ESTRELEITA

Music: Manuel and the Music of the Mountains
itunes/Latin Hits
Track # 15 Time 3:07
Available from choreographer

Rhythm: Rumba Phase: IV+1 (Parallel Breaks) +1U (HookTurn)
Footwork: Opposite except where (Noted)
Release Date: Jan 18
Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium
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Sequence: INTO A AB B(1-12) END

INTRO

01-04 BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES ; FULL TURN CHASE M & W ; ;
[Wait] BFLY POS WALL ld ft free wt 2 meas ; ; [Full Turn Chase M & W] Fwd L turn ½ RF, rec R cont turn ½ RF, cl L
(W bk R, rec L, cl R), ; Bk R, rec L, cl R (W fwd L turn ½ RF, rec R cont turn ½ RF to fc ptr, cl L), ;

PART A

01-04 OP HIP TWIST INTO a FAN ; ; START STOP & GO INTO a CROSS BODY ; ;
[OP Hip Twist Into a Fan] Fwd L, rec R, cl L (W bk R, rec L, fwd R with tention to L arm to swivel ¼ RF) end L-
Shape M fc Wall W fc LOD, ; Bk R, rec L, sd R (W fwd L, trng ½ LF sd R, bk L) to fan pos, ; ; [Start Stop & Go Into Cross Body] Chk fwd L, rec R raising L arm to lead W to a LF underarm turn, sd L fcg wall bringing lead arm down sharply
and placing R hand on W’s bk to an “L” position (W cl R, fwd L, fwd R, trng sharply ½ LF under jnd hands to fc LOD), ; Bk R
comm LF trn to CP, rec L comp LF trn to CP COH, sd R (W fwd L comm LF tm, fwd & sd R to CP cont LF tm to fc ptr, sd L)
to BFLY COH, ;

05-08 AIDA ; SWITCH ROCK ; REVERSE UNDERARM TURN ; HOOK TURN ;
[Aida] Xg ld hnds ovr trl hnds to RLOD thru L, sd R trng LF, bk L contg LF trn to “V” bk to bk pos, ; ; [Switch Rock] Sd & bk R trng RF to fc ptr, hip rk L, hip rk R, ; ; [Reverse Underarm Turn] Raisg jnd ld hnds XLif, rec R,
sd L (W XRif undr jnd ld hnds trng LF ¼ rec L contg LF tm to fc ptr, sd R) to BFLY COH, ; ; [Hook Turn] [relg both hnds] With R-flare CW (W trng CCW) XRib trng ½ RF sd & fwd to WALL, -, XLif cont RF turn, fwd R cont
RF turn to BFLY COH, ;

09-12 THRU FRONT VINE 4 to SCAR ; FWD CHECK/W DEVELOPE ; SLOW BACK to FACE & ROCK SIDE ; HIP ROCK ;
[Thru Front Vine 4 to SCAR] XLif, sd R, XLif, Sd R trng 1/8 RF to SCAR DLC ; [Fwd Ck/W Develope] [S] Fwd L
outsd W checking, -, - (W bk R, bring L ft up R leg to insd of R knee, extend L ft fwd), ; ; [Slow Step Bk & Rk Sd]
[SS] Slow Bk R trng 1/8 LF to fc ptr, -, rk sd L, -, [Hip Rock] Leaving ft ip chg wgt w/ hip action apt ovr R ft, tog
ovr L ft, apt ovr R ft to BFLY COH, ;

13-16 CHASE w/ UNDERARM PASS ; ; SHOULD to SHOULDER TWICE [2nd TIME: r-hndshk] ; ;
[Chase / W Underarm Pass] [relng trail hnds] Fwd L trng RF ½ keepg ld hnds jnd w/ palm upwards, rec R,
small fwd L (W bk R, rec L, fwd R twd M’s L sd), ; Bk R raisg ld hnds, rec L, sd R (W fwd L, fwd R trng ½ LF undr
jnd ld hnds to fc ptr, sd L) to BFLY WALL, - ; [Shoulder to Shoulder x 2] Fwd L to SCAR, rec R to fc, sd L, ; ; Fwd
R to BJO, rec L to fc, sd R to to BFLY WALL [2nd Time: r-hndshk], ;

