ERES TU

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MUSIC: “Eres Tu” by AA.VV 3:20 download Amazon.com

RHYTHM: MERENGUE RAL phase V+ 2 [curly whip, snake] + 1 U [swing basics]

FOOTWORK: Opposite unless indicated. SPEED: slowed 11% adjust for comfort

SEQUENCE: INTRO A B C A B C D C END Released: 9/12 Corrected 9/12

INTRO

1-8 WAIT;; TWIRL TO TAMARA; WHEEL 4; UNWRAP & WRAP; WHEEL 4;
UNWRAP TO WALL; SINGLE CUBAN BRKS;

1-2 Op fce WALL both hnds jnd lead ft free wait;;
3 [TWIRL TO TAMARA] keeping both hnds jnd lead W to trn RF undr jnd lead hnd in plc L, R, L, R (W trn RF undr lead hnds fwd R, L, R, L to fc COH) end with M’s R hnd behind W’s bk with L hnd high;
4 [WHEEL 4] in tamara pos moving CW fwd L, R, L, R;
5 [UNWRAP & WRAP] cont fwd wheel CW leading W to unwrap LF & wrap RF L, R, L, R (W unwrap LF fwd R, cont trn fwd L, cont trn fwd R, fwd L to wrapped position fce WALL);
6 [WHEEL 4] in wrapped position REPEAT MEAS 4 PART A;
7 [UNWRAP TO WALL] cont trng CW fwd L, fwd R leading W to trn RF undr jnd lead hnds, fwd L to fc WALL, cl R (W bk R comm RF trn, sd & bk L cont LF trn, fwd R cont trn, cl L) end fce ptr WALL both hnds jnd;
8 [SINGLE CUBAN BRKS] BFLY WALL XLIF of R/rec R, sd L, XRIF of L/rec L, sd R;

PART A

1-4 CURLY WHIP;; MERENGUE BASIC; OP BRK (LADY CHNG SDS U/A) M TRN: MARCHESSI;

1-2 [CURLY WHIP] fwd L, rec R leading W to trn LF undr jnd lead hnds, sd & fwd L comm RF trn, cont RF trn XRIB of L (W bk R, rec L, fwd R comm LF trn undr jnd lead hnds, cont RF trn sd L) end CP DLC;
3 [MERENGUE BASIC] CP WALL sd L on inside edge of foot ,cl R, sd L on inside edge of foot, cl R
4 [OP BRK (LADY CHNG SDS U/A) M TRN)] apt L, rec R leading W to trn LF under jnd lead hnds taking her to wall, comm RF trn sd & fwd L, cont LF fwd R trnig to fc ptr WALL (W rk apt R, rec fwd L twd M’s R sd, fwd R undr jnd lead hnds pivoting LF, bk L) jn both hnds low;
5-8 [MARCHESSI] low dble hnd hold fce WALL L heel fwd with weight, rec R in plc, L toe bk with weight on ball of L ft, rec R in plc; L heel fwd with weight, rec R in plc, L heel fwd with weight, rec R in plc; L toe bk with weight on ball of L ft, rec R in plc, L heel fwd with weight, rec R in plc; L toe bk with weight on ball of L ft, rec in plc R, L toe bk with weight on ball of L ft, rec R in plc;
PART B

1-8 MERENGUE BASIC; MERENGUE GLIDE; ARM SLIDE;; SNAKE;;;;

1 [MERENGUE BASIC] REPEAT MEAS 3 PART A;

2 [MERENGUE GLIDE] on ball of ft sd L/cl R, on ball of ft sd L/cl R, sd L, cl R blend to loose cuddle position;

3-4 [ARM SLIDE] bk L, R, L, R sm steps sliding hands along W’s arms to join both hnds (W bk R, L, R, L sm steps sliding hnds along top of M’s arms) join both hnds; moving twd ptr fwd L, R, L, R small steps to end in BFLY;


PART C

1-8 DBLE CUBAN BRKS;; STOP & GO;; MERENGUE BASIC; SWING BASICS;; PROMENADE;


3-4 [STOP & GO] jn lead hnds rk apt L, rec R, fwd L lead W to trn LF undr jnd lead hnds, fwd R catching W with R hand on her L shoulder blade to stop her movement (W rk apt R, rec L comm LF trn undr jnd lead hnds on M’s R sd, fwd R cont LF trn to fc WALL, rk bk L with checking action); rec L leading W to trn RF undr jnd lead hnds, cl R, sd L, cl R (W rec R comm RF trn, cont RF trn sd & bk L to fc ptr, rk R, cl L) blending to CP;

5 [MERENGUE BASIC] REPEAT MEAS 3 PART A;

6-7 [SWING BASICS] rk bk L to SCP, rec R, sd L to fc ptr, rec R; REPEAT MEAS 6 PART C;

8 [PROMENADE] SCP fwd L, fwd R, fc ptr sd L, cl R;

9-15 SWING BASICS;; PROMENADE; CONGA WLKS L & R;; CONGA WLKS FWD & BK;;

9-11 [SWING BASICS & PROMENADE] REPEAT MEAS 6-8 PART C;;

12-13 [CONGA WLKS L & R] releasing hnds sd L twd LOD, thru R, sd L, pnt R; sd R twd RLOD, thru L, sd R, pnt L;

14-15 [CONGA WLKS FWD & BK] fwd L twd WALL (W bk), fwd R, fwd L, pnt R; backing twd COH bk L (W fwd), bk R, bk L, pnt R;

16-18 OP BRK TO CUDDLE POS; HIP RKS DOWN & UP;;

16 [OP BRK TO CUDDLE POS] jn lead hnds rk apt L, rec R, sm fwd L, sm fwd R placing both arms around W (W rk apt R, rec L, sm fwd R, sm fwd L placing both arms on M’s shoulders);

17-18 [HIP RKS DOWN & UP] in cuddle position sd L swinging hips twd LOD, sd R swinging hips twd RLOD, comm to lower body sd L, sd R; in lowered pos sd L cont to swing hips, sd L cont to swing hips, sd L starting to rise, sd R cont to rise;
REPEAT A
REPEAT B
REPEAT C
PART D

1-8

OP BRK; TWIRL TO TAMARA; WHEEL 4; UNWRAP & WRAP; WHEEL 4;
UNWRAP TO WALL; SINGLE CUBAN BRKS; SPOT TRN IN 4;

1  [OP BRK] feg ptr WALL rk apt L, rec R, in plc L, R jn both hnds;
2-7  [TWIRL TO TAMARA; WHEEL 4; UNWRAP & WRAP; WHEEL 4;
UNWRAP TO WALL; SINGLE CUBAN BRKS;] REPEAT MEAS 3-8
INTRO;;;;;

8  [SPOT TRN IN 4] releasing jn hnds XLIF of R comm RF trn, rec R, cont
RF trn Xing LIF of R to fc ptr, cl R to fc ptr WALL in BFLY;

REPEAT C

END

1-4

MERENGUE BASIC; CURLY WHIP;; START STOP & GO & HOLD;

1  [MERENGUE BASIC] REPEAT MEAS 3 PART A;

2-3  [CURLY WHIP] REPEAT MEAS 1 & 2 PART A;;

4  [START STOP & GO & HOLD] REPEAT MEAS 3 PART C & HOLD;

QUICK CUES

INTRO  wait;; twirl to tamara; wheel 4 unwrap & wrap; wheel 4; unwrap to WALL;
Single cuban brks;

PART A  curly whip fc COH;; meringue basic; op brk lady U/A M trn; marchessi;;;;

PART B  meringue basic; meringue glide; arm slide;; snake;;;

PART C  dble cuban brks;; stop & go;; meringue basic; swing basics;; promenade;
Swing basics;; promenade; conga wlks L & R;; conga wlks fwd & bk;;
op brk to hip rks down & up;;;

REPEAT A, B & C

PART D  op brk; twirl to tamara; wheel 4; unwrap & wrap; wheel 4; unwrap to WALL;
Single cuban brks; spot trn in 4;

REPEAT PART C

END  meringue basic; curly whip;; start the stop & go & hold;