY WALL, - ;
8	Side Draw Close ;	Sd L, draw R, cl R, - ;

Repeat Part C

Repeat Part B

ENDING

1	Step Apart ;	Relg ld hnds apart L ptg R twd ptr ;
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The original song is by Lenka, an Australian singer-songwriter-actress of Czech descent.

<https://www.youtube.com/watch?v=Tfy5CBfjZ8s&feature=kp>

EVERYTHING AT ONCE – Woodruff – TS II – 2:30 – Alec Medina

INTRO (4 meas)

OP-FCG Wait 2 ;; Apt Pt ; Tog Tch to BFLY WALL ;

PART A (8 meas)

Vine 2 Fc to Fc ;; Vine 2 Bk to Bk ;;

Traveling Door Both Ways to OP ;;;

PART B (14 meas)

BB Turn to OP ;; Double Hitch ;; BB Turn to OP ;; Double Hitch ;;

Circle Away 2 Two Steps ;; Strut Tog in 4 to BFLY ;;

Side Draw Close ; Hitch 4 Apart ;

PART C (16 meas)

Vine 2 Fc to Fc ;; Vine 2 Bk to Bk ;; Trav Door Both Ways to SCP ;;;

Scoot ; Walk & Fc ; Limp to SCP ; Walk 2 ;

Cut Bk 2x ; Dip Bk & Rec to Fc ; Vine 4 to SCP ; Walk 2 ;

PART B (14 meas)

BB Turn to OP ;; Double Hitch ;; BB Turn to OP ;; Double Hitch ;;

Circle Away 2 Two Steps ;; Strut Tog in 4 to BFLY ;;

Side Draw Close ; Hitch 4 Apart ;

PART D (8 meas)

L-Turning Box ;;; Scissors to SCAR & BJO ;; Walk 2 to BFLY ;

Side Draw Close ;

PART C (16 meas)

Vine 2 Fc to Fc ;; Vine 2 Bk to Bk ;; Trav Door Both Ways to SCP ;;;

Scoot ; Walk & Fc ; Limp to SCP ; Walk 2 ; Cut Bk 2x ;

Dip Bk & Rec to Fc ; Vine 4 to SCP ; Walk 2 ;

PART B (14 meas)

BB Turn to OP ;; Double Hitch ;; BB Turn to OP ;; Double Hitch ;;

Circle Away 2 Two Steps ;; Strut Tog in 4 to BFLY ;;

Side Draw Close ; Hitch 4 Apart ;

ENDING (1 meas)

Apt/Pt ;