PART B

01-04 SHADOW NEW YORKER ; UNDERARM TURN ; SHADOW BACK BREAK to OP ; START PARALLEL BREAKS ;
[Shad New Yorker] Swxl on R cross L thru to LOP LOD M bhd W (W cross R thru), rec R to fc, sd L, ; ; [Under
arm Turn] [r-hndshk] Raisg R-hnds palm to palm XRib, rec L, sd R (W XLif comm RF tm under R-hnds, cont RF
trn rec R fc WALL, sd L) to r-hndshk COH, ; ; [Shad Bk Break to RLOD] [w/ r-hndshk] XLif (W XRib) trng both to
RLOD w/ W’s L-arm xtd bhd M’s bk, fwd R, L to RLOD, ; ; [Start Parallel Breaks] w/ r-hndshk Rk bk R leading
W across in front, rec L, fwd R to fc Line (W fwd L trng ¾ Lf ifo M, fwd R trng ½ Lf to fc Wall, sd L) [simular to
W whip action], ;
05-08 **FINISH PARALLEL BREAKS : NEW YORKER ; THRU SERPIENTE ; ;**

[Finish Parallel Breaks] Fwd L trng ¼ Lf ifo W, fwd R trng ¼ Lf, sd L (W rk bk R allowing M to pass across in front, rec L, fwd R) to BFLY WALL, -; [New Yorker] Xrif (W XLif) to OP LOD, rec L to BFLY WALL, sd R, -; [Thru Serpiente] Thru R, sd L, XRib (W XLib), flare CCW w/ L-ft ; XLib (W XRib), sd R, XLif (W XRif), flare CCW w/ R-ft ;

09-12 **ALEMANA INTO a LARIAT 3/M TURN to FACE ; ; ; FENCE LINE with ARM SWEEP ;**

[Alemana Into a Lariat 3/ M Turn to Fc] Fwd L, rec R, cl L (W bk R, rec L, fwd & sd R to l-sd of M), -; Bk R, rec L, sd R (W fwd XLif turn RF, fwd R cont turn, sd L to r-sd M), -; Rk sd L, rec R, sd L trng ½ LF on last stp to fcg W and WALL (W circ CW arnd M passing R shldrs stepping fwd R,L, w/ jnd ld hnds passing ov M’s hd to fc LOD then swvl ¼ RF on R to fc M) to BFLY COH, -; [Fence Line w/ Arm Sweep] XRib (W XLif) w/ bent knee right arm circle CCW in front of body, rec R, sd L to BFLY COH, -;

13-16 **BASIC HALF to LOW BFLY ; DBL HANDHOLD UNDERARM TURN to STACKED HANDS ; OP BREAK to FACE ; CHANGE SIDES/W UNDERARM & r-hndshk ;**

[Basic ½ to Low BFLY] Fwd L, rec R, cl L (W bk R, rec L, sd R) to LOW BFLY, -; [Dbl Handhold Underarm Turn to Stacked Hnds] [Raisg ld-arm high & bringing tl-arm up to R-shoulder level] XRib & taking L-arm first over W’s head], rec L taking R-arm over W’s head, sd R (W XLif trng RF under ld-arm, rec R contg to trn under tl-arm to fc M, sd L) to stacked hnds Lft over r-hnds, -; [Open Break to Fc] With stacked hnds Apt L, rec R, fwd L to fcg W’s r-sd COH, -; [Change Sides /W Underarm] Fwd R to COH twd W’s R-sd trng RF lead W trn under stacked hnds, small fwd L cont RF turn to fc, sd R (W fwd L to WALL twd M’s R-sd trng LF under stacked hnds chg sds, cl R cont LF turn to fc, sd R) to r-hndshk WALL, -;

**ENDING**

01-04 **AIDA ; SWITCH ROCK ; REVERSE UNDERARM TURN ; WHIP to WALL ;**


05-06 **ROLL 3 to SCP ; CHECK THRU & HOLD ;**

[Roll 3 to SCP] [To LOD] Start LF trn (W RF) sd & fwd L, small sd R cont LF trn, sd R & fwd L cont LF trn to SCP LOD, -; [Chk Thru & Hold] [S] XRib (W XLif) in lunge action bending knee, hold, -